



MIDLANDS
HOCKEY

MIDLANDS ADULT LEAGUE

PROMOTIONS & RELEGATIONS 2026/27

Open/Men's League

DIVISION	TEAMS	PROMOTIONS Communicated	RELEGATIONS Communicated	NOTES
Premier	12	1	2	Promotion to EHL EHL relegations see note ²
Division 1	12	2	2	
Division 2	12	2	4	4 teams relegated into 2 divisions
3 West	12	2	2	
3 East	12	2	2	
4 West	12	2	2	
4 East	12	2	2	
5 West	12	2	4	8 teams relegated into 4 divisions
5 East	12	2	4	
6 North West	12	2	2	
6 North East	12	2	2	
6 South West	12	2	2	
6 South East	12	2	2	
7 North West	12	2	2	
7 North East	12	2	2	
7 South West	12	2	2	
7 South East	12	2	2	
8 North West	12	2	2	
8 North East	12	2	2	
8 South West	12	2	2	
8 South East	12	2	2	
9 North West	12	2	2+	10 teams relegated into 5 divisions 8 (positions 11/12) plus 2 worsted PPM ¹
9 North East	12	2	2+	
9 South West	12	2	2+	
9 South East	12	2	2+	
10 North West	10	2	None	
10 North East	11	2	None	
10 Central	11	2	None	
10 South West	10	2	None	
10 South East	10	2	None	
	352			



MIDLANDS ADULT LEAGUE

PROMOTIONS & RELEGATIONS 2026/27

Women's League

DIVISION	TEAMS	PROMOTIONS Communicated	RELEGATIONS Communicated	NOTES
Premier	12	1	2	Promotion to EHL EHL relegations see note ²
Division 1	12	2	4	4 teams relegated into 2 divisions
2 West	12	2	4	8 teams relegated into 4 divisions
2 East	12	2	4	
3 North West	12	2	3	12 teams relegated into 6 divisions 12 (positions 10/11/12)
3 North East	12	2	3	
3 South West	12	2	3	
3 South East	12	2	3	
4 North West	12	2	3+	20 teams relegated into 10 divisions 18 (positions 10/11/12) plus 2 worsted PPM ¹
4 North Central	12	2	3+	
4 North East	12	2	3+	
4 South West	12	2	3+	
4 South Central	12	2	3+	
4 South East	12	2	3+	
5 West	11	2	None	
5 West Central	11	2	None	
5 North West	11	2	None	
5 North	11	2	None	
5 North Central	11	2	None	
5 North East	12	2	None	
5 East Central	11	2	None	
5 South	11	2	None	
5 South West	12	2	None	
5 South East	11	2	None	
280				

NOTES

¹ See Regulation Glossary – **PPM**: Points Per Match: A calculation (Total Points ÷ Matches Played) used primarily to compare the performance records of teams across Parallel Divisions.

² If more than one team is relegated from the EHL then an extra relegation will be necessary, based on PPM, at each parallel Divisions where each Division has 12 teams.

³ If an existing Club from another Area moves to the Midlands, then to place them in a Grade level which is the same as in their current Area, it may be necessary for extra relegations at that and lower Grade levels to accommodate. Their current Area Grade will be confirmed following the application of promotions & relegations in their current area at the end of the season. This will be confirmed as soon as possible, but an indication given at the beginning of the second half of the season.