

PROMOTIONS / RELEGATIONS 2025 26 SEASON

WOMEN

Premier Division

1st placed team promoted to EHL Positions 9,10, 11,12 relegated to Division 1 and / or Welsh Prem

Notes;

Relegation places may vary dependent on EHL relegations

Division 1 (North and South)

1st placed teams promoted to Premier Division Positions 10,11,12 will be relegated One team from 9th place will be relegated based on points per match (ppm)

Notes:

Relegations may vary dependent on EHL relegations

An additional team may be promoted from Division 2, based on PPM if more than one
Welsh side relegated to Welsh Prem

Division 2 (West, East, South, Central)

1st placed teams promoted to Division 1 – North or South dependent on geography 10th placed teams will be relegated to Regional Division 1 Three teams finishing in 9th place will be relegated based on PPM

Notes:

Relegations may vary dependent on EHL relegations An additional team may be promoted from Division 2, based on PPM if more than one Welsh side relegated to Welsh Prem

Regional Division 1

1st placed teams promoted

Teams in last position in their Division will be relegated to Regional Division 2

Regional Division 2

1st placed teams will be promoted to Regional Division 1. Teams can request not to be promoted

Teams in last position in their Division will be relegated to Regional Division 3, where applicable

Regional Division 3 (where applicable)

1st placed team will be promoted to Regional Division 2



Regional Divisions 2026 27 Notes

Placement of teams at Grade 4/5 will be based on geography, to minimise travel and upto 4 Division levels will be created if number of teams allow. Our principles for League structure remain unchanged, balancing travel, competitiveness and minimising Clubs playing each other

The structure will apply the principles previously communicated, retaining the 8 Regions to balance promotion structure and minimise travel at Grade 4/5. The size of the Divisions will be structured to meet the geography, with the current planning for Divisions of 8 teams to create 3rd and possibly 4th Divisions for better competition.

On this basis

Division 1 positions 2-7 – will remain in Division 1, joined by Regional Division 2 Winners and Division 2 (Central, South, West and East) relegated teams

Division 2 positions 2-5 – will remain in Regional Division 2, joined by Regional Division 1 9,10/11 placed teams and Division 3 winners

Regional Divisions 3 and 4 – will be created with the remaining teams in that geography



Women

Winner promoted Premier Div Positions 9,10,11,12 relegated 12 teams Grade 2 Div 1 North & South Winners promoted Positions 10,11,12 relegated 2 Divisions One team in 9th relegated 12 teams each Div 2 Central, South, West and Winners promoted Position 10 relegated Grade 3 4 Divisions Three teams in 9th relegated 10 teams each Regional Division 1 Winners promoted 8 Divisions Bottom placed teams relegated Grade 4 Positions 2-7 remain Division 1 8-11 teams each Regional Division 2 and 3 Winners promoted Bottom placed teams relegated 8 Divisions Grade 5 Positions 2-5 remain Division 2 8-12 teams each For 2026 27 Season Division 3 and 4 where possible

MEN

Premier Division

1st placed team promoted to EHL Positions 10, 11,12 relegated to Division 1 North or South

Notes;

Relegation places may vary dependent on EHL relegations

Division 1 (North and South)

1st placed teams promoted to Premier Division
 Positions 10,11,12 will be relegated
 One team from 9th place will be relegated based on points per match (ppm)

Notes;

Relegations may vary dependent on EHL relegations

Division 2 (West, East, South, Central)

1st placed teams promoted to Division 1 – North or South dependent on geography Positions 10,11,12 will be relegated

Three teams finishing in 9th place will be relegated based on PPM



Notes:

Relegations may vary dependent on EHL relegations

Regional Division 1

1st placed teams promoted Teams in last position in their Division will be relegated to Regional Division 2

Regional Division 2

1st placed teams will be promoted to Regional Division 1. Teams can request not to be promoted

Regional Divisions 2026 27 Notes

Placement of teams at Grade 4/5 will be based on geography, to minimise travel and upto 4 Division levels will be created if number of teams allow. Our principles for League structure remain unchanged, balancing travel, competitiveness and minimising Clubs playing each other

The structure will apply the principles previously communicated, retaining the 8 Regions to balance promotion structure and minimise travel at Grade 4/5. The size of the Divisions will be structured to meet the geography, with the current planning for Divisions of 8 teams to create 3rd and possibly 4th Divisions for better competition.

On this basis

Division 1 positions 2-7 – will remain in Division 1, joined by Regional Division 2 Winners and Division 2 (Central, South, West and East) relegated teams

Division 2 positions 2-3 – will remain in Regional Division 2, joined by Regional Division 1 teams finishing in position 8-12 and Division 3 winners

Regional Divisions 3 and 4 – will be created with the remaining teams in that geography



Men

Winner promoted Positions 10,11,12 relegated Premier Div 12 teams

Grade 2

Winners promoted
Positions 10,11,12 relegated
One team in 9th relegated

Div 1 North & South 2 Divisions 12 teams each

Winners promoted Positions 10,11,12 relegated Three teams in 9th relegated Div 2 Central, South, West and
East
4 Divisions
12 teams each

Grade 3

Winners promoted Bottom placed teams relegated Positions 2-7 remain Division 1 Regional Division 1 8 Divisions 12 teams each

Grade 4

Winners promoted Bottom placed teams relegated Positions 2-3 remain Division 2 Regional Division 2 8 Divisions 8-12 teams each

Grade 5

Winners promoted Teams allocated across Division 3 and where possible 4 Regional Division 3 and 4 8 Divisions 8-12 teams each

DEVELOPMENT TEAMS for 2026 27

Both Women and Open/Mens competitions will be open to teams electing to become Development sides. As in previous seasons Clubs will be asked to re-apply to play Development sides within the League and where possible we will have Development teams Where possible we will try to operate a Division for Development teams only, this is based on the sides being geographically close. In 2025 26 Concorde 3 and Berkeley 3 are the Development Leagues.

If a Development side has to play within a fully competitive Grade 5 Division, the League will limit the number of Development teams to ensure there is a meaningful competition. Generally this means no more than one side in an 8 team League or upto 2 sides in an 11 team League