

Treatment of complex PTSD Stichting tot Steun VCVGZ

Principle investigator



N.I. van Vliet

Short Description

The treatment of posttraumatic stress disorder (PTSD) related to a history of sexual and/or physical abuse in childhood is the subject of international debate, with some favoring a phase-based approach as their preferred treatment, while others argue for immediate trauma-focused treatment. The purpose of this study is to determine whether a phase-based approach is more effective than standalone trauma-focused therapy in individuals with PTSD and possible symptoms of complex PTSD resulting from a history of repeated sexual and/or physical abuse in childhood. An additional aim is to investigate moderators, predictors of treatment (non) response and drop-out.

Staff involved

Department: Social Dentistry

- Prof. dr. A. de Jongh

Collaborations/affiliations

- Stichting tot Steun Vcvgz, Nijmegen
- University of Groningen, R.J.C. Huntjens, Department of Experimental Psychotherapy and Psychopathology, Netherlands
- Dimence Mental Health Group, N.I. van Vliet, Department for Anxiety and Mood Disorders, Netherlands

Grants

- Main applicant: N.I. van Vliet, GGZinstelling Dimence, granted: €75.000,- (2017, January 01 – 2020, January 01).

Publications

- Van Vliet, N.I., Huntjens, R.J.C., van Dijk, M.K. & de Jongh, A. (2018). Phase-based treatment versus immediate trauma-focused treatment in patients with childhood trauma-related posttraumatic stress disorder: study protocol for a randomized controlled trial. *Trials*, vol. 19, no. 1, 138.

More information: <https://stichtingtotsteunvcvgz.nl/wetenschappelijke-projecten/gefaseerde-versus-directe-traumagerichte-behandeling-bij-complexe-ptss/>