

Agreements

VU Bachelor Introduction Days

The induction days are all about getting to know one another, exploring and building connections. They offer participants the chance to get to know each other, the mentors, the programme, the campus and student life in Amsterdam in a relaxed and enjoyable way. To ensure that these days are pleasant, safe and respectful for everyone, a number of agreements have been drawn up. These cover, amongst other things, substance use, safety and how we treat one another. Participants and mentors are asked to read these guidelines carefully and comply with them, so that together we can ensure a pleasant and responsible start.

The guidelines below apply throughout the VU Bachelor Introduction Days and to all associated activities during those days, both during the programme introduction and during activities organised by study and student associations.

In addition to Dutch laws and regulations, the VU's regulations also apply at all times: [VU House rules](#), [VU Code of conduct](#), and [the Student Charter](#).

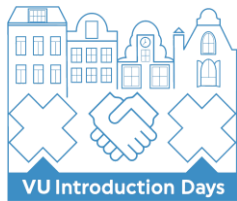
Introduction weekends organised by the study associations are not part of the VU Bachelor's Introduction Days. During these weekends, statutory regulations and the rules set by the study associations naturally remain applicable.

Code of Conduct – form of social interaction

1. Participants and mentors treat others with respect in verbal, digital and face-to-face interactions, show understanding and empathy, and contribute to a sense of community.
2. Participants and mentors treat everyone equally.
3. Participants and mentors address others' behaviour and are themselves open to feedback on their own actions and comments.
4. Participants and mentors use their authority and influence solely in the general or organisational interest and avoid conflicts of interest.

Alcohol

5. Together, the participants and mentors create an environment in which they encourage one another to consume alcohol in a mindful, moderate and responsible manner.



6. Groups of participants are guided by two mentors. The mentors follow a training course on mindful, moderate and responsible alcohol consumption.
7. Drinking alcohol is prohibited for all participants and mentors younger than 18 years old. At the opening of the VU Bachelor Introduction Days, age will be verified based on an identification card. Participants and mentors younger than 18 will receive a differently coloured wristband from participants 18 years or older.
8. Participants and mentors aged 18 or over do not buy alcohol for, share alcohol with, or give alcohol to participants or mentors under the age of 18.
9. During the day program, participants and mentors do not consume alcohol before 16:00. These rules apply to both activities that take place at the VU campus, as well as those that take place at external locations.
10. For activities that take place after 16:00, enough alcohol-free beverages will be available.
11. For activities that take place after 16:00, the price of alcoholic beverages will not be lower than that of non-alcoholic beverages. Alcohol beverages will not be distributed for free, nor will there be a discount on alcoholic beverages.
12. None of the organized activities will encourage the drinking of alcoholic beverages.

Drugs

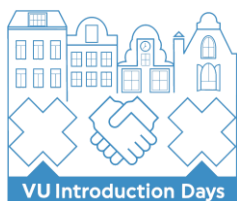
13. It is not permitted to use, possess or be under the influence of drugs (both hard and soft drugs), including nitrous oxide and similar psychoactive substances.

Smoking and vaping

14. Smoking and vaping are only permitted in designated areas and with respect for the environment and others. The VU encourages a mindful and responsible approach to smoking and vaping, with a focus on health and well-being.

Undesirable behaviour

15. Undesirable behaviour will not be accepted at the VU Bachelor Introduction days.
 - a. Undesirable behaviour is behaviour that is perceived as threatening, humiliating or intimidating. Examples of undesirable behaviour are sexual harassment, discrimination, aggression, violence and bullying.
 - b. Sexual harassment is a form of unwelcome behaviour in the area of sex, such as sexist remarks, annoying behaviour, or the unwelcome touching of someone, whereby the boundaries of manners are exceeded.



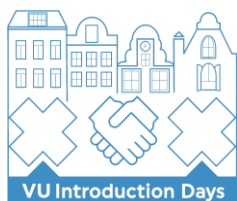
16. If a participant or mentor notices inappropriate behaviour, ask: '*Are you OK?*' This is how a participant or mentor can help someone else if they think the situation is not right. It is important that everyone feels encouraged to raise the issue of inappropriate behaviour with their mentor or the organisation.
17. Inappropriate (sexual) behaviour can be discussed with and reported to the VU confidential advisor. This is a confidential conversation in which the person making the report is in control, and the organisation will not take any action without their knowledge and consent. For more information on support from VU confidential advisors for students, please visit the webpage: [Confidential counsellor students - Vrije Universiteit Amsterdam](#).

Safety

18. Safety is most important
19. In the event of an emergency or life-threatening situation on the VU campus, please call **(020) 59 82222**. In the event of an emergency, existing measures may be (temporarily) tightened.
20. In the event of an emergency, participants and mentors must always follow the instructions of staff or the emergency services immediately. If in doubt or if an unsafe situation arises, the participant or mentor must report this immediately to a member of staff from the VU Bachelor's Introductory Days.
21. In the event of (suspected) theft or a break-in on campus, the participant or mentor must contact Security immediately on **020 – 598 5454** or report to the Security Desk in the Main Building (KC 04), and must also inform a member of staff from the VU Bachelor's Introductory Days.
22. Staff at VU Amsterdam may ask participants and mentors to show valid identification. If valid identification cannot be produced, they may be asked to leave the venue and/or the event.
23. The organisation reserves the right to inspect personal belongings, such as bags, where there is good reason to do so, for example for safety reasons or to ensure compliance with the rules. This is always done with respect for the person concerned.
24. Participants and mentors who do not comply with this may be denied access to the venue and/or the event, or may be removed immediately, without any entitlement to a refund or compensation for the registration fee.

External locations

25. For some program components, we will be on external locations. Besides the VU regulations, we will adhere to potential extra regulations of the external location.



Compliance with agreements and disciplinary rules

26. In the event of a violation of any of the above rules or other regulations, the organisation may impose one or more disciplinary measures.
- The participant or mentor will receive a verbal warning. The warning will be confirmed by email.
 - The participant or mentor will be (temporarily) denied access and will therefore lose their wristband. The suspension will be confirmed by email.
 - Other disciplinary measures, which may be imposed by the Director of Operations or the student association.
27. The choice and severity of the measure are always adjusted to the situation. In the event of serious incidents or situations where safety is at risk, more severe measures may be implemented immediately, in accordance with the relevant VU procedures. The normative instruction will be confirmed by email.
28. Participation in (the remainder of) the VU Bachelor's Introductory Days may be refused without a refund of the participation fee in the event of a breach of these agreements, the VU's house rules or the Student Charter.
29. In addition to disciplinary measures, de-escalation and restorative measures may be adopted, which focus on raising awareness, fostering a sense of responsibility and rebuilding trust.

Reachability

30. Participants and mentors can visit the information booth if they have any questions during the VU Bachelor's Introductory Days. The information desk is open from 09:00 to 17:00 in the lobby of the main building¹. The information booth can also be reached at support.introduction@vu.nl.
31. For urgent matters that cannot wait but do not constitute an emergency, the organisers of the VU Bachelor's Introductory Days can be contacted on **+31 6 41 55 73 64** from one hour before the start of the first event until one hour after the end of the last event of the day.
32. In the event of an emergency, participants should contact the emergency services immediately on **112**, or staff on campus on **(020) 59 82222**, or ask a mentor or member of staff present for assistance.

¹ On Friday 21 August, the information booth will be at Uilenstede campus.