



ENGLAND
HOCKEY

The People Who Make Hockey Happen!

Motivation is the reason for people's actions, willingness and goals.

"If you are a student, like myself, it is a golden opportunity to acquire some real world experience of working in an executive capacity and its transferable to any area of the workforce, so naturally future employers love it"

**George Conner, 21 years old from South West Area
(Elected West HA Secretary, July-20)**

'In recent years, I've become more involved in organising hockey and this was the next logical step, and I was also keen to help'

Niall Riley involved in the West Pennines Adult League Working Group

'I said yes because I wanted to make sure Cumbria had an opportunity to be involved in the process of improving the structure of hockey and also so there was someone that was kept up to date on the transition and could feedback to clubs locally when it was appropriate.

Too often things happen and we (Cumbria) seem to miss the boat. Also, good to put names to faces!'

Bex Jackson, Chair of Cumbria HA and member of Wigton HC.

Internal Motivations – Personal Satisfaction

- Join the Hockey Family to meet new people and be part of the local community
- Take a role that broadens your personal skills/experiences through coaching, officiating, administration and the wider club experience
- Use professional skills set to benefit your hockey family
- Satisfaction of being part of your club's or organisation's development

- Try something new
- To give back to Hockey and the wider hockey community
- Young volunteers want to contribute, not just play
- Feel part of the wider hockey family
- Enjoy volunteering in a sport you love and are passionate about

External Motivations - the driving force that triggers you to act

- Making the difference that can help your club or organisation to be the best it can be
- Support your hockey family through their children's club life
- Inspire the next generation to be part of the hockey family
- Making people smile and enjoy their hockey
- Being active through hockey has had a positive impact on your life (both physically and mentally), give something back
- Help to pass on the joy you experienced being part of hockey family to others
- Hockey volunteering helps to gain experience for my CV and develop my career
- Range of benefits including kit, rewards, financial benefits, opportunities for continual professional development (CPD) and awards

