



Some Students Carry More Than Just a Backpack



Hidden Harm refers to the impact of parental or family drug or alcohol use, domestic abuse, or mental health issues on children and young people. These effects are often unseen, as children may not be the primary focus of services, yet their well-being, education, and emotional health may be significantly affected.

Possible Signs of Hidden Harm

- Poor school attendance
- Frequent lateness
- Unexplained absences
- Incomplete or missing homework
- Constantly tired
- Struggling to concentrate
- Frequently hungry
- Seeking constant approval
- Struggling to form friendships
- Changes in friendships, appearance, or social media habits
- Withdrawn or unusually aggressive behaviour



What We Offer

We provide a personalised programme tailored to the young person's needs, age, and experiences:

- Help building self-esteem, confidence and coping strategies
- One-to-one sessions
- Signposting to other services
- Dual support if there are concerns around the young person's own substance use
- Access to a Young Person Mental Health and Well-being Nurse through SWYPFT, with a direct link to CAMHS

Support is Available

Our service is free and confidential for children and young adults who may be living in a household with someone who is experiencing drug and alcohol issues.

We understand that children and young adults whom live in these environments may feel alone and isolated, and feel they have no one to talk to. Our service works holistically with families to listen, support and offer relevant advice and information.

Contact Inspiring Futures & Inspiring Families

To make a referral or find out more:

Call us: 0300 123 1912 (Select Option 2)

Email: wakefield-IF@turning-point.co.uk

Website: www.turning-point.co.uk/services/inspiring-futures

Or scan the QR code to visit the website →

