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First Aid

Highfield Level 3 International Award in First Aid Response

This qualification is developed to support first aiders in the workplace by providing more comprehensive understanding of first aid along with an understanding of how important medical/environmental intelligence is when dealing with a range of casualties.

In line with industry guidance, the qualification supports first aiders for a period of 3 years, at which point learners will need to resit the course. In addition, we recommend that learners refresh their knowledge annually.

How long will it take me to achieve this qualification?

The recommended guided learning hours for this qualification is 32 hours, which can be delivered in a variety of ways to meet learner/employer requirements:

- 4 day block (e.g. Monday-Thursday)
- 2 blocks of 2 days (e.g. Saturday -Sunday and Saturday-Sunday)
- 4 blocks of 1 day (e.g. days linked to employer capacity to release learners for training)
- 32 hours across a period of days (e.g. 2 hours per day)

How is the qualification assessed?

This qualification is assessed by both a portfolio of evidence and a practical demonstration.

- **Practical demonstration:** Learners must practically demonstrate the correct application of the first aid skills indicated within the Practical First Aid Assessment checklist along with the safe use of an automated external defibrillator (AED).
- **Portfolio of evidence:** Learners are required to demonstrate knowledge and understanding regarding first aid principles and more complex work-place specific environmental awareness and medical intelligence.

What next?

Individuals achieving this qualification can specialise further by taking Highfield Level 3 Award in Emergency Paediatric First Aid (RQF); Highfield Level 3 Award in First Aid at Work (RQF); Highfield Level 3 Award in Emergency First Aid at Work (RQF).

Where can this course be taken?

Through any Highfield approved training centre.