

# COACHING COURSE GUIDE



## AT A GLANCE, WHICH QUALIFICATION IS RIGHT FOR YOU?

We are here to support your development and help you find the best path for your coaching journey. This guide is designed to give you a quick glance at the make-up of each course, helping you choose the qualification that best reflects your current role and responsibilities. If your role isn't perfectly captured below, please contact us at [coaching@englandhockey.co.uk](mailto:coaching@englandhockey.co.uk) so we can help you find the right fit.

### LEAD COACH COURSE

**Only 2026 Window:** Book by June 2026.  
No further opportunities this year.

**My role is:** Head Coach / Director of Hockey / Lead Age-Group Coach.

I am responsible for working directly with players, coaching independently, while also writing and organising my environments programme and supporting other coaches and helpers.

**Strategic Growth:** Develop your personal skills and master the expertise to lead coaching teams, set environment programmes, and drive long-term player development.

**Increased Mastery:** Approx. 45 hours of total learning over nine months.

Includes all coach course content plus 15-hours extra learning covering Individual Development Plans and long-term planning.

**Flexible Access:** Complete e-learning at any time. Choose from multiple live module slots to fit your schedule.

**Professional Excellence:** Integrated tasks to reinforce learning: ongoing evidence of practice, technical video submission, and a formal professional review.

**Professional Benchmark:** Secure a premium qualification that validates your leadership, meets national best-practice standards, and opens doors to lead coaching roles.

### COACH COURSE

**Only 2026 Window:** Book by June 2026.  
No further opportunities this year.

**My role is:** Coach / Assistant Coach.

I am responsible for working directly with players, coaching independently, and I am looking to build my confidence, refine delivery and player engagement.

**Personal Ownership:** Master the skills to lead sessions with confidence and build strong player connections.

**The Essentials:** Approx. 30 hours of total learning over nine months.

Includes interactive online modules with focus on Self, Player, and Environment to develop high-impact delivery and engagement skills.

**Flexible Access:** Complete e-learning at any time. Choose from multiple live module slots to fit your schedule.

**Reinforce Learning:** Capture and reflect on progress through ongoing tasks, supported by a video submission and professional discussion to lock in new skills.

**Qualified to Deliver:** Gain a recognised qualification that confirms your expertise, builds your coaching reputation, and provides a clear pathway for future growth.