

HEROIN DEATHS HAVE DOUBLED IN A DECADE



Most deaths occur when Heroin or Methadone are used at the same time as Diazepam (valium) or Pregabalin

# REDUCE YOUR RISK

USE WITH OTHERS

AVOID MIXING DRUGS

CARRY NALOXONE

NALOXONE

Saves Lives

Nasal  
Spray



Pre-filled  
Syringe



**NALOXONE IS AVAILABLE TO ANYONE AT RISK,**  
their family and friends or those that may witness an overdose.  
Ask your drug worker or pharmacist

This communication has been developed in partnership with the people we support in our services

**TURNING  
POINT**  
inspired by possibility

