

# Treating child abuse related PTSD in adolescents. Is skill training helpful or needed? (2017-2020)



## Principle investigator



Dr. Rik Knipschild

## Short Description

This study aims to determine the necessity and efficacy of a preparatory skills training in the treatment of adolescents suffering from abuse related PTSD by comparing two treatment protocols, i.e. STAIR-A, and EMDR therapy, a protocolled evidence-based trauma treatment aimed to resolve symptoms resulting from disturbing or unprocessed life experiences.

## Staff involved

Department: Social Dentistry

- Prof. dr. A. de Jongh

## Collaborations/affiliations

- Karakter kinder- en jeugdpsychiatrie, Drs. R. Knipschild, Almelo
- Karakter kinder- en jeugdpsychiatrie, Dr. H Klip, Nijmegen
- Karakter kinder- en jeugdpsychiatrie, Dr. B.E. Lahuis, Ede
- Universitair Medisch Centrum (UMC) Dr. I.A.E. Bicanic, Utrecht
- Psytrack Psychotrauma Expertise Centrum, Bilthoven
- University of Denver: Department of Psychology, Dr. O. Gudino, Denver, Colorado
- De Bascule, Prof. dr. R.J.L. Lindauer, Amsterdam
- Universiteit van Amsterdam (UvA): Faculteit der Tandheelkunde, Amsterdam

## Grants

- Main applicant: Rik Knipschild (GGZ-instelling Karakter), ZonMW, granted: €350.000,- (2017, January 1 – 2020, January 1).

**More information:** <https://www.narcis.nl/research/RecordID/OND1361435>