

Guide

What can you do if you encounter concerning behaviour

Have you come across behaviour that worries you? For example: threats, stalking or doxxing, radicalisation, confused or hard-to-understand behaviour, or signs of suicidality? Are you concerned that a fellow student may pose a risk to others or to themselves? Or are you worried about an unsafe home situation due to domestic or so-called honour-based violence?

In that case, it is always important to seek help and not carry it alone.



Pause and reflect on what you have seen or experienced

- What exactly happened?
- Who is involved?
- Is there an immediate danger, or a risk of escalation?
- Do you—or does someone else—feel unsafe?



Share your concerns

- Discuss it with a lecturer or a study advisor.
- Together, you can assess whether to contact the coordinator safety and Behaviour case holders straight away.

Is that not possible, or does it not feel feasible? If you are in doubt - or you have a gut feeling - contact the coordinator safety and behaviour yourself. You do not need to be certain that it is serious.



Contact the coordinator safety and behaviour

The coordinator safety and behaviour will discuss the situation with you, help think through solutions, and - if necessary - take action to restore safety.

The coordinator safety and behaviour can:

- carry out a risk assessment to determine how serious the situation is;
- advise you on the best way to handle it;
- take action to restore safety and/or take the lead in managing the situation;
- offer support or refer you to the right contacts within VU, or to external organisations (such as the police, Blijf Groep, the Sexual Assault Centre, etc.).

Contact? Send an email to veiligheid-gedrag@vu.nl. The coordinators safety and behaviour will then get in touch with you.

**Scan the QR code for more information
about the coordinators safety and behaviour**

