

Think about
Professional discussion
Level 3 ST0006 Lead Adult Care
Worker V1.1



On the day of this assessment you will carry out:



A 45-minute professional discussion



Remote or face-to-face



In your workplace under controlled conditions



With an end-point assessor. Your employer may be involved but the final grading decision is made by the assessor.



Key point

Your employer may be present to support you and confirm information but is not able to take part in the discussion.



Do

- Review the criteria associated with the professional discussion - this can be found in the EPA Kit and in the table at the end of this document
- Review relevant legislations, regulations and your organisation's policies and procedures
- Ensure a quiet room is available and that there are no interruptions
- Reflect on your learning, experience, self-assessment and personal development



Don't

- Forget to bring your ID
- Forget to plan



Next steps

- Results can take up to 7 working days to be confirmed
- Your manager or training provider will inform you of the results



Resits

- If you do not achieve a pass result on the professional discussion, you can retake the assessment





Use the table below to plan and prepare for the professional discussion

(P) indicates pass criteria

Assessment criteria	Key points to remember
The main tasks and responsibilities according to your job role	
(P) Support individuals you are working with according to their personal care/support plan	
(P) Take the initiative when working outside normal duties and responsibilities	



<p>(P) Recognise and access help when not confident or skilled in any aspect of the role that you are undertaking</p>	
<p>(P) Implement/facilitate the specialist assessment of social, physical, emotional and spiritual needs of individuals with cognitive, sensory and physical impairments</p>	
<p>(P) Contribute to the development and ongoing review of care/support plans for the individuals you support</p>	



<p>(P) Provide individuals with information to enable them to exercise choice on how they are supported</p>	
<p>(P) Encourage individuals to actively participate in the way their care and support is delivered</p>	
<p>(P) Ensure that individuals know what they are agreeing to regarding the way in which they are supported</p>	



(P) Lead and support colleagues to understand how to establish informed consent when providing care and support

(P) Guide, mentor and contribute to the development of colleagues in the execution of their duties and responsibilities

Treat people with respect and dignity and honour their human rights

(P) Demonstrate dignity in your working role with individuals you support, their families, carers and other professionals



(P) Support others to understand the importance of equality, diversity and inclusion in social care

(P) Exhibit empathy for individuals you support, i.e. understanding and compassion

(P) Exhibit courage in supporting individuals in ways that may challenge your own cultural and belief systems



Communicate clearly and responsibly

(P) Demonstrate and promote to other workers excellent communication skills including confirmation of understanding to individuals, their families, carers and professionals

(P) Use and facilitate methods of communication preferred by the individual you support according to the individual's language, cultural and sensory needs, wishes and preferences

(P) Take the initiative and reduce environmental barriers to communication



(P) Demonstrate and ensure that records and reports are written clearly and concisely

(P) Lead and support others to keep information safe, preserve confidentiality in accordance with agreed ways of working

Support individuals to remain safe from harm (Safeguarding)

(P) Support others, to recognise and respond to potential signs of abuse according to agreed ways of working



<p>(P) Work in partnership with external agencies to respond to concerns of abuse</p>	
<p>(P) Lead and support others to address conflicts or dilemmas that may arise between an individual's rights and duty of care</p>	
<p>(P) Recognise, report, respond to and record unsafe practices and encourage others to do so</p>	



Champion health and wellbeing for the individuals you support

(P) Lead and mentor others where appropriate to promote the wellbeing of the individuals you support

(P) Demonstrate the management of the reduction of infection, including use of best practice in hand hygiene

(P) Promote healthy eating and wellbeing by supporting individuals to have access to fluids, food and nutrition



(P) Carry out fire safety procedures and manage others to do so

(P) Develop risk assessments and use in a person centred way to support individuals safely including moving and assisting people and objects

(P) Manage, monitor, report and respond to changes in the health and wellbeing of the individuals you support



Work professionally and seek to develop your own professional development

(P) Take the initiative to identify and form professional relationships with other people and organisations

(P) Demonstrate, manage and support self and others to work within safe, clear professional boundaries

(P) Take the initiative to evaluate and improve own skills and knowledge through reflective practice, supervision, feedback and learning opportunities



<p>(P) Demonstrate continuous professional development</p>	
<p>(P) Carry out research relevant to individuals' support needs and share with others</p>	
<p>(P) Demonstrate where necessary mentoring and supervision to others in the workplace</p>	



(P) Demonstrate good team/partnership working skills

(P) Demonstrate your contribution to robust recruitment and induction processes

Behaviours

(P) Care consistently and enough about individuals to make a positive difference to their lives



(P) Deliver care and support with kindness, consideration, dignity and respect

(P) Do the right thing for people and speak up if the individual you support is at risk

(P) Good communication is central to successful caring relationships and effective team working



<p>(P) Apply knowledge and skills to provide high quality care and support</p>	
<p>(P) Committed to improving the experience of people who need care and support ensure it is person centred</p>	

V3

