

List of Care Connect health programmes

The following programmes are subject to pre-authorisation.

Please read this list of programmes in conjunction with the Care Connect benefit wording in your membership handbook. Please note that a programme may not be available if a member lacks the required hardware and connectivity or if Care-Connect cannot provide the service for any reason.

List of Care Connect health programmes: as of 01 July 2025.

Programme	Description	Clinical Indicators	Payment Indicators
Heart Care Programme	<p>The Heart Care Programme is a healthcare programme including specialist case management, remote health monitoring and oversight of treatment interventions, delivered by our partner provider, Care-Connect. This programme may be suitable for members who have been diagnosed with Heart Failure and where their condition is stable.</p> <p>Members on the programme will be provided with a blood pressure cuff and weighing scales, shown how to take their measurements and will be required to input these into the Care-Connect app twice a week. Members can expect:</p> <ul style="list-style-type: none"> > Tele-consultations with a nurse and ongoing clinical support > Clinical review and monitoring to ensure measurements are within the normal range > Check up calls if measurements change > Medication review to bring measurements back within normal range if needed > Reassurance and support with any concerns regarding the condition > Updates to member's GP if medication reviews or face to face visits are required 	<p>Over 18 years of age</p> <p>GP diagnosis of Heart Failure for longer than 3 months</p> <p>Condition and medication must be stable</p> <p>Members must have good balance and ability to weigh themselves</p> <p>Members must have approval from their GP or Consultant to participate in the programme</p>	<p>Pre-authorisation - members can register their interest in this programme through MyClinic in their member portal or by registering their details at https://care-connect.ie/#register</p>
Respiratory Care Programme	<p>The Respiratory Care Programme is a healthcare programme including specialist case management, remote health monitoring and oversight of treatment interventions, delivered by our partner provider, Care-Connect. This programme is suitable for members who have been diagnosed with Chronic Obstructive Pulmonary Disease (COPD), Chronic Bronchitis, Emphysema or Bronchiectasis.</p> <p>Members on the programme will be provided with equipment required to take their measurements and will be shown how to take their measurements and will be required to input these into the Care-Connect app in line with their presenting symptoms. Members can expect:</p> <ul style="list-style-type: none"> > Tele-consultations with a nurse and ongoing clinical support > Clinical review and monitoring to ensure measurements are within the normal range > Check up calls if measurements change > Medication review to bring measurements back within normal range if needed > Reassurance and support with any concerns regarding the condition > Updates to member's GP if medication reviews or face to face visits are required 	<p>Over 18 years of age</p> <p>GP diagnosis of Chronic Obstructive Pulmonary Disease (COPD), Chronic Bronchitis, Emphysema or Bronchiectasis.</p> <p>Members must have approval from their GP or Consultant to participate in the programme</p>	<p>Pre-authorisation - members can register their interest in this programme through MyClinic in their member portal or by registering their details at https://care-connect.ie/#register</p>

Programme	Description	Clinical Indicators	Payment Indicators
Sleep Apnoea Screening Programme	<p>The Sleep Apnoea Screening Programme has been designed for anyone who is awaiting a test for suspected sleep apnoea and is delivered by our partner provider Care-Connect.</p> <p>When you join the Sleep Apnoea Screening Programme, the Care-Connect team will support and guide you to complete your sleep study at home.</p> <p>To complete the study, you will receive a small monitoring device. The Care-Connect team will help you to set up the device and you'll only have to wear the device for one night. It will detect subtle changes in normal sleeping patterns which could indicate that you may have sleep apnoea. Once complete, Care-Connect's team/consultant will review your nighttime data and will advise you of the results. The Care-Connect team will let you and your GP know what the next best steps are, should you require treatment.</p>	<p>Over 18 years of age</p> <p>You must be currently awaiting a diagnostic sleep study for Sleep Apnoea</p> <p>You must discuss with your GP that you wish to avail of this service and request a referral letter to the programme. This is to ensure that your GP is happy to review your results following the sleep study and initiate treatment if required.</p>	<p>Pre-authorisation - members can register their interest in this programme through MyClinic in their member portal or by registering their details at https://care-connect.ie/#register</p>
Blood Pressure Screening Programme	<p>The Blood Pressure Screening Programme has been designed for members who would like support to better manage their confirmed diagnosis of High Blood Pressure (Hypertension) or who may have one of the clinical risk factors in developing the condition as set out by our partner provider Care-Connect.</p> <p>When you join the Blood Pressure Screening Programme, the Care-Connect team will support and guide you to complete your Hypertension screening at home. You will be sent a blood pressure monitor to enable you to check your blood pressure twice a day for two weeks. This information is recorded by you in the Care-Connect easy to use app.</p> <p>The Care-Connect team will monitor your data and alert you of any changes in your readings which may indicate a problem. Once the two weeks of screening is complete, the Care-Connect team will assess all your data and make recommendations based on the information. This could include lifestyle changes, stress management or medication optimisation. Your GP will be kept fully informed throughout your journey.</p>	<p>Over 40 years of age</p> <p>You must have a diagnosis of High Blood Pressure or have one of the following risk factors for developing the disease.</p> <ul style="list-style-type: none"> > Obese (overweight) > Smoker > High cholesterol > An immediate family member with high blood pressure <p>You must discuss with your GP that you wish to avail of this service. This is to ensure that your GP is happy to review your results and initiate treatment if required.</p>	<p>Pre-authorisation - members can register their interest in this programme through MyClinic in their member portal or by registering their details at https://care-connect.ie/#register</p>