

**Think about**  
**Professional discussion**  
**Level 3 ST0006 Lead Adult Care**  
**Worker V1.2**



**On the day of this assessment you will carry out:**



**A 45-minute professional discussion**



**Remote or face-to-face**



**In your workplace under controlled conditions**



**With an end-point assessor. Your employer may be involved but the final grading decision is made by the assessor.**



**Key point**

**Your employer may be present to support you and confirm information but is not able to take part in the discussion.**



## Do

- Review the criteria associated with the professional discussion - this can be found in the EPA Kit and in the table at the end of this document
- Review relevant legislations, regulations and your organisation's policies and procedures
- Ensure a quiet room is available and that there are no interruptions
- Reflect on your learning, experience, self-assessment and personal development



## Don't

- Forget to bring your ID
- Forget to plan



## Next steps

- Results can take up to 7 working days to be confirmed
- Your manager or training provider will inform you of the results



## Resits

- If you do not achieve a pass result on the professional discussion, you can retake the assessment





## Use the table below to plan and prepare for the professional discussion

**(P)** indicates pass criteria

Assessment criteria	Key points to remember
<b>The main tasks and responsibilities according to your job role</b>	
<b>(P)</b> Support individuals you are working with according to their personal care/support plan	
<b>(P)</b> Take the initiative when working outside normal duties and responsibilities	



<p><b>(P)</b> Recognise and access help when not confident or skilled in any aspect of the role that you are undertaking</p>	
<p><b>(P)</b> Implement/facilitate the specialist assessment of social, physical, emotional and spiritual needs of individuals with cognitive, sensory and physical impairments</p>	
<p><b>(P)</b> Contribute to the development and ongoing review of care/support plans for the individuals you support</p>	



<p><b>(P)</b> Provide individuals with information to enable them to exercise choice on how they are supported</p>	
<p><b>(P)</b> Encourage individuals to actively participate in the way their care and support is delivered</p>	
<p><b>(P)</b> Ensure that individuals know what they are agreeing to regarding the way in which they are supported</p>	



<p><b>(P)</b> Lead and support colleagues to understand how to establish informed consent when providing care and support</p>	
<p><b>(P)</b> Guide, mentor and contribute to the development of colleagues in the execution of their duties and responsibilities</p>	
<p><b>Treat people with respect and dignity and honour their human rights</b></p>	
<p><b>(P)</b> Demonstrate dignity in your working role with individuals you support, their families, carers and other professionals</p>	



**(P)** Support others to understand the importance of equality, diversity and inclusion in social care

**(P)** Exhibit empathy for individuals you support, i.e. understanding and compassion

**(P)** Exhibit courage in supporting individuals in ways that may challenge your own cultural and belief systems



## Communicate clearly and responsibly

**(P)** Demonstrate and promote to other workers excellent communication skills including confirmation of understanding to individuals, their families, carers and professionals

**(P)** Use and facilitate methods of communication preferred by the individual you support according to the individual's language, cultural and sensory needs, wishes and preferences

**(P)** Take the initiative and reduce environmental barriers to communication





<p><b>(P)</b> Demonstrate and ensure that records and reports are written clearly and concisely</p>	
<p><b>(P)</b> Lead and support others to keep information safe, preserve confidentiality in accordance with agreed ways of working</p>	
<p><b>Support individuals to remain safe from harm (Safeguarding)</b></p>	
<p><b>(P)</b> Support others, to recognise and respond to potential signs of abuse according to agreed ways of working</p>	



<p><b>(P)</b> Work in partnership with external agencies to respond to concerns of abuse</p>	
<p><b>(P)</b> Lead and support others to address conflicts or dilemmas that may arise between an individual's rights and duty of care</p>	
<p><b>(P)</b> Recognise, report, respond to and record unsafe practices and encourage others to do so</p>	



## Champion health and wellbeing for the individuals you support

**(P)** Lead and mentor others where appropriate to promote the wellbeing of the individuals you support

**(P)** Demonstrate the management of the reduction of infection, including use of best practice in hand hygiene

**(P)** Promote healthy eating and wellbeing by supporting individuals to have access to fluids, food and nutrition



<p><b>(P)</b> Carry out fire safety procedures and manage others to do so</p>	
<p><b>(P)</b> Develop risk assessments and use in a person centred way to support individuals safely including moving and assisting people and objects</p>	
<p><b>(P)</b> Manage, monitor, report and respond to changes in the health and wellbeing of the individuals you support</p>	



## Work professionally and seek to develop your own professional development

**(P)** Take the initiative to identify and form professional relationships with other people and organisations

**(P)** Demonstrate, manage and support self and others to work within safe, clear professional boundaries

**(P)** Take the initiative to evaluate and improve own skills and knowledge through reflective practice, supervision, feedback and learning opportunities



<p><b>(P)</b> Demonstrate continuous professional development</p>	
<p><b>(P)</b> Carry out research relevant to individuals' support needs and share with others</p>	
<p><b>(P)</b> Demonstrate where necessary mentoring and supervision to others in the workplace</p>	



<p><b>(P)</b> Demonstrate good team/partnership working skills</p>	
<p><b>(P)</b> Demonstrate your contribution to robust recruitment and induction processes</p>	
<p><b>Behaviours</b></p>	
<p><b>(P)</b> Care consistently and enough about individuals to make a positive difference to their lives</p>	



**(P)** Deliver care and support with kindness, consideration, dignity and respect

**(P)** Do the right thing for people and speak up if the individual you support is at risk

**(P)** Good communication is central to successful caring relationships and effective team working





<p><b>(P)</b> Apply knowledge and skills to provide high quality care and support</p>	
<p><b>(P)</b> Committed to improving the experience of people who need care and support ensure it is person centred</p>	

V3

