

What was your most interesting experience while shooting this series?

We were so lucky on this series to be able to travel all over the world to find the best locations to tell narratives about these different types of foods. But one of the things you may not appreciate as a viewer is, you know, things like temperature. In Peru, we were looking at potatoes. We were staying in tents. You might imagine we stayed in a hotel down the road, but there was... the location was so remote there wasn't one.

We were in tents in minus 10 degrees at night that would skyrocket to, you know, plus 20, maybe even 30 degrees in the day. We'd be standing out, and you could actually see the, the shadow of the mountain pass over the surface. And as the edge of that shadow hit you, you suddenly sort of thawed out in the middle of it. And what I found fascinating is, you know, we'd be putting on maybe five or six layers in between those two takes. But the people who live there every day, indigenous people, they wear the same clothes day in and day out, no matter what time it is.

They, the amount of thought and the amount of preparation that must go into like everything, you know, things that you wear every day, to how you live your life, they, they don't have electricity. They don't have uh internal heating. The ingenious ways they've managed to survive. Well, not only just survive but thrive in that environment is, it's just incredible. And a lot of that is down to simple things like the potato.