

**Think about
Professional discussion
Level 3 Lead Adult Care
Worker AP02**



On the day of this assessment you will carry out:



A 45-minute professional discussion



Remote or face-to-face



Under exam conditions



**With an end-point assessor and your line manager
(optional)**



Key point

Your employer may be present to support you and confirm information but is not able to take part in the discussion.



Do

- Review the criteria associated with the professional discussion – this can be found in the EPA kit
- Review relevant legislation, regulations and your organisation's policies, procedures, records and reports
- Make sure you have a quiet room available where you will not be disturbed
- Complete this think about document and have it with you during the professional discussion
- Be prepared to discuss working examples of your practice
- Reflect on your learning, experience, self-assessment and personal development



Don't

- Forget to plan
- Forget to include the 6Cs of care
- Forget to bring your ID



Next steps

- Results can take up to 12 working days to be confirmed.
- Your manager/training provider will inform you of the results.



Resits

- If you do not achieve a pass result on the professional discussion you can resit the assessment on one further occasion only.



Below are examples of questions you could be asked during your professional discussion.

Please make notes using examples of where you have demonstrated these areas when working with service users.

Standard area	Examples of where I have demonstrated this:
<p>SA. The main tasks and responsibilities according to their job role</p> <p>Lead question/s</p> <ul style="list-style-type: none"> • Give examples of how you have supported individuals in accordance with their personalised care plan including how you have managed or led others in this area. • How have you taken the initiative and worked outside normal duties and responsibilities? • Give an example of how you access help and support when not confident or skilled. • How have you supported the specialist assessment of individuals with cognitive, sensory and physical impairments? 	

Supplementary questions

- Give examples of how the following needs are met within care plans: social, physical, emotional and spiritual.
- How have you encouraged individuals to actively participate, make choices about their own care and give consent?
- Give an example of when you have mentored and facilitated the development of colleagues.
- Describe the information you report/record about individuals that contributes to development and on-going review of their care plan.
- Tell me about X example used in your testimony and/or self-assessment.

Standard area

Examples of where I have demonstrated this:

SB. Treat people with respect and dignity and honour their human rights

Lead question/s

- What approaches have you taken that maintain the dignity of individuals in your care as well as others you come into contact with?
- How have you managed or led others in this area?

Supplementary questions

- How have you shown empathy to individuals under your care?
- How have you shown courage to support individuals in a way that may challenge your personal or cultural beliefs?
- How do you support others to understand the importance of equality, diversity and inclusion?
- Tell me about X example used in your testimony and/or self-assessment.

Standard area

Examples of where I have demonstrated this:

SC. Communicate clearly and responsibly

Lead question/s

- Tell me how you use a range of verbal and non-verbal communication methods in your role.
- How do you model verbal and non-verbal communication in your work setting?
- How have you taken the lead to reduce environmental barriers to communication?
- In what ways have you led others to maintain confidentiality of information while at work (including reporting and recording)?

Supplementary questions

- How have you adapted your communication methods depending on individuals' needs, wishes or preferences, and managed others to do the same?
- How should you ensure records and reports are completed?
- How do you ensure reports and records are written clearly and concisely?
- Tell me about X example used in your testimony and/or self-assessment.

Standard area

SD. Support individuals to remain safe from harm (safeguarding)

Lead question/s

- How do you support others to recognise and respond to signs of abuse according to agreed ways of working?
- If signs of abuse are suspected/ confirmed, what external agencies would your organisation work with?
- How should you recognise and respond (including reporting and recording) to any unsafe practices you have identified?

Examples of where I have demonstrated this:

Supplementary questions

- How would you support/encourage others to respond (including reporting and recording) any unsafe practices?
- How have you supported others to address conflicts or dilemmas between their duty of care and individuals' rights?
- Tell me about X example used in your testimony and/or self-assessment.

Standard area

Examples of where I have demonstrated this:

SE. Champion health and wellbeing for the individuals they support

Lead question/s

- In what ways do you keep the individuals in your care healthy, safe and secure and how have you encouraged others in this area?
- How have you used risk assessments to support safe movement of people and objects?
- How do you carry out fire safety procedures and manage others to do so?

Supplementary questions

- How have you supported others to reduce the spread of infection?
- Give an example of how you have promoted best practice in hand washing.
- How have you promoted healthy eating and ensured individuals have access to fluids?
- Describe how you have noticed changes in the health and wellbeing of an individual you are supporting. How did you monitor and respond to the changes and how have you led others to promote the wellbeing of individuals?
- How have you supported others to maintain fire safety?
- How would you develop a risk assessment to support the movement of people?
- Tell me about X example used in your testimony and/or self-assessment.

Standard area	Examples of where I have demonstrated this:
<p>SF. Work professionally and seek to develop their own professional development</p> <p>Lead question/s</p> <ul style="list-style-type: none"> • Talk me through the formal and informal training you have completed. • Describe your contribution to recruitment and induction processes. • How have you evaluated and improved your own skills and knowledge through reflective practice? • How have you evaluated and improved your own skills and knowledge through supervision, feedback and learning opportunities? • Describe a topic you have researched that you have then shared with others. 	



Supplementary questions

- Give examples of how you have involved other people and/or organisations in the care of an individual.
- Describe how you have supported others to work within safe and clear professional boundaries.
- Tell me about X example used in your testimony and/or self-assessment.