

Paper Code: FA-HSC2991

Level 2

Health and Social Care Foundation Apprenticeship - Mock Knowledge Test

Information for registered centres

The seal on this examination paper must only be broken by the candidate at the time of the examination.
Under no circumstances should a candidate use an unsealed examination paper.

Information for candidates

Under no circumstances should you, the candidate, use an unsealed examination paper.

This examination consists of **20 multiple-choice** questions.

The minimum pass mark is **12 correct answers**.

The duration of this examination is **60 minutes**.

You are **NOT** allowed any assistance to complete the answers.

You must use a pencil to complete the answer sheet - pens must **NOT** be used.

When completed, please leave the **examination answer sheet (EAS)** on the desk.

EXAMINATION ANSWER SHEET (EAS) INSTRUCTIONS:

For each question, fill in **ONE** answer **ONLY**.

If you make a mistake, ensure you erase it thoroughly.

You must mark your choice of answer by shading in **ONE** answer circle only.

Please mark each choice like this:

01 ☐ A ☐ B ☐ C ☒ D **ANSWER COMPLETED CORRECTLY**

Examples of how **NOT** to mark your examination answer sheet (EAS). These will not be recorded.

01 ☐ A ☐ B ☐ C ☐ D **DO NOT** partially shade the answer circle
ANSWER COMPLETED INCORRECTLY

01 ☐ A ☐ B ☒ C ☒ D **DO NOT** use ticks or crosses
ANSWER COMPLETED INCORRECTLY

01 ☐ A ☐ B ☐ C ☐ D **DO NOT** use circles
ANSWER COMPLETED INCORRECTLY

01 ☐ A ☐ B ☐ C ☐ D **DO NOT** shade over more than one answer circle
ANSWER COMPLETED INCORRECTLY

All candidates **MUST** sign the Examination Answer Sheet (EAS) in the bottom right-hand corner of the page before leaving the examination room.

1

The purpose of using designated equipment for certain tasks is to:

- A. maintain consistency across daily routines
- B. make it easier to store cleaning equipment supplies
- C. prevent cross-contamination between different areas
- D. reduce the equipment training needed for care workers

2

Which of the following actions helps a care worker to meet their duty of care?

- A. Allowing unsafe choices to avoid upsetting a service user
- B. Delaying a safety check on a service user until the end of the shift
- C. Helping a service user quickly so there is more time left in the day
- D. Responding when a service user asks for help with a task

3

What is the **main** purpose of using a slide sheet when moving a service user in bed?

- A. It allows the move to be done without adjusting the bed
- B. It keeps them comfortable and in the same position
- C. It prevents the bedding from being removed during the move
- D. It reduces friction and improves safety for everyone

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One way a care worker can show a duty of care during daily tasks is to:

- A. ask other care workers to check safety instead of doing it themselves
- B. follow each service user's care plan even if it is out of date
- C. let service users make their own decisions without support
- D. speak up when they see something unsafe while at work

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Which of the following is a **key** reason to store moving and handling equipment correctly?

- A. To avoid having to test the equipment before each use
- B. To make the equipment easier to set up for the next task
- C. To prevent damage and keep it ready for safe use
- D. To reduce the need for maintenance and safety checks

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The **main** role of managing exposure risks in infection control is to:

- A. decrease the need for personal protective equipment
- B. make the setting look more organised
- C. reduce the time needed for cleaning tasks in the setting
- D. stop germs from entering the body

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Who **must** a care worker report a safeguarding concern to?

- A. A designated safeguarding lead or manager
- B. A family member or friend of the service user
- C. A safeguarding colleague working in a different setting
- D. A trusted co-worker who is available at the time

8

How does good communication help a care worker meet their duty of care?

- A. It allows decisions to be made without checking
- B. It helps to cut down on writing daily records
- C. It reduces the need for teamwork and planning
- D. It supports clear understanding and safer support

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What does it mean for a care worker to have a duty of care?

- A. They are responsible for working in ways that prevent harm to service users
- B. They can make decisions based on what is convenient during a busy shift
- C. They must always follow a service user's wishes, even if it is unsafe
- D. They only need to act if someone directly complains about poor care

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Which of the following is a typical sign of **sexual** abuse?

- A. A service user avoiding certain areas of the setting without explanation
- B. A service user being embarrassed when talking about relationships
- C. A service user changing their usual seating place during mealtimes
- D. A service user having unexplained discomfort in private areas

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A **key** responsibility of care workers regarding the use of personal protective equipment (PPE) is to:

- A. ensure PPE is worn properly and when required
- B. modify PPE for personal comfort, even if it reduces protection
- C. only wear PPE during high-risk and surgical procedures
- D. share PPE with other care workers to minimise costs

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Which of the following is typically checked when preparing a trolley to move equipment?

- A. The amount of unused space on the trolley
- B. The order items are placed on the trolley
- C. The position of the handles and grips
- D. The stability and condition of the wheels

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Moving and handling equipment **must** be checked before it is used to:

- A. confirm it is safe and in good working order
- B. ensure it is clean and ready for use
- C. make sure it is in the right position for the task
- D. see whether it is the correct type for the task

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Which of the following is an example of a safeguarding concern?

- A. A service user being checked on by a care worker at night
- B. A service user feeling uncomfortable around a care worker
- C. A service user preferring to spend time alone in their room
- D. A service user wanting to change their usual meal order

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When is handwashing **key** to control infections in care settings?

- A. After using the toilet, before eating and after patient contact
- B. Before leaving the care setting after a shift
- C. Only after coming into contact with bodily fluids
- D. When leaving the toilet, after eating and before wiping surfaces

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Why is it **key** to use safe techniques when moving heavy objects in a care setting?

- A. To avoid needing to adjust the object after moving it
- B. To complete the task without delaying other work
- C. To keep the object in good condition during the move
- D. To reduce the risk of injury to other care workers

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It is **key** to dry hands thoroughly after washing them because:

- A. germs spread easier on wet or damp skin
- B. it feels more comfortable for a care worker
- C. it makes it easier to put on gloves afterwards
- D. the cost of using paper towels is reduced

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Which of the following is a possible sign of neglect?

- A. A service user has a reduced appetite during meals when feeling unwell
- B. A service user occasionally forgets where they have put personal items
- C. A service user often appears unwashed and wears soiled clothing
- D. A service user sometimes chooses not to change clothes after meals and showers

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Why **must** care workers follow safeguarding procedures when raising a concern?

- A. It allows the care worker to decide how the issue is managed
- B. It ensures the concern is handled consistently and correctly
- C. It helps the organisation to file less paperwork and reports
- D. It prevents other staff from learning about the concern unnecessarily

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How does a care worker meet their duty of care when helping a service user to move around?

- A. By allowing the service user to move without support
- B. By asking an untrained care worker to support with moving
- C. By following handling procedures throughout the task
- D. By rushing the service user so they can stay on schedule







**Level
2**



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