

The early treatment of the effects of rape (2018-2020)

Principle investigator



Dr. I.A.E. Bicanic

Short Description

The purpose of this project is to determine whether it is safe and effective to treat people who have just experienced a rape immediately following this traumatic event with an evidence-based therapy to prevent post-traumatic stress disorder, in this case EMDR therapy, or whether it is better to wait.

Staff involved

Department: Social Dentistry

- Prof. dr. A. de Jongh

Collaborations/affiliations

- National Psychotrauma Center for Children and Youth, University Medical Center Utrecht, I.A.E. Bicanic, NL
- Institute of Health and Society, University of Worcester, UK
- School of Psychology, Queen's University, IE
- Department of Experimental Psychotherapy and Psychopathology, University of Groningen, NL
- MHO, C. de Roos, NL
- Department of Clinical Psychology, University of Utrecht, M. van den Hout, NL

Grants

- Main applicant: I. Bicanic, Stichting Achmea Slachtoffer en Samenleving (SASS), granted: €63.000,- (2017, January 01 – 2017, January 31).
- Main applicant: I. Bicanic, EMDR Research Foundation, granted: 7850 US Dollars (2017, January 01 – 2017, January 31).

Publications

- Covers, M. L., **De Jongh, A.**, Huntjens, R. J., De Roos, C., Van Den Hout, M., & Bicanic, I. A. (2019). Early intervention with eye movement desensitisation and reprocessing (EMDR) therapy to reduce the severity of posttraumatic stress symptoms in recent rape victims: study protocol for a randomised controlled trial. *European journal of psychotraumatology*, vol. 10, no. 1.

More information: <https://www.sass.nl/projecten/seksueel-trauma-en-early-emdr/>