

Transcript

The Hairy Bikers Interviews: Dave Myers on the shared benefits of the 'Old School' project

Dave Myers:

The wonderful thing about old school, and the reason why the older participants and youngsters both benefit is, it's a very balanced relationship. It's not a mentoring scheme. Sometimes in a mentoring scheme, it's top heavy. One person is in charge looking after the other. There may be benefits, but on this it's a level playing field. It's mutually beneficial that enables both parties to grow together, have a better life.