



TURNING POINT
TALKING THERAPIES
Talking Point - Registered Charity - 127687

Wakefield Mental Health Day

Local Support, Lasting Impact



Friday 9th October
10am - 4pm
Free to attend!



Wakefield Exchange
Union Street
Wakefield WF1 3AD

Join us to discover local organisations, take part in activities, and learn about the support available across the district. Together we can strengthen our community and promote mental wellbeing and safer futures.



Connect
with local services



Be Inspired
by guest speakers
& personal stories



Get Support
for your mental
wellbeing

#WMHD #WakefieldMentalHealthDay



Supported with Community Grants funding by

wakefieldcouncil



NHS
TURNING POINT
TALKING THERAPIES

**TURNING
POINT**
inspired by possibility

