



## DONOR JOURNEY

In this short brochure you will find answers to basic questions about what happens next, after your donation.

**SHAINA**  
Blood stem cell donor

**The follow-up program is not compulsory and you can withdraw at any time once you've informed us.**

## FOLLOW-UP EXAMINATIONS

We will monitor your health after the blood stem cell collection, through our follow-up program. We will reach out to you at specific intervals as follows:

**1 Week:** We will call you 1 week after the collection to confirm that you are doing well.

**1 Month:** You will receive an email from us to inform you of the follow-up blood tests and ask you to complete an informed consent and short medical questionnaire. The blood draw for the blood tests will be performed at a pathology laboratory near you. The results of the tests will be shared to you and it will be reviewed by the Collection Centre physician. The follow-up tests are free of charge.

**6 Months, 1 year and every year thereafter for 10 years:** You will receive an email from us to complete an informed consent and a short medical questionnaire.



## VOLUNTARY BLOOD DONATION

If you are a regular blood donor, we recommend that you refrain from donating blood for 6 months after your stem cell collection.

# YOUR BLOOD STEM CELL RECIPIENT

You already know the basic information about the recipient (age range, gender and country of transplant). If you have indicated a wish to receive information on his/her health condition, we will send an inquiry to the Transplant Centre (TC) in due time.

- Important:** Keep in mind that we do not receive an answer overnight, sometimes it takes up to a few weeks after the inquiry is sent.
- When we receive information from the TC about the state of your recipient's health, we will contact you by phone or e-mail.

Regulations regarding donor and recipient contact vary depending on the country the patient comes from.



## ANONYMOUS CONTACT AND GIFT RULES

Anonymous contact between donor and patient is potentially possible from the day of the stem cell donation. Exceptions exist for some countries. The anonymous contact takes place in written form. DKMS-BMST mediates this process. The DKMS-BMST donor sends a letter or an e-mail for the patient to DKMS-BMST. Please always add your donor number. The letter to the patient will be read by one of our employees.

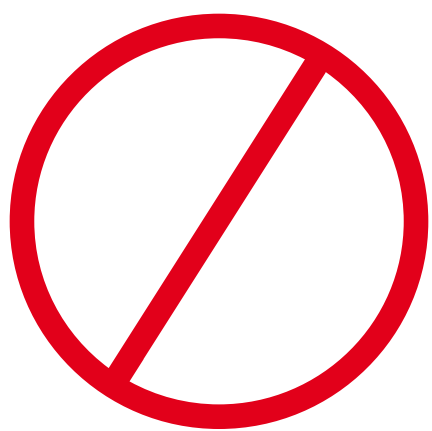
We are obliged to delete all references that could compromise anonymity. Subsequently, the letter is forwarded to the TC of the patient.

DKMS-BMST has a one-gift policy, which means each side can send only one gift. The gift should be more of a symbolic value and not exceed a monetary value of INR 2,000 excluding tax. Monetary gifts, vouchers, audio files, perishables and fragile goods are not allowed. The gift must not provide any information on your identity.

# SHARING OF PERSONAL INFORMATION

The anonymity period is in most cases two to three years after donation, but it depends on the patient's country specific regulations.

After the anonymity period has expired, both donor and patient can request to meet each other in person. If the patient is a minor (under the age of 18 years), the parents (legal guardian) must consent and agree to the exchange of addresses. DKMS-BMST donors can contact DKMS-BMST to request the necessary forms. The recipient receives these from the TC. Both can decide which personal data may be released. As soon as DKMS-BMST has both declarations of consent the exchange of the released data takes place. This process must always be followed.



## YOUR AVAILABILITY DURING THE NEXT 2 YEARS

We will block you for 2 years for the patient. This means that you are not available for other national and international search requests.

Please stay in touch and inform us about any significant changes in your availability, in case the patient needs your help again, e.g. if you leave the country for a longer period of time, become pregnant or are not available for personal reasons.



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## CONNECT WITH US



FOR MORE INFORMATION

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