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Tamara Hillenaar

Tamara is Project manager at the Health Sciences department.

Short biography

I am a Project Manager at the Department of Health Sciences at Vrije Universiteit Amsterdam, with experience in research innovation, project management, and research support. Projects I am working on include HORIZON project TASP (EC, 2025-2030), and multiple ZonMw projects such as GLINK (2024-2027) and Smaakmakers (2026-2030). As project manager, I ensure that large collaboration projects are coordinated and managed efficiently.

In addition to project management, I support researchers in grant acquisition and proposal development for national funding organisations, including NWO, ZonMw, and NKO, as well as European Commission programmes. My work includes proposal writing and review, budget preparation, administrative coordination, and connecting researchers with relevant support services across the university. I enjoy supporting the full research lifecycle, from developing funding proposals to establishing and successfully delivering funded projects.

I am also actively involved in research data management within the department and serve as the representative of the VU Behavioural Lab for the Faculty of Science.

Curriculum Vitae

- 2022 - present: Project manager – Vrije Universiteit Amsterdam
- 2018 - 2022: PhD at Cellular Protein Chemistry – Utrecht University

Training

- 2025: Certified Associate in Project Management (CAPM) - Project Management Institute

Education

- 2016 - 2018: MSc. Biomolecular Sciences – Vrije Universiteit Amsterdam
- 2013 - 2016: BSc. Biomedical Sciences – Vrije Universiteit Amsterdam