**Food Safety**



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**Highfield Level 2 International Award in Nutrition and Health**

The Highfield Level 2 International Award in Nutrition and Health will benefit anyone who prepares and serves food, as it provides learners with a basic understanding of nutrition and the requirements of special diets to enable the planning and provision of well-balanced meals that will have a positive impact on health.

**How long will it take me to achieve this qualification?**

This qualification is usually achieved by taking a one-day classroom-based course with a minimum contact time of 5 hours.

**How is the qualification assessed?**

This qualification is assessed by an end of course multiple-choice examination. Learners must answer a minimum of 12 correct answers from 20 multiple choice questions (60%) to pass this qualification.

**What next?**

On successful completion of this qualification, learners may wish to continue their development by undertaking one of the following qualifications:

* Highfield Level 3 Award in Food Safety in Catering (RQF)
* Highfield Level 3 Award in Food Safety in Manufacturing (RQF)
* Highfield Level 3 International Award in Food Allergen Management

**Where can this course be taken?**

Through any Highfield approved training centre.