

## Transcript

### Countryfile

*30 second clip*

**Voiceover:** Meadows are part of both our natural and cultural heritage, packed with an astonishing diversity of plants that support a wealth of birds, fungi and invertebrates.

These diverse and dynamic systems can help tackle the climate, health and biodiversity crises.

Not only do they produce valuable hay, they also help store carbon, reduce flood risk and improve wellbeing.

We need to cherish the remaining examples and to restore them to their former glory.