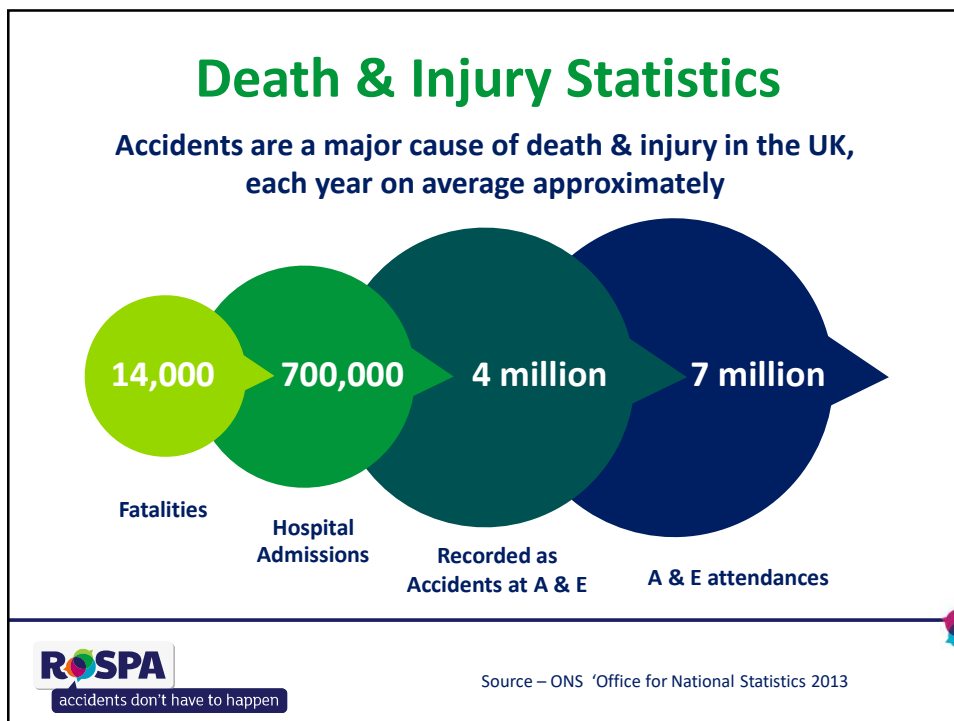




1



2

# Accidents outside of work

Workplace injuries are responsible for around seven million lost working days each year...

But non-work Injuries are responsible for around three times that number

That doesn't Include the day lost to care for injured relatives – especially children!

**ROSPA**  
accidents don't have to happen

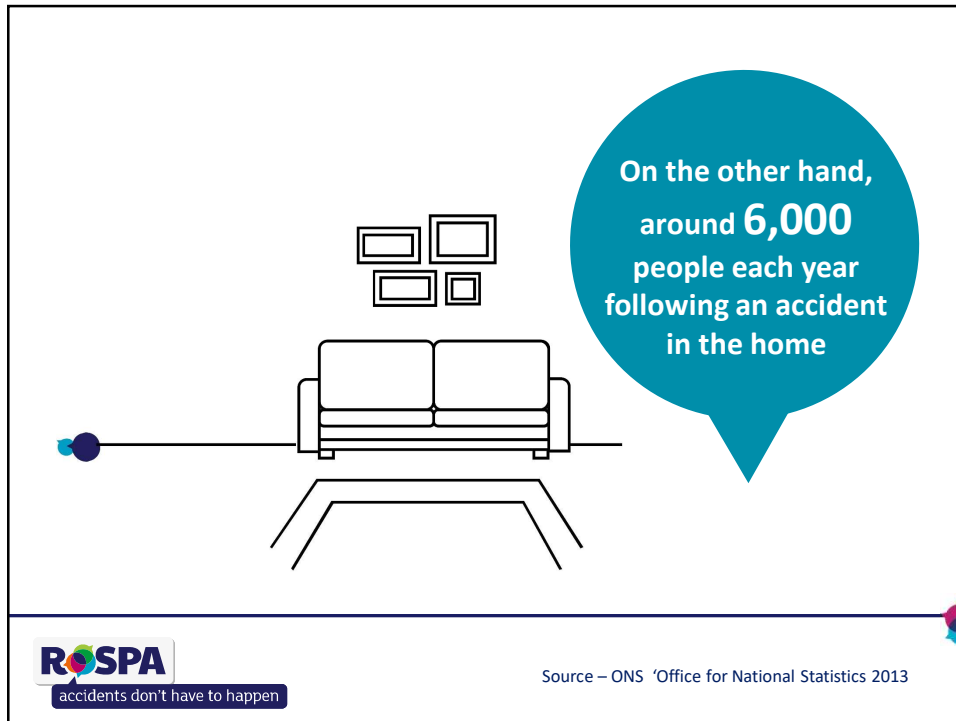
3

According to the HSE, **137** people died in workplace accidents 2016-17

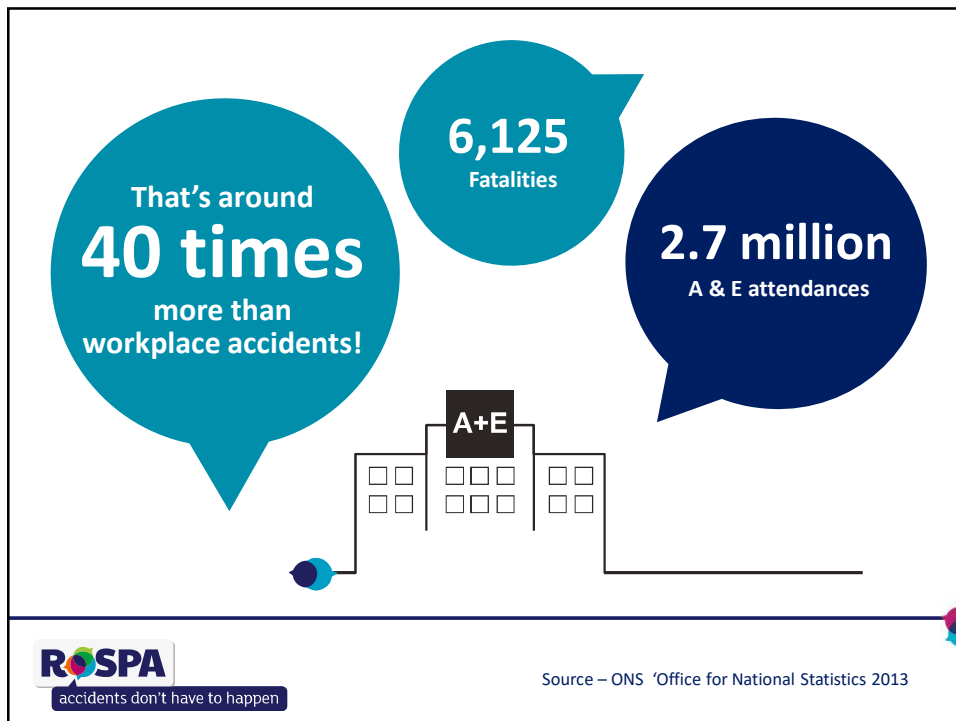
**ROSPA**  
accidents don't have to happen

Source – ONS 'Office for National Statistics 2013

4



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# What can you do?

Just as at work, accidents at home don't have to happen

Simple steps can give you peace of mind

Here's are our top tips. We're sure you'll have more of your own!

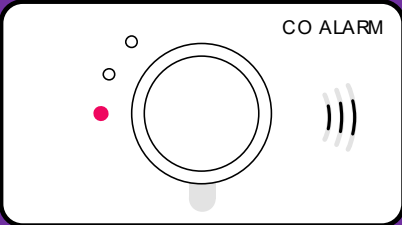
And help keep you safe in your home...




7

# 1: Carbon monoxide...

Fit an audible carbon monoxide alarm and keep it well maintained.



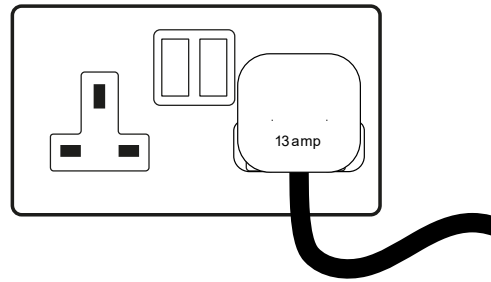
CO ALARM



8

## 2: Electrical Safety

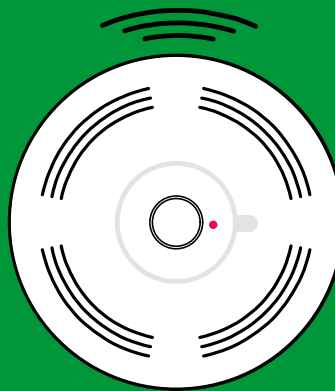
Avoid charging electrical items like phones overnight.



9

## 3: Smoke Alarms...

Remember, if there is a fire, get out, stay out and call the fire brigade.



10

## 4: DIY...

Always wear the right protective clothing for the job



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## 5: Garden Safety...

Don't cut grass in wet conditions. Wear sturdy shoes and watch out for the cable.

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## Find out more!

visit  
[www.rospa.com/  
homesafety](http://www.rospa.com/homesafety)

Got a specific safety question?  
Call our **information**  
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