



+316 23 45 67 89



rsanchez@gmail.com



Amsterdam



[LinkedIn profile](#)



Dutch drivers license B

## TECHNICAL SKILLS

- ML-2 lab experience
- Molecular techniques
- Cell culturing
- Gas chromatography
- DNA/RNA extractions
- R-studio

## SOFT SKILLS

- Active listening
- Coaching
- Assertiveness
- Analytical

## LANGUAGES

- Dutch (native)
- English (C1)

## INTERESTS

Nature, theater, rowing and kickboxing

# RICHARD SANCHEZ

## EDUCATION

### Msc Molecular Neuroscience (GPA; 7.8)

University of Amsterdam | September 2022 – August 2024

- Relevant courses: Signal transduction pathways in neuronal systems; Neurodevelopment/Specification of Neuronal Systems.

### Bsc Psychobiology

University of Amsterdam | September 2017 – June 2021

- Relevant courses: Learning and memory; Emotion, motivation and internal regulation.
- Thesis: "Cognitive Effects of Cannabinoids on Working Memory and Attention in Human Subjects."

## WORK EXPERIENCE

### Junior researcher (internship)

University of Amsterdam | February 2024 – August 2024

- Research on the impact of viruses on greenhouse gas emissions from peat soils.
- Analyzed greenhouse gas fluxes using static chamber sampling and gas chromatography.
- Used qPCR and DNA/RNA extraction to quantify viral abundance and diversity in soil samples.

### Teaching Assistant

University of Amsterdam | April 2020 – May 2021

- Taught weekly practical courses to ±30 first- and second-year Psychobiology students.
- First point of contact for student queries.

### Shift leader

Jumbo supermarkets | May 2019 – February 2024

- Supervised store operations and coordinated a team of 15 employees during shifts.
- Ensured smooth customer service, resolved in-store issues, and maintained high satisfaction standards.
- Trained new employees weekly and provided on-the-job coaching to improve team performance.

## EXTRACURRICULAR ACTIVITIES

### Volunteer Refugee Project

Stand by You foundation | 14-16 February 2025 and 20-22 June 2025

- Assisted in distributing essential supplies such as food, clothing, and hygiene products to refugees in makeshift camps in Dunkirk, France.
- Collaborated with a team of volunteers to coordinate humanitarian aid efforts and support logistical operations during field missions.