

Helping Hand

Helping Hand is a free-to-use confidential support service for all colleagues and customers of Newcastle Building Society and Manchester Building Society.

Whether you're concerned about the cost of living, or need confidential advice or support regarding life's worries. **Helping Hand is there for you.**

Delivered in partnership with :



In its first year



90 members and **43 colleagues** have received quick advice



£24,950 issued in emergency financial assistance



66% of enquiries are related to welfare benefit and income maximisation



£530,651 in estimated financial benefit

A Helping Hand when you need it most.

For members and colleagues.

Wherever you live in the UK.

We're here to help

To access the service call this number direct: 0191 300 2522
or email: NBSHelpingHand@citizensadvicegateshead.org.uk
Please use this unique code when you call or email: XV98345P



Issues Helping Hand can support with:



Landlord and Mortgage problems



Energy bills



Carer and/or health related support



Relationships



Scams



Welfare and benefits



Debt management