



A unique opportunity for you to enhance your employability skills by using your voice and advocating for change in your local community.

## About the Programme

Voice Up, a free programme run by Sculpt UK, is a youth voice and employability programme that will provide skill developing opportunities for young people to become wellbeing champions in their local communities. Through a four-week programme, you will engage in skill building workshops where you will not only learn how to look after your own mental health and wellbeing, but will also discover innovative ways of using your voice to tell your stories, advocate for community level change and become active leaders within peer-peer support groups. This is a fantastic experience to add to your CV to make you stand out from the crowd!

## **Key information**

- Dates: Programme to start w/c 16th June 2025
- **Requirements:** We are looking for 10 young people in Lambeth aged 14-16
- Cost: <u>Free</u>

## Session Overview

- Session 1: Mental health & wellbeing awareness
- Session 2: Creating & developing a social action project
- Session 3: Storytelling workshops with public speaking coach
- Session 4: Present projects to a panel of community leaders with the winning team receiving seed funding to deliver their social action project. Followed by reflection.

## Contact

If you are interested in taking part in this programme please scan the QR code and fill out the form or email our Bookings Officer orla.devlin@sculptuk.org for more information.









