



At least two teams (with at least three people per team)

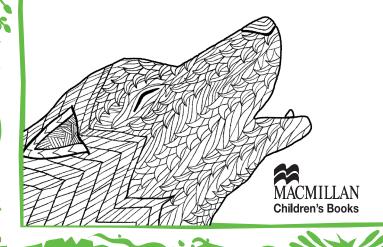
A secret to pass along!

NUMBER OF PLAYERS – at least 6

The aim of the game is to pass along the secret message in the quickest time.

## **HOW TO PLAY**

- 1. The teams are set up ready to run a relay. Start and end points are confirmed and each team is placed at intervals along the track ready to receive the message
- 2. The group leader whispers the message to the first runner and then goes to wait on the finish line
- 3. Each first runner runs to the second runner and passes along the message
- 4. The message is whispered to each runner in this way until the final runner has the message, and then the final runner crosses the finish line
- 5. The final runners give their message to the leader. The winner is chosen based on which was the quickest team to pass along the most accurate message













## **YOU NEED**

Blankets/coats/skipping ropes/ hula hoops – something which can be laid on the floor to mark out safe spaces

NUMBER OF PLAYERS – at least 6

The aim of the game is to be the team with the most unfrozen players when the time is up.

# **HOW TO PLAY**

- 1. Split up into two teams. Set up four safe spaces on the floor around the room
- 2. On each team, pick one or two people to play Bagheera, depending on team sizes
- 3. When the leader tells you to start, the Bagheera(s) in each team start chasing the other team to tag people
- 4. If you are tagged by a Bagheera, you have been frozen! You need to lie down on the floor with your arms and legs in the air
- 5. If someone on your team has been tagged, you can unfreeze them by taking them to a safe space
- 6. The team who wins at the end is the team with the most unfrozen people once the time is up

#### **EXTRA RULES**

- · Bagheeras cannot tag other Bagheeras
- Frozen people must be moved to safety by two other people
- Bagheeras cannot tag people who are moving frozen people to safety
- You cannot stay in the safe spots for more than five seconds
- · Each session lasts five minutes





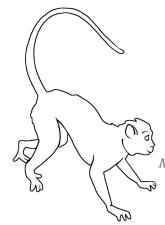


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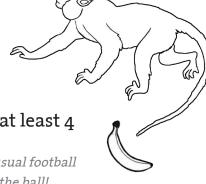


YOU NEED

One football



Monkey football is slightly different to usual football because you use your hands to kick the ball!



## **HOW TO PLAY**

- 1. Everyone stands in a circle
- 2. Feet are placed a hip-width apart the space left between the legs is now a goal, and it needs to be defended!
- 3. The leader starts the game by rolling the ball towards one of the players
- 4. All goals can only be defended using your hands no kicking the ball away!
- 5. If someone scores a goal through your legs, you must place one hand behind your back. You now only have one hand to defend with
- 6. If someone scores a second goal through your legs, you are out of the game and must leave the circle. The rest of the players need to move to fill in your space
- 7. The winner is the last person left in the circle















## **YOU NEED**

A foam ball / tennis ball / bean bag – to be thrown easily between the group

NUMBER OF PLAYERS – at least 2

The aim of this game is the be the first person to spell out BALOO.

# **HOW TO PLAY**

- 1. The leader gives everyone a number
- 2. The leader throws the ball/bean bag up into the air and shouts out a number
- 3. The person whose number was called catches the ball. Everyone else runs away as quickly as they can
- 4. Once the person catches the ball, they yell 'Baloo' and everyone has to freeze
- 5. Once everyone has frozen, the person with the ball can take three steps towards one of the frozen people
- 6. The person with the ball then throws it towards the person they have walked towards. If that player catches the ball, they get the letter 'B' from 'Baloo'. If the person misses the ball then they don't get a letter
- 7. The leader collects the ball and everyone moves back to the middle of the room. Steps 2–6 happen again, with the leader calling another number
- 8. Each time someone throws a ball which is caught, they get another letter from 'Baloo' until they have spelled the whole word
- 9. The winner of the game is the person to spell out BALOO first!

### **EXTRA RULES**

- Everyone is trying to spell out 'BALOO' on their own. When you are catching/throwing, you get the chance to win the next letter you need to spell out this word.
- You cannot hit the ball away when catching you must try and catch the ball when thrown to you





