

Paper Code: FA-HSC2992

Level **2**

Health and Social Care Foundation Apprenticeship - Mock Knowledge Test

Information for registered centres

The seal on this examination paper must only be broken by the candidate at the time of the examination.
Under no circumstances should a candidate use an unsealed examination paper.

Information for candidates

Under no circumstances should you, the candidate, use an unsealed examination paper.

This examination consists of **20 multiple-choice** questions.

The minimum pass mark is **12 correct answers**.

The duration of this examination is **60 minutes**.

You are **NOT** allowed any assistance to complete the answers.

You must use a pencil to complete the answer sheet - pens must **NOT** be used.

When completed, please leave the **examination answer sheet (EAS)** on the desk.

EXAMINATION ANSWER SHEET (EAS) INSTRUCTIONS:

For each question, fill in **ONE** answer **ONLY**.

If you make a mistake, ensure you erase it thoroughly.

You must mark your choice of answer by shading in **ONE** answer circle only.

Please mark each choice like this:

01 ☐ A ☐ B ☐ C ☒ **ANSWER COMPLETED CORRECTLY**

Examples of how **NOT** to mark your examination answer sheet (EAS). These will not be recorded.

01 ☐ A ☐ B ☐ C ☐ **DO NOT** partially shade the answer circle
ANSWER COMPLETED INCORRECTLY

01 ☐ A ☐ B ☒ ☒ **DO NOT** use ticks or crosses
ANSWER COMPLETED INCORRECTLY

01 ☐ A ☐ B ☐ C ☐ **DO NOT** use circles
ANSWER COMPLETED INCORRECTLY

01 ☐ A ☐ B ☒ ☒ **DO NOT** shade over more than one answer circle
ANSWER COMPLETED INCORRECTLY

All candidates **MUST** sign the Examination Answer Sheet (EAS) in the bottom right-hand corner of the page before leaving the examination room.

1

Which of the following factors is considered **first** before moving a service user?

- A. The location and availability of the equipment
- B. The number and type of tasks still to be completed
- C. The time and effort required to complete it
- D. Their individual needs and current condition

2

What role does personal protective equipment (PPE) play in breaking the chain of infection?

- A. It acts as a barrier to stop germs passing between people
- B. It allows care workers to work closer without any other precautions
- C. It reduces the time needed to disinfect equipment
- D. It replaces the need for a basic level of personal hygiene

3

What is the **main** reason care workers need to communicate with service users before moving them?

- A. It allows the care workers to disregard the care plan
- B. It ensures the service user understands the process and feels assured
- C. It helps reduce the amount of equipment needed
- D. It helps the move to be completed quicker and more efficiently

4

Why is it **key** to record all details when reporting a safeguarding concern?

- A. It allows the report to be filed with the service user's care information
- B. It helps to reassure colleagues that the concern is being addressed
- C. It provides clear information for the investigation process
- D. It supports the care worker with remembering details of the concern

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Why is following agreed ways of working part of a care worker's duty of care?

- A. It allows care workers to carry out tasks with less communication
- B. It helps to ensure that support is safe and consistent
- C. It lessens the need to record information after each task
- D. It reduces the amount of supervision and training care workers need

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Which of the following is a sign that a service user is experiencing abuse over time?

- A. They frequently have unexplained bruising
- B. They have small injuries from regular sporting activities
- C. They occasionally miss a meal due to feeling unwell
- D. They sometimes forget where they left a personal item

7

How can a care worker reduce the risk of injury when carrying a large object?

- A. Carry it as far away from the body as possible
- B. Carry it on one side to leave the other hand free
- C. Hold it loosely to allow for quick adjustments
- D. Keep it close to the body with a balanced grip

8

What is the **main** aim of adult safeguarding?

- A. To give adults more time and privacy alone
- B. To increase the use of adult care services
- C. To manage adults' behaviour in public
- D. To protect adults from abuse and neglect

9

What is the **main** benefit of care workers being trained to use moving and handling equipment?

- A. Equipment remains in good condition for longer
- B. More staff are needed to use the equipment
- C. Tasks are completed quicker
- D. The risk of injury is reduced

10

The purpose of identifying high-risk areas in infection control is to:

- A. ensure care workers avoid working in those areas
- B. keep those areas locked when they are not in use
- C. make the weekly cleaning schedule easier to plan
- D. put measures in place to reduce the spread of germs

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Which of the following actions demonstrates a care worker meeting their duty of care?

- A. Allowing a service user to walk on a floor that has recently been mopped
- B. Checking that equipment is safe to use before supporting someone to use it
- C. Giving advice to service users even if they are unsure it is correct
- D. Waiting until the end of a shift to report a concern about someone's health

12

A potential sign of **emotional** abuse is when a service user:

- A. becomes upset if a particular care worker is not at the setting
- B. is quiet during group activities because they feel tired
- C. is regularly shouted at or insulted by a care worker
- D. prefers to only speak with family members about personal issues

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Why **must** care workers follow the agreed reporting route for a safeguarding concern?

- A. It allows the care worker to avoid completing multiple reports
- B. It allows the concern to be discussed in care worker meetings
- C. It helps to ensure the concern reaches the right person
- D. It helps to reduce the number of reports made in the setting

14

Which of the following **must** be checked before using a wheelchair for a service user?

- A. The availability and location of spare cushions
- B. The brakes and condition of the wheelchair
- C. The distance and route to the destination
- D. The height and weight of the service user

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Care workers **must** wash their hands after:

- A. coming into contact with bodily fluids
- B. completing paperwork
- C. drinking bottled water
- D. opening packets of medication

16

When using personal protective equipment (PPE), all care workers **must**:

- A. check that it is in good condition prior to use
- B. inform their manager if they are going to wear it
- C. reuse all PPE as often as possible to reduce costs
- D. select and use PPE based on personal preferences

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Why is a duty of care **key** in health and social care work?

- A. It allows care workers to make all decisions for others
- B. It allows care workers to work without supervision
- C. It helps to reduce the number of care plans needed
- D. It protects service users from being harmed or neglected

18

Why is it **key** to follow safe waste handling procedures?

- A. To ensure waste is collected in an organised manner
- B. To make the waste disposal process easier for staff members
- C. To reduce the chance of infection spreading from waste materials
- D. To save space in the waste storage area for future use

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How does a proactive approach support duty of care?

- A. It allows care workers to complete tasks without checking first
- B. It avoids the need for care workers to work together
- C. It helps to prevent issues before they become serious
- D. It reduces the need to communicate with service users

20

Keeping accurate records is part of a care worker's duty of care because they:

- A. eliminate the risk of mistakes being made
- B. make sure service users get the right support
- C. prevent repeating information verbally
- D. reduce the staff's need for communication







**Level
2**



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