

SNG #iwill Fund 2.0

Wellbeing Champions Programme

Information Pack





KŌŠ Department for Culture Media & Sport





Sovereign Network Group is a charitable Registered Society under the Co-operative and Community Benefit Societies Act 2014, registered with the Financial Conduct Authority No. 7448 and with the Regulator of Social Housing No. 4837. Registered office: Sovereign House, Basing View, Basingstoke RG21 4FA. Sovereign Network Group is authorised and regulated by the Financial Conduct Authority.





Sovereign Network Group

Sovereign Network Group (SNG)

The SNG #iwill Fund is investing £1 million in creating opportunities for youth social action and a platform for youth voice.

<u>SNG</u> (Sovereign Network Group) was formed in October 2023 through the merger of Sovereign and Network Homes.

We provide over 84,000 homes and invest in communities across **London and the South of England,** as well as aiming to create thousands of new affordable places for people to live every year.

Our purpose is to provide quality affordable homes and places, that people love for generations.

Everything we earn, we invest so that our customers - now and in the future - have a sustainable home that they love, in a **thriving community.**

We're more than bricks and mortar, our social purpose is central to what we do. We want to deliver more for our customers and **invest in the communities** where we have homes.

Working in partnership is crucial to all we endeavour to achieve. Building **long term alliances with** community organisations, stakeholders and businesses who share our aspirations is key to helping us increase our **social impact**. **The SNG #iwill Fund** aims to create opportunities for **youth social action** and a platform for **youth voice**. Investing over £1 million in giving young people a voice in their communities and futures.

It's made possible thanks to a £66 million joint investment from <u>The National</u> <u>Lottery Community Fund</u> and the <u>Department for Culture, Media and</u> <u>Sport</u> (DCMS) to support young people to access high-quality social action opportunities.

SNG is acting as an <u>**#iwill Fund</u>** match funder and awarding grants on behalf of the #iwill Fund through the <u>SNG #iwill</u> <u>Fund</u>.</u>





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The Grants Programme

The SNG #iwill Fund is open for organisations to apply for grants of up to £10,000 to deliver our Wellbeing Champions Programme (WCP).

The WCP is designed to provide opportunities for young people to get involved in youth social action, giving them the power to make a change in their communities and futures.

The programme is aimed at upskilling young people to become 'Wellbeing Champions' by teaching them:



How to look after their own mental health & wellbeing



How to support their peers



How to advocate for change in their community



Equipped with this knowledge and training, Wellbeing Champions will act as a **mentor** and **support** for their peers, as well as work in the wider community on **signposting** to **support**, **reducing negative stigmas** and **campaigning** for better **awareness** of mental health and wellbeing issues.

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#iwill





WHAT IS YOUTH SOCIAL ACTION?

Youth social action (YSA) refers to activities young people can do to make a positive difference to others or the environment.

YSA also has a 'double benefit' – a clear benefit to the community (where the social action is taking place) and to the young person taking part.

There are lots of ways to support young people to take practical action to make a positive difference. It can take place in a range of contexts and can mean formal or informal.

Your project should empower young people to **become Wellbeing Champions** and encourage them to take part in youth social action. You should support them to lead the planning and delivery of **at least one youth social action project of their choice**, with a focus on **mental health and/or wellbeing**.

Examples of youth social action projects are:

- Weekly wellbeing activities i.e., arts and crafts, mindfulness sessions.
- Helping to combat loneliness at over 55 schemes and care homes.
- Gardening and nature-based activities for mental clarity and mindfulness.
- Assemblies and presentations on identifying poor mental health, stigmas and where to get help.
- Sports and nutrition projects to focus on your physical wellbeing.
- Peer mentoring programmes



At the end of the project, the Wellbeing Champions should be encouraged to pledge to continue to be a Wellbeing Champion and to keep taking part in youth social action to continue using their voices to inspire and facilitate change.



Department for Culture



Eligibility Criteria

You can find our full eligibility criteria and what you can and can't use the grant for HERE >

To be eligible to apply for this funding, your organisation needs to be one of the following:

- a registered charity.
- a constituted community group.
- a community interest company.
- a charitable organisation.
- a public body at a local level.
- another housing association, established in the UK (preferably smaller organisations with limited resources to capacity build).
- * Unfortunately, we are NOT able to fund any schools, colleges or universities directly.

Please note, organisations applying for the SNG #iwill Fund must:

- Have capacity to recruit young people and deliver a youth social action project within the required timeframes.
- Have capacity to deliver on reporting requirements.
- Comply with all due diligence checks from documentation sent through the application • process.

Organisations must not:

- Have been awarded £332k or more of public funding in the last three years. •
- Use the grant for any 'ineligible spend' Please refer to the full eligibility criteria for • details of what this grant cannot be used for.

Projects eligible for this funding must:

- Involve young people aged 10-20-years-old
- Cost a maximum of £10,000, unless other funding already secured
- Be delivered between 1 September 2025 and 31 May 2026.
- Be youth-led, for example by giving young people choices and the ability to decide what to do as part of the project.
- Offer new opportunities for young people to engage in youth social action.
- Give young people the opportunity to learn new skills and develop their potential and confidence.



Department for Culture

Media & Sport



The SNG #iwill Fund is open for applications for grants of up to £10,000, until midnight on Thursday 12th June 2025.

Q&A Drop-In Sessions:

The drop-in sessions are a time to come and ask your **specific questions** about eligibility, your project ideas or any questions you may have.

Wednesday 21st May 2025

2:00 - 3:00 pm

MS Teams Link: Click here to join the meeting

Meeting ID: 345 954 827 39 Passcode: SC77Px2z

Friday 6th June 2025 12:00 - 1:00 PM

MS Teams Link: Click here to join the meeting

Meeting ID: 341291042966 Passcode: K7zL7Uc7

> You can also email us with any queries before the deadline at:

iwillfund-applications@sng.org.uk

Unfortunately, we won't be able to read or give feedback on applications before the deadline.

12/05/25 - Applications Open

12/06/25 – Applications Close at Midnight

16/07/25 - Decision emails sent

For successful applicants:

Early Aug 25 – Contracts sent and initial 75% payment.

Mid Aug 25 - Induction Session

1st Sep 25 – Project Launch

16th Jan 26 – Mid Report Due

1st June 26 - Project End

June 26 – Final report and final 25%









Reporting Requirements

We will need you to submit a brief mid report in January 2026 as well as a final detailed report at the end of the project in June 2026.

This is so that we can report back to the rest of SNG and our match funder, The National Lottery Community Fund, on the great work and impact made by your organisation and the young people involved.

The reporting forms can be found <u>HERE ></u>

The outcomes are likely ones that your organisation would already be capturing. However, please ensure that you have taken into consideration admin time into your project spend breakdown and that you will have the capacity to report back to us on time.

How To Apply



Applications are now open!

Apply by completing our **Application Form** and sending it via email to <u>iwillfund-applications@sng.org.uk</u> along with the supporting documents:

- A copy of your constitution/governing document.
- A copy of a recent bank statement no more than 3 months old.
- A copy of your latest annual accounts, or financial forecast
- Your Safeguarding policy and Equality Opportunity policy.
- Any other documents or media to support your application



Department

for Culture Media & Sport



Additional Information

- <u>Eligibility Criteria ></u>
- Application and Delivery Timeline >
- <u>Reporting Form (for reference) ></u>
- <u>Case Study Form (for reference) ></u>

iwillfund-applications@sng.org.uk – For applications and questions

press.office@sng.org.uk – For press and media enquiries

https://www.sng.org.uk/sng-iwill-fund - Our website

Sovereign Housing Association and Network Homes merged to become SNG (Sovereign Network Group) in 2023.

The #iwill Fund is made possible thanks to a £66 million joint investment from The National Lottery Community Fund and the Department for Culture, Media and Sport (DCMS) to support young people to access high-quality social action opportunities.

The #iwill Fund brings together a group of organisations who all contribute funding to embed meaningful social action into the lives of young people.

The #iwill Fund supports the aims of the #iwill campaign - to make involvement in social action a part of life for young people, by recognising the benefit for both young people and their communities.

By bringing together funders from across different sectors and by making sure that young people have a say in where the funding goes – the #iwill Fund is taking a collaborative approach.

SNG is acting as an #iwill Fund match funder and awarding grants on behalf of the #iwill Fund through the SNG #iwill Fund.

Find out more about the #iwill Fund.



SNG #iwill Fund 2.0 – Wellbeing Champions Programme

Eligibility Criteria

Location

The project location must be within one of our Sovereign Network Group (SNG) communities:

- Oxfordshire
- Berkshire
- North Hampshire & Surrey
- South Hampshire (Excluding Portsmouth)
- Isle of Wight
- BCP (Bournemouth, Christchurch and Poole)
- Dorset
- Devon
- Bristol & Gloucester
- Wiltshire
- London (See appendix for which boroughs)
- Hertfordshire

See <u>Appendix 1</u> for where we have stock within the above communities.

Eligible Organisations

Applicants will need to be one of the following organisations in order to be eligible:

- Registered charities
- Constituted community groups
- Community interest companies
- Other charitable organisations
- A public body at a local level
- Other housing associations established in the UK (preferably smaller HA's with limited resources to capacity build)

To apply for the grant, applicants must have the following:

- A written governing document (for example, a constitution, set of rules or trust deed).
- At least three unrelated people on their governing body or management committee.
- An England based bank account, in the name of the organisation applying, that requires the signatures of at least two authorised signatures, who are unrelated and do not live at the same address, to sign cheques or make a withdrawal.

Eligible grant expenditure

- Investments in systems
- Investments in people
- Investments in infrastructure (but excluding purchases of buildings or land)





- Dedicated capacity development
- Staff salaries
- Project activities
- Running costs
- Small-scale refurbishment (but excluding refurbishments which significantly improve existing land or building assets)
- Equipment
- Organisational development
- Contributions to fixed costs

Ineligible grant expenditure

- Payment that supports lobbying or activity intended to influence or attempt to influence
- Parliament, government or political parties, or attempting to influence the awarding or renewal of contracts and grants, or attempting to influence legislative or regulatory action
- Using grant funding to petition for additional funding
- Input vat reclaimable by itself and grant recipients from HMRC
- Payments for activities of a political and exclusively religious nature (grant recipient can fund religious organisations if their programme benefits the wider community and doesn't include religious content)
- Goods or services that are its own or its grant recipient's statutory duty to provide
- Payments reimbursed or to be reimbursed by other public or private sector grants
- Contributions in kind (i.e. A contribution in goods or services, as opposed to money)
- Depreciation, amortisation or impairment of its own fixed assets
- The acquisition or improvement of fixed assets by the grant recipient (unless the grant is explicitly for capital use – this will be stipulated in the grant offer letter)
- Interest payments (including service charge payments for financial leases)
- Gifts to individuals other than promotional items with a value of no more than £10 a year to any one individual
- Entertaining (entertaining for this purpose means anything that would be a taxable benefit to the person being entertained, according to current uk tax regulations)
- Statutory fines, criminal fines or penalties
- Liabilities incurred by the grant recipient before the issue of this agreement unless agreed in writing by the fund
- Use in respect of costs reimbursed or to be reimbursed by funding from any other source
- Use to purchase buildings or land
- Activities that make profits for private gain
- Loan payments



Appendix 1 – Our Stock

We will prioritise projects that are taking place in the heart of our communities.

London	
Area	Stock Density
Brent	Over 5000 properties
Westminster	Over 1000 properties
Lambeth	Over 1000 properties
Ealing	Around 700 properties
Barnet	Around 500 properties
Harrow	Around 500 properties
Hackney	Around 300 properties
Newham	Around 300 properties
Tower Hamlets	Around 300 properties
Hounslow	Around 200 properties
Kensington and Chelsea	Around 200 properties
Islington	Around 100 properties
Hammersmith	Around 100 properties
Haringey	Around 100 properties
Richmond upon Thames	Around 100 properties
Three Rivers	Around 100 properties
Hertfordshire	
Area	Stock Density
East Hertfordshire	Around 4000
Oxfordshire	
Oxfordshire Area	Stock Density
	Stock Density Over 500 properties
Area	
Area Faringdon	Over 500 properties
Area Faringdon Abingdon	Over 500 properties Over 500 properties Over 500 properties
Area Faringdon Abingdon Didcot	Over 500 properties Over 500 properties
AreaFaringdonAbingdonDidcotBlewbury & Harwell	Over 500 properties Over 500 properties Over 500 properties Over 500 properties
AreaFaringdonAbingdonDidcotBlewbury & HarwellWatchfield & Shrivenham	Over 500 properties Over 500 properties Over 500 properties Over 500 properties 250-500 properties
AreaFaringdonAbingdonDidcotBlewbury & HarwellWatchfield & ShrivenhamRidgeway	Over 500 properties Over 500 properties Over 500 properties Over 500 properties 250-500 properties 250-500 properties
AreaFaringdonAbingdonDidcotBlewbury & HarwellWatchfield & ShrivenhamRidgewayWantage & Grove	Over 500 propertiesOver 500 propertiesOver 500 propertiesOver 500 properties250-500 properties250-500 properties250-500 properties
AreaFaringdonAbingdonDidcotBlewbury & HarwellWatchfield & ShrivenhamRidgewayWantage & GroveSteventon & the Hanneys	Over 500 propertiesOver 500 propertiesOver 500 propertiesOver 500 properties250-500 properties250-500 properties250-500 properties250-500 properties250-500 properties
AreaFaringdonAbingdonDidcotBlewbury & HarwellWatchfield & ShrivenhamRidgewayWantage & GroveSteventon & the Hanneys	Over 500 propertiesOver 500 propertiesOver 500 propertiesOver 500 properties250-500 properties250-500 properties250-500 properties250-500 properties250-500 properties
AreaFaringdonAbingdonDidcotBlewbury & HarwellWatchfield & ShrivenhamRidgewayWantage & GroveSteventon & the HanneysBotley & Sunningwell	Over 500 propertiesOver 500 propertiesOver 500 propertiesOver 500 properties250-500 properties250-500 properties250-500 properties250-500 properties250-500 properties
AreaFaringdonAbingdonDidcotBlewbury & HarwellWatchfield & ShrivenhamRidgewayWantage & GroveSteventon & the HanneysBotley & SunningwellNewbury & Reading	Over 500 propertiesOver 500 propertiesOver 500 properties250-500 properties250-500 properties250-500 properties250-500 properties250-500 properties250-500 properties250-500 properties
AreaFaringdonAbingdonDidcotBlewbury & HarwellWatchfield & ShrivenhamRidgewayWantage & GroveSteventon & the HanneysBotley & SunningwellNewbury & ReadingArea	Over 500 propertiesOver 500 propertiesOver 500 properties250-500 properties













Trowbridge	50-250 properties
Devizes	50-250 properties
Chippenham	50-250 properties
Swindon	250-500 properties
Andover	250-500 properties
Area	Stock Density
Wiltshire	
Cheltenham	50-250 properties
Gloucester	50-250 properties
Chipping Sodbury	50-250 properties
Bristol	Over 500 properties
Area	Stock Density
Bristol & Gloucestershire	
Tiverton	50-250 properties
Honiton	50-250 properties
Paignton	50-250 properties
Torquay	50-250 properties
Exeter	Over 500 properties
Plymouth	Over 500 properties
Area	Stock Density
Devon	
Fernhill & Hordle	50-250 properties
Milton	50-250 properties
Highcliffe	50-250 properties
Boscombe & Pokesdown	50-250 properties
Branksome	50-250 properties 50-250 properties
Alderney & Bourne Valley Bournemouth	50-250 properties
	50-250 properties
Hamworthy Newton & Heatherlands	50-250 properties
Bearwood & Merley	50-250 properties
Ferndown	50-250 properties
Ringwood	50-250 properties
Weymouth	250-500 properties
Poole	250-500 properties



SNG #iwill Fund 2.0 – Wellbeing Champions Programme

Key_Dates - WCP Grants: Round 3

Application and Award Timeline

12/05/25 - Applications Open

Drop-In Sessions for any questions or queries:

Wednesday 21st May 2025 – 2:00 – 3:00 PM

MS Teams Link: <u>Click here to join the meeting</u> Or join with Meeting ID: 345 954 827 39 & Passcode: SC77Px2z

Friday 6th June 2025 - 12:00 - 1:00 PM

MS Teams Link: <u>Click here to join the meeting</u> Or join with Meeting ID: 341 291 042 966 & Passcode: K7zL7Uc7

12/06/25 11:59 PM - Applications Close

Internal Scoring. Panel of young people and the SNG #iwill Team.

16/07/25 - Decision emails sent out.

For successful grantees:

28/07/24 - Contracts sent for review.

11/08/25 - Welcome pack sent.

12/08/25 - Successful grantees external announcement made.

20/08/25 - Welcome Session (2hrs online, 1-3pm)

01/09/25 – Project start.

Nov 25 - Catch Up Meeting 1

16/01/26 - Mid Report Due

Feb 26 - Catch Up Meeting 2

31/05/26 - Project end.

01/06/26 - End Report Due

Jun 26 – Catch Up Meeting 3 (Wrap up and future opportunities)



SNG #iwill Fund 2.3 Wellbeing Champions Programme

Mid Report

Please submit this completed reporting form and supporting documents via email by the deadline 16/01/2026 to:

xxx@org.uk

Further Information:

If you have any questions or are struggling with any aspect of the reporting, please get in touch with us via <u>xxx@org.uk</u> before the reporting deadline.

MID REPORT - FOR PERIOD 01/09/25 - 15/01/26	
Organisation Name:	
Date Submitted:	
Supporting	
Documents Include:	







Total number of young people upskilled to	
become Wellbeing Champions as part of the	
core group so far (aged 10-20).	
This can include any young people who initially	
engaged but dropped out.	
Total number of young people engaged in wider	
YSA activities so far (aged 10-20).	
These are young people who are actively involved	
in YSA activities but weren't upskilled to become	
Wellbeing Champions.	
This can include any young people who initially	
engaged but dropped out.	
Total number of beneficiaries from	Young People (Aged 25 and under):
project/YSA activities so far.	Adults aged 26+:
E.g. Those not involved in project but attended or	Total:
benefited from Youth Social Action Activities,	
Events, School Programmes etc	
Total number of engaged young people from	
SNG homes so far.	
Aged 10-20 from Core or Wider Group, not	
Beneficiaries.	
(Formerly known as Sovereign and Network Homes)	
Total number of youth social action activities/	
opportunities created so far.	
Please also detail what these were.	
This is the no' of YSA activities/opportunities	
created, <u>not</u> including the number of young people	
who took part.	
SECTION 3: IMPACT	
We'll capture impact measurement data in the fin	al report.
SECTION 4: FINANCIALS	
Section 4.1 InAnciaes	
Total around to data (C)	
Total spend to date (£)	
Please provide a breakdown of your spend to	
date	
Please note, we don't need proof of expenses in this	
report, but please make sure you have these on	
record for the next 3 calendar years in case we need	
them for an audit.	

Are you on track to spend the full grant amount
by 31st May 2026?

Please note, any funds left unspent after this date will need to be returned to us.

Grant money remaining (£)





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SECTION 5: COMMUNICATIONS & MEDIA	
How are you recruiting young people and/or	
advertising ways to get involved?	
i.e. through specific websites, social media outlets, campaigns etc	
Please link to any social media posts, articles or	
website pages promoting or showcasing the	
project(s)	
Have you sent any photos of the young people	
and/or project in action to us at	
iwillfund@sng.org.uk?	
If no, please let us know why.	
Have you sent signed SNG & TNLCF photo	
consent forms for anyone identifiable in the	
photos you've sent to us at	
iwillfund@sng.org.uk?	
This includes adults and members of staff	
If no, please let us know why	
SECTION 6: ANYTHING ELSE	
Anything else you'd like to share with us and/or add	
into the agenda of our next meeting?	

Please submit your completed reporting form along with the supporting documents, via email by 16/01/2026 to:

xxx@org.uk



SNG #iwill Fund 2.3 **Wellbeing Champions Programme**

End Report

Please submit this completed reporting form and supporting documents via email by the deadline 01/06/2026 to: xxx@.org.uk

Further Information:

If you have any questions or are struggling with any aspect of the reporting, please get in touch with us via xxx@.org.uk before the reporting deadline.

Please Note – We are unable to send you the final payment until all documents have been submitted and completed to the required standard.

ItemCompleted?Completed End Report Form	CHECKLIST	
2 Social Media or Website Posts as per funding agreement (Unless otherwise spoken about with SNG if not appropriate for project.)	Item	Completed?
per funding agreement (Unless otherwise spoken about with SNG if not appropriate for project.)	Completed End Report Form	
(Unless otherwise spoken about with SNG if not appropriate for project.)	2 Social Media or Website Posts as	
with SNG if not appropriate for project.)	per funding agreement	
with SNG if not appropriate for project.)		
project.)		
2 Impactful Case Studies		
	2 Impactful Case Studies	
(We'd gladly have more to		
showcase the great work you and		
the young people have achieved if	5 61 1	
you have more than 2.)		
Photos/Media of young people		
and/or project in action	and/or project in action	
(Unless otherwise spoken about		
with SNG if not appropriate for		
project.)		
Signed photo consent forms for		
anyone identifiable in	-	
Photos/Media	Photos/Media	
(Including any adults)	(Including any adults)	





END REPORT - FOR PERIOD 16/01/26 - 31/05/26

Organisation Name:	
Date Submitted:	
Supporting Documents Include:	

SECTION 2: PROJECT UPDATES Project Update Did you work in partnership with any other organisations on this project? If so, please let us know who and in what capacity.

SECTION 3: OUTCOMES	
Number of youth social action	
projects/ opportunities created	
in total.	
How many adult volunteers did	
you have working on the project?	
How many sessions were	
completed with the young people	
in total?	
How many hours did the young	
people spend <mark>in total</mark> on the	
project?	
Total number of training	
outcomes and types achieved by	
the young people	
Number of young people	
engaged in total for the	
programme	
Total number of young people	
from SNG homes (Formerly	
Sovereign or Network Homes)	
Number of young people from	Under 10:
the following age groups:	10-13
	14-16:
	17-20:
	Over 20:
	Unknown:
	Total:









Total number of young people	
who led on youth social action activities	
Total number of young people	
who took part in youth social	
action for the first time through	
this project	
SECTION 4: IMPACT	
How has this project achieved the	
SNG #iwill Fund aims relating to	
young people?	
How has this project achieved the	
SNG #iwill Fund aims relating to	
your organisation?	
How has this project achieved the	
SNG #iwill Fund aims relating to	
your local community?	
How has this project achieved the	
objectives you set out to do at	
the start of your project?	
Please detail the impact made on	
your young people, organisation or community not captured	
through the above.	
through the above.	
Details of your reflection	
sessions held with young people	
and how the below questions	
were asked?	
Please make sure you have your own	
internal ways of tracking these in	
case we need to complete an audit	
so that you can evidence your	
answers.	
Total number of young people	
who said they felt a lot more	
confident after taking part in the	
project.	
Total number of young people	
who said they felt like they	
belong to their community a lot	
more after taking part in the	
project.	
Total number of young people	
who said they felt like they've	
gotten new skills after taking part in the project.	







Total number of young people	
who said they would continue to	
take part in youth social action	
after this project ends.	
Any quotes or other reflections	
from the young people you want	
to share?	
Please also submit at least two	
meaningful case studies as	
supporting documents to showcase	
the impact made on a young person	
and their community.	
SECTION 5: SPEND	
Total spend (£)	
Please provide a breakdown of	
your spend to date	
Please be aware that although we	
are not asking for proof of all	
expenses in this reporting form,	
make sure you have these on record	
for the next 3 calendar years in case	
we need them for an audit.	
Grant money not spent (£)	
Please note, any money not spent	
will need to be returned to us.	
Have you received any in-kind	
funding?	
Have you received any external	
funding outside from the grant	
from SNG?	
SECTION 5: COMMUNICATIO	NS
SECTION 5. COMMONICATIC	
How did you promote/ showcase	
the project and its	
achievements?	
Please link to any social media	
posts, articles or website pages	
promoting or showcasing the	
project(s) Please note, as per your funding	
agreement, there should be 2 posts,	
unless otherwise discussed with us.	
Please can you send us any	
photos or media that you are able	
to share with us.	





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	Group

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Please submit your application along with the supporting documents, via email by 01/06/2026 to:

xxx@.org.uk



SNG #IWILL FUND CASE STUDY FORM

Stories about the young people taking part in your project helps us highlight our social purpose and showcase the impact you create.

Date	
Name of organisation	
Name of young person	
Age of young person	
Are they living in a SNG home? (Formerly Sovereign or Network Homes)	
Is the young person happy for SNG to talk to them further about their experience?	
Has the young person consented to SNG using this information as part of their reporting and/or for media purposes?	
Does the young person need/want their name to be anonymised?	
Do you have a photo of the young person to accompany the case study? If yes, please also confirm if they have signed the SNG Photo Consent Form and TNLCF where possible.	



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for Culture Media & Sport



Before - Please describe the young person's situation before their involvement in the project:

For example:

- How were they feeling?
- What level of youth social action had they been involved in before?
- What got them involved in the project?
- Were there any challenges the young person was facing?

During - Please describe the young person's experience of the project:

For example:

- What support/ training/ opportunities were given to the young person from your project?
- What did the young person get involved in?
- Any moments of overcoming challenges or a shift in mindset?
- Did the young person get involved or lead on any activities?

After – What impact did the project have on the young person and what have they learned/gained from taking part:

For example:

- Has the young person shared how they feel since taking part in the projects.
- What has the young person learnt/ taken away from their involvement?
- Have any of the project team, the young person's peers or guardians noticed a positive change in the young person's behavior or mindset?
- Describe how the young person's involvement in the project has made an impact on their peers and their wider community and/or the environment.
- Is the young person looking to continue taking part in this project?
- Is the young person looking at getting involved in youth social action and/or mental health advocacy work in the future?
- How does this link into the aims of your project and the SNG #iwill Fund?





Sovereign Network

Questions for the young person:

(If needed, you can reword the questions so that the young person understands better)

- Did you overcome any challenges whilst taking part in the project?
- Can you think of any positive outcomes that you got through taking part?
- How did you make a difference in your community?
- Did you learn any knew skills? If so, what were they?
- How do you feel like you can use your voice and actions to make a difference in the world?
- What advice would you give to someone thinking about getting involved in youth social action?

Quotes from the young person:

Checklist		
	Yes	No
Are you confident these details are correct and that you understand the full story?		
Have you checked with the young person that they are happy with their quotes?		
Has the young person been informed that we will keep their case study, and any associated content (i.e., photos) on file for three years, and that it may be used for publications such as corporate reports, or on our website? Do they consent to this?		