This is our first residents' conference in three years.

Today is all about sharing the great work we've done as engaged residents over the last year with Sovereign.

I saw the Chief Exec Board, and it was very interesting to hear what they had to say about the future plans for Sovereign.

So we've been talking to the Contact Team Schedulers, and they gave us some real insight into what they're doing.

Today's been great because I've had the opportunity to network, speak to each other, but speak to senior members of staff as well and ask some really challenging questions.

It's really been encouraging listening to what Sovereign are planning for the future and hearing some of the projects that are going on.

Well, I've had a fantastic day today, I've been meeting my colleagues on the RBP and the Scrutiny Group, but I've also been able to meet people working at Sovereign and understand more about what they do for customers.

I only recently joined, so for me it's about finding out how big Sovereign is, which I had no idea, but also what their plans are for the future.

So that, to me, is really inspiring and I think it helps me give something back.

I've just been to a communities workshop, which was really encouraging, about how social housing is not just housing, it's about the social aspect of life and where you live and how Sovereign are helping to shape that for the better.