

Transcript

Ethan

Child of Our Time: Turning 20

Ethan:

I'd rather speak about my problems than keep them just inside me.

The divorce happened very early on so I was still young and I didn't really realise.

But it's not really affected me much. It just made me so I can rely on myself more than have to rely on like parents.

I'm self-taught with most things that a dad was meant to do but that's the only difference between having a dad and not having one.

My Mum was always there and she was always trying to help me. she just helped me grow as a person and like taught me rights from wrongs.

It just made me who I am I guess.

Mum (Kerri):

Him and I are very, very, very close, I try and see the world through his eyes. If I can keep it as nice and you know, fun I will.

That's my role, I'm his mummy, I have to encourage him.

I just really can't be bothered with anything, I can't see passed tomorrow, you know.

If it wasn't for my two boys, I wouldn't be here. You know, it's the only thing keeping me going.

Ethan:

When I was younger, I didn't really care much about mental health, but now that I've been affected majorly I see it in a bigger view.

I'd say it's a big struggle down where I live like in Northern Ireland I'd say a lot of men are

scared to talk about it because of being judged. Because men are meant to be this strong stereotype that can handle anything. But in reality, there's men that just struggle with things.

I'll admit I struggled with a lot but I got through it but making it aware to people is better than just keeping it to yourself. I'd rather speak about my problems than keep them just inside me.

Just don't dwell on the past just looking into the future, like.

I've always wanted to run a charity kind of thing, for people who don't have it like, more rough.

Like support people.