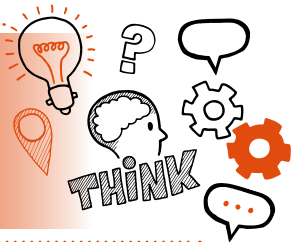


Think about
Professional discussion underpinned
by a portfolio of evidence
Level 3 ST0217 Senior Healthcare
Support Worker V1.6



On the day of this assessment you will carry out:



A 60-minute professional discussion (+10%)



Remote or face-to-face



In a suitable environment under exam conditions



With an end-point assessor



Key point

You will have already submitted a portfolio of evidence. Your portfolio is not directly assessed but will be used to underpin the professional discussion.



Do

- Review the criteria associated with the professional discussion - this can be found in the EPA Kit and in the table at the end of this document
- Ensure a quiet room is available and that there are no interruptions or distractions
- Review relevant legislation, regulations and your organisation's policies and procedures
- Refer to your portfolio to illustrate your answers to questions
- Reflect on your performance and how you have demonstrated the knowledge, skills and behaviours of the standard
- Be prepared to answer a minimum of 10 questions – 1 against each of the 5 core themes and 5 against your chosen option



Don't

- Forget to bring your ID
- Forget to plan
- Forget to bring your portfolio to refer to in the professional discussion



Next steps

- Results can take up to 7 working days to be confirmed
- Your manager or training provider will inform you of the results



Resits

- If you do not achieve a pass result on the professional discussion, you can resit the assessment



Use the table below to plan and prepare for the professional discussion

(P) indicates pass criteria

(D) indicates distinction criteria

Assessment criteria	Key points to remember
Core: Promote health and wellbeing	
<p>(P) Explain how you have supported an individual to make informed and positive lifestyle choices in line with national and local definitions of health and wellbeing and the public health priorities, including considering ways of reducing inequalities (K5, S5)</p>	
<p>(P) Describe how you have actively sought an opportunity to support an individual to maximise their health, taking into account the availability of services and how to make a referral if required (K6, S6)</p>	
<p>(D) Compare and contrast ways in which you have worked to reduce inequalities and support an individual to make informed positive lifestyle choices (K5, S5)</p>	

Assessment criteria**Key points to remember****Core: Continuing professional development and reflective practice**

(P) Undertake continuing personal and professional development activities and contributes to the training and development of others showing you are adaptable, reliable and consistent (K18, S18, B3)

(P) Outline how you have participated in the local arrangements for appraisal of performance (K19, S19)

(P) Apply the principles of reflective practice to reflect on and develop your own practice (K19, S19)

(D) Analyse the impact of training and development activities on yourself and others (K18, S18)

Core: Risk management

(P) Summarise the meaning of 'risk' in the workplace giving evidence that you would take the correct action if you identified a 'risk' (K15, S15)

(P) Describe how you meet the requirements for providing basic life support, showing an understanding of the techniques and principles required (K16, S16)

(P) Explain a time when you have recognised and responded to a potential conflict, challenging behaviour or escalating situation giving context to the description by describing common causes of conflict and the correct ways to respond to them (K16, S16)

(D) Evaluate your organisation's approach to 'risk' in the workplace (K15, S15)

Core: Quality improvement

(P) Describe the quality improvement principles, measures and activities used in your workplace, explaining how you have taken part in an activity and supported others to do the same (K23, S23)

(P) Explain how you have sourced and used a piece of evidence to validate and improve the delivery of care and support within your own scope of practice identifying the principles of investigatory techniques, research and evidence-based practice that you used (K24, S24)

(P) Explain how you have critically appraised a source of information and applied your findings to practice describing the principles of critical thinking and the methods of critical appraisal that you used (K25, S25)

(D) Analyse how you have interpreted evidence and used your findings to inform suggestions for improving practice (K24, S24)

Core: Teamwork, role modelling and leadership

(P) Describe the scope of your role in relation to leadership, examining your own leadership style and giving an example of when you have acted as a role model for someone else (K26, S26)

(P) Explain the scope of your own role in relation to mentoring and supervision, explaining the relationship and differences between leadership, management, supervision and mentoring and giving an example of when you have taken a leadership role (K27, S27)

(D) Compare and contrast examples of when you have led, managed, supervised or mentored another person, explaining how your role is different in each example (K27, S27)

Option 1: Adult nursing support – delegated nursing care and support for adults

(P) Describe a time when you have provided care and support for an individual or their family during the end-of-life phase, exploring the factors which impacted on the care and support given (K33, S33)

Assessment criteria

Key points to remember

(P) Explains the local systems for discharge and transfer of individuals between services, giving an example of when you have contributed to signposting an individual to a relevant agency or service and explaining the availability of services and agencies offered by the wider health and social care system (K34, S34)

(P) Describe how you have recognised and responded to a deterioration in the physical, mental health and wellbeing of an individual, sequencing the signs and symptoms that indicated the deterioration (K35, S35)

(P) Explain how you supported an individual to take responsibility for their own health and wellbeing and to manage their own condition and identifying the impact it had on the individual (K36, S36)

(D) Analyse the actions you took in response to the signs and symptoms that indicate a deterioration in the physical, mental health and wellbeing of an individual, explaining your responsibilities and limits of your competence (K35, S35)

Option 2: Maternity support – delegated maternity care and support for women, babies and their families

(P) Describe a time when you have provided care and support for an individual or their family during the end-of-life phase, exploring the factors which impacted on the care and support given (K33, S33)

(P) Explain the local systems for discharge and transfer of individuals between services, giving an example of when you have contributed to signposting an individual to a relevant agency or service and explaining the availability of services and agencies offered by the wider health and social care system (K34, S34)

(P) Describe how you have recognised and responded to a deterioration in the physical, mental health and wellbeing of an individual, sequencing the signs and symptoms that indicated the deterioration (K35, S35)

(P) Explain how you have supported the personal care of a woman with a urethral catheter describing how you have monitored it regularly and correctly (K40, S40)

Assessment criteria

Key points to remember

(P) Explain how you have identified the baby and the woman, explaining how and why you provided a wristband or label in line with local security procedures (K41, S41)

(P) Describe how you support parents and carers to meet the developmental, nutritional and hygiene needs of babies, explaining the benefits of different feeding methods and the importance of skin-to-skin contact in bonding (K43, S43)

(P) Describe how you worked in partnership with a family or another support service to support individuals in difficult circumstances, bereavement or loss explaining the availability of services and how to access them (K44, S44)

(P) Describe a time when you have supported the midwife and others in the team during an emergency situation during the pregnancy, labour, birth or postnatal period explaining the situation and the scope of your own role (K45, S45)

(D) Analyse the actions you took in response to the signs and symptoms that indicate a deterioration in the physical, mental health and wellbeing of an individual, explaining their responsibilities and limits of your competence (K35, S35)

Option 3: Theatre support – delegated peri-operative care and support for individuals

(P) Describe a time you have participated in team briefing, patient sign in, timeout, sign out and debriefing explaining the local systems and protocols (K48, S48)

(P) Explain how you measure and record an individual's body fluid balance, describing the purpose of recording this and the factors that affect input, output and wound drainage (K50, S50)

(P) Describe how you prepare the clinical environment and provide surgical instrumentation for the surgical team, listing the types, purpose and function of surgical instruments and supplementary items used noting the cost implications such as on cost or commissioning of surgical procedures (K52, S52)

(P) Explain the sequence of activities you carried out on an occasion when you have received, handled or dispatched clinical specimens or blood products, listing the type and use of container used and identifying the procedures for labelling, handling, dispatching, recording and reporting used (K54, S54)

Assessment criteria

Key points to remember

(D) Critically analyse the scope of your role and limits of your competence and that of others in the team in relation to the local systems and protocols used in the perioperative environment (K48, S48)

Option 4: Mental health support – delegated therapeutic techniques and interventions for individuals to promote mental health recovery

(P) Describe how you have recognised and responded to a deterioration in the physical, mental health and wellbeing of an individual, sequencing the signs and symptoms that indicated the deterioration (K35, S35)

(P) Describe how you enable or empower an individual to actively participate in society and how you help the individual to recognise the impact of mental health on themselves and on the family, friendships and life (K60, S60)

(P) Describe a time when you have identified a situation of risk to self or others in the mental health setting and identifies the triggers and the impact of the environment on this occasion explaining the correct actions to take to seek support (K61, S61)

Assessment criteria

Key points to remember

(P) Explain a time when you have involved an individual, their carers or family in the mental health risk management process identifying and listing the types of risk reduction and prevention strategies you used and the impact of these on the individual (K62, S62)

(P) Reflect on how you have reviewed and promoted your own mental health and wellbeing at work explaining the importance of it and the impact it has on your daily work (K63, S63)

(D) Analyse the actions you took in response to the signs and symptoms that indicate a deterioration in the physical, mental health and wellbeing of an individual, explaining your responsibilities and limits of your competence (K35, S35)

Option 5: Children and young people support – delegated clinical and therapeutic activities for children, young people and their families

(P) Describe a time when you have provided care and support for a child, young person or their family during the end-of-life phase, exploring the factors which impacted on the care and support given (K33, S33)

Assessment criteria

Key points to remember

(P) Explain the local systems for discharge and transfer of children or young people between services, giving an example of when you have contributed to signposting a child or young person to a relevant agency or service and explaining the availability of services and agencies offered by the wider health and social care system (K34, S34)

(P) Describe how you have recognised and responded to a deterioration in the physical, mental health and wellbeing of a child or young person, sequencing the signs and symptoms that indicated the deterioration (K35, S35)

(P) Describe how you have supported a child or young person through transitions, showing how you have enabled them to take part in shared or independent decision making. Explain the main life transitions for children and young people and the scope of your own role in relation to the associated legal policy and service frameworks (K65, S65)

(D) Analyse the actions you took in response to the signs and symptoms that indicate a deterioration in the physical, mental health and wellbeing of a child or young person, explaining your responsibilities and limits of your competence (K35, S35)

Assessment criteria**Key points to remember****Option 6: Allied health profession therapy support – delegated therapeutic activities to support individuals in meeting their optimum potential**

(P) Explain the local systems for discharge and transfer of individuals between services, giving an example of when you have contributed to signposting an individual to a relevant agency or service and explaining the availability of services and agencies offered by the wider health and social care system (K34, S34)

(P) Explain how you recognise that mental or physical capacity, health condition, learning disability or overall wellbeing of an individual has impacted on the therapeutic or clinical task, describing any adaptations that you needed to make (K70, S70)

(P) Describe how you facilitate group sessions to support the health and wellbeing of individuals or communities, explaining the strategies and tools you use to engage them (K72, S72)

(P) Explain how you have supported an individual to engage in the community and access activities or resources in line with their treatment, describing which activities and resources are available and how to access them (K73, S73)

Assessment criteria

Key points to remember

(P) Describe how you demonstrated and taught the safe and appropriate use of therapeutic equipment or resources to an individual, explaining the strategies and tools you used to engage them (K76, S76)

(D) Analyse the actions you took in response to different conditions, mental or physical states, explaining the adaptations made to the therapeutic or clinical task and the responsibilities and limits of your competence (K70, S70)

Option 7: Diagnostic imaging support – delegated clinical activities to support service users and their carers before, during and after diagnostic imaging and/or intervention

(P) Describe a time you have participated in team briefing, patient sign in, timeout, sign out and debriefing explaining the local systems and protocols (K89, S89)

(P) Explain how you recognise that mental or physical capacity, health condition, learning disability or overall wellbeing of an individual impacts on the therapeutic or clinical task, describing any adaptations that you need to make (K91, S91)

Assessment criteria

Key points to remember

(P) Describe how you support the multi-disciplinary team in the safe flow of individuals through the imaging environment, explaining the current legislation and best practice in relation to ionising and non-ionising radiation (K79, S79)

(P) Describe how you support practitioners with the preparation and administration of medicines and contrast agents within the scope of your own role in relation to the regulations, procedures and protocols in the workplace (K82, S82)

(P) Describe a time when you have administered medicines supplied by a registered practitioner within the scope of your own role and the roles of others in the team. Describe the risks and mitigations of side effects, adverse responses or non-compliance of these medicines (K83, S83)

(P) Describe a time when you have inserted, flushed and removed a cannula within the scope of your own role and explain the risks and contraindications of cannulation (K84, S84)

Assessment criteria

Key points to remember

(P) Describe the structure and function of the human body, common pathologies and mechanisms of disease and trauma, in relation to imaging examinations. Reflect on how these impact your role in supporting the multi-disciplinary team in the safe delivery of an imaging service (K87, S87)

(P) Explain the signs and symptoms that indicate a deterioration in health and wellbeing of self and others. Describe how you review and promote the health and wellbeing of self and others, including mental health in the workplace (K88, S88)

(D) Justify the actions you took in response to different conditions, mental or physical states, explaining the adaptations made to the therapeutic or clinical task and the responsibilities and limits of your competence (K91, S91))