Pan Macmillan June 2021 Highlights



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HARDBACK FICTION



The Secret Path Karen Swan

Every step leads me back to you.

At just twenty years old, Tara Tremain has everything: a trainee doctor, engaged to the man of her dreams – a passionate American biology student called Alex Carter. But just when life seems perfect, Alex betrays her in the worst way possible.

Ten years later, she's moved on – with a successful career, good friends and a man who loves her. But when she's pulled back into her wealthy family's orbit for an unmissable party in the heart of Costa Rica, she finds herself flung into crisis: a child is desperately ill and the only remedy is several days' trek into the heart of the jungle.

There's only one person who can help – but it's the man who shattered her heart a decade before. And how can she trust him, of all people?

- ISBN: 9781529006254
- Format: Trade Paperback
- Genre: Fiction
- Extent: 416
- Price: R340,00

aniell NUMBER ONE BESTSELLER NNF

Nine Lives Danielle Steel

Nine Lives is a thought-provoking story of lost love and new beginnings, by the number one bestseller Danielle Steel.

After a carefree childhood, Maggie Kelly came of age in the shadow of grief. Her father, a daredevil pilot, died when she was nine. Maggie saw her mother struggle to put their lives back together. As the family moved from one city to the next, her mother warned her about daredevil men and avoid risk at all cost. Following her mother's advice, and forgoing the magic of first love with a high school boyfriend who she thought too wild, Maggie married a good, dependable man. Together they had a son and found happiness in a conventional suburban life - until tragedy struck again.

Now on her own, feeling a sense of adventure for the first time, Maggie decides to face her fears, setting off on a whirlwind trip from the US to Rome, Paris, London and Monaco. But when her travels reconnect her with the irresistible, thrill-seeking man she's spent thirty years trying to forget, Maggie is terrified that rushing into love and sharing his life may end in disaster. But while Maggie tries to outrun her fears and painful memories, fate will surprise her in the most astounding of ways, as she walks the tightrope between danger and courage, and between wisdom and love.

- ISBN: 9781529021523
- Format: Trade Paperback
- Genre: Fiction
- Extent: 272
- Price: R330,00



Circus of Wonders Elizabeth Macneal

1866. In a coastal village in southern England, Nell picks violets for a living. Set apart by her community because of the birthmarks that speckle her skin, Nell's world is her beloved brother and devotion to the sea.

But when Jasper Jupiter's Circus of Wonders arrives in the village, Nell is kidnapped. Her father has sold her, promising Jasper Jupiter his very own leopard girl. It is the greatest betrayal of Nell's life, but as her fame grows, and she finds friendship with the other performers and Jasper's gentle brother Toby, she begins to wonder if joining the show is the best thing that has ever happened to her.

In London, newspapers describe Nell as the eighth wonder of the world. Figurines are cast in her image, and crowds rush to watch her soar through the air. But who gets to tell Nell's story? What happens when her fame threatens to eclipse that of the showman who bought her? And as she falls in love with Toby, can he detach himself from his past and the terrible secret that binds him to his brother?

Moving from the pleasure gardens of Victorian London to the battle-scarred plains of the Crimea, *Circus of Wonders* is an astonishing story about power and ownership, fame and the threat of invisibility.

- ISBN: 9781529002515
- Format: Trade Paperback
- Genre: Fiction
- Extent: 384
- Price: R330,00



How to Save a Life Eva Carter

Joel's heart stops as the rest of the world welcomes the start of a new century. What happens next will change the course of three people's lives forever...

It's nearly midnight on the eve of the millennium when eighteen-year-old Joel's heart stops. A school friend, Kerry, performs CPR for almost twenty exhausting minutes, ultimately saving Joel's life, while her best friend Tim freezes, unable to help.

That moment of life and death changes the course of all three lives over the next two decades: each time Kerry, Joel and Tim believe they've found love, discovered their vocation, or simply moved on, their lives collide again. Structured around the four simple steps involved in CPR, Eva Carter's *How to Save a Life* is both a love story and an exploration of what it means to be brave – because bravery isn't just about life or death decisions; it's also about how to keep on living afterwards...

- ISBN: 9781529038668
- Format: Trade Paperback
- Genre: Fiction
- Extent: 480
- Price: R330,00

A D R I A N T C H A I K O V S K Y

WHY DID THEY STRIKE AND WHERE ARE THEY NOW?

SHARDS

EAG

How to Save a Life Adrian Tchaikovsky

The war is over. Its heroes forgotten. Until one chance discovery...

Idris has neither aged nor slept since they remade his mind in the war. And one of humanity's heroes now scrapes by on a freelance salvage vessel, to avoid the attention of greater powers.

Eighty years ago, Earth was destroyed by an alien enemy. Many escaped, but millions more died. So mankind created enhanced humans such as Idris - who could communicate mind-to-mind with our aggressors. Then these 'Architects' simply disappeared and Idris and his kind became obsolete.

Now, Idris and his crew have something strange, abandoned in space. It's clearly the work of the Architects – but are they really returning? And if so, why? Hunted by gangsters, cults and governments, Idris and his crew race across the galaxy hunting for answers. For they now possess something of incalculable value, that many would kill to obtain it.

- ISBN: 9781529051896
- Format: Trade Paperback
- Genre: Fiction
- Extent: 560
- Price: R330,00

NEAL ASHER

'The man's a national treasure' SFX

JACK FOUR

CREATED TO DIE. DETERMINED TO LIVE.

Jack Four Neal Asher

Created to die – determined to live...

Jack Four – one of twenty human clones – has been created to be sold. His purchasers are the alien prador and they only want him for their experimentation program. But there is something different about Jack. No clone should possess the knowledge that's been loaded into his mind. And no normal citizen of humanity's Polity worlds would have this information.

The prador's king has been mutated by the Spatterjay virus into a creature even more monstrous than the prador themselves. And his children, the King's Guard, have undergone similar changes. They were infected by the virus during the last humans-versus-prador war, now lapsed into an uneasy truce. But the prador are always looking for new weapons – and their experimentation program might give them the edge they seek.

Suzeal trades human slaves out of the Stratogaster Space Station, reengineering them to serve the prador. She thinks the rewards are worth the risks, but all that is about to change. The Station was once a zoo, containing monsters from across known space. All the monsters now dwell on the planet below, but they aren't as contained as they seem. And a vengeful clone may be the worst danger of all.

- ISBN: 9781529049985
- Format: Trade Paperback
- Genre: Fiction
- Extent: 448
- Price: R330,00



Rabbits

Terry Miles

Rabbits by Terry Miles is an electrifying, compulsive read based on the hit podcast from the Public Radio Alliance – perfect for fans of *Stranger Things* and *Black Mirror*.

Rabbits is a secret, dangerous and sometimes fatal underground game. The rewards for winning are unclear, but there are rumours of money, CIA recruitment or even immortality. Or it might unlock the universe's greatest secrets. But everyone knows that the deeper you get, the more deadly the game becomes – and the body count is rising. Since the game first started, ten iterations have taken place . . . and the eleventh round is about to begin.

K can't get enough of the game and has been trying to find a way in for years. Then Alan Scarpio, reclusive billionaire and alleged Rabbits winner, shows up out of nowhere. And he charges K with a desperate mission. Something has gone badly wrong with the game and K needs to fix it – before Eleven starts – or the world will pay the price.

Five days later, Scarpio is declared missing. Two weeks after that Eleven begins, so K blows the deadline. And suddenly, the fate of the entire universe is at stake.

- ISBN: 9781529016949
- Format: Trade Paperback
- Genre: Fiction
- Extent: 432
- Price: R330,00



Fragile Sarah Hilary

Everything she touches breaks...

Nell Ballard is a runaway. A former foster child with a dark secret she is desperate to keep, all Nell wants is to find a place she can belong. So when a job comes up at Starling Villas, home to the enigmatic Robin Wilder, she seizes the opportunity with both hands.

But her new lodgings may not be the safe haven that she was hoping for. Her employer lives by a set of rigid rules and she soon sees that he is hiding secrets of his own. But is Nell's arrival at the Villas really the coincidence it seems? After all, she knows more than most how fragile people can be – and how easy they can be to break...

Fragile is a dark, contemporary psychological thriller with a modern Gothic twist from an award-winning and critically acclaimed writer who has been compared to Ruth Rendell, P. D. James and Val McDermid. Rebecca meets *The Handmaid's Tale* in Sarah Hilary's standalone breakout novel.

- ISBN: 9781529029451
- Format: Trade Paperback
- Genre: Fiction
- Extent: 352
- Price: R330,00



Witchshadow Susan Dennard

Susan Dennard's New York Times bestselling fantasy series continues – with the story of Iseult, the Threadwitch.

War has come to the Witchlands... and nothing will be the same again. Iseult has found her heartsister Safi at last, but their reunion is brief. For Iseult to stay alive, she must flee Cartorra while Safi remains. And though Iseult has plans to save her friend, they will require her to summon magic more dangerous than anything she has ever faced before.

Meanwhile, the Bloodwitch Aeduan is beset by forces he cannot understand. And Vivia – rightful queen of Nubrevna – finds herself without a crown or home. As villains from legend reawaken across the Witchlands, only the mythical Cahr Awen can stop the gathering war. Iseult could embrace this power and heal the land, but first she must choose on which side of the shadows her destiny will lie.

Witchshadow is the fourth book in the *Witchlands series* by bestselling author Susan Dennard.

- ISBN: 9781529030310
- Format: Hardback
- Genre: Fiction
- Extent: 464
- Price: R360,00



PAPERBACK FICTION

THE INTERNATIONAL NUMBER ONE BESTSELLER

*Compelling. Moving, Unforgettable' Karen Swau on The Great Alone

KRISTIN

HANNAH

From the New York Times number one bestselling author of *The Nightingale* and *The Great Alone*, Kristin Hannah, comes *Wild*, a remarkable story about the resilience of the human spirit, the triumph of hope and the promise of new beginnings.

In the rugged Pacific Northwest of the United States lies the Olympic National Forest – a vast expanse of impenetrable darkness and impossible beauty. From deep within this mysterious woodland, a six-year-old girl appears. Speechless and alone, she offers no clue as to her identity, no hint of her past.

Having retreated to her hometown after a scandal left her career in ruins, child psychiatrist Dr Julia Cates begins working with the extraordinary little girl. Naming her Alice, Julia is determined to free her from a prison of unimaginable fear and isolation, and discover the truth about Alice's past. The shocking facts of Alice's life test the limits of Julia's faith and strength, even as she struggles to make a home for Alice – and find a new one for herself.

- ISBN: 9781529045130
- Format: Paperback
- Genre: Fiction
- Extent: 480

Wild

Kristin Hannah

• Price: R220,00

A woman who must escape her past. A child who must unlock her future.



Three very different daughters who must learn to find their way...

aniel

In *Daddy's Girls*, Danielle Steel's thought-provoking novel, three sisters discover the truth about their past and the importance of their unique bond.

Many years have passed since ranch hand JT Tucker took his three small daughters to start a new life, eventually building the largest ranch in California. But success comes at a price, and with no mother in their life, Tucker's relationship with each of his very different daughters was complicated.

Caroline, the youngest, was overlooked by her father. She fled the ranch as early as she could to become a wife and mother, pursuing a career writing children's books. Gemma, his declared favourite, yearned for Hollywood glamour and became a major TV star. Kate, the eldest, stayed to work on the ranch, forsaking relationships and family for a father who took her for granted.

When JT dies suddenly, the paper trail he leaves behind reveals more than the sisters could ever have guessed. The truth brings a new reality, helping them to understand who they really are and what they really want.

• ISBN: 9781509878246

Daddy's Girls

Danielle Steel

- Format: Paperback
- Genre: Fiction
- Extent: 288
- Price: R220,00

E M M A DONOGHUE

Bestselling Author of The Wonder and Room

THE

'An immersive, unforgettable fever-dream of a novel' *The Times*

OF THE

THE SUNDAY TIMES BESTSELLER

The Pull of Stars Emma Donoghue

Dublin, 1918. In a country doubly ravaged by war and disease, Nurse Julia Power works at an understaffed hospital in the city centre, where expectant mothers who have come down with an unfamiliar flu are quarantined together. Into Julia's regimented world step two outsiders: Doctor Kathleen Lynn, on the run from the police, and a young volunteer helper, Bridie Sweeney.

In the darkness and intensity of this tiny ward, over the course of three days, these women change each other's lives in unexpected ways. They lose patients to this baffling pandemic, but they also shepherd new life into a fearful world. With tireless tenderness and humanity, carers and mothers alike somehow do their impossible work.

In *The Pull of the Stars*, Emma Donoghue tells an unforgettable and deeply moving story of love and loss.

- ISBN: 9781529046199
- Format: Paperback
- Genre: Fiction
- Extent: 304
- Price: R220,00



Defend or Die Tom Marcus

An explosive thriller from former MI5 officer, Tom Marcus, author of the bestselling *Soldier Spy*, sees the Blindeye team take down a terrifying threat to UK national security.

When no one knows you exist, you don't have to play by the rules... Meet former MI5 officer Matt Logan, now part of a totally deniable government organization known as 'Blindeye', with full licence to do whatever it takes to neutralize threats to the UK's national security.

When intelligence comes through that the Kremlin plans to launch a terror attack in London, Logan and the team set in motion a surveillance operation on a billionaire Russian oligarch who may be connected with the incoming threat. As they dig into the man's life, they soon discover a network of incredibly dangerous individuals whose plans could tear the nation apart. Battling personal demons of his own, Logan must defend his country from a terrifying enemy, or die trying...

- ISBN: 9781509863648
- Format: Paperback
- Genre: Fiction
- Extent: 448
- Price: R220,00



The Hidden Girls Rebecca Whitney

How does the saying go? Just because you're paranoid, it doesn't mean they're not out to get you...

For Ruth, a new mother recovering from postpartum psychosis, every day is difficult and, after months spent hearing voices in the walls and trusting no one, she's no longer confident in her own judgement. Neither, it seems, is anyone else.

So, when she hears a scream from the local petrol station one night, she initially decides it must be her mind playing tricks again. The police, too, are polite but firm: she must stop calling them every time she thinks she hears something. And her husband is frustrated: he'd hoped Ruth was getting better at last. Ruth can't quite let it go...What if there was a scream? What if it was someone in trouble? Someone who needs Ruth's help?

- ISBN: 9781447265887
- Format: Paperback
- Genre: Fiction
- Extent: 320
- Price: R220,00

BRITAIN'S NUMBER ONE SCIENCE FICTION WRITER



The Saints of Salvation Peter F. Hamilton

Live in hiding - or die for freedom

Humanity welcomed the Olyix and their utopian technology. But mankind was tricked. Now these visitors are extracting a terrible price. For two years, the Olyix have laid siege to Earth, harvesting its people for their god. One by one, cities are falling to their devastating weaponry. And while millions have fled to seek refuge in space, others continue to fight an apparently unwinnable war.

As Earth's defeat draws near, a team attempts to infiltrate the Salvation of Life – the Olyix's arkship. If it succeeds, those chosen will travel to a hidden enclave thousands of light years away. Once there, they must signal its location to future generations, to bring the battle to the enemy. Maybe allies scattered throughout space and time can join forces. Yet in the far future, humanity are still hunted by their ancient adversary. And as forces battle on in the cold reaches of space, hope seems distant indeed...

The Saints of Salvation is the third and final book in the *Salvation Sequence* by Peter F. Hamilton.

- ISBN: 9781509844661
- Format: Paperback
- Genre: Fiction
- Extent: 528
- Price: R230,00

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PICADOR FICTION



Catch the Rabbit Lana Bastašic

Sara hasn't seen or heard from Lejla in years. She's comfortable with her life in Dublin, with her partner, their avocado plant, and their naturist neighbour. But when Lejla calls and demands she come home to Bosnia, Sara finds that she can't say no.

What begins as a road trip becomes a journey through the past, as the two women set off to find Armin, Lejla's brother who disappeared towards the end of the Bosnian War. Presumed dead by everyone else, only Lejla and Sara believed Armin was still alive.

Confronted with the limits of memory, Sara is forced to reconsider the things she thought she understood as a girl: the best friend she loved, the first experiences they shared, but also the social and religious lines that separated them, that brought them such different lives.

Translated into English by Lana Bastašic, *Catch the Rabbit* tells the story of how we place the ones we love on pedestals, and then wait for them to fall off, how loss marks us indelibly, and how the traumas of war echo down the years.

- ISBN: 9781529075854
- Format: Trade Paperback
- Genre: Fiction
- Extent: 272
- Price: R330,00



A Shock Keith Ridgway

In *A Shock*, a clutch of more or less loosely connected characters appear, disappear and reappear. They are all of them on the fringes of London life, often clinging on – to sanity or solvency or a story – by their fingertips.

Keith Ridgway, author of the acclaimed Hawthorn & Child, writes about people whose understanding of their own situation is only ever partial and fuzzy, who are consumed by emotions and anxieties and narratives, or the lack thereof, that they cannot master. He focuses on peripheral figures who mean well and to whom things happen, and happen confusingly, and his fictional strategies reflect this focus. In a deftly conjured high-wire act, Ridgway achieves the fine balance between the imperatives of drama and fidelity to his characters. The result is pin-sharp and often breathtaking.

- ISBN: 9781529064803
- Format: Trade Paperback
- Genre: Fiction
- Extent: 288
- Price: R330,00

'A taul, sharp, funny book about being young now... it's brutal and brilliant.' Zadie Smith

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THE NEW YORK TIMES BESTSELLER

RAVEN LEILANI

Luster Raven Leilani

Edie is just trying to survive. She's messing up in her dead-end admin job in her all-white office, is sleeping with all the wrong men, and has failed at the only thing that meant anything to her, painting. No one seems to care that she doesn't really know what she's doing with her life beyond looking for her next hook-up. And then she meets Eric, a white middle-aged archivist with a suburban family, including a wife who has sort-of-agreed to an open marriage and an adopted black daughter who doesn't have a single person in her life who can show her how to do her hair. As if navigating the constantly shifting landscape of sexual and racial politics as a young black woman wasn't already hard enough, with nowhere else left to go, Edie finds herself falling head-first into Eric's home and family.

Razor-sharp, provocatively page-turning and surprisingly tender, *Luster* by Raven Leilani is a painfully funny debut about what it means to be young now.

- ISBN: 9781529073393
- Format: Paperback
- Genre: Fiction
- Extent: 240
- Price: R230,00

'Hypnotic ... I devoured Saint X in a day.' OVINKAN BRAITHWAITE NEW YORK TIMES

> 'Irresistibly suspensetul' JOYCE CAROL OATES

SAINT X

ALEXIS SCHAITKIN

Saint X Alexis Schaitkin

Claire is only seven years old when her college-age sister Alison vanishes from the luxury resort on the Caribbean island of Saint X on the last night of her family's vacation. Several days later Alison's body is found in a remote spot on a nearby cay, and two local men, employees at the resort, are arrested. But the evidence is slim, the timeline against it, and the men are soon released. It's national tabloid news, a lurid mystery that will go unsolved, but for Claire's family there is only the sad return home to broken lives.

Years later, riding in a New York City taxicab, Claire recognizes the name on the cabbie's licence, Clive Richardson – her driver is one of the men originally suspected of murdering her sister. The fateful encounter sets her on an obsessive pursuit of the truth, not only what happened on the night of Alison's death, but the no less elusive question of exactly who was this sister she was barely old enough to know: a beautiful, changeable, provocative girl of eighteen at a turbulent moment of identity formation. As Claire doggedly shadows Clive, hoping to gain his trust, waiting for the slip that will uncover the truth, an unlikely intimacy develops between them, two people whose lives were forever marked by a tragedy.

Alexis Schaitkin's *Saint X* is a flawlessly drawn and deeply moving story that hurtles to a devastating end.

- ISBN: 9781529014280
- Format: Paperback
- Genre: Fiction
- Extent: 320
- Price: R220,00

'Sharp, searching, utterly of the moment' Hilary Mantel



'Beautifully written, intense, powerful' David Nicholls

Summerwater Sarah Moss

It is the summer solstice, but in a faded Scottish cabin park the rain is unrelenting. Twelve people on holiday with their families look on as the skies remain resolutely grey. A woman goes running up the Ben as if fleeing; a teenage boy chances the dark waters of the loch in his kayak; a retired couple head out despite the downpour, driving too fast on the familiar bends. But there are newcomers too, and one particular family, a mother and daughter with the wrong clothes and the wrong manners, start to draw the attention of the others. Who are they? Where are they from? Should they be here at all? As darkness finally falls, something is unravelling...

From the acclaimed author of *Ghost Wall, Summerwater* is a devastating story told over twenty-four hours in the Scottish highlands, and a searing exploration of our capacity for both kinship and cruelty in these divided times.

- ISBN: 9781529035476
- Format: Paperback
- Genre: Fiction
- Extent: 240
- Price: R220,00

🚧 PAN MACMILLAN

HARDBACK NON-FICTION



Day of the Assassins Michael Burleigh

The traditional image of a political assassin is a lone wolf with a gun, aimed squarely at the head of those they wish to kill. But while there has been enormous speculation on what lay behind notorious individual political assassinations – from Gaius Julius Caesar to John F. Kennedy – the phenomenon itself has scarcely been examined as a special category of political violence, one not motivated by personal gain or vengeance.

Now, in *Day of the Assassins*, acclaimed historian Michael Burleigh explores the many facets of political assassination, explaining the role of historical precedent, why it is more frequent in certain types of society than others and asking if assassination can either bring about change, or prevent it, and whether, like a contagious disease, political murder can be catching. Focusing chiefly on the last century and a half, Burleigh takes readers to the Congo, India, Iran, Laos, Rwanda and South Africa and revisits notable assassinations in Europe, Russia, Israel and the United States.

Throughout, the assassins themselves are at the centre of the narrative, whether they were cool, well-trained professional killers, like the agents of the NKVD or the KGB, or men motivated by the politicization of their private miseries. Even some of those who were demonstrably mad had method in the madness and acted for comprehensible political motives. Combining human drama, questions of political morality and the sheer randomness of events, *Day of the Assassins* is a riveting insight into the politics of violence.

- ISBN: 9781529030143
- Format: Trade Paperback
- Genre: Non-Fiction
- Extent: 432
- Price: R340,00



My Amy Memories of Amy Winehouse From Her Best Friend Tyler James

Written with a searing honesty and published for the tenth anniversary of Amy Winehouse's death, *My Amy* is an evocative portrait of unbreakable lifelong friendship – and a devastating study into fame, addiction and self-sabotage.

Only one person knows what really happened to Amy, other than Amy herself. He is Tyler James, Amy's best friend from the age of thirteen. They met at stage school as two insecure outsiders, formed an instant connection and lived together from their late teenage years right up until the day she died, aged just twenty-seven.

Tyler was there by her side through it all. From their carefree early years touring together to the creation of the multiple Grammy-winning *Back To Black*, which she wrote on their kitchen floor. From her volatile marriage to Blake Fielder-Civil through her escalating addictions, self-harm and eating disorders as the toxic nature of fame warped Amy's reality. For the last three years of her life, Tyler was with her every day when she'd beaten drugs and was close to beating alcoholism too. He also knew better than anyone the real Amy Winehouse who the tabloid-reading public rarely saw – the hilarious, uncompromising force-of nature busy taking care of everyone else. We all think we know what happened to Amy Winehouse, but we don't. This definitive insider's story tells us all, finally, the truth.

- ISBN: 9781529042177
- Format: Trade Paperback
- Genre: Non-Fiction
- Extent: 336
- Price: R340,00

ROD JUDKINS BESTSELLING AUTHOR OF THE ART OF CREATIVE THINKING

Make Brilliant Work

FROM PICASSO TO STEVE JOBS, HOW TO UNLOCK YOUR CREATIVITY AND SUCCEED

Make Brilliant Work

From Picasso to Steve Jobs, How to Unlock Your Creativity and Succeed Rod Judkins

How do we rate work? It's good, it's bad or it's brilliant. What response does your work usually get? Be honest. This book will help you make your work brilliant.

You don't have to be brilliant to produce brilliant work. Many of the characters you will meet in this book failed at school, lacked natural talent, were not especially gifted or were repeatedly sacked. But their methods produced brilliant work – and they will work for you, too. Make Brilliant Work is the essential book from Rod Judkins, author of the international bestseller *The Art of Creative Thinking*.

Whether you are a business or an individual, you might find it hard to produce something significant and important. The real-life heroes in this book will show you how to make the transformation from ordinary to extraordinary. From Roald Dahl to Steven Spielberg, and star architect Zaha Hadid: the figures in *Make Brilliant Work* will show you how to think for yourself, take risks and persevere to create brilliant work.

- ISBN: 9781529060140
- Format: Trade Paperback
- Genre: Non-Fiction
- Extent: 336
- Price: R340,00



A book about feelings ALLYSON DINNEEN

Notes from Your Therapist A Book About Feelings Allyson Dinneen

Daily inspiration in the form of hand-written notes on emotions, emotional intelligence, and relationships, based on the popular Instagram account @notesfromyourtherapist

For anyone in need of a daily dose of affirmation and empathy, therapist and mental health counselor Allyson Dinneen shares this collection of artful and beautifully photographed hand-written insights, based on her popular Instagram.

These bite-size words of wisdom cover everything from setting boundaries and navigating relationships to how to take good care of yourself. As she does in her practice, through these notes Dinneen seeks to cultivate emotional well-being, recognize the struggle of being human, and offer a nurturing, compassionate perspective.

- ISBN: 9781529073966
- Format: Hardback
- Genre: Non-Fiction
- Extent: 193
- Price: R360,00

🚧 PAN MACMILLAN

PAPERBACK NON-FICTION

SHAHROO IZADI

'Britain's answer to

the kindness method

The most effective (and most enjoyable) way to change your habits

The Kindness Method

The Highly Effective (and most enjoyable) Way to Change Your Habits Shahroo Izadi

Map your habits, set your own goals and treat yourself with the kindness you truly deserve.

Shahroo Izadi has a revolutionary message: treating yourself kindly is the only way to make changes that last. She is living proof that her method works – after years of yoyo dieting she shed over eight stone (and has kept it off ever since). Professional training coupled with personal experience led her to develop *The Kindness Method*, a totally non-judgmental approach which turns strict regimes upside down to leave you feeling empowered, positive and ready to embrace change.

In *The Kindness Method*, Behavioural Change Specialist Shahroo invites you first, to give yourself a break - life can be stressful - and then learn how to strengthen your willpower like a muscle so you can sustain motivation for the long haul. These techniques may seem gentle, but the results are life-changing because the plan is tailored to you, and they can work for everything from alcohol addiction to procrastination to weight loss. By using the same techniques that she has used to help substance addicts recover from dependence, you too will find that you have the power to change – for good.

- ISBN: 9781509881833
- Format: Paperback
- Genre: Non-Fiction
- Extent: 256
- Price: R230,00

'Stop talking about bringing your values to work and learn how to actually DO it!'

Kim Scott, bestselling author of *Radical Candor*

INTENTIONAL INTEGRITY

HOW SMART COMPANIES CAN LEAD AN ETHICAL REVOLUTION

ROBERT CHESNUT

Intentional Integrity

How Smart Companies Can Lead an Ethical Revolution – and Why That's Good for All of Us Robert Chesnut

Intentional Integrity, by Silicon Valley expert Rob Chestnut, provides an excellent road map for any organization looking to create a clear set of values to live by.

The year 2020 triggered consumers to re-evaluate their relationship with brands in general, leading to customers prioritizing those seen to be 'doing good' or 'being helpful' in the context of the pandemic. There is a strong sentiment that businesses have a big part to play in helping society recover and a purpose-driven organization will likely have the edge. In the midst of a year of crisis, there is an opportunity for companies to re-evaluate how their businesses operate. The power to act with integrity is the key to developing this culture.

Drawing on his background as former General Counsel for Airbnb, Rob Chesnut explains the rationale and legal context for the ethics and practices, and presents scenarios to illuminate the nuances of thinking deeply and objectively about workplace culture. Intentional Integrity is the handbook to revolutionizing your workplace by providing the right environment for people to do good work.

- ISBN: 9781529048841
- Format: Paperback
- Genre: Non-Fiction
- Extent: 320
- Price: R250,00

Evening Standard

'Wise and funny' Stylist

Where's

my happ

end

Happily ever after

and how the heck

Where's My Happy Ending Happily Ever After and How the Heck to Get There Parenting Anna Whitehouse and Matt Farguharson

> A Sunday Times bestseller, Where's My Happy Ending? asks the questions you've always wondered: What is 'happily ever after'? How do you make love last? Is there such a thing as 'the one'?

Maybe you've just had a first date with 'the one', maybe you've been married for ten years. Either way, it's hard to know if they're really meant to be by your side until you both wear dentures. In this book Anna Whitehouse and Matt Farguharson, authors of the Sunday Times bestseller *Parenting the Sh*t Out of* Life, set out to discover what it takes to make it to forever, by asking our greatest questions about love.

They ask a former sex-worker and her ex-gigolo husband, celibate monks and freeloving hippies. They ask people who never wanted kids and people who have loads of them. They speak to couples, throuples and singles; gay, straight and anywhere in-between. And in asking these questions, they are forced to confront their own relationship after a decade of marriage. Join Anna and Matt on a searingly honest, belly-laugh inducing journey through love and relationships, social media and small children, expert advice and everyday exasperation, as they navigate the muddy waters of modern romance.

- ISBN: 9781529013702
- Format: Paperback
- Genre: Non-Fiction
- Extent: 336
- Price: R230.00

Anna Mother Pukka

to get there

Matt Farguharson Papa Pukka

From the authors of

the sh*t out of life

🚧 PAN MACMILLAN

PAPERBACK NON-FICTION



Sentient

What Animals Reveal About Our Senses

Jackie Higgins

Sentient assembles a menagerie of zoological creatures – from land, air, sea and all four corners of the globe – to understand what it means to be human. Through their eyes, ears, skins, tongues and noses, the furred, finned and feathered reveal how we sense and make sense of the world, as well as the untold scientific revolution stirring in the field of human perception.

The harlequin mantis shrimp can throw a punch that can fracture aquarium walls but, more importantly, it has the ability to see a vast range of colours. The ears of the great grey owl have such unparalleled range and sensitivity that they can hear twenty decibels lower than the human ear. The star-nosed mole barely fills a human hand, seldom ventures above ground and poses little threat unless you are an earthworm, but its miraculous nose allows it to catch those worms at astonishing speed – as little as one hundred and twenty milliseconds. Here, too, we meet the four-eyed spookfish and its dark vision; the vampire bat and its remarkable powers of touch; the bloodhound and its hundreds of millions of scent receptors, as well as the bar-tailed godwit, the common octopus, giant peacocks, cheetahs and golden orb-weaving spiders. Each of these extraordinary creatures illustrates the sensory powers that lie dormant within us.

In this captivating book, Jackie Higgins explores this evolutionary heritage and, in doing so, enables us to subconsciously engage with the world in ways we never knew possible.

- ISBN: 9781529030785
- Format: Trade Paperback
- Genre: Non-Fiction
- Extent: 368
- Price: R340,00



Going with the Boys Six Extraordinary Women Writing from the Front Line

Judith Mackrell

On the front lines of the Second World War, a contingent of female journalists were bravely waging their own battle. Barred from combat zones and faced with entrenched prejudice and bureaucratic restrictions, these women were forced to fight for the right to work on equal terms as men.

Going with the Boys follows six remarkable women as their lives and careers intertwined: Martha Gellhorn, who out-scooped her husband Ernest Hemingway on D-Day by traveling to Normandy as a stowaway on a hospital ship; Lee Miller, who went from being a Vogue cover model to the magazine's official war correspondent; Sigrid Schultz, who hid her Jewish identity and risked her life by reporting on the Nazi regime; Virginia Cowles, a 'society girl columnist' turned combat reporter; Clare Hollingworth, the first journalist to report the outbreak of war; and Helen Kirkpatrick, the first woman to report from an Allied war zone with equal privileges to men.

This intricately layered account captures both the adversity and the vibrancy of the women's lives as they chased down sources and narrowly dodged gunfire, as they mixed with artists and politicians like Picasso, Cocteau, and Churchill, and conducted their own tumultuous love affairs. In her gripping, intimate, and nuanced portrait, Judith Mackrell celebrates these courageous reporters who risked their lives for a story and who changed the rules of war reporting for ever.

- ISBN: 9781509882939
- Format: Hardback
- Genre: Non-Fiction
- Extent: 448
- Price: R499,00


The Utopians Six Attempts to Build the Perfect Society Anna Neima

The Utopians is the remarkable story of six experimental communities – Santiniketan-Sriniketan in India, Dartington Hall in England, Atarashikimura in Japan, the Institute for the Harmonious Development of Man in France, the Bruderhof in Germany and Trabuco College in America – that sprang up in the aftermath of the First World War.

Each was led by charismatic figures who dreamed of a new way of living. Rabindranath Tagore, Dorothy and Leonard Elmhirst, Mushanokoji Saneatsu, G. I. Gurdjieff, Eberhard and Emmy Arnold and Gerald Heard all struggled to turn ambitious ideals into reality. They – and their fellow communards – left their jobs, their homes and their social circles. They faced mockery and persecution, penury, hunger and discomfort, and their own doubts about whether their efforts to change society would ever make a difference.

Anna Neima's absorbing and vivid account of these collectives, from creation to collapse, reveals them to be full of eccentric characters, outlandish lifestyles and unchecked idealism. These communities were small in scale and dismissed in their time. Yet, a century later, their influence still resonates in realms as disparate as progressive education, environmentalism, medical research and mindfulness training. They provided, and continue to provide, a rich store of inspiration for those who aspire to improve the world. Without them, the post-war world would have been a poorer place.

- ISBN: 9781529023077
- Format: Hardback
- Genre: Non-Fiction
- Extent: 320
- Price: R340,00

'Powerful' Sunday Times 'Compelling' Daily Express

'Urgent'

The Times

Fake Law

The Truth About Justice

The

SECRET

Barrister

in an Age of Lies

Fake Law The Truth About Justice in an Age of Lies The Secret Barrister

Could the courts really order the death of your innocent baby? Was there an illegal immigrant who couldn't be deported because he had a pet cat? Are unelected judges truly enemies of the people?

Most of us think the law is only relevant to criminals, if we even think of it at all. But the law touches every area of our lives: from intimate family matters to the biggest issues in our society.

Our unfamiliarity is dangerous because it makes us vulnerable to media spin, political lies and the kind of misinformation that frequently comes from loudmouthed amateurs and those with vested interests. This 'fake law' allows the powerful and the ignorant to corrupt justice without our knowledge – worse, we risk letting them make us complicit.

Thankfully, the Secret Barrister is back to reveal the stupidity, malice and incompetence behind many of the biggest legal stories of recent years. In Fake Law, the Secret Barrister debunks the lies and builds a defence against the abuse of our law, our rights and our democracy that is as entertaining as it is vital.

- ISBN: 9781529009989
- Format: Paperback
- Genre: Non-Fiction
- Extent: 416
- Price: R230,00

THE TOP TEN BESTSELLER



Black and British A Forgotten History David Olusoga

In this vital re-examination of a shared history, historian and broadcaster David Olusoga tells the rich and revealing story of the long relationship between the British Isles and the people of Africa and the Caribbean.

This edition, fully revised and updated, features a new chapter encompassing the Windrush scandal and the Black Lives Matter protests of 2020, events which put black British history at the centre of urgent national debate. Black and British is vivid confirmation that black history can no longer be kept separate and marginalised. It is woven into the cultural and economic histories of the nation and it belongs to us all.

Drawing on new genealogical research, original records, and expert testimony, *Black and British* reaches back to Roman Britain, the medieval imagination, Elizabethan 'blackamoors' and the global slave-trading empire. It shows that the great industrial boom of the nineteenth century was built on American slavery, and that black Britons fought at Trafalgar and in the trenches of both World Wars. Black British history is woven into the cultural and economic histories of the nation. It is not a singular history, but one that belongs to us all. Unflinching, confronting taboos, and revealing hitherto unknown scandals, Olusoga describes how the lives of black and white Britons have been entwined for centuries.

- ISBN: 9781529065602
- Format: Paperback
- Genre: Non-Fiction
- Extent: 640
- Price: R299,00

THEBES

The Forgotten City of Ancient Greece



'Incisive, inspiring and vitally illuminating . . . masterful' BETTANY HUGHES

PAUL CARTLEDGE

BESTSELLING AUTHOR OF THE SPARTANS

Thebes The Forgotten City of Ancient Greece Paul Cartledge

Continuously inhabited for five millennia, and at one point the most powerful city in Ancient Greece, Thebes has been overshadowed by its better-known rivals, Athens and Sparta.

According to myth, the city was founded when Kadmos sowed dragon's teeth into the ground and warriors sprang forth, ready not only to build the fledgling city but to defend it from all-comers. It was Hercules' birthplace and the home of the Sphinx, whose riddle Oedipus solved, winning the Theban crown and the king's widow in marriage, little knowing that the widow was his mother, Jocasta. The city's history is every bit as rich as its mythic origins, from siding with the Persian invaders when their emperor, Xerxes, set out to conquer Aegean Greece, to siding with Sparta – like Thebes an oligarchy – to defeat Pericles' democratic Athens, to being utterly destroyed on the orders of Alexander the Great.

In Thebes: The Forgotten City of Ancient Greece, the acclaimed classical historian Paul Cartledge brings the city vividly to life, and argues that it is central to our understanding of the ancient Greeks' achievements – whether politically or culturally – and thus to our own culture and civilization.

- ISBN: 9781509873180
- Format: Paperback
- Genre: Non-Fiction
- Extent: 448
- Price: R230,00



Palace of Palms Tropical Dreams and the Making of Kew Kate Teltscher

Daringly innovative when it opened in 1848, the Palm House in Kew Gardens remains one of the most beautiful glass buildings in the world today. Seemingly weightless, vast and yet light, the Palm House floats free from architectural convention, at once monumental and ethereal. From a distance, the crowns of the palms within are silhouetted in the central dome; close to, banana leaves thrust themselves against the glass. To enter it is to enter a tropical fantasy. The body is assaulted by heat, light and the smell of damp vegetation.

In *Palace of Palms*, Kate Teltscher tells the extraordinary story of its creation and of the Victorians' obsession with the palms that filled it. It is a story of breathtaking ambition, of scientific discovery and, crucially, of the remarkable men whose vision it was. The Palm House was commissioned by the charismatic first Director of Kew, Sir William Hooker, designed by the audacious Irish engineer, Richard Turner, and managed by Kew's forthright curator, John Smith, who battled with boilers and floods to ensure the survival of the rare and wondrous plants it housed.

- ISBN: 9781529004885
- Format: Paperback
- Genre: Non-Fiction
- Extent: 400
- Price: R230,00

🚧 PAN MACMILLAN

REISSUES

THE CAZALET CHRONICLES VOLUME I ELIZABETH JANE HOWARD



"The peerless storytelling sweeps us onward" JOANNA LUMLEY

The Light Years Elizabeth Jane Howard

Elegantly constructed and told with exceptional grace, *The Light Years* is a modern classic of twentieth-century English life and is the first novel in Elizabeth Jane Howard's extraordinary, bestselling family saga The Cazalet Chronicles.

Every summer, the Cazalet brothers – Hugh, Edward and Rupert – return to the family home in the heart of the Sussex countryside with their wives and children. There, they are joined by their parents and unmarried sister Rachel to enjoy two blissful months of picnics, games, and excursions to the coast. But despite the idyllic setting, nothing can be done to soothe the siblings' heartache: Hugh is haunted by the ravages of the Great War, Edward is torn between his wife and his latest infidelity, and Rupert is in turmoil over his inability to please his demanding wife. Meanwhile, Rachel risks losing her only chance at happiness because of her unflinching loyalty to the family.

With cover artwork exclusively designed by artist Luke Edward Hall, this will be an edition to treasure. *The Light Years* is followed by *Marking Time*, the second book in the series.

- ISBN: 9781529049442
- Format: Paperback
- Genre: Fiction
- Extent: 592
- Price: R230,00

THE CAZALET CHRONICLES VOLUME II ELIZABETH JANE HOWARD Marting Time

Treesistible to be cherished and shared THE TIME-

Marking Time Elizabeth Jane Howard

Beautifully and poignantly told, *Marking Time* is the second novel in Elizabeth Jane Howard's bestselling Cazalet Chronicles.

Home Place, Sussex, 1939. As the shadows of the Second World War roll in, banishing the sunlit days of childish games and trips to the coast, a new generation of Cazalets take up the family's story.

Louise, who dreams of becoming a great actress, finds herself facing the harsh reality that her parents have their own lives with secrets, passions and yearnings. Clary, an aspiring writer, learns that her beloved father is now missing somewhere on the shores of France. And sensitive, imaginative Polly feels stuck – stuck without a vocation, stuck without information about her mother's illness, stuck without anything except her nightmares about the war.

With cover artwork exclusively designed by artist Luke Edward Hall, this is the second volume of the extraordinary Cazalet Chronicles and a perfect addition to your collection. Marking Time is followed by Confusion, the third book in the series.

- ISBN: 9781529049435
- Format: Paperback
- Genre: Fiction
- Extent: 624
- Price: R230.00

THE CAZALET CHRONICLES VOLUME III ELIZABETH JANE



"A classic about life in England in our century" SYNLLE DEDFORD

Confusion Elizabeth Jane Howard

The Cazalet Chronicles continues with *Confusion*, the third installment, set in the height of the Second World War and where chaos has become a way of life for the Cazalet family.

It's 1942 and the dark days of war seem never-ending. Scattered across the stillpeaceful Sussex countryside and air-raid-threatened London, the divided Cazalets begin to find the battle for survival echoing the confusion in their own lives.

Headstrong, independent Louise surprises the whole family when she abandons her dreams of being an actress and instead makes a society marriage. Polly and Clary, now in their late teens, finally fulfil their ambition of living together in London. But the reality of the city is not quite what they imagined, and Polly is struggling to come to terms with the death of her mother and manage her grieving father. Clary, meanwhile, is painfully aware that what she lacks in beauty she makes up for in intelligence, and is the only member of the family who believes that her father might not be dead.

With cover artwork exclusively designed by artist Luke Edward Hall, this is the heartbreaking and heartwarming third installment of Elizabeth Jane Howard's bestselling series. It is followed by the fourth book, *Casting Off*.

- ISBN: 9781529049459
- Format: Paperback
- Genre: Fiction
- Extent: 512
- Price: R230,00

THE CAZALET CHRONICLES VOLUME IV ELIZABETH JANE HOWARD

Casting Off

'One of those movelists who shows what the novel is for ULLARY MANTEL

Casting Off Elizabeth Jane Howard

The Second World War has finally ended and so begins a new era of freedom and opportunity for the Cazalet family. Elizabeth Jane Howard's magnificent Cazalet Chronicles continues with *Casting Off*, the fourth novel in the saga.

The Cazalet cousins are now in their twenties, trying to piece together their lives in the aftermath of the war. Louise is faced with her father's new mistress and her mother's grief at his betrayal, while suffering in a loveless marriage of her own. Clary is struggling to understand why her beloved father chose to stay in France long after it was safe to return to Britain, and both she and Polly are madly in love with much older men.

Polly, Clary and Louise must face the truth about the adult world, while their fathers – Rupert, Hugh and Edward – must make choices that will decide their own, and the family's, future.

With cover artwork exclusively designed by artist Luke Edward Hall, this is the heartbreaking and heartwarming fourth installment of Elizabeth Jane Howard's bestselling series. It is followed by *All Change*, the fifth and final book in the series.

- ISBN: 9781529049428
- Format: Paperback
- Genre: Fiction
- Extent: 656
- Price: R230,00

THE CAZALET CHRONICLES VOLUME V ELIZABETH JANE HOWARD



All Change

"A wonderful writer" ELIZABETH DAY

All Change Elizabeth Jane Howard

All Change is the fifth and final volume in Elizabeth Jane Howard's bestselling The Cazalet Chronicles. where the old world begins to fade from view and a new dawn emerges.

It is the 1950s and as the Duchy, the Cazalets' beloved matriarch, dies, she takes with her the last remnants of a disappearing world – houses with servants, class, and tradition – in which the Cazalets have thrived. Louise, now divorced, becomes entangled in a painful affair, while Polly and Clary must balance marriage and motherhood with their own ideas and ambitions. Hugh and Edward, now in their sixties, are feeling ill-equipped for this modern world, while Villy, long abandoned by her husband, must at last learn to live independently. But it is Rachel, who has always lived for others, who will face her greatest challenges yet.

As the Cazalets descend on Home Place for Christmas, only one thing is certain: nothing will ever be the same again. With cover artwork exclusively designed by artist Luke Edward Hall, this is the heartbreaking and heartwarming final installment of Elizabeth Jane Howard's bestselling series.

- ISBN: 9781529049466
- Format: Paperback
- Genre: Fiction
- Extent: 592
- Price: R230,00

THE NUMBER ONE BESTSELLER

PETER ROBINSON STRANGE AFFAIR

BANKS

NOVEL

Peter Robinson

Strange Affair

Following on from *Playing With Fire, Strange Affair* is the fifteenth novel in Peter Robinson's Inspector Banks series, which inspired the major British ITV drama DCI Banks.

When Alan Banks receives a disturbing message from his brother, Roy, he abandons the peaceful Yorkshire Dales to seek him out amidst the bright lights of London. But Roy seems to have vanished into thin air.

Meanwhile, DI Annie Cabbot is called to a guiet stretch of road just outside Eastvale, where a young woman has been found dead in her car. In the victim's pocket, scribbled on a slip of paper, police discover Banks's name and address. Living in Roy's empty South Kensington house, Banks finds himself digging into the life of the brother he never really knew, nor even liked. And as he begins to uncover a few troubling surprises, the two cases become sinisterly entwined...

- ISBN: 9781509859993
- Format: Paperback
- Genre: Fiction
- Extent: 448
- Price: R230,00

THANK YOU

