

Hot drinks scald!
Keep them out of reach and never hold a hot drink and a baby at the same time.

Keep an eye on babies and children when they're eating. Cut small foods into quarters.

Try to keep children out of the kitchen while you are cooking as it's hard to keep an eye on them.

Keep cleaning products and medications high up and locked away.

## Top tips for safer meal times

## www.rospa.com

If ever you're unsure about home safety, call RoSPA Infocentre: +44 (0)121 248 2063

