

Paper Code: M-EPA-ST3001



Spectacle Technician EPA Mock Multiple-choice Test

Information for registered centres

The seal on this examination paper must only be broken by the candidate at the time of the examination.

Under no circumstances should a candidate use an unsealed examination paper.

Information for candidates

Under no circumstances should you, the candidate, use an unsealed examination paper.

This examination consists of 45 multiple-choice questions.

The exam is worth 45 marks, with a Pass being 26 marks, and Distinction 36 marks.

The duration of this examination is 75 minutes.

You are **NOT** allowed any assistance to complete the answers.

You must use a pencil to complete the answer sheet - pens must NOT be used.

When completed, please leave the examination answer sheet (EAS) on the desk.

EXAMINATION ANSWER SHEET (EAS) INSTRUCTIONS:

For each question, fill in ONE answer ONLY.

If you make a mistake, ensure you erase it thoroughly.

You must mark your choice of answer by shading in **ONE** answer circle only.

Please mark each choice like this:

01 A B ANSWER COMPLETED CORRECTLY

Examples of how NOT to mark your examination answer sheet (EAS). These will not be recorded.

DO NOT partially shade the answer circle
ANSWER COMPLETED INCORRECTLY

DO NOT use ticks or crosses

ANSWER COMPLETED INCORRECTLY

DO NOT use circles

ANSWER COMPLETED INCORRECTLY

DO NOT shade over more than one answer circle
ANSWER COMPLETED INCORRECTLY

All candidates **MUST** sign the Examination Answer Sheet (EAS) in the bottom right-hand corner of the page before leaving the examination room.



1

Which of the following is associated with automation and digitalisation in optical manufacturing?

- A. Increased risk of job displacement
- B. Decreased efficiency and productivity
- C. Accelerated maintenance costs
- D. Higher rates of defective products

2

What is the purpose of varifocal engraving on lenses?

- A. To improve lens durability
- B. To facilitate lens re-marking
- C. To identify the lens manufacturer
- D. To enhance visual aesthetics

3

Which anatomical structure sends visual information to the brain?

- A. Optic nerve
- B. Lens
- C. Vitreous humour
- D. Sclera

4

Hazards in the workplace **must** be reported to the:

- A. human resources department
- B. nearest hospital
- C. local authority
- D. health and safety officer

5

What is the **main** purpose of safety eyewear?

- A. Correcting refractive errors
- B. Reducing eye strain and fatigue
- C. Protecting against hazardous materials
- D. Enhancing vision clarity

6

Which step of the 5 S methodology focuses on arranging the lab for optimal efficiency?

- A. Sort
- B. Set
- C. Standardise
- D. Sustain

7

How many points are typically checked during the quality process to ensure spectacles meet British Standard tolerances?

- A. 3
- B. 6
- C. 9
- D. 12

8

What information would be marked on a varifocal lens?

- A. Grade of tint
- B. Cylindrical power
- C. Reading addition
- D. Sphere power



9

What is the medical term for short-sightedness?

- A. Myopia
- B. Hypermetropia
- C. Astigmatism
- D. Presbyopia

10

A technician notices that the tint bath is causing the lenses to become yellow in colour after applying the UV coating. To rectify the issue they need to:

- A. decrease the exposure time of the lenses to the UV coating to reduce the yellowing effect
- B. empty the contents of the tint jar into the sink and replace it with a new UV pouch and water
- C. increase the duration of UV coating application to counteract the yellowing effect
- D. check the temperature inside the tint jar and add more tint solution to intensify the colour

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In the event of a fire alarm, technicians must:

- A. gather their equipment before evacuating
- B. wait for the fire warden before leaving
- C. get confirmation that there is a fire before evacuating
- D. leave the lab and head to the meeting point

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Fresnel prisms are used to:

- A. correct double vision
- B. improve contrast sensitivity
- C. protect the eyes from debris
- D. block harmful blue light

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Which of the following describes the cause of presbyopia?

- A. Consuming too much sugar leading to retinal damage
- B. Excessive exposure to blue light from electronic devices
- C. Genetic mutations affecting the shape of the cornea
- D. The loss of flexibility in the lens of the eye due to aging

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What is the **main** role of an automated focimeter in the ordering process?

- A. Updating stock levels
- B. Checking prescriptions
- C. Finalising orders
- D. Remaking spectacles

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An order is **first** checked for errors when:

- A. it is placed
- B. it is completed
- C. the lenses are blocked
- D. the lenses are glazed



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It is midway through the day and a technician realises that they forgot to calibrate the blocker when setting up. What would a consequence of this be?

- A. The edger will begin to malfunction
- B. The equipment will need to be repaired
- C. The glazing time will be decreased
- D. The lenses will have been cut to the wrong shape

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To follow legal requirements technicians **must not**:

- A. tint lenses darker than 82% absorption
- B. repair a broken pair of safety spectacles
- C. repair a broken pair of rimless spectacles
- D. apply UV protection to a tinted lens

18

According to the Medical Device Directive (MDD), frames are identified using the:

- A. manufacturer logo and branding
- B. material composition and markings
- C. SKU number and CE marks
- D. serial number and batch code

19

Which method would be **most** effective for continuously improving a technician's skills and knowledge within the lab?

- A. Structured training programmes with regular workshops
- B. Independently researching new techniques and skills
- C. Relying solely on on-the-job experience
- D. Occasional, one-time training sessions

20

Which refractive error is corrected by the cylinder?

- A. Myopia
- B. Hypermetropia
- C. Astigmatism
- D. Presbyopia

21

If lens engravings are too prominent, the technician will need to:

- A. continue with the order and hope the engravings cut out
- B. return the lenses to the supplier or manufacturer for credit
- C. refer the lenses to a supervisor for further assessment
- D. apply a thicker anti-reflective coating to mask the engravings

22

It has been a record week of orders and the glazers need to be maintained. How can a technician ensure that they are ready for use in the following week?

- A. Turn them off and on again to reset them
- B. Book a technician callout
- Change the filtration sock
- D. Check for lens residue and remove if found

23

What is a **key** feature of digitalisation in the lens ordering process?

- A. Automatic determination of the optimal lens size
- B. Elimination of personalised lens recommendations
- C. Decreased product availability
- D. Enhanced customer interaction



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As part of a technician's set-up for the day they need to calibrate the blocker. They can do this by:

- A. cleaning the machine's surfaces
- B. restarting the blocker so it is reset
- C. checking the area for dust
- D. using the frame tracing block

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Which of the following refractive errors would be corrected by a plus powered lens?

- A. Myopia
- B. Hypermetropia
- C. Astigmatism
- D. Presbyopia

26

Which of the following is an example of a near miss in an optical lab?

- A. A technician slipping on a wet surface near the tinting station
- B. A technician handling a lens incorrectly and cutting their hand
- C. A technician knocking over a stack of lenses and catching them
- D. A technician getting a chemical splashed in their eye when cleaning

27

Spectacle errors and omissions are recorded on the production report to:

- A. create accountability for technicians
- B. track quality control issues and trends
- C. analyse the use of materials and stock
- D. justify delays in repairs and remakes

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What is the recommended procedure if a technician were to sustain a minor cut while working in the lab?

- A. Leave the cut exposed to air and wash it occasionally
- B. Cover the cut with a tissue to prevent it affecting their work
- C. Wait until the end of the day to address the cut
- D. Wash the cut and apply a sterile bandage

29

What is the main goal of Lean methodology?

- A. Implementing more complex procedures
- B. Prioritising speed over quality
- C. Reducing unnecessary processes
- D. Enforcing strict cost-cutting measures

30

A technician has noticed inconsistent tinting results from the tint bath. After an inspection they realise this is because the heating element is malfunctioning. What is the appropriate action to take?

- A. Send the tint bath to the supplier for maintenance
- B. Increase the tint bath temperature to counteract the issue
- C. Ask the lab manager to replace the heating element
- D. Adjust the tinting solution concentration

31

Which engraving is found on safety eyewear to guarantee its validity?

- A. BS EN ISO 4007
- B. BS EN ISO 12870
- C. BS EN 13666
- D. BS EN 166



32

What differentiates rimless mounts from traditional frames?

- A. They are larger in size
- B. They have no nose pads
- C. They do not have a frame
- D. They have a thicker frame

33

What is the **key** reason for completing the quality control process?

- A. To increase production efficiency by reducing waste and future reproduction
- B. To ensure customers receive high quality products that meet industry standards
- C. To decrease costs for the lab and maximise profit margins by reducing remakes
- To show senior members of staff that technicians are working to required levels

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Which of the following products would a technician recommend for someone that has a muscle imbalance within their eyes?

- A. Sports goggles
- B. Single-vision lenses
- C. Rimless mounts
- D. Prism glasses

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Robotic technology contributes to the glazing process by:

- A. enhancing workplace safety
- B. completing quality checks
- C. increasing production efficiency
- D. assisting with administrative tasks

36

Mirrored tints in spectacles are designed to:

- A. reduce glare from sunlight
- B. enhance colour perception
- C. reduce scratches on the lenses
- D. make objects appear larger

37

A technician notices that a focimeter is consistently producing inaccurate readings and they think it needs to be calibrated. The technician would do this by:

- A. restarting the machine and setting it back to factory settings
- B. replacing the lens holder and adjusting the display settings
- C. booking an external technician that can calibrate equipment
- D. following the manufacturer's instructions and using the calibration standards

38

What information would be marked on an optical frame?

- A. Pupil distance
- B. Bridge size
- C. Heights
- D. Reading addition



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Which of the following is an outcome associated with implementing continuous improvement techniques?

- A. An increase in production costs as processes become more streamlined
- B. The immediate elimination of all operational inefficiencies
- C. A decreased focus on quality control and customer satisfaction
- D. An enhancement in productivity and efficiency in workflow processes

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Which action **must** be taken following a near miss incident in the lab?

- A. Report the incident to the appropriate authority
- B. Report the incident informally when there is time
- C. Disregard the incident unless it was witnessed by others
- D. Disregard the incident as it did not result in an injury

41

British Standard tolerances are used to:

- A. standardise manufacturing processes
- B. determine warranty coverage
- C. verify finished spectacles
- D. dictate pricing strategies

42

Which of the following is **not** an example of a digital piece of equipment?

- A. Pupillometer
- B. Tint bath
- C. Blocker
- D. Edger

43

Which of the following **must** be readily available at all times in the lab?

- A. Office materials
- B. A fire warden
- C. Cleaning supplies
- D. An eye bath

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During quality control a focimeter can be used to:

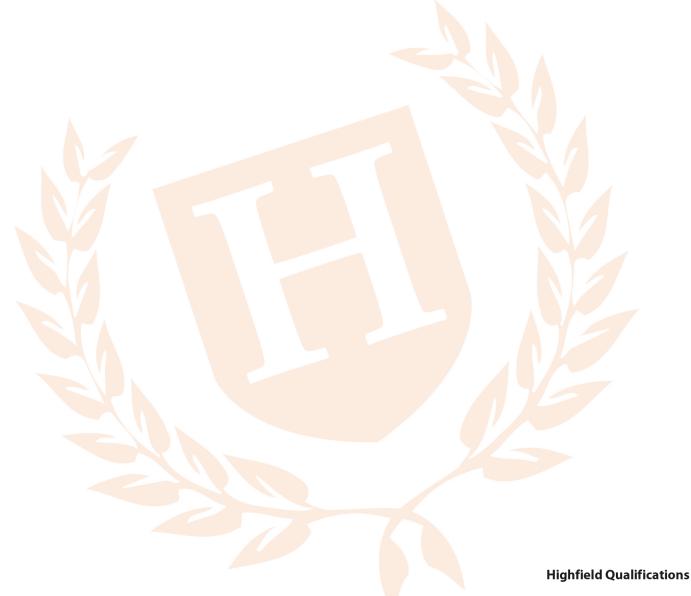
- A. measure the optical power
- B. assess the comfort level
- C. check the lenses are clean
- D. adjust the frame size and fit

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What does the 'shine' step in the 5 S methodology involve?

- A. Sorting items in the lab
- B. Ensuring all items are in suitable places
- C. Cleaning the workplace and equipment
- D. Installing new machinery





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