



**Diploma of Higher Education in Sport and Fitness
and
Diploma of Higher Education in Sport and Fitness with Exercise
Instruction
and
Diploma of Higher Education in Sport and Fitness with Coaching**

These regulations must be read in conjunction with the Academic Regulations (Taught Courses). These regulations are available by going online to the Open University 'Essential Documents' website at www.open.ac.uk/essential-documents.

Award letters

Dip HE (Open)

Entry requirements

None

Maximum duration of study

12 years

Credit requirement

240

Stage 1 (120 credits)

120 credits from the specified compulsory modules.

Stage 2 (120 credits)

30 credits from the compulsory knowledge-based module and 90 credits from the work-based module in either exercise instruction or coaching.

or

90 credits from the compulsory modules and a further 30 credits from a specified compulsory work-based module in either exercise instruction or coaching.

or

120 credits from two specified compulsory 60 credit modules

Maximum transferred credit

120 or 150 credits, see additional rules

Maximum age of credit transfer

16 years

Unique study requirement

90 credits

Additional rules

The maximum award of transferred credit towards the Diploma of Higher Education in Sport and Fitness is 120 credits.

The maximum award of transferred credit towards the Diploma of Higher Education in Sport and Fitness with Exercise Instruction or the Diploma of Higher Education in Sport and Fitness with Coaching is 150 credits.

The award of this qualification with a designation of either Exercise Instruction or Coaching will only be available to students who complete either the first or second route within Stage 2 which includes 90 or 30 credits of study with this designation.