

# MR CRICKET HOCKEY EAST AREA ADULT HOCKEY LEAGUES

## Approximate Promotion & Relegation Situation

Publication Date - 25 March 2024



Mens Grade 2

### Assumed National League Relegations

National Conference	Teams
Assumed Value	1

### Potential Relegations

National Conference	Teams
Mens Conference East	1
Mens Conference Midlands	2

### East Men's Premier Division

Team	P	W	D	L	GF	GA	GD	Pts	
1 Chelmsford 1	22	17	3	2	80	30	50	54	C
2 Old Southendian 1	22	13	2	7	58	38	20	41	
3 Blueharts 1	22	11	7	4	62	45	17	40	
4 Saffron Walden 1	22	10	6	6	57	47	10	36	
5 Letchworth 1	22	11	3	8	44	44	0	36	
6 Dereham 1s	22	10	4	8	57	57	0	34	
7 Bishops Stortford	22	10	2	10	64	47	17	32	
8 Cambridge University 1	22	8	7	7	51	49	2	31	Rel
9 Cambridge City 2	22	7	5	10	43	60	-17	26	Rel
10 Old Loughtonians Mens 2	22	4	6	12	40	62	-22	18	Rel
11 UEA Mens 1	22	4	2	16	43	81	-38	14	Rel
12 Harleston Magpies 2	22	2	3	17	27	66	-39	9	Rel

### East Men's Division 1 North

Team	P	W	D	L	GF	GA	GD	Pts	
1 Pelicans 1	22	16	4	2	84	33	51	52	C
2 City of Peterborough 2	22	12	6	4	65	39	26	42	
3 St Ives 1	22	12	4	6	69	54	15	40	
4 Cambridge 1	22	12	4	6	59	50	9	39	
5 Norwich City 2	22	10	5	7	57	43	14	35	
6 Spalding 1	22	11	2	9	69	59	10	35	
7 Cambridge South 1	22	9	7	6	59	41	18	34	
8 Cambridge University 2	22	10	2	10	57	44	13	32	
9 Ipswich 2	22	10	2	10	54	70	-16	32	Rel
10 Kettering	22	6	2	14	43	63	-20	20	Rel
11 Cambridge Nomads 1	22	2	1	19	37	85	-48	7	Rel
12 Norwich Dragons 1	22	2	1	19	26	98	-72	7	Rel

### East Men's Division 1 South

Team	P	W	D	L	GF	GA	GD	Pts	
1 Broxbourne 1	22	18	2	2	96	33	63	56	C
2 Upminster 1	22	15	4	3	62	29	33	49	P
3 St Albans 2	22	14	3	5	57	37	20	45	
4 Waltham Forest 1	22	10	2	10	42	45	-3	32	
5 Harpenden	22	10	2	10	42	49	-7	32	
6 Havering 1	22	8	5	9	33	38	-5	29	
7 Potters Bar 1	22	8	3	11	39	53	-14	27	
8 Hertford	22	8	2	12	47	53	-6	26	
9 Bury St Edmunds 1	22	7	4	11	48	52	-4	25	Rel
10 Bedford 2	22	6	4	12	40	52	-12	22	Rel
11 Old Loughtonians Mens 3	22	5	3	14	31	68	-37	18	Rel
12 Colchester	22	4	4	14	34	62	-28	16	Rel

### Second Place Tie Breaker

Team	Pld	Pts	PPM	Rank
1N City Of Peterborough 2	22	42	1.91	2
1S Upminster 1	22	49	2.23	1

# MR CRICKET HOCKEY EAST AREA ADULT HOCKEY LEAGUES

## Approximate Promotion & Relegation Situation

Publication Date - 25 March 2024



Womens Grade 2

### East Women's Premier Division

Team	P	W	D	L	GF	GA	GD	Pts	
1 Cambridge University 1	22	21	1	0	93	16	77	64	C
2 Cambridge City 2	22	16	3	3	51	18	33	51	
3 Bishops Stortford 1	22	14	2	6	71	43	28	44	
4 Harleston Magpies 2	22	13	4	5	44	30	14	43	
5 Norwich City 1	22	8	4	10	48	57	-9	27	
6 Cambridge City 3	22	7	4	11	32	51	-19	25	
7 City Of Peterborough 1	22	7	3	12	37	39	-2	24	
8 Broxbourne 1	22	6	5	11	36	52	-16	23	
9 Uppingham 1	22	5	7	10	38	58	-20	22	
10 Blueharts 1	22	6	4	12	30	55	-25	22	Rel
11 Chelmsford 1	22	5	5	12	35	47	-12	20	Rel
12 Dereham 1	22	1	4	17	24	73	-49	7	Rel

### Assumed National League Relegations

National Conference	Teams
Assumed Value	1

### Potential Relegations

National Conference	Teams
Ladies Conference East	1

### East Women's Division 1 North

Team	P	W	D	L	GF	GA	GD	Pts	
1 Bury St Edmunds 1	22	20	1	1	83	12	71	61	C
2 Norwich Dragons 1	22	17	3	2	68	19	49	54	P
3 Cambridge South 1	22	14	3	5	53	22	31	45	
4 Cambridge University 2	22	11	6	5	60	33	27	39	
5 Ipswich 2	22	11	5	6	57	28	29	38	
6 City of Peterborough 2	22	8	4	10	36	46	-10	28	
7 Wisbech Town 1	22	7	5	10	30	42	-12	26	
8 Bury St Edmunds 2	22	7	2	13	36	48	-12	23	
9 Ipswich & East Suffolk 1	22	6	3	13	20	52	-32	21	
10 Newmarket 1	22	6	2	14	23	54	-31	19	Rel
11 Kettering 1	22	3	2	17	11	77	-66	10	Rel
12 Norwich City 2	22	2	4	16	17	61	-44	9	Rel

### East Women's Division 1 South

Team	P	W	D	L	GF	GA	GD	Pts	
1 St Albans 2	22	19	1	2	83	17	66	58	C
2 Bedford 2	22	16	3	3	56	17	39	51	
3 St Albans 3	22	10	6	6	52	43	9	36	
4 Letchworth 1	22	9	5	8	40	37	3	32	
5 Sudbury 1	22	9	5	8	37	41	-4	32	
6 Old Loughtonians 2	22	8	6	8	36	31	5	30	
7 Crostyx 1	22	7	8	7	33	29	4	29	
8 Bishops Stortford 2	22	8	4	10	48	61	-13	28	
9 Colchester 1	22	6	3	13	47	57	-10	21	
10 Southend 1	22	6	4	12	29	72	-43	21	Rel
11 Havering 1	22	5	2	15	36	63	-27	16	Rel
12 Chelmsford 2	22	2	7	13	37	66	-29	13	Rel

### Second Place Tie Breaker

Team	Pld	Pts	PPM	Rank
1N Norwich Dragons 1	22	54	2.45	1
1S Bedford 2	22	51	2.32	2

# MR CRICKET HOCKEY EAST AREA ADULT HOCKEY LEAGUES

Approximate Promotion & Relegation Situation

Publication Date - 25 March 2024

## Mens Division 2



### East Men's Division 2 North East

Team	P	W	D	L	GF	GA	GD	Pts	
1 Sudbury 1	22	20	2	0	129	26	103	62	C
2 Ipswich & East Suffolk 1	22	14	7	1	91	42	49	49	
3 Norwich City 3	22	13	4	5	66	51	15	43	
4 UEA Mens 2	22	12	4	6	62	38	24	40	
5 Felixstowe 1	21	11	4	6	72	43	29	37	
6 Newmarket 1	22	11	3	8	67	58	9	36	
7 Bury St Edmunds 2	22	9	4	9	51	45	6	31	
8 Harleston Magpies 3	22	7	5	10	61	61	0	26	Rel
9 Dereham 2	21	6	3	12	46	91	-45	19	Rel
10 Norwich Dragons 2	22	4	3	15	41	80	-39	15	Rel
11 Pelicans 2	22	2	1	19	23	82	-59	6	Rel
12 Colchester 2	22	2	0	20	21	113	-92	3	Rel

### North - Second Place Tie Breaker

Team	Pld	Pts	PPM	Rk
NE Ipswich & East Suffolk 1	22	49	2.23	2
NW Long Sutton	22	52	2.36	1

### Teams Relegated to Div 2

Team	Quadrant
9 Bury St Edmunds 1	NE
9 Ipswich 2	NE
10 Bedford 2	SW
10 Kettering	NW
11 Cambridge Nomads 1	NW
11 Old Loughtonians Mens 3	SE
12 Colchester	NE
12 Norwich Dragons 1	NE

### East Men's Division 2 North West

Team	P	W	D	L	GF	GA	GD	Pts	
1 Wisbech Town	22	20	0	2	102	35	67	60	C
2 Long Sutton	22	17	1	4	105	43	62	52	P
3 St Neots 1	22	14	1	7	69	61	8	43	
4 Bourne Deeping 1	22	12	1	9	77	62	15	37	
5 March Town 1	22	11	1	10	58	60	-2	34	
6 City of Peterborough 3	22	8	5	9	55	54	1	29	
7 Cambridge South 2	22	7	7	8	44	47	-3	28	
8 Ely City 1	22	8	2	12	75	86	-11	26	
9 St Ives 2	22	7	5	10	51	62	-11	26	
10 Cambridge City 3	22	7	4	11	58	57	1	25	
11 City of Peterborough 4	22	5	1	16	32	86	-54	16	Rel
12 Cambridge City 4	22	1	2	19	32	105	-73	5	Rel

### East Men's Division 2 South East

Team	P	W	D	L	GF	GA	GD	Pts	
1 Brentwood 1	22	16	4	2	132	39	93	52	C
2 Saffron Walden 2	22	16	3	3	93	37	56	51	P
3 Chelmsford 2	22	16	1	5	100	28	72	49	
4 Old Southendian 2	22	14	5	3	85	37	48	47	
5 Plashet 1	22	11	5	6	73	54	19	38	
6 Witham 1	22	10	4	8	76	53	23	34	
7 Upminster 2	22	10	3	9	55	63	-8	33	
8 Braintree 1	22	10	2	10	72	64	8	32	
9 Chelmsford 3	22	5	3	14	52	57	-5	18	
10 Southend	22	4	0	18	38	129	-91	11	
11 Maldon 1	22	2	2	18	33	140	-107	7	
12 Basildon	22	1	2	19	30	138	-108	3	Rel

### South - Second Place Tie Breaker

Team	Pld	Pts	PPM	Rk
SE Saffron Walden 2	22	51	2.32	1
SW Luton Town	22	47	2.14	2

### East Men's Division 2 South West

Team	P	W	D	L	GF	GA	GD	Pts	
1 Blueharts 2	22	17	4	1	89	21	68	55	C
2 Luton Town	22	15	2	5	81	38	43	47	
3 St Albans 3	22	13	3	6	56	36	20	41	
4 Shefford & Sandy	22	12	4	6	67	49	18	39	
5 Stevenage	22	10	2	10	83	77	6	32	
6 Bishops Stortford 2	22	9	4	9	50	33	17	31	
7 Letchworth 2	22	9	4	9	66	64	2	30	
8 Welwyn Garden City 1	22	8	3	11	43	49	-6	27	
9 Bishops Stortford 3	22	7	1	14	32	88	-56	22	
10 Bedford 3	22	3	10	9	40	53	-13	18	
11 Royston 1	22	4	5	13	30	64	-34	17	Rel
12 Hertford 2	22	2	4	16	32	97	-65	10	Rel

# MR CRICKET HOCKEY EAST AREA ADULT HOCKEY LEAGUES

Approximate Promotion & Relegation Situation

Publication Date - 25 March 2024

## Womens Division 2



### East Women's Division 2 North East

Team	P	W	D	L	GF	GA	GD	Pts	
1 Dereham 2	22	16	3	3	60	20	40	51	C
2 East Coast 1	22	14	2	6	58	30	28	44	
3 Harleston Magpies 3	22	13	2	7	45	21	24	41	
4 Broadland 1	22	13	1	8	68	38	30	40	
5 UEA Ladies 1	22	11	6	5	45	26	19	39	
6 Norwich Dragons 2	22	11	2	9	55	35	20	35	
7 Watton 1	22	10	5	7	62	57	5	35	
8 Norwich City 3	22	9	1	12	31	56	-25	28	
9 North Norfolk 1	22	8	1	13	57	74	-17	24	
10 Loddon 1	22	6	2	14	30	66	-36	20	Rel
11 Ipswich 3	22	2	4	16	20	67	-47	10	Rel
12 Norwich Dragons 3	22	1	7	14	19	60	-41	9	Rel

### North - Second Place Tie Breaker

Team	Pld	Pts	PPM	Rk
NE East Coast 1	22	44	2.00	2
NW St Neots 1	22	51	2.32	1

### Teams Relegated to Div 2

Team	Quadrant
10 Newmarket 1	NW
10 Southend 1	SE
11 Havering 1	SE
11 Kettering 1	NW
12 Chelmsford 2	SE
12 Norwich City 2	NE

### East Women's Division 2 North West

Team	P	W	D	L	GF	GA	GD	Pts	
1 Cambridge City 4	22	18	1	3	63	19	44	55	C
2 St Neots 1	22	17	2	3	75	25	50	51	
3 Cambridge South 2	22	16	1	5	71	25	46	49	
4 St Ives 1	22	15	3	4	70	19	51	48	
5 Pelicans 1	22	12	1	9	63	37	26	37	
6 Cambridge City 5	22	10	5	7	54	34	20	35	
7 City of Peterborough 3	22	11	1	10	47	48	-1	34	
8 Spalding 1	22	9	0	13	45	60	-15	27	
9 Cambridge University 3	22	6	4	12	30	54	-24	22	
10 Cambridge South 3	22	3	2	17	15	62	-47	11	
11 Long Sutton 1	22	3	2	17	10	71	-61	11	Rel
12 St Neots 2	22	0	2	20	18	107	-89	0	Rel

### East Women's Division 2 South East

Team	P	W	D	L	GF	GA	GD	Pts	
1 Upminster 2	20	18	0	2	61	18	43	54	C
2 Old Southendian 1	20	17	2	1	70	16	54	53	P
3 Basildon 1	20	14	2	4	70	25	45	44	
4 Brentwood 1	20	11	2	7	39	28	11	35	
5 Waltham Forest 1	20	8	6	6	47	39	8	30	
6 Maldon 1	20	9	3	8	39	33	6	30	
7 Thurrock 1	20	6	4	10	33	30	3	22	
8 Braintree 1	20	5	4	11	30	44	-14	19	
9 Chelmsford 3	20	5	3	12	25	54	-29	16	Rel
10 Old Loughtonians 3	20	2	2	16	20	73	-53	8	Rel
11 Crostyx 2	20	0	2	18	7	81	-74	1	Rel

### South - Second Place Tie Breaker

Team	Pld	Pts	PPM	Rk
SE Old Southendian 1	20	53	2.65	1
SW Hertford 1	22	51	2.32	2

### East Women's Division 2 South West

Team	P	W	D	L	GF	GA	GD	Pts	
1 Saffron Walden 1	22	16	5	1	56	16	40	53	C
2 Hertford 1	22	16	3	3	68	31	37	51	
3 Stevenage 1	22	12	4	6	47	34	13	40	
4 Berkhamsted & Hemel Hempstea...	22	11	5	6	46	38	8	38	
5 Blueharts 2	22	10	4	8	43	41	2	34	
6 Bedford 3	22	8	5	9	42	41	1	29	
7 Harpenden 1	22	7	6	9	29	39	-10	27	
8 Bishops Stortford 3	22	6	5	11	25	41	-16	23	
9 St Albans 4	22	6	4	12	44	50	-6	22	
10 Broxbourne 2	22	5	6	11	33	49	-16	21	
11 Welwyn Garden City 1	22	3	7	12	26	40	-14	16	
12 Bishops Stortford 4	22	4	2	16	18	57	-39	14	Rel

# MR CRICKET HOCKEY EAST AREA ADULT HOCKEY LEAGUES

## Approximate Promotion & Relegation Situation

Publication Date - 25 March 2024

### Men North



#### East Men's Division 3 North East

Team	P	GD	Pts
1 Harleston Magpies 4	22	48	55
2 Sudbury 2	22	46	45
3 Norwich Exiles	21	23	39
4 North Norfolk	22	-1	37
5 Felixstowe 2	21	13	36
6 Bury St Edmunds 3	22	12	35
7 Norwich City 4	21	-4	26
8 East Coast 1	22	-22	23
9 Norwich Dragons 3	22	-13	22
10 Ipswich & East Suffolk 2	22	-20	21
11 Watton 1	22	-33	17
12 Bury St Edmunds 4	21	-49	12

#### East Men's Division 4 North East

Team	P	GD	Pts
1 Ipswich 3	22	124	64
2 Colchester 3	22	37	40
3 UEA Mens 3	22	7	40
4 Dereham 3	22	18	38
5 Newmarket 2	22	10	38
6 Ipswich 4	22	16	32
7 Harleston Magpies 5	22	-9	32
8 Pelicans 3	22	1	28
9 Bury St Edmunds 5	22	-32	22
10 Sudbury 3	22	-34	20
11 Norwich City 5	22	-57	18
12 UEA Mens 4	22	-81	-2

#### East Men's Division 5 North East (North)

Team	P	GD	Pts
1 Norwich Dragons 4	19	64	47
2 North Norfolk 2	20	54	46
3 Norwich Dragons 5	20	21	38
4 East Coast 2	19	48	36
5 Pelicans 4	20	28	35
6 Dereham 4	20	-13	27
7 Norfolk Nomads 1	20	-12	25
8 North Norfolk 3	20	-38	15
9 Norwich Dragons 6	20	-34	13
10 Norfolk Nomads 2	20	-55	5
13 Dereham 5	20	-63	0
14 Norwich City 6 Development	0	0	0

#### East Men's Division 5 North East (South)

Team	P	GD	Pts
1 Felixstowe 3	18	73	46
2 Ipswich Cranes 1	18	41	36
3 Colchester 4	18	12	33
4 Ipswich & East Suffolk 3	18	9	28
5 Sudbury 4	18	-7	25
6 Thetford Town 1	18	4	24
7 Harleston Magpies 6	18	-29	17
8 Ipswich 5	18	-44	16
9 Colchester 5	18	-30	11
10 Ipswich & East Suffolk 4	18	-29	10
12 Felixstowe 4 Development	0	0	0
13 Bury St Edmunds 6 Development	0	0	0

#### East Men's Division 3 North West

Team	P	GD	Pts
1 Wisbech Town 2	20	55	49
2 Cambridge South 3	20	40	48
3 Long Sutton 2	20	37	45
4 Cambridge University 3	19	12	35
5 Spalding 2	20	3	25
6 Cambridge Nomads 2	20	-15	24
7 City Of Peterborough 5	20	-13	23
8 St Ives 3	20	-17	21
9 Kettering 2	20	-13	18
10 Bourne Deeping 2	20	-54	11
11 Cambridge City 5	19	-35	10
12 Cambridge City 6	0	0	0

#### East Men's Division 4 North West

Team	P	GD	Pts
1 Cambridge South 4	22	49	50
2 Ely City 2	22	60	49
3 St Neots 2	22	44	47
4 Cambridge University 4	22	34	45
5 Wisbech Town 3	22	31	44
6 Cambridge City 7	22	7	40
7 March Town 2	22	-14	29
8 Spalding 3	22	-38	22
9 City Of Peterborough 6	22	-33	16
10 Cambridge Nomads 3	22	-44	16
11 Cambridge South 5	22	-42	13
12 St Neots 3	22	-54	9

#### East Men's Division 5 North West

Team	P	GD	Pts
1 Kettering 3	18	53	49
2 Bourne Deeping 3	18	36	42
3 St Ives 4	18	17	32
4 Wisbech Town 4	17	11	26
5 Newmarket 3	18	8	24
6 Spalding 4	17	-28	21
7 Long Sutton 3	18	-10	15
8 Kettering 4	18	-16	15
9 City Of Peterborough 7	18	-26	15
10 Ely City 3	18	-45	11

#### East Men's Division 6 North West

Team	P	GD	Pts
1 Bourne Deeping 4	12	7	24
2 St Ives 5	12	1	15
3 St Neots 4	12	0	15
4 City Of Peterborough 8	12	-4	15
5 Cambridge South 6	12	-4	13
6 Cambridge Nomads 4 Development	0	0	0
7 Newmarket 4 Development	0	0	0

# MR CRICKET HOCKEY EAST AREA ADULT HOCKEY LEAGUES

## Approximate Promotion & Relegation Situation

Publication Date - 25 March 2024

### Men SE



#### East Men's Division 3 South East

Team	P	GD	Pts
1 Brentwood 2	22	98	66
2 Braintree 2	22	-1	42
3 Saffron Walden 3	22	18	40
4 Chelmsford 4	22	20	36
5 Redbridge & Ilford	22	1	32
6 Waltham Forest 2	22	-2	31
7 Upminster 3	22	-10	31
8 Thurrock 1	22	-14	26
9 Havering 2	22	-22	26
10 Witham 2	22	-23	21
11 Old Loughtonians Mens 4	22	-23	16
12 Romford 1	22	-42	14

#### East Men's Division 4 South East

Team	P	GD	Pts
1 Brentwood 3	22	58	47
2 Upminster 4	22	27	46
3 Old Southendian 3	22	25	35
4 Waltham Forest 3	22	11	31
5 Tower Hamlets 1	21	11	31
6 Crostyx 3	20	10	30
7 Tendring 1	21	39	27
8 Old Loughtonians Mens 5	22	-7	26
9 Rochford 1	22	-14	26
10 Redbridge & Ilford 2	22	-31	21
11 Witham 3	21	-42	20
12 Southend 2	21	-87	4

#### East Men's Division 5 South East

Team	P	GD	Pts
1 Saffron Walden 4	22	108	63
2 Braintree 3	22	32	48
3 Chelmsford 5	22	27	42
4 Old Southendian 4	22	33	41
5 Saffron Walden 5	22	5	39
6 Brentwood 4	22	-5	34
7 Havering 3	22	-7	29
8 Basildon 2	22	-10	26
9 Old Loughtonians Mens 6	22	-24	23
10 Waltham Forest 4	22	-17	20
11 Braintree 4	22	-70	8
12 Witham 4	22	-72	3

#### East Men's Division 6 South East

Team	P	GD	Pts
1 Thurrock 2	22	77	59
2 Upminster 5	22	60	54
3 Chelmsford 6	22	23	36
4 Brentwood 5	22	5	35
5 Chelmsford 7	22	-7	33
6 Old Southendian 5	22	-17	28
7 Witham 5	22	0	25
8 Maldon 2	22	-11	25
9 Crostyx 4	22	-6	23
10 Southend 3	22	-28	23
11 Old Loughtonians Mens 7	22	-39	16
12 Waltham Forest 5	22	-57	16

#### East Men's Division 7 South East

Team	P	GD	Pts
1 Thurrock 3	10	38	28
2 Havering 4	10	5	19
3 Chelmsford 8	10	3	16
4 Old Southendian 6	10	-8	11
5 Braintree 5	10	-16	7
6 Redbridge & Ilford 3	10	-22	3
7 Romford 2 Development	0	0	0
8 Tendring 2 Development	0	0	0
9 Upminster 6 Development	0	0	0
10 Tower Hamlets 2 Development	0	0	0
11 Old Loughtonians Mens 8 Development	0	0	0

# MR CRICKET HOCKEY EAST AREA ADULT HOCKEY LEAGUES

## Approximate Promotion & Relegation Situation

Publication Date - 25 March 2024

### Men SW



#### East Men's Division 3 South West

Team	P	GD	Pts
1 Broxbourne 2	22	77	60
2 St Albans 4	22	36	51
3 Blueharts 4	22	8	44
4 Blueharts 3	22	26	37
5 Rickmansworth 1	22	5	36
6 Potters Bar 2	22	-1	31
7 Southgate Adelaide 1	21	-19	24
8 Harpenden 2	22	-6	23
9 Cheshunt 1	22	-8	22
10 Bedford 4	22	-32	21
11 Vauxhall 1	21	-23	20
12 Letchworth 3	22	-63	6

#### East Men's Division 4 South West

Team	P	GD	Pts
1 Potters Bar 3	22	94	57
2 Hertford 3	22	38	51
3 Stevenage 2	22	34	42
4 St Albans 5	22	12	40
5 Blueharts 5	22	11	39
6 Shefford & Sandy 2	22	1	33
7 Broxbourne 3	22	-3	30
8 Royston 2	22	-12	23
9 West Herts 5	22	-33	22
10 Rickmansworth 2	22	-35	20
11 Welwyn Garden City 2	22	-47	10
12 Harpenden 3	22	-60	9

#### East Men's Division 5 South West

Team	P	GD	Pts
1 Bishops Stortford 4	22	65	51
2 Luton Town 2	22	49	51
3 Hertford 4	22	58	48
4 St Albans 6	22	38	44
5 St Albans 7	22	-4	30
6 Bishops Stortford 5	22	6	29
7 Letchworth 4	22	1	28
8 Southgate Adelaide 2	22	-6	28
9 Welwyn Garden City 3	22	-30	28
10 Bedford 5	22	-21	23
11 Stevenage 3	22	-56	13
12 West Herts 6	22	-100	3

#### East Men's Division 6 South West

Team	P	GD	Pts
1 Bengal Tigers 1	18	107	50
2 Hertford 5	18	31	43
3 Blueharts 6	18	27	36
4 Bedford 6	18	31	35
5 Shefford & Sandy 3	18	6	30
6 Royston 3	18	-16	17
7 Blueharts 7	18	-20	16
8 Saffron Walden 6	18	-54	13
9 Letchworth 5	18	-36	10
10 Hertford 6	18	-76	7

#### East Men's Division 7 South West

Team	P	GD	Pts
1 Shefford & Sandy 4	20	40	48
2 Potters Bar 4	20	36	45
3 St Albans 8	20	36	43
4 Letchworth 6	20	41	37
5 Harpenden 4	20	10	33
6 Bishops Stortford 6	20	15	31
7 Welwyn Garden City 4	20	-17	17
8 Broxbourne 4	19	-21	17
9 Southgate Adelaide 3	20	-38	14
10 Rickmansworth 3	20	-52	8
11 Saffron Walden 7	19	-50	5

#### East Men's Division 8 South West

Team	P	GD	Pts
1 Bedford 7	6	5	12
2 MBDA 1	6	4	12
3 Stevenage 4	6	0	6
4 St Albans 9	6	-9	6
5 Bedford 8	0	0	0
6 Luton Town 3 Development	0	0	0
7 Bishops Stortford 7 Development	0	0	0
8 Southgate Adelaide 4 Development	0	0	0
9 Southgate 8 Development	0	0	0
10 Hertford 7 Development	0	0	0



# MR CRICKET HOCKEY EAST AREA ADULT HOCKEY LEAGUES

Approximate Promotion & Relegation Situation

Publication Date - 25 March 2024

## Ladies North



### East Women's Division 3 North East (North)

Team	P	GD	Pts
1 UEA Ladies 2	20	38	46
2 Norwich Dragons 4	20	24	44
3 Carrow 1	20	15	39
4 Norwich Dragons 5	20	11	33
5 Evergreens 1	20	-11	31
6 Diss 1	20	1	28
7 Broadland 2	20	-1	28
8 Norwich City 4	19	-6	24
9 Dereham 3	20	-3	22
10 Harleston Magpies 6	20	-27	10
11 Norwich City 5	19	-41	5

### East Women's Division 4 North East (North)

Team	P	GD	Pts
1 Herlings 1	20	77	50
2 UEA Ladies 3	20	50	50
3 Dereham 4	20	30	39
4 Norwich Dragons 6	20	37	35
5 Watton 2	19	3	28
6 Thetford Town 1	20	0	28
7 East Coast 2	20	-1	24
8 North Norfolk 2	20	-28	18
9 Norwich City 6	20	-44	13
10 Harleston Magpies 7	20	-40	12
11 Loddon 2	19	-84	5
12 Norwich Dragons 7	0	0	0

### East Women's Division 4 North East (South)

Team	P	GD	Pts
1 Castaways 1	18	74	48
2 Bury St Edmunds 4	18	89	46
3 Bury St Edmunds 5	18	31	43
4 Felixstowe 2	18	16	25
5 Colchester 4	18	-21	22
6 Christchurch Ladies 2	18	-9	21
7 Framlingham 2	18	-11	19
8 Felixstowe 3	18	-62	13
9 Ipswich 5	18	-39	11
10 Ipswich & East Suffolk 3	18	-68	7
11 Bury St Edmunds 6 Development	0	0	0

### East Women's Division 5 North East (North)

Team	P	GD	Pts
1 Beccles 1	20	32	44
2 Yarmouth 2	19	43	43
3 Dereham 5	20	10	32
4 Watton 3	20	6	31
5 Broadland 3	20	2	31
6 Carrow 2	20	6	26
7 Norwich City 7	20	-7	26
8 UEA Ladies 4	20	-1	24
9 Harleston Magpies 8	19	-7	22
10 Norwich Dragons 8	20	-18	22
11 UEA Ladies 5	20	-66	4

### East Women's Division 3 North West

Team	P	GD	Pts
1 Cambridge Nomads 1	22	59	56
2 Spalding 2	22	70	53
3 Bourne Deeping 1	22	78	52
4 St Ives 2	22	50	51
5 Ely City 1	22	20	41
6 Wisbech Town 2	22	-17	33
7 Kettering 2	22	-19	27
8 Huntingdon & Northstowe 1	22	2	26
9 Cambridge South 4	22	-21	17
10 Pelicans 2	22	-67	16
11 Ely City 2	22	-45	9
12 Newmarket 2	22	-110	0

### East Women's Division 4 North West

Team	P	GD	Pts
1 Cambridge University 4	22	76	56
2 Cambridge City 6	22	60	55
3 St Ives 3	22	35	49
4 March Town 1	22	24	42
5 City Of Peterborough 4	22	2	31
6 Cambridge Nomads 2	22	4	27
7 Bourne Deeping 2	22	-7	25
8 Cambridge South 5	22	-9	23
9 Spalding 3	22	-13	22
10 Haverhill 1	22	-42	20
11 St Neots 3	22	-54	19
12 Kettering 3	22	-76	-1

### East Women's Division 5 North West

Team	P	GD	Pts
1 Wisbech Town 3	14	33	40
2 Cambridge South 6	14	26	29
3 St Ives 4	14	13	24
4 Long Sutton 2	14	-10	21
5 Pelicans 3	14	0	17
6 Ely City 3	14	-15	10
7 City Of Peterborough 5	13	-20	8
8 Wisbech Town 4	13	-27	7
9 Newmarket 4 Development	0	0	0
10 St Neots 4 Development	0	0	0
11 Huntingdon & Northstowe 2 Development	0	0	0
12 Newmarket 3 Development	0	0	0



# MR CRICKET HOCKEY EAST AREA ADULT HOCKEY LEAGUES

Approximate Promotion & Relegation Situation

Publication Date - 25 March 2024

Ladies South East



## East Women's Division 3 South East

Team	P	GD	Pts	
1 Harwich & Dovercourt 1	22	75	61	■
2 Southend & Benfleet 1	22	70	56	■
3 Romford 1	22	24	43	
4 Witham 1	22	14	39	
5 Chelmsford 4	22	16	36	
6 Upminster 3	22	-12	34	
7 Brentwood 2	22	-6	27	
8 Waltham Forest 2	22	-19	27	
9 Southend 2	22	-11	25	
10 Maldon 2	22	-5	24	
11 Chelmsford 5	22	-79	6	■
13 Basildon 3	22	-67	-2	■

## East Women's Division 4 South East

Team	P	GD	Pts	
1 Bishops Stortford 6	22	86	59	■
2 Southend & Benfleet 2	22	56	51	■
3 Havering 2	22	35	50	
4 Old Southendian 2	22	48	45	
5 Upminster 4	22	17	41	
6 Old Southendian 3	22	-15	26	
7 Colne 1	22	-29	23	
8 Braintree 2	22	-13	21	
9 Old Loughtonians 4	22	-15	21	
10 Southend & Benfleet 3	22	-31	18	
11 Witham 2	22	-72	10	■
12 Southend 3	22	-67	8	■

## East Women's Division 5 South East

Team	P	GD	Pts	
1 Upminster 5	22	82	63	■
2 Maldon 3	22	51	50	■
3 Havering 3	22	20	39	
4 Chelmsford 6	21	34	38	
5 Old Loughtonians 5	22	16	38	
6 Waltham Forest 3	21	18	33	
7 Brentwood 4	22	5	29	
8 Thurrock 2	22	5	28	
9 Havering 4	22	-17	24	
10 Brentwood 3	22	-28	24	
11 Romford 2	22	-64	8	■
12 Waltham Forest 4	22	-122	4	■

## East Women's Division 6 South East

Team	P	GD	Pts	
1 Crostyx 3	18	67	52	■
2 Braintree 3	18	18	36	■
3 Upminster 6	18	7	30	
4 Maldon 4	17	-3	24	
5 Southend & Benfleet 4	18	-8	21	
6 Old Southendian 4	18	-17	21	
7 Redbridge & Ilford 1	18	-13	18	
8 Chelmsford 7	18	-8	17	
9 Southend 4	17	-13	16	
10 Witham 3	18	-30	13	
11 Upminster 7 Development	0	0	0	
12 Basildon 4 Development	0	0	0	

# MR CRICKET HOCKEY EAST AREA ADULT HOCKEY LEAGUES

Approximate Promotion & Relegation Situation

Publication Date - 25 March 2024

## Ladies South West



### East Women's Division 3 South West

Team	P	GD	Pts
1 Shefford & Sandy 1	22	41	54
2 Blueharts 3	22	64	51
3 Saffron Walden 2	22	52	51
4 Bedford 4	22	26	44
5 Hertford 2	22	10	37
6 Rickmansworth 1	22	-6	35
7 Letchworth 2	22	0	29
8 Stevenage 2	22	-5	27
9 Stevenage 3	22	-22	22
10 Welwyn Garden City 2	22	-56	11
11 Royston 1	22	-47	9
12 St Albans 5	22	-57	3

### East Women's Division 4 South West

Team	P	GD	Pts
1 Bishops Stortford 5	22	47	54
2 Luton Town 1	22	53	52
3 Cheshunt 1	22	31	50
4 Saffron Walden 3	22	30	46
5 Berkhamsted & Hemel Hempstead 2	22	24	41
6 Bedford 5	22	5	35
7 Shefford & Sandy 2	22	-7	31
8 Blueharts 4	22	-21	20
9 Harpenden 2	22	-30	18
10 Broxbourne 3	22	-31	17
11 Chiltern 1	22	-34	9
12 Letchworth 3	22	-67	5

### East Women's Division 5 South West

Team	P	GD	Pts
1 Berkhamsted & Hemel Hempstead 3	22	45	53
2 St Albans 7	22	43	49
3 Bedford 6	22	13	43
4 Blueharts 5	22	37	41
5 Hertford 3	22	16	35
6 Broxbourne 4	22	6	34
7 Saffron Walden 4	22	17	29
8 Bishops Stortford 7	22	7	28
9 St Albans 6	22	-7	24
10 Stevenage 4	22	-27	21
11 Royston 2	22	-50	12
12 Letchworth 4	22	-100	8

### East Women's Division 6 South West

Team	P	GD	Pts
1 Harpenden 3	20	40	52
2 Rickmansworth 2	20	92	50
3 St Albans 8	20	19	37
4 Bishops Stortford 8	20	25	36
5 Blueharts 6	20	4	33
6 Saffron Walden 5	20	-3	28
7 Hertford 4	20	-9	24
8 Welwyn Garden City 3	20	-26	24
9 Broxbourne 5	20	-39	16
10 Stevenage 5	20	-41	15
11 Bedford 7	20	-62	4
12 Letchworth 5	0	0	0

### East Women's Division 7 South West

Team	P	GD	Pts
1 Shefford & Sandy 3	12	29	29
2 Blueharts 7	12	14	25
3 Potters Bar 1	12	30	22
4 Chiltern 2	12	-37	3
5 Welwyn Garden City 4	12	-36	2
6 Saffron Walden 6 Development	0	0	0
7 Berkhamsted & Hemel Hempstead 4 Development	0	0	0
8 Luton Town 2	0	0	0
9 Bishops Stortford 9 Development	0	0	0