



# Prenatal diagnostics of aortic rings and slings

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Warsaw, Poland

7<sup>th</sup> 'Utrecht Sessions' on  
congenital heart disease:

## Aortic Anomalies

February 7<sup>th</sup> - 8<sup>th</sup>, 2020  
[www.utrechtsessions.nl](http://www.utrechtsessions.nl)



 **UMC Utrecht**  
Wilhelmina Children's Hospital

“



POOLSE HARTPATIENTJES NAAR NEDERLAND  
1983-1990

Dank U wel Nederland!  
Dziękujemy Holandio!



## Rejs dla Serca

na Kongres Europejskiego Towarzystwa Kardiologicznego ESC, Amsterdam 31.08.-04.09.2013  
pod auspicjami Polskiego Towarzystwa Kardiologicznego  
oraz Polskiego Towarzystwa Kardio-Torakochirurgów

24 sierpnia 2013 roku największy i najpiękniejszy polski żaglowiec „Dar Młodzieży” wyruszy z Gdyni do Amsterdamu, z ponad 90 polskimi kardiologami i kardiochirurgami z całej Polski na pokładzie, w REJS DLA SERCA na kongres Europejskiego Towarzystwa Kardiologicznego.

# Let's start from history ...

”

## REJS DLA SERCA DZIĘKUJEMY HOLANDIO

Dank U Nederland - Polish Voyage for the Heart



STS Dar Młodzieży  
Gdynia - Amsterdam, ESC Congress 2013

**Polish voyage  
for the Heart**

ESC Congress, Amsterdam 2013

**Dank U Nederland!  
Dziękujemy Holandio!**



POOLSE HARTPATIENTJES NAAR NEDERLAND  
1983-1990

## World Charity Support for Polish Children with Congenital Heart Defects

Medical Center	Years	No. of operated children and trained physicians, nurses and medical staff
Wilhelmina Kinderziekenhuis Utrecht, The Netherlands	1983 – 1990	426 children 22 physicians, nurses and medical staff

Eind februari 1984 kwamen vier Poolse kinderen – Marcin, Ania, Jacek en Paulina – in Nederland aan om in het Wilhelmina Kinderziekenhuis in Utrecht een hartoperatie te ondergaan.

Daarmee ging een uniek project van start. Uniek, omdat niet alleen Marcin, Ania, Jacek en Paulina, maar hopelijk zeer veel andere Poolse hartpatiëntjes de komende jaren in Utrecht geopereerd zullen kunnen worden.

Uniek bovendien, omdat gelijktijdig met de vier kinderen een aantal Poolse artsen arriveerden die in het Wilhelmina Kinderziekenhuis zullen worden opgeleid. Dit project voorziet met andere woorden niet alleen in directe hulp aan kinderen in nood, maar biedt tevens uitzicht op verbetering van de medische mogelijkheden in Polen.

'Blijvend bruikbare hulp' noemen ze dat in het Wilhelmina Kinderziekenhuis.



en per jaar



**HONORARY DISTINCTIONS AND AWARDS  
FOR THE LEADERS  
OF THE POOLSE HARTPATIENTJES  
NAAR NEDERLAND PROJECT  
Utrecht 1983-1990**



**“Bene Merito” HONORARY DISTINCTIONS:**

The “Bene merito” honorary distinction is conferred upon the citizens of the Republic of Poland and foreign nationals in recognition of their merits in promoting Poland abroad.

- ▶ Prof. Jan Walter Stoop
- ▶ Prof. Francois Hitchcock
- ▶ Dr Marianne Karelse - Nijsen



1984  
WKZ Heart Team



1997  
meeting with  
prof. F. Hitchcock, Zabrze



# How detection rate of certain CHD changed in Poland ?

CHD	VIEW	2004	2012	2017
ALL / YEARLY		269	716	808
HLHS	4ch abn	25	86	55
AVSD	4ch N	22	53	45
TGA	4ch N	3	48	42
TOF	4ch N	10	50	46
AS	4ch dif	6	16	36
<b>RAA</b>	4ch N	0	0	<b>24</b>
<b>ARSA</b>	4ch N	0	0	<b>23</b>

Based on data  
[www.orpkp.pl](http://www.orpkp.pl)

# Fetal cardiology in Warsaw

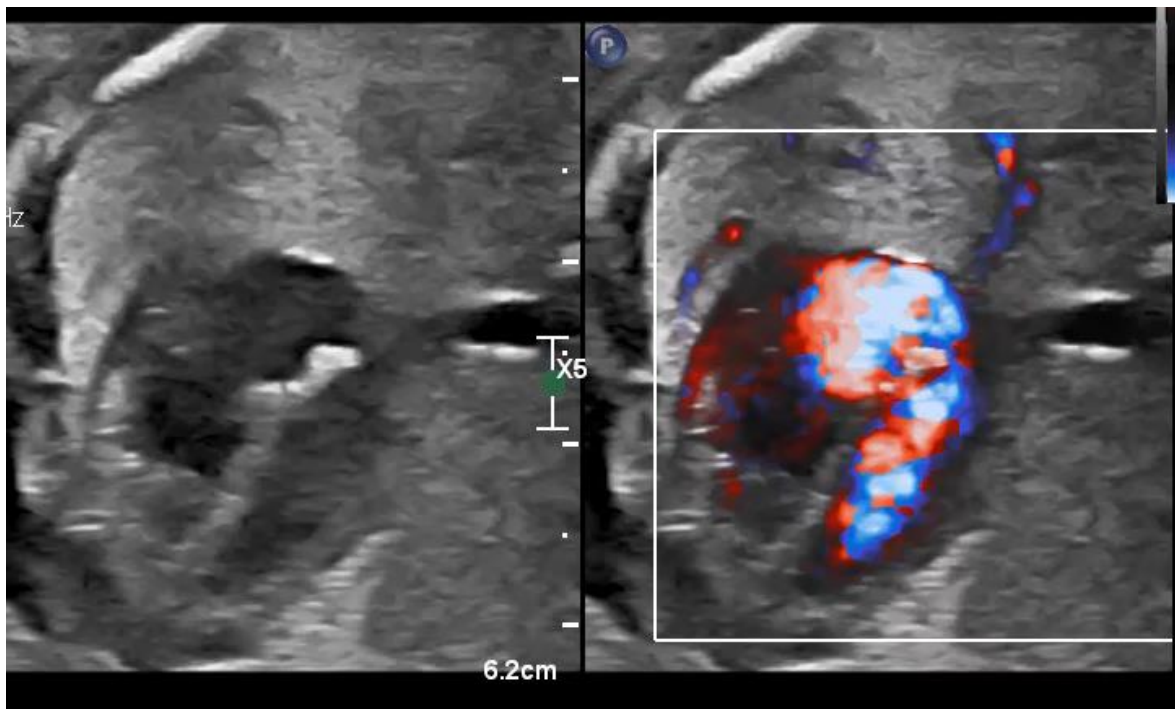
	<b>2019</b>	<b>4371 ECHO</b>
<b>CHD</b>	<b>1157</b>	} <b>2390 abnormal</b>
arrhythmia	173	
ECM	724	



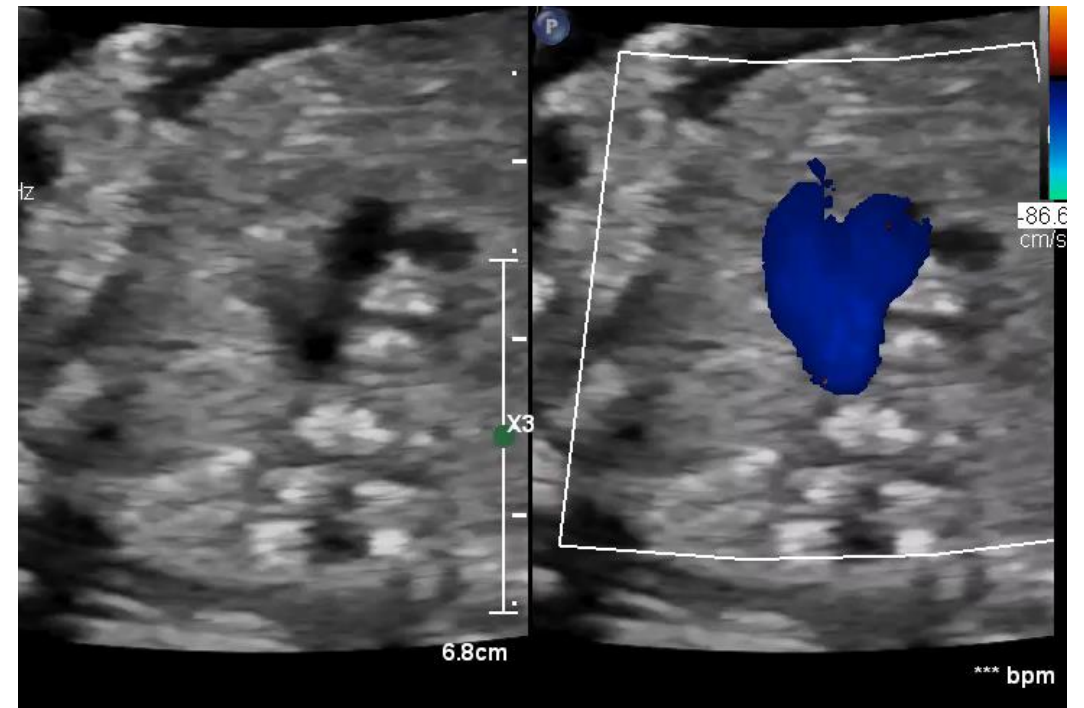
ToP - HLHS (206 between 2011 – 2018): **6%**

# What obstetricians should see ...

4 chamber view

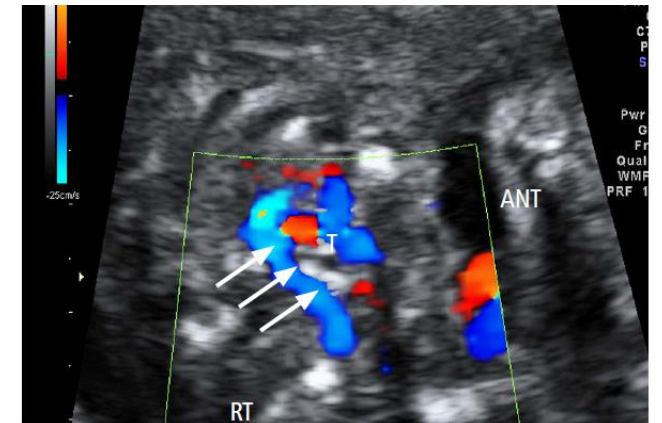
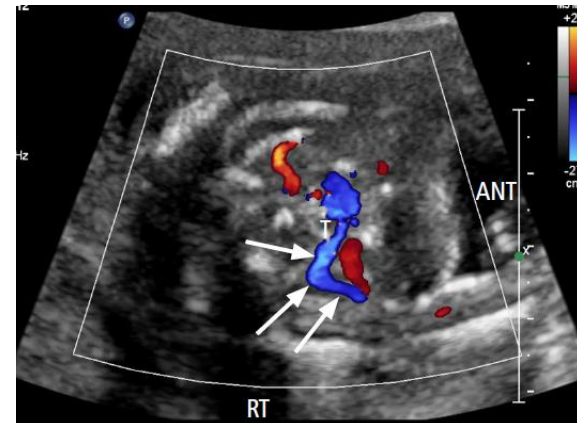
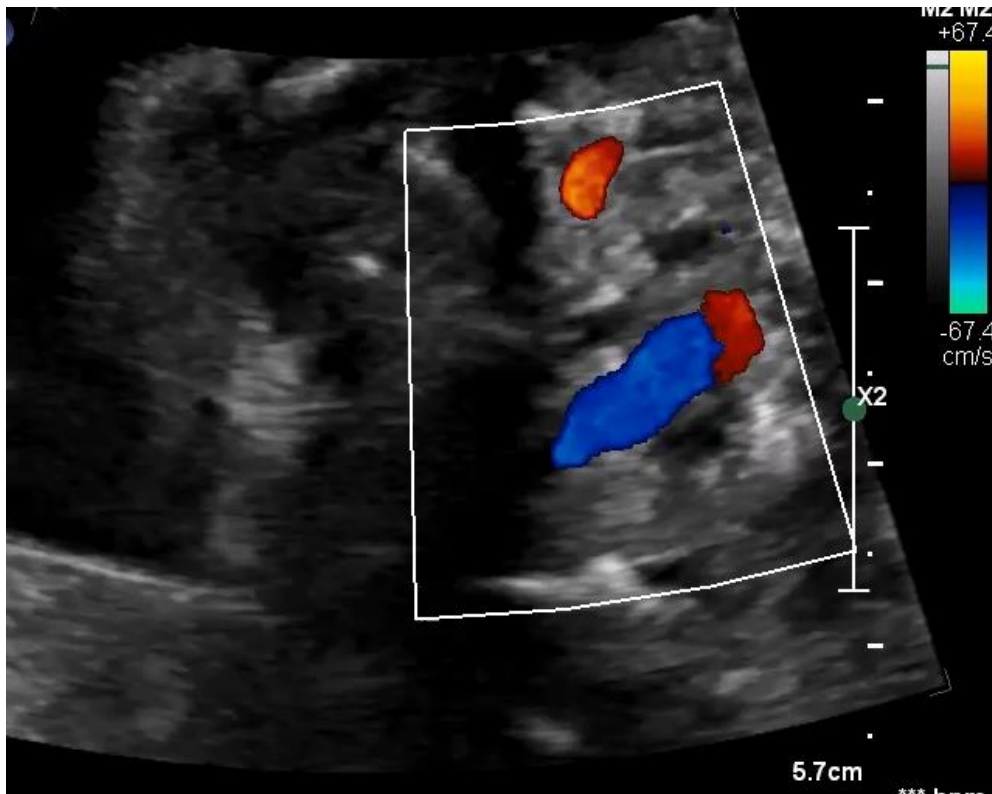


3VV-T 3 vessel – trachea view



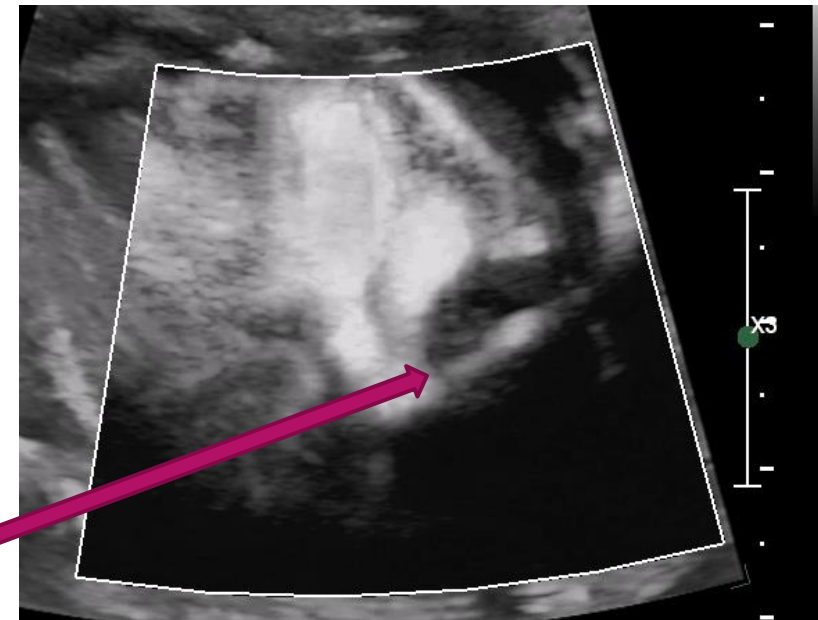
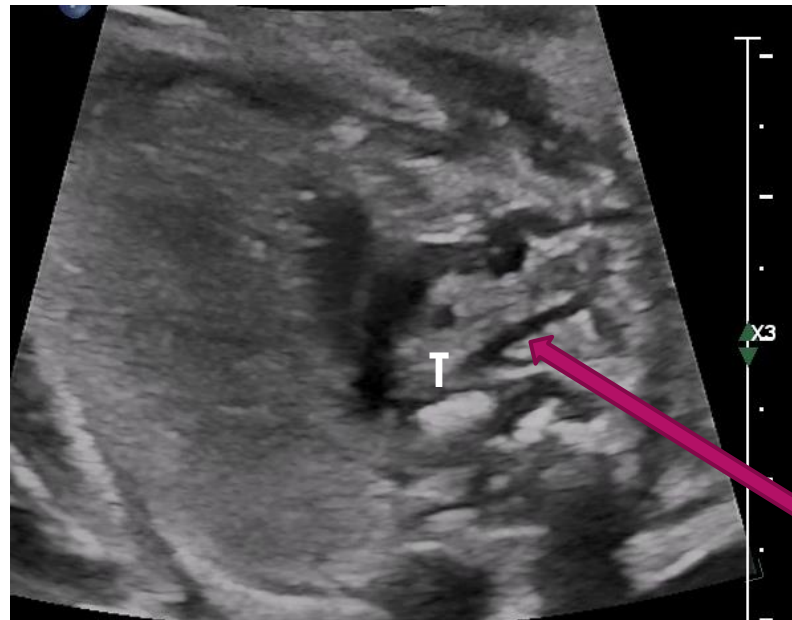
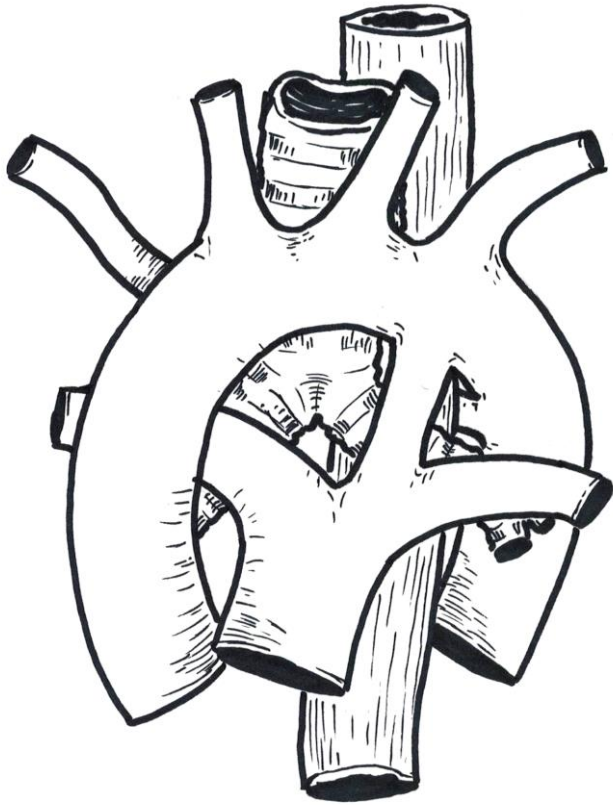
# How can we improve diagnosis of the aortic rings ?

Look at coronal plane



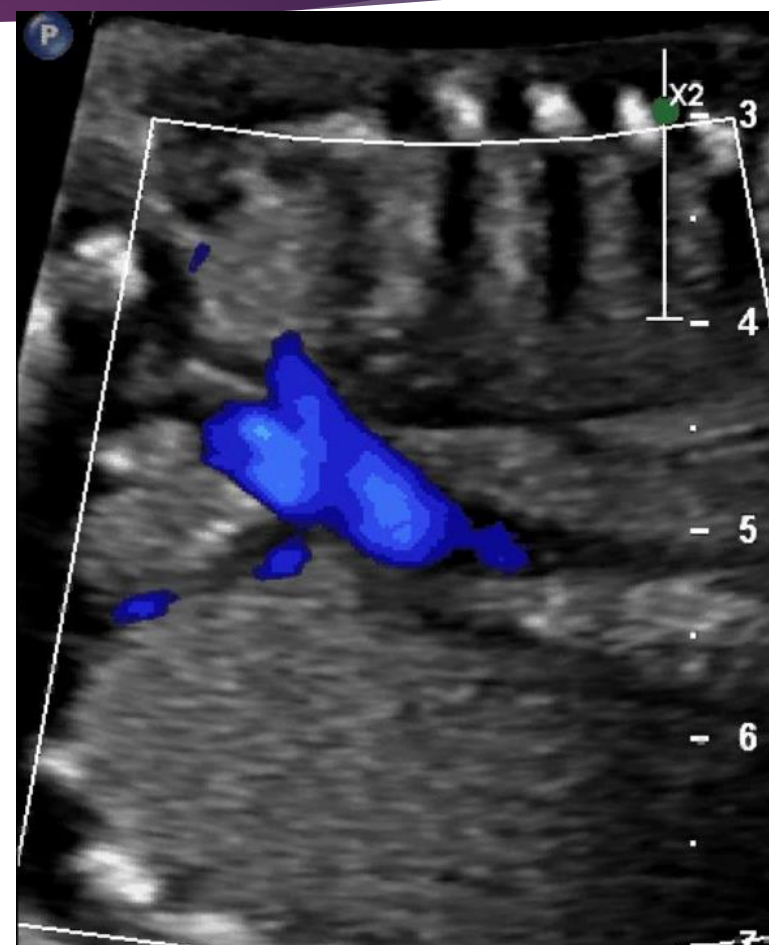
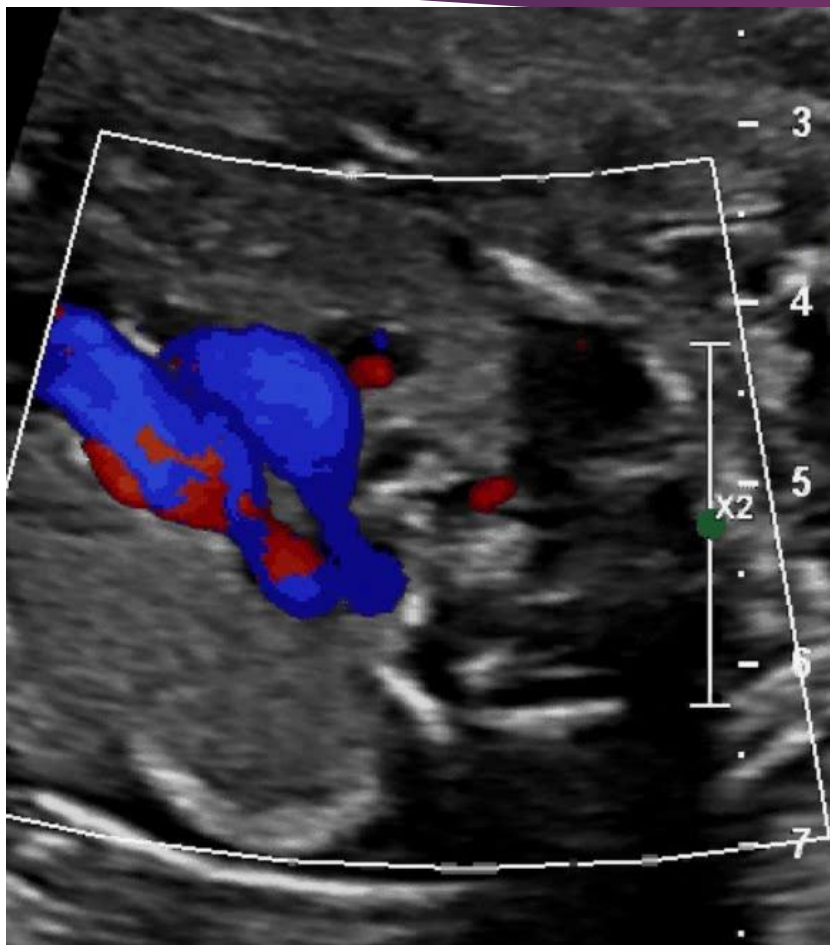
Song MJ et al., Ultrasonography, 2017;36:278-283

# The most common vascular ring - ARSA

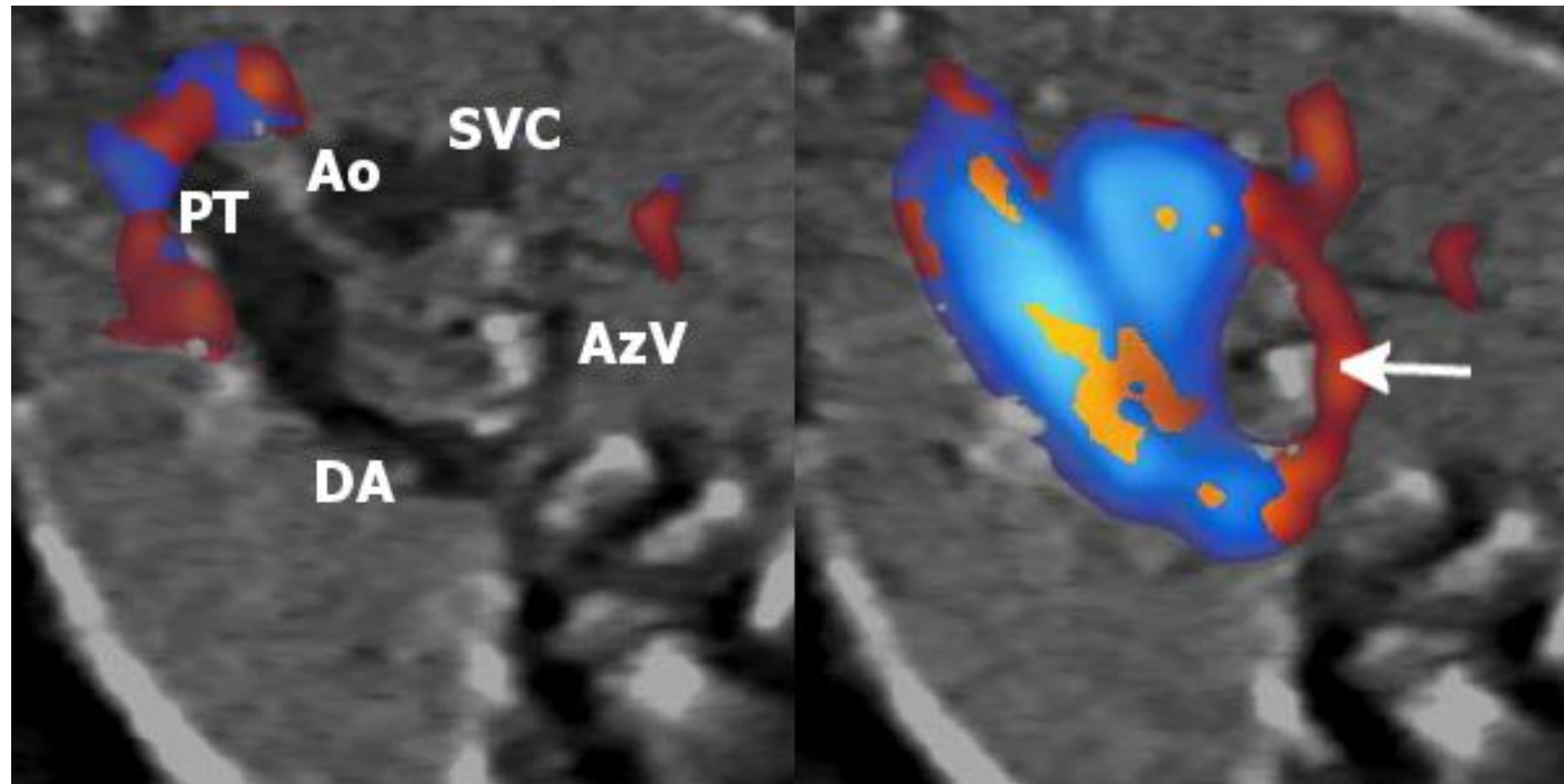


ARSA

# ARSA in 3VV-T and frontal view

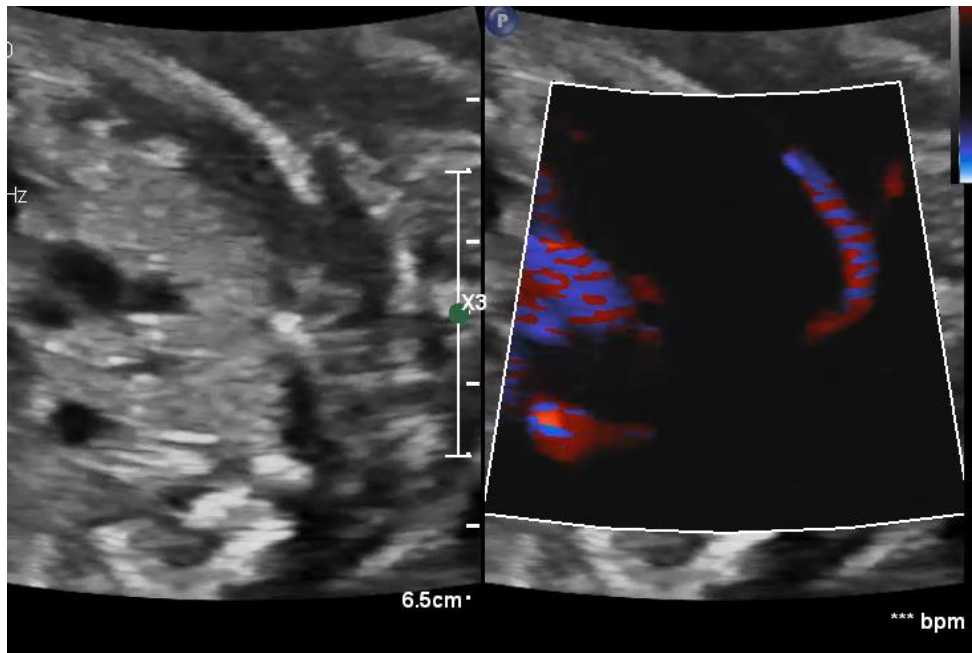
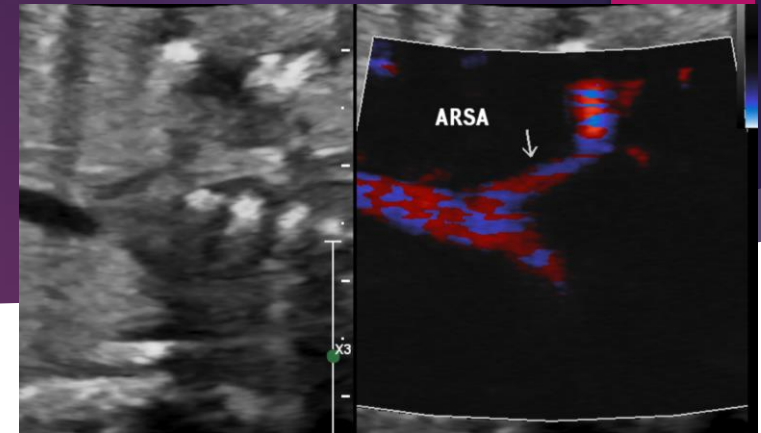


# Mistakes of ARSA diagnosis is ... likely

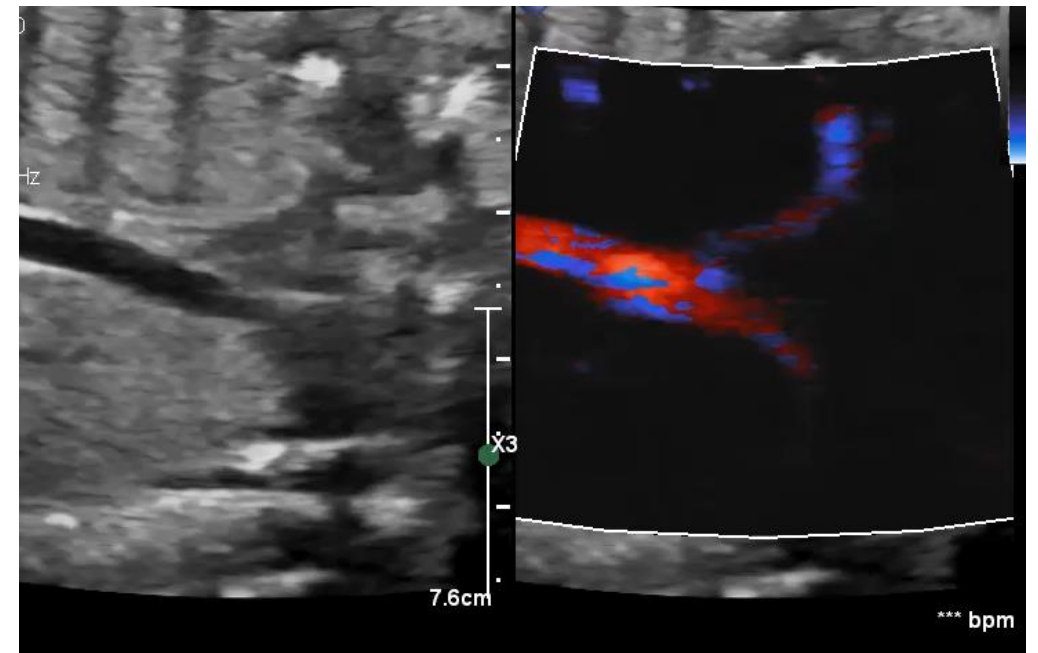


**Azygos vein – not ARSA!**  
*Be aware of the different course  
and character of flow!*

# MFI flow helps



24 weeks



24 weeks

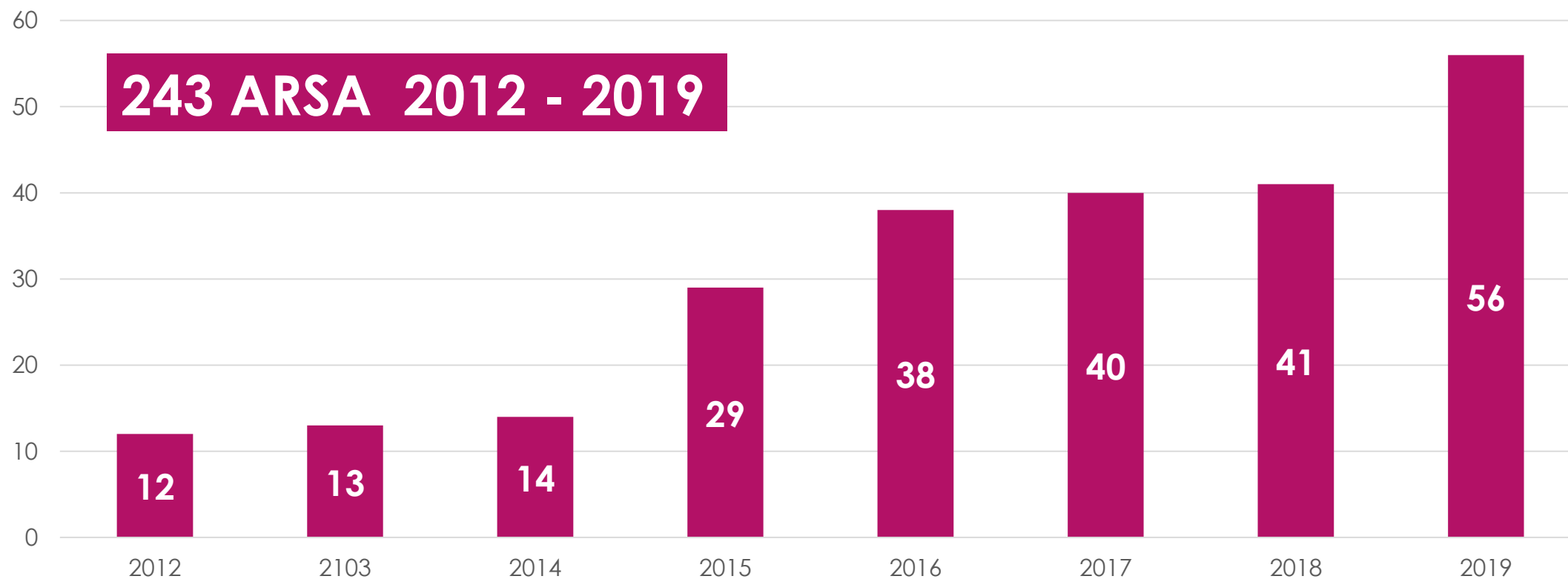
# ARSA & genetic problems

Microarray analysis has no additional value in fetal aberrant right subclavian artery: description of 268 pregnancies and systematic literature review

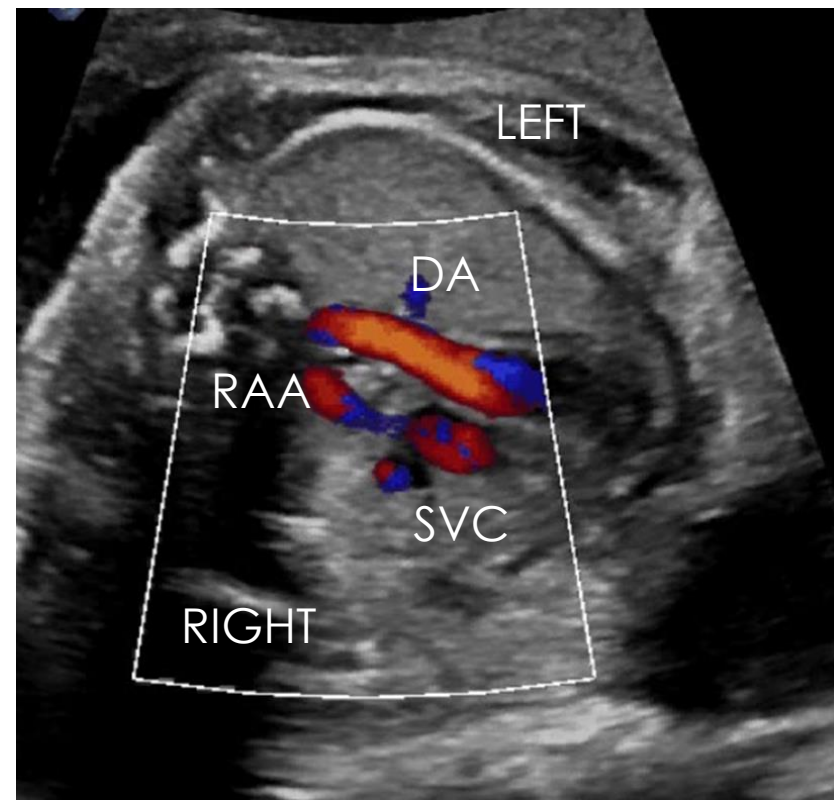
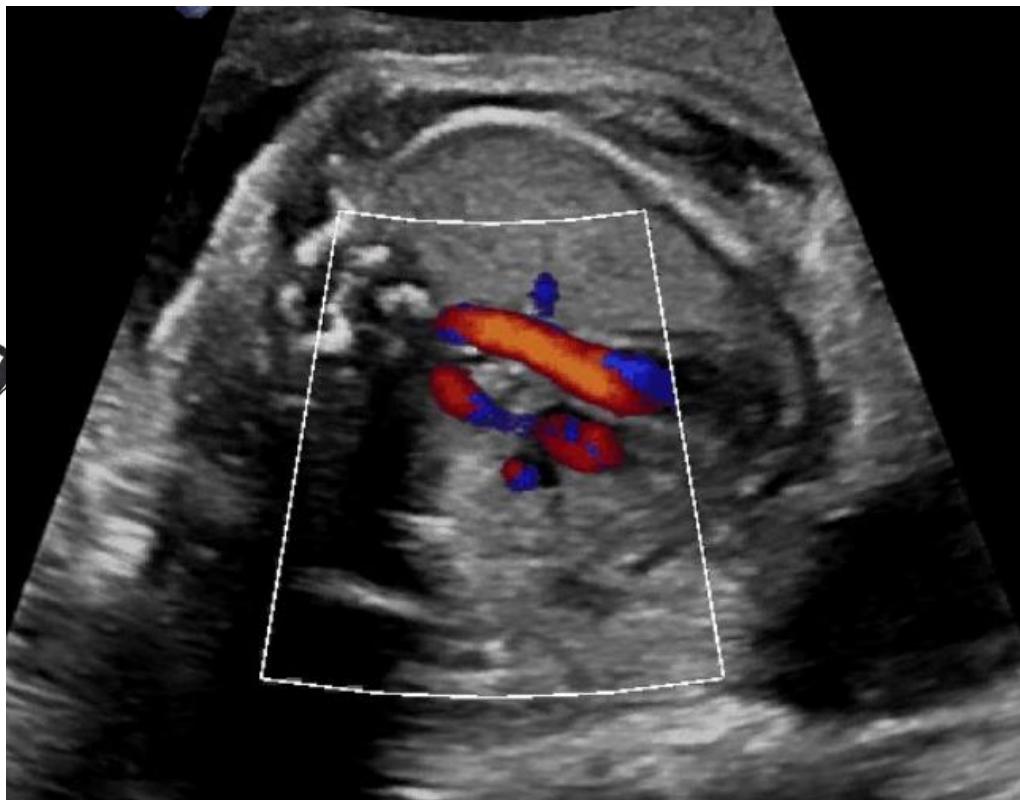
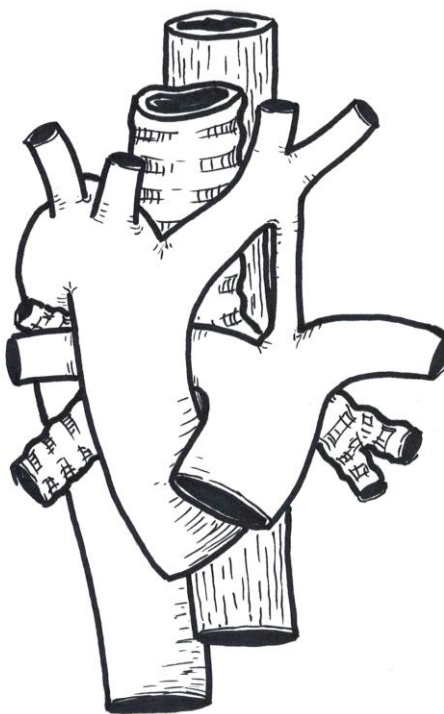


- ▶ If ARSA is an isolated finding can be a soft marker of Down syndrome not an indication for genetic test
- ▶ Incidence:
  - ▶ Isolated ARSA: T21 1:268 (0,4%)
  - ▶ Non-isolated ARSA: T21 1:22 (4,5%)
  - ▶ Isolated ARSA from literature: T21 13:579 (2,2%); none 22q11.2

# ARSA in the own material

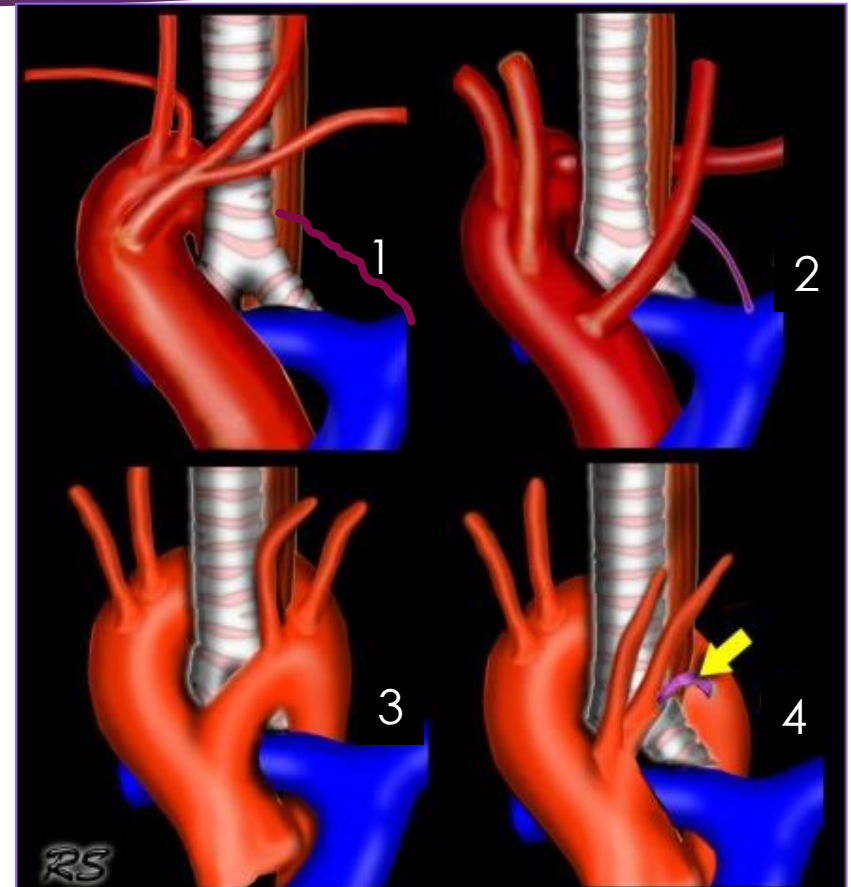


# Right aortic arch



# Right aortic arch

- ▶ RAA – mirror image and LDA (1)
- ▶ RAA – mirror image and RDA
- ▶ RAA & ALSA & LDA (2)
- ▶ RAA in Double Aortic Arch
  - ▶ Both arches equal in size (3)
  - ▶ Hypoplastic left arch, atretic distal part (4)

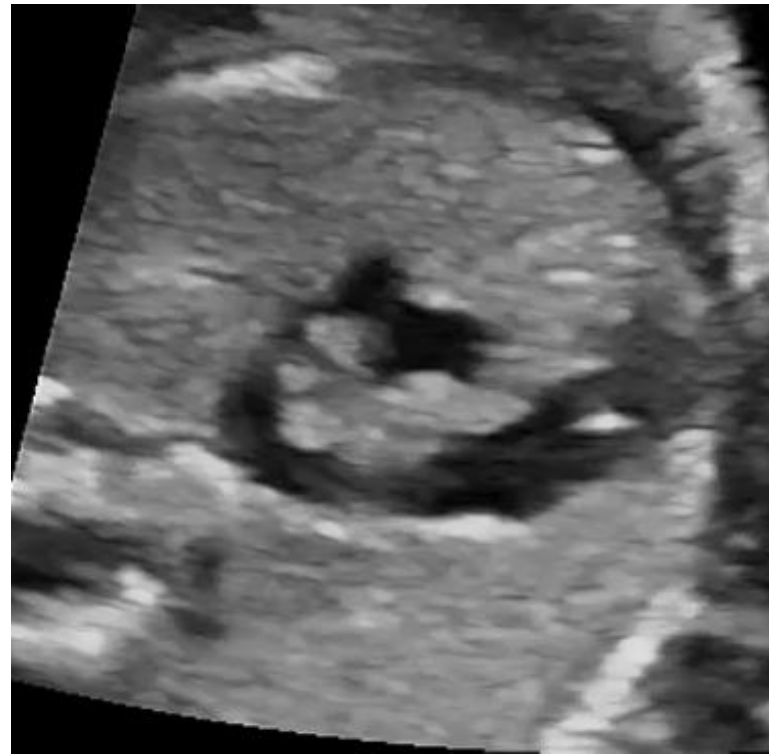


# RAA – step by step diagnosis

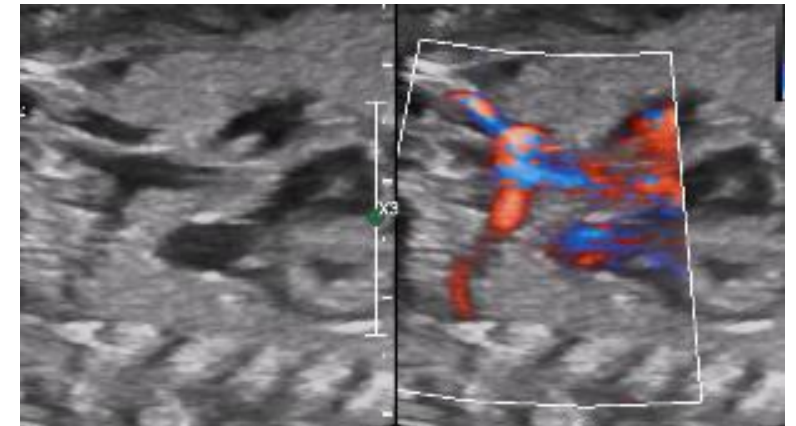
4 CH view ThAo on  
the right side



Ao & SVC on the  
right side

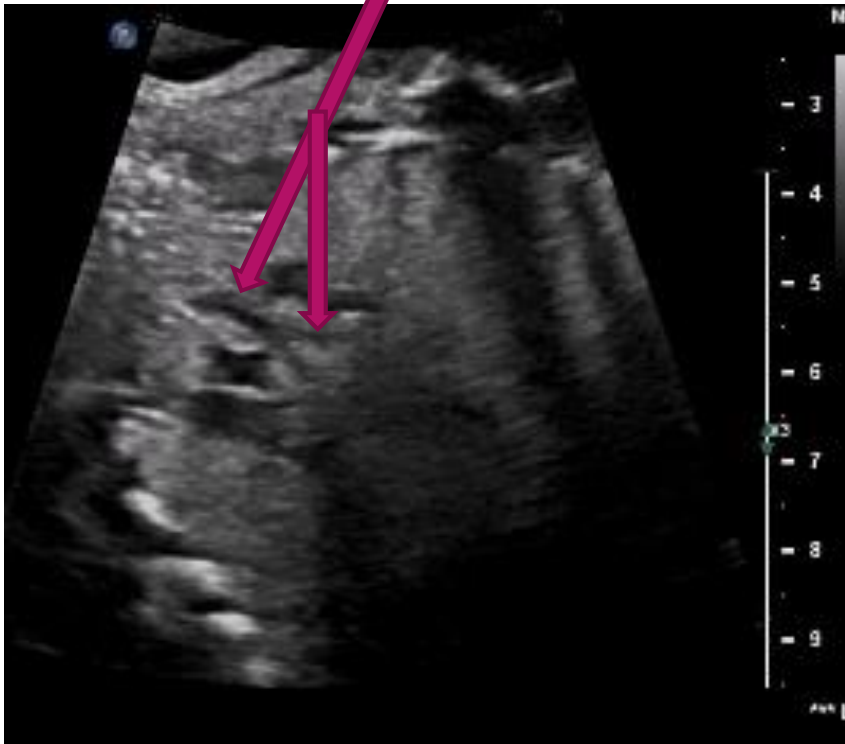


Colour Doppler  
necessary to  
evaluate arch  
branches, DA, PAs

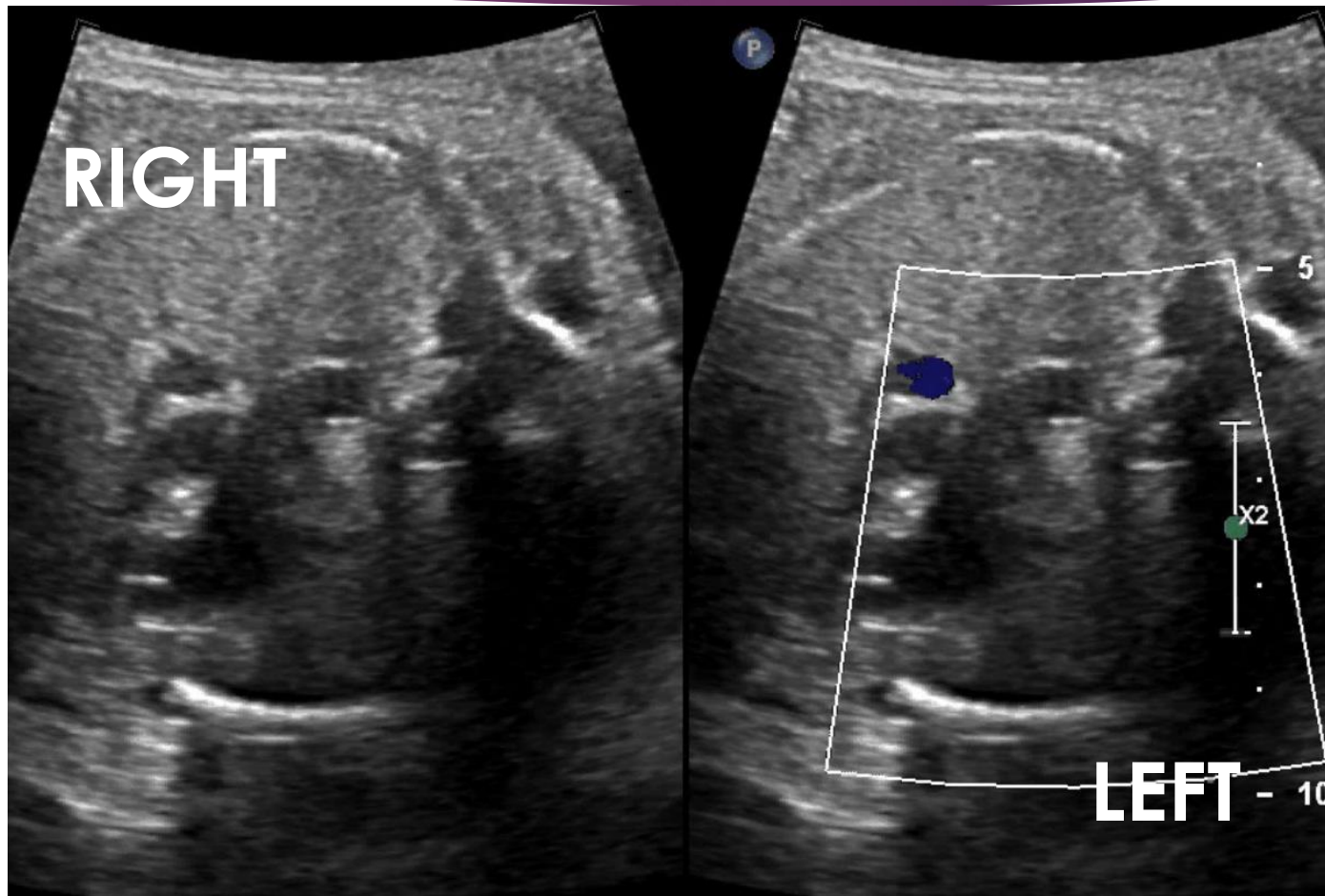


# Not only vessels are seen

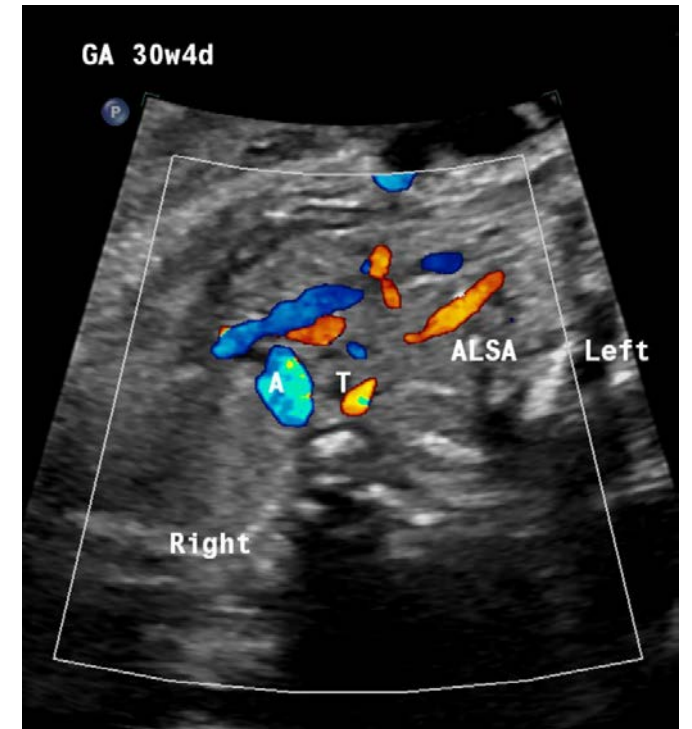
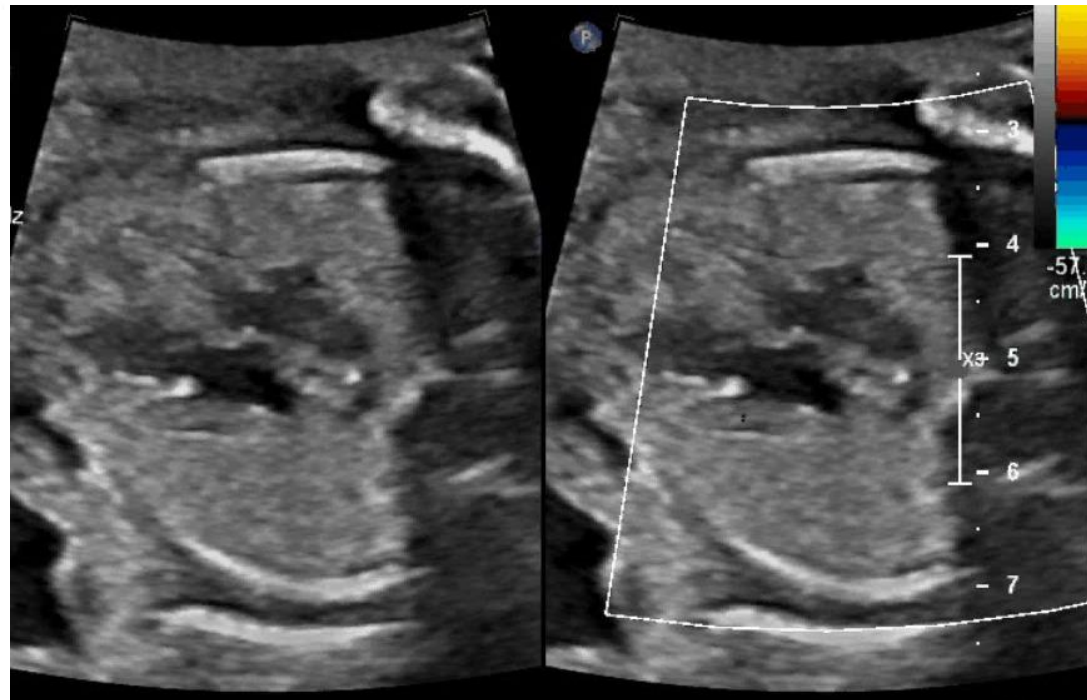
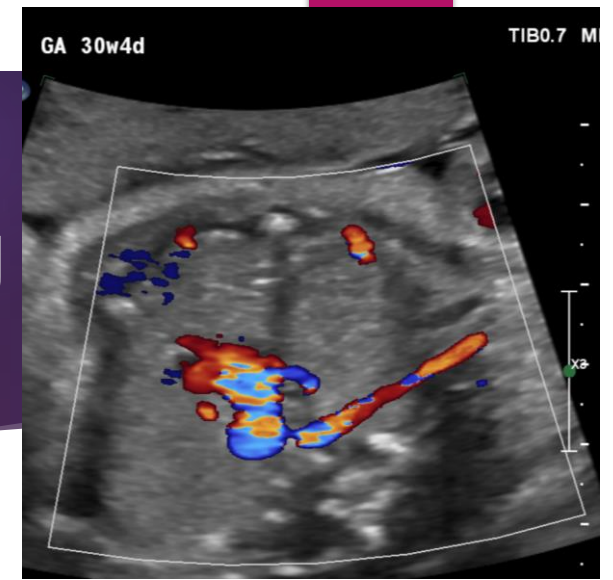
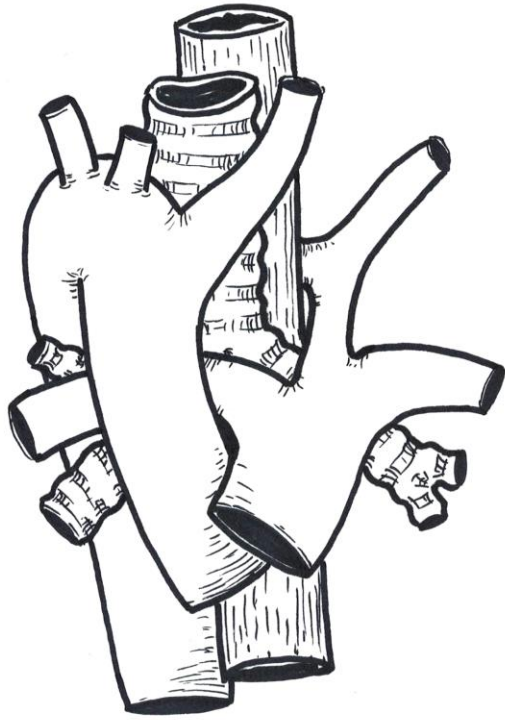
Trachea & bronchus



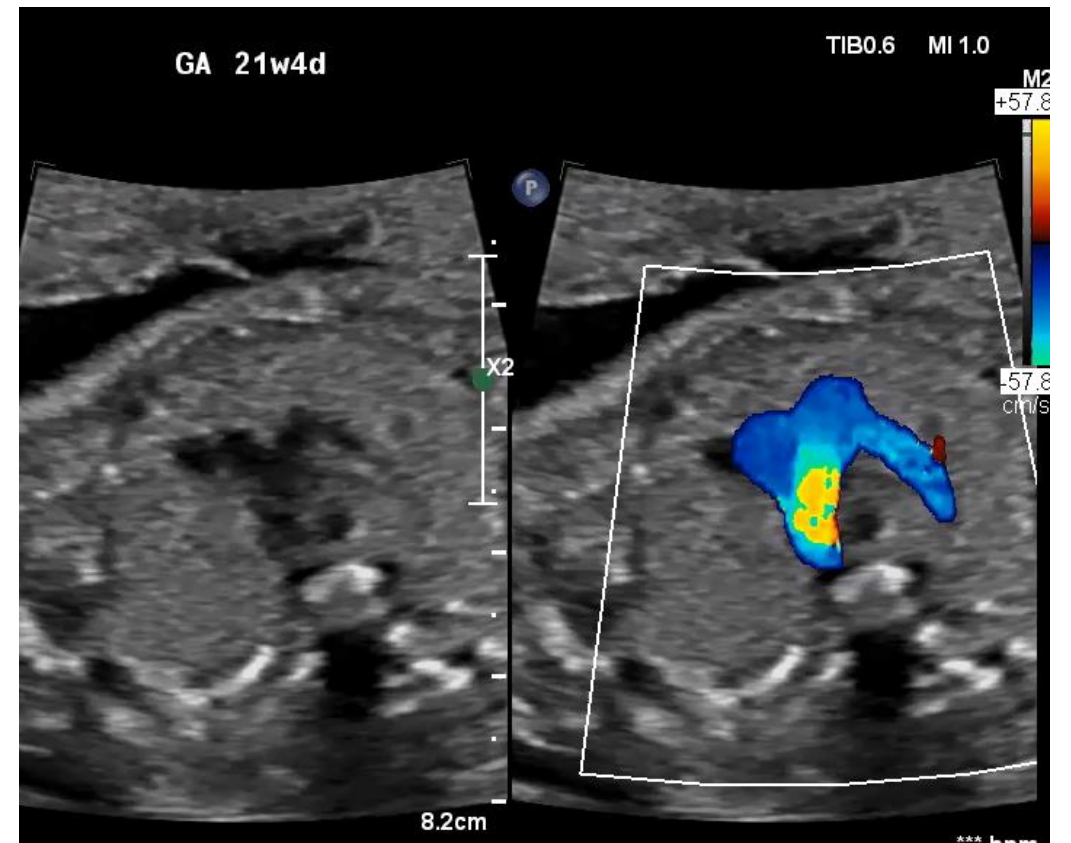
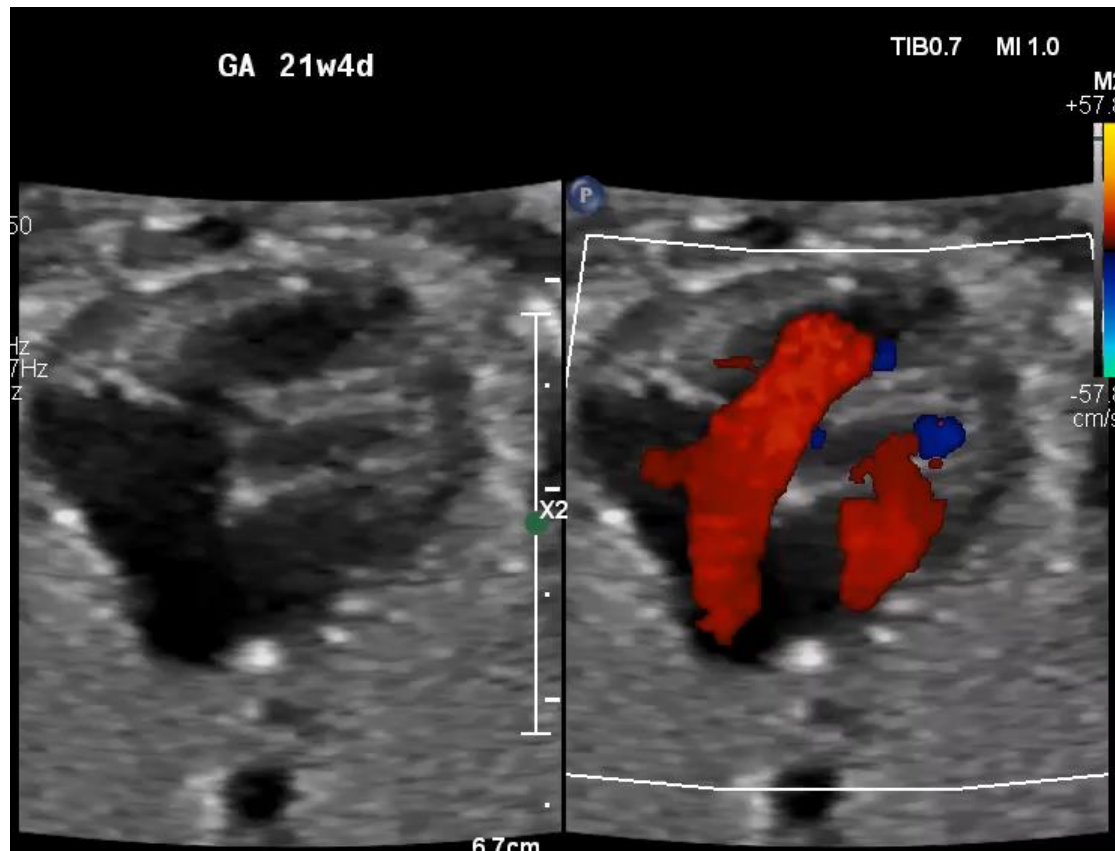
# RAA & RDA



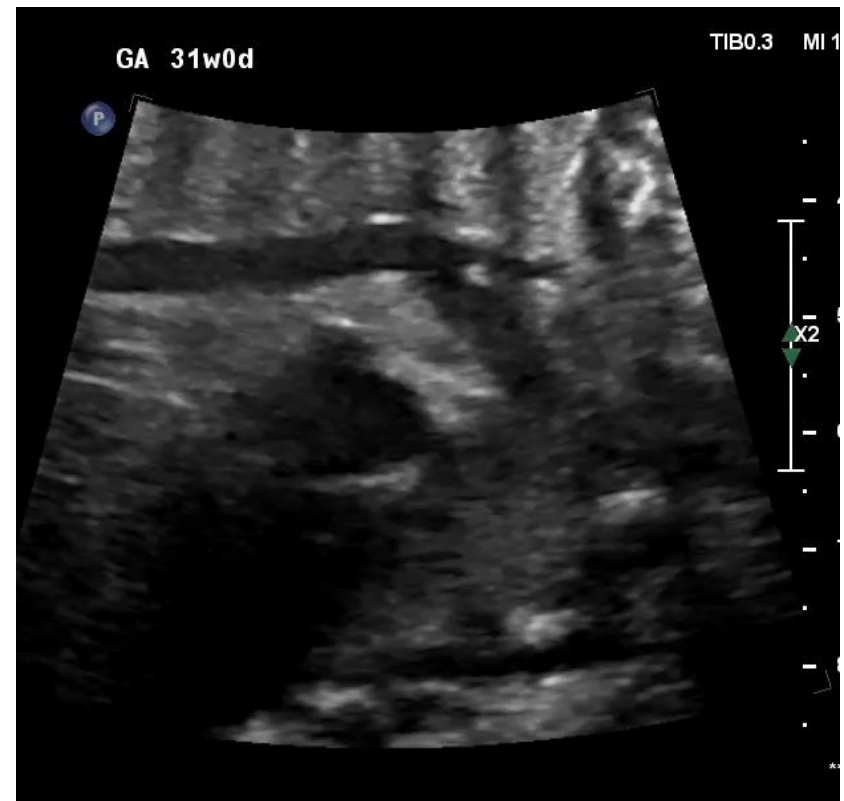
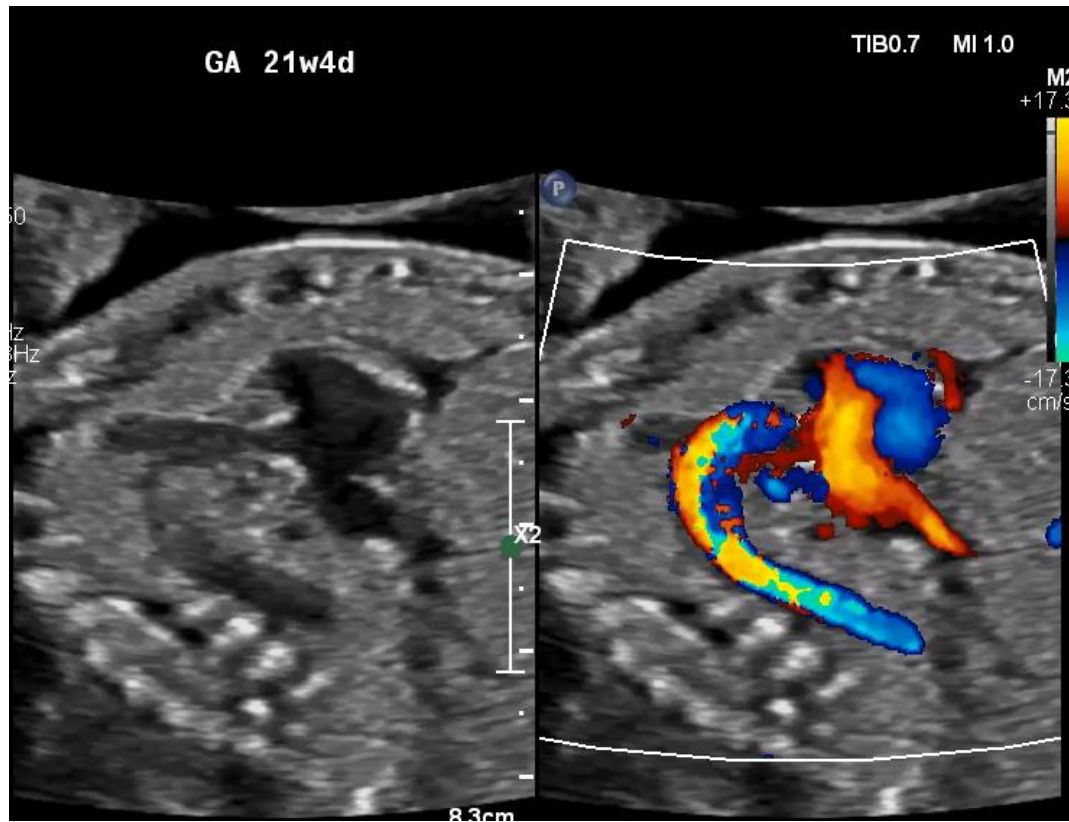
# RAA & ALSA – caused vascular ring



# Be careful if you see RAA & RDA ...



# Progression of the disease ...



# Left PA filled by left DA

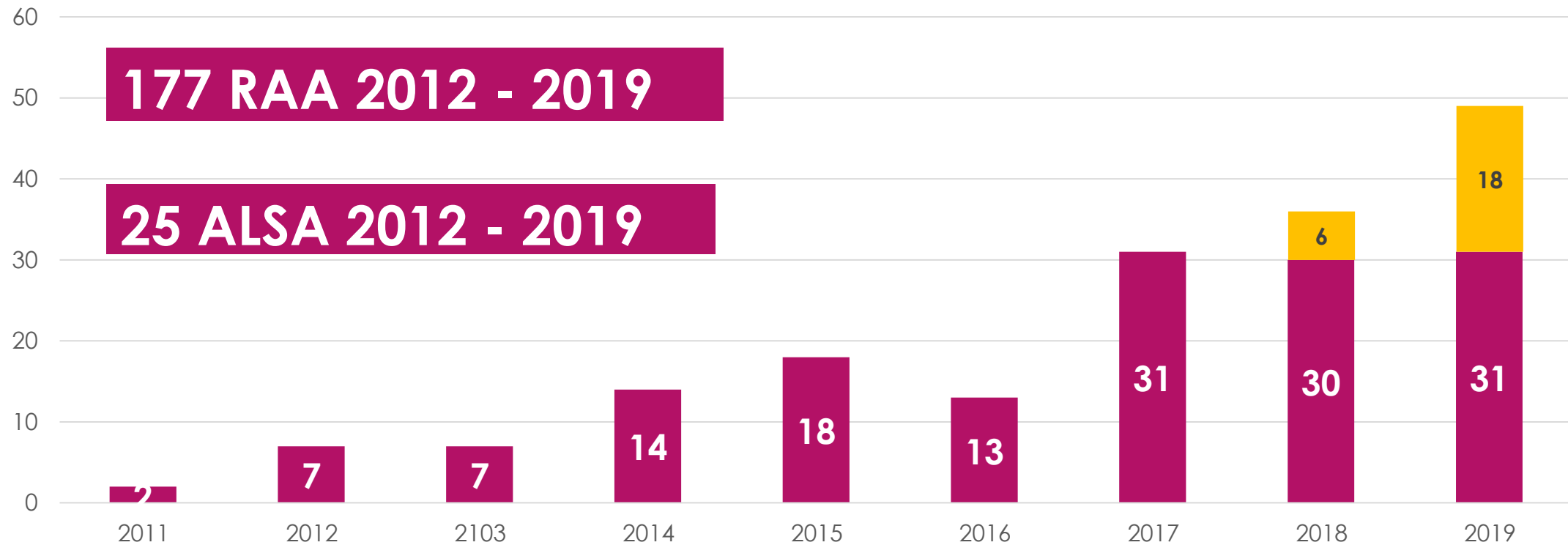


# Final diagnosis: DOUBLE DUCT DEPENDENT lesion

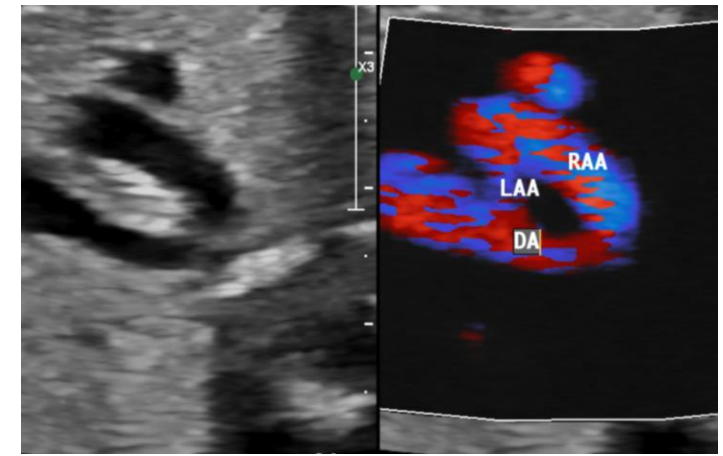
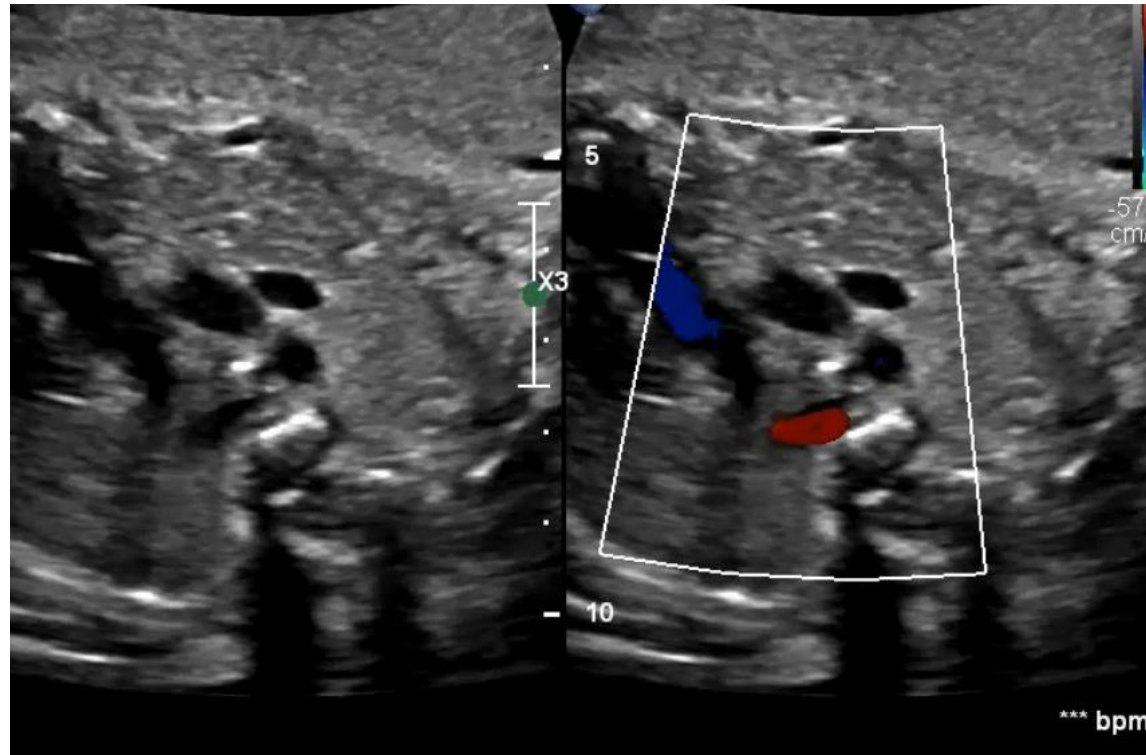
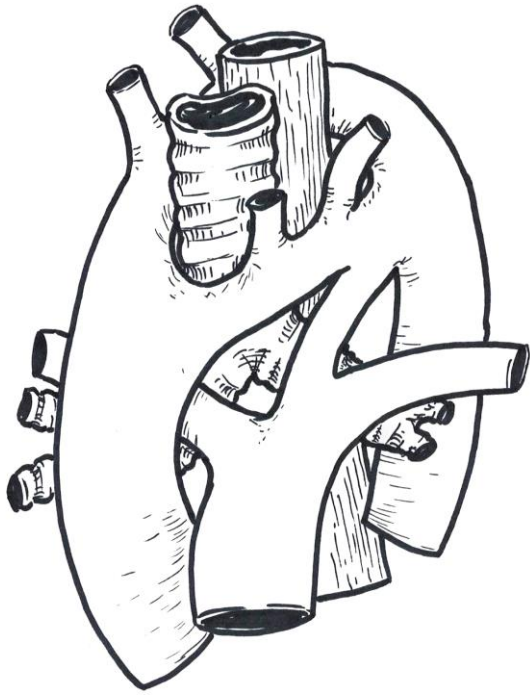
- ▶ RAA & double DA & ALSA
  - ▶ Aortic coarctation
- ▶ Left pulmonary artery from LEFT arterial duct
- ▶ VSD

From BENIGN anomaly like abnormal position of all vessels (SVC, Ao and ductus arteriosus on the right side) to SEVERE ductal dependent lesion

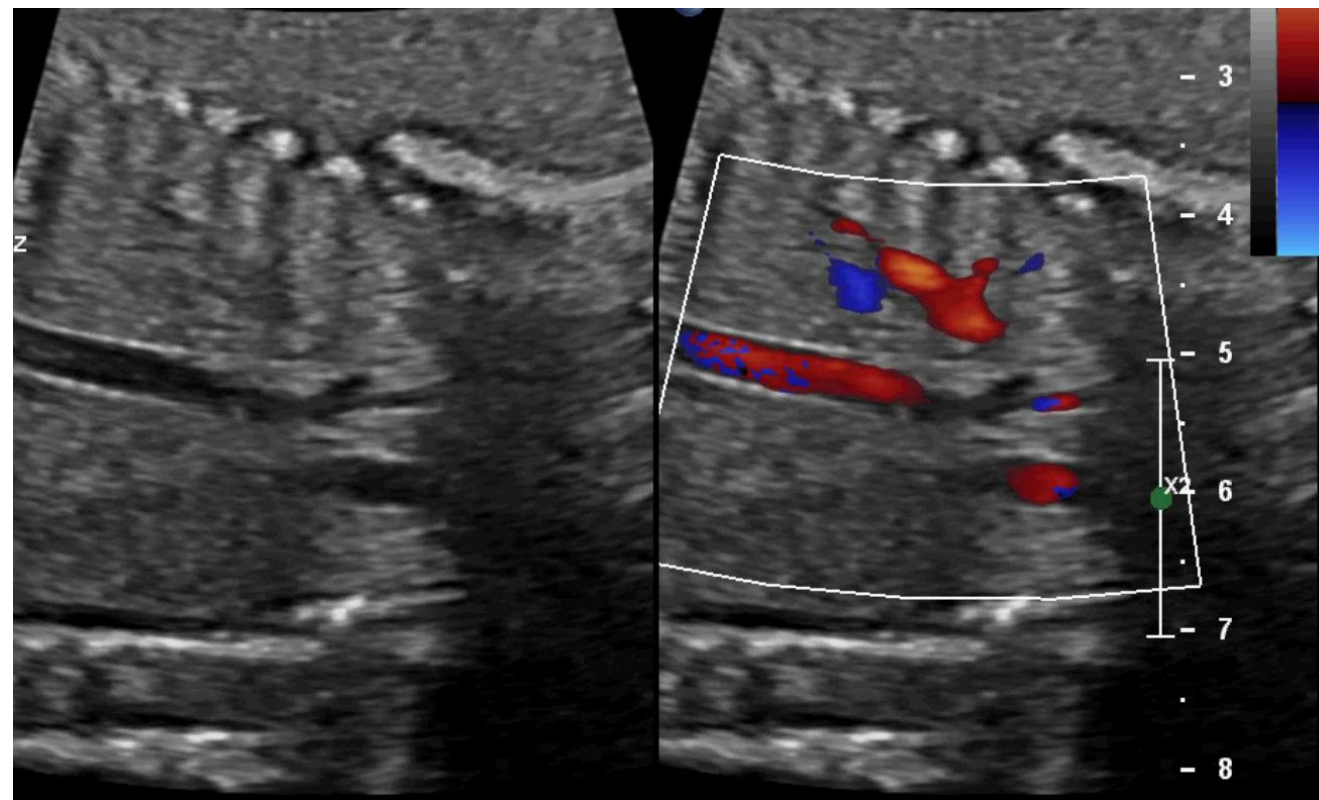
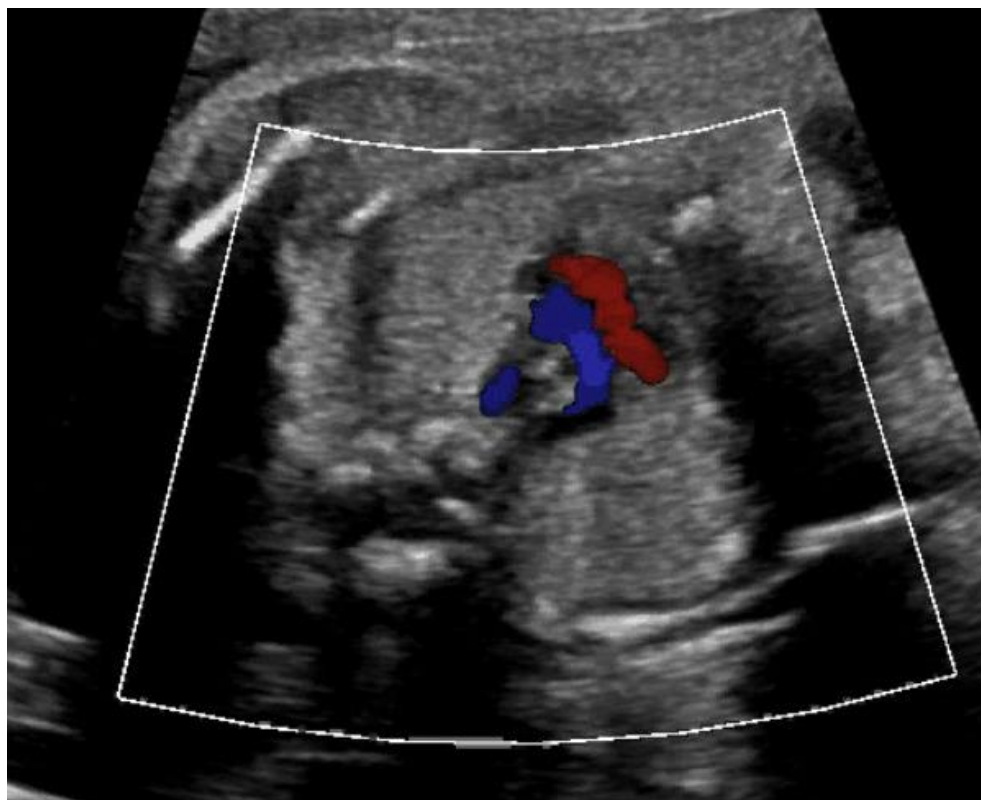
# RAA in the own material



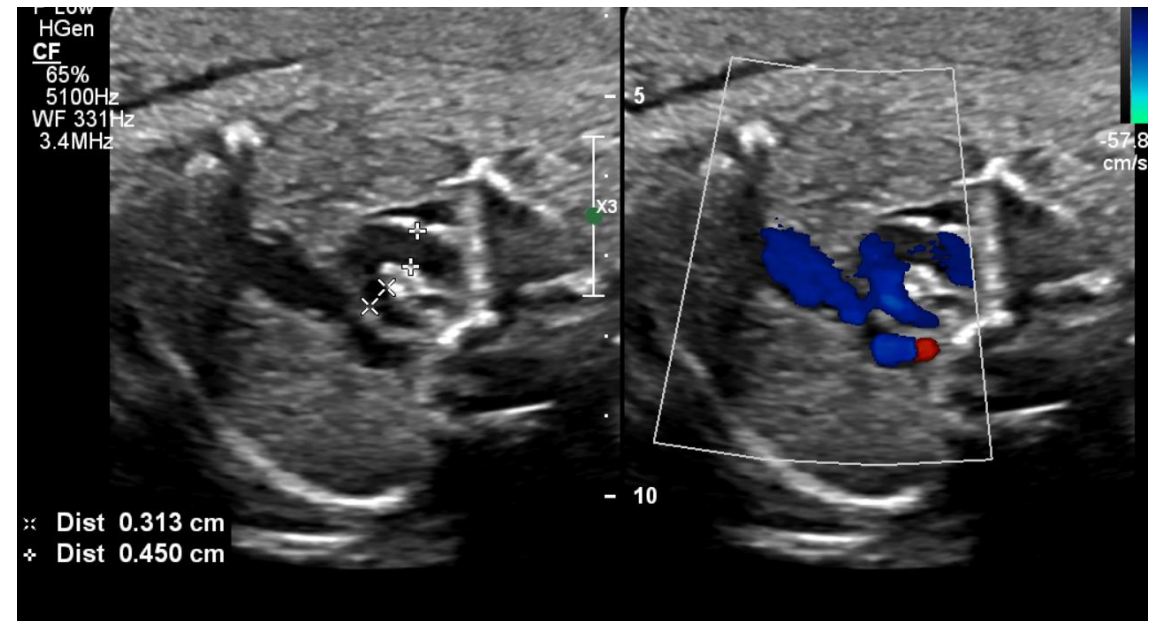
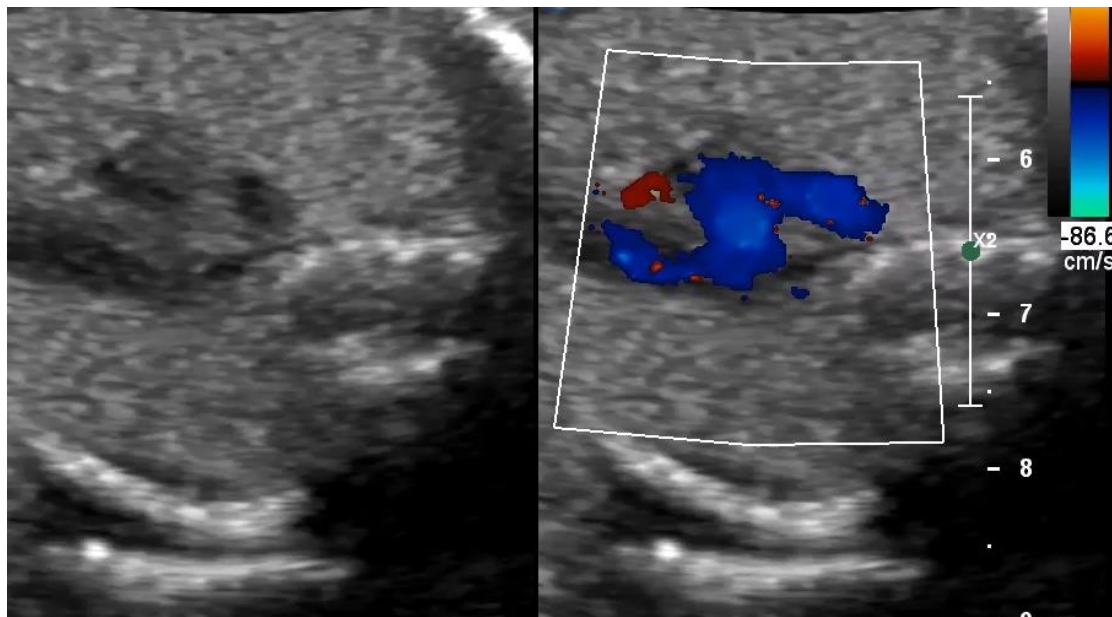
# Double AORTIC ARCH



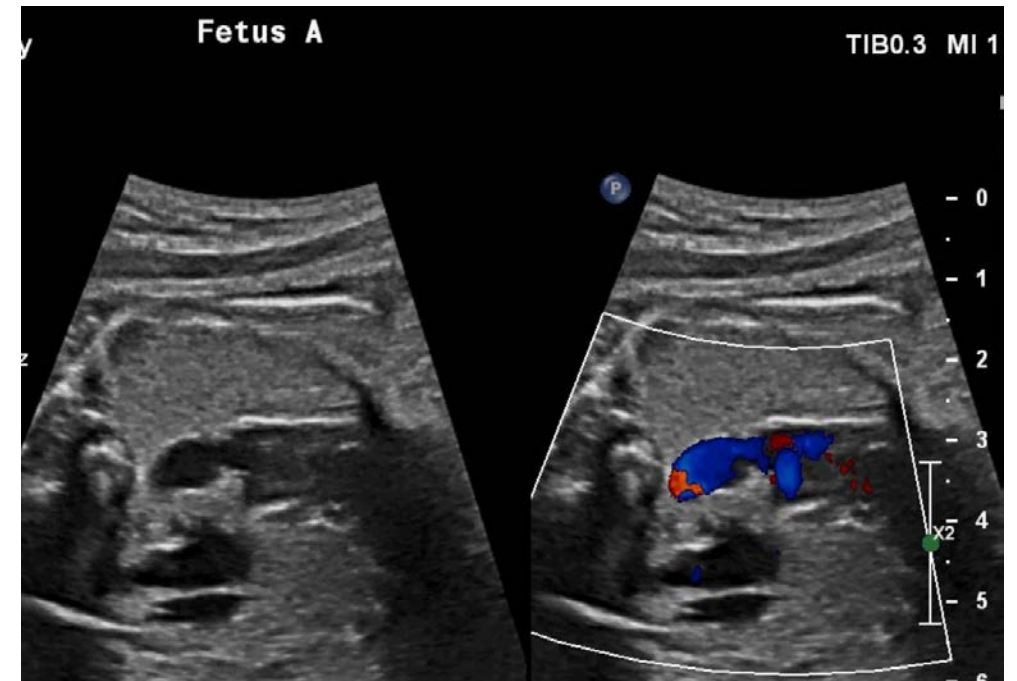
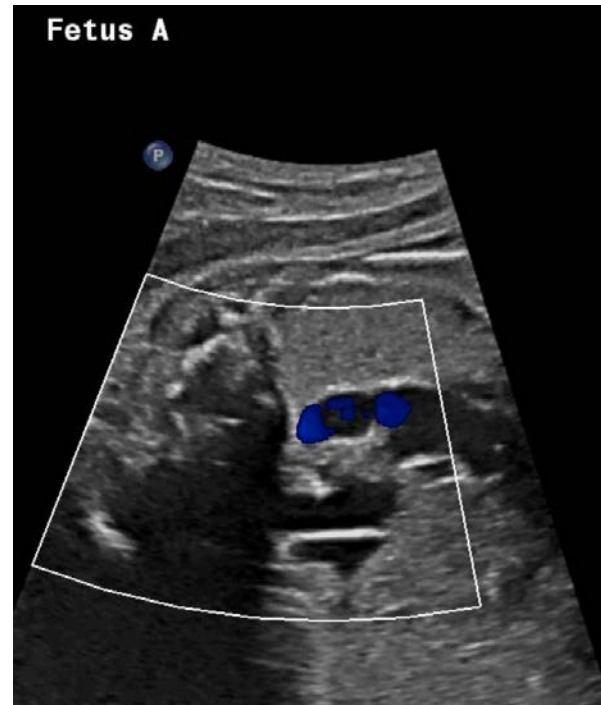
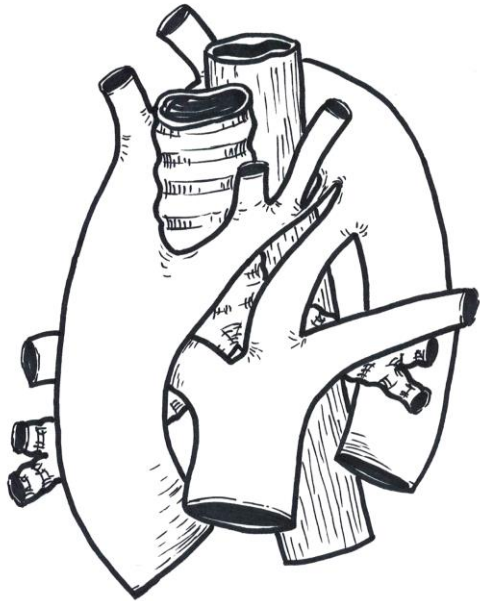
# DAA in different planes



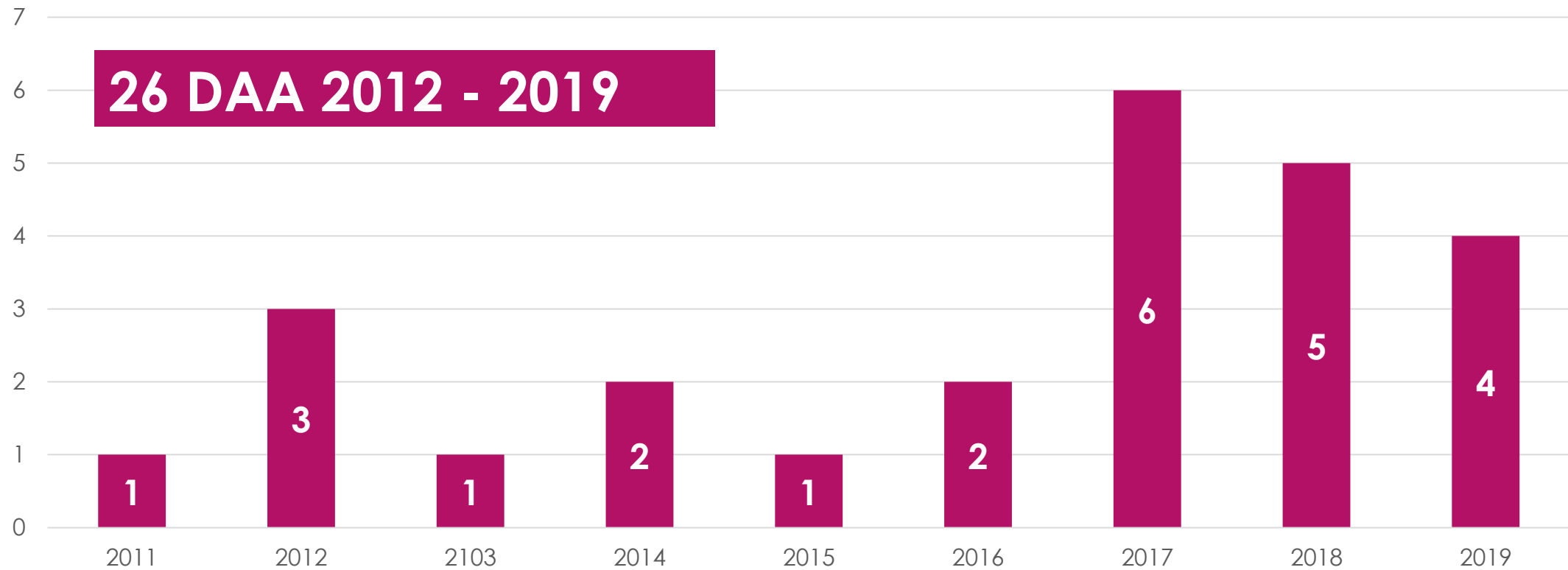
# RAA both arches equal in size



# DAA with hypoplastic left arch



# DAA in the own material



# Other prenatal issue if vascular ring is detected

## ULTRASOUND

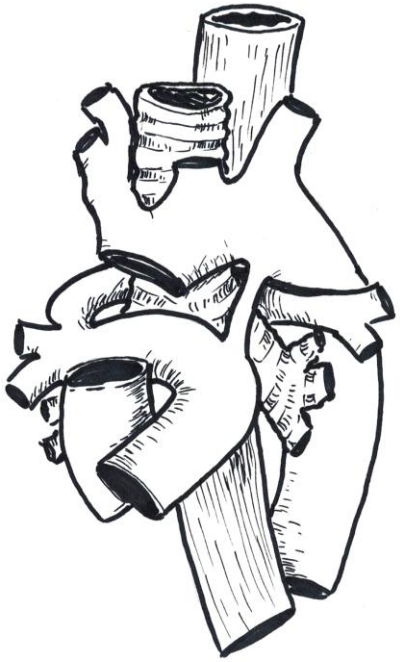
- ▶ If vascular ring is present – all vessels crossing from one side to the other behind the esophagus and traches – RISK for POLIHYDRAMNION
  - ▶ Check mediastinum in cases of „idiopathic” polyhydramnios
- ▶ Look at the THYMUS

## GENETICS

- ▶ Important: first trimester screening and additional ultrasound markers
- ▶ Isolated RAA
  - ▶ Chromosomal 8,2%
  - ▶ 22q112 deletion 3,7%
- ▶ Double aortic arch
  - ▶ No enough data concerning incidence of genetic problems – should be considered as in RAA ?

**NO DATA ABOUT OTHER MARKERS PROVIDED**

# Pulmonary artery sling: IPA from rPA



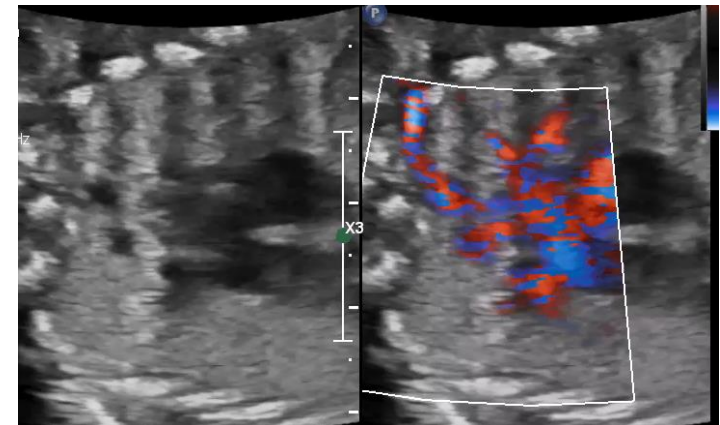
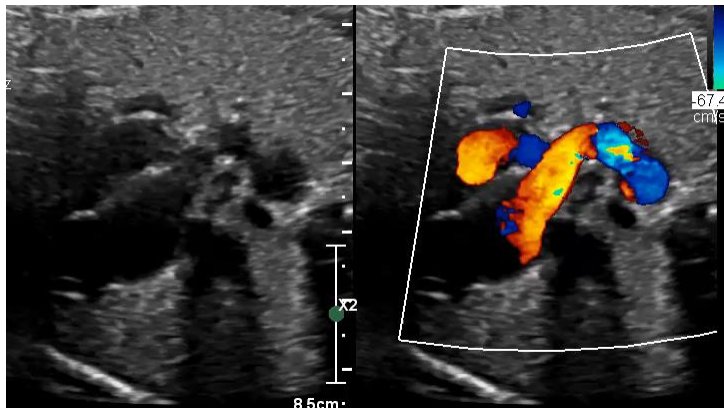
# Remember

- ▶ Echocardiographic imaging of vascular rings is easier in fetuses than after birth
  - ▶ Not all abnormal vessels create vascular rings
- ▶ If any kind of abnormal position of the vessels is seen careful evaluation of anatomy is obligatory
  - ▶ All head – neck vessels
  - ▶ Pulmonary artery branches
  - ▶ Arterial ducts
- ▶ „BENIGN” pathology at screening can be severe ductal dependent lesion !!!

“

If vascular ring is diagnosed prenatally – when and what kind of postnatal evaluation should be done ?

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THANK YOU

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