ENGLAND HOCKEY
THE 6 RS FOR SAFEGUARDING

1 RECOGNISE

Be alert to signs of abuse, neglect, or poor practice. Encourage young people to speak up. Make sure coaches and welfare officers are approachable.

Do...
- Listen witout judgement
- Give your full attention
- Be patient

Don't...
- Ask leading questions
- Interrupt
- Try to correct or mislead

2 REASSURE

Thank the child for speaking up and let them know they did the right thing. Be kind and supportive. Do NOT promise secrecy or make promises you cannot keep.

Do...
- Thank them for trusting you
- Let them know they are brave and doing the right thing

Don't...
- Make promises you can't keep
- Write notes whilst they are talking to you

3 RESPOND

Explain what will happen next and who you will inform. Offer support and clarity. Do NOT confront the alleged perpetrator or keep it secret.

Do...
- Explain what will happen next
- Let them know you will be informed and why

Don't...
- Tell them you will keep secrets
- Confront or offer to speak with the perpertrator

4 REPORT

Write down what was said, including key details (dates, names, times). Report immediately to your welfare officer or England Hockey. Listen carefully, stay calm. Do NOT ask leading questions.

Do...
- Complete the report clearly with your statement of what was disclosed
- Report to Line Manager/Welfare Officer

Don't...
- Notify the person who the complaint is about
- Inform parents/carers if it may increase the risk to the child

5 RECORD

Document everything accurately and store it safely. Include facts only — no opinions. Note what was said, when, and to whom you reported it. Do NOT change the child's words.

Do...
- Document the disclosure include relevent facts, date, time, places
- Make a note of the reporting procedures you undertook
- including date, time and to whom

Don't...
- Leave out information shared
- Change the comments or languag used by the child
- Add emotions or comments that were not used or heard

6 REFLECT

Think about what went well and what could be improved next time. Use reflection to strengthen future safeguarding responses. Do NOT share details with those not involved.

Do...
- Think about the steps that you took, what you could do differently – including the comments/assurances you made

Don't...
- Tell your friends, family or other children about the concerns you recieved

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