

# Highfield Level 3 End-Point Assessment for ST0217 Senior Healthcare Support Worker

## Mock Assessment Materials – Mental Health Support

### Professional Discussion Underpinned by a Portfolio of Evidence

Promote health and wellbeing			
Ref	Assessment Criteria (Pass)	Achieved	Not Achieved
PHW1	Explains how they have supported an individual to make informed and positive lifestyle choices in line with national and local definitions of health and wellbeing and the public health priorities, including considering ways of reducing inequalities		
PHW2	Describes how they have actively sought an opportunity to support an individual to maximise their health, taking into account the availability of services and how to make a referral if required		
Ref	Assessment Criteria (Distinction)	Achieved	Not Achieved
PHW3	<i>Compares and contrasts ways in which they have worked to reduce inequalities and support an individual to make informed positive lifestyle choices</i>		

Continuing professional development and reflective practice			
Ref	Assessment Criteria (Pass)	Achieved	Not Achieved
CPD1	Undertakes continuing personal and professional development activities and contributes to the training and development of others showing they are adaptable, reliable and consistent		
CPD2	Outlines how they have participated in the local arrangements for appraisal of performance		
CPD3	Applies the principles of reflective practice to reflect on and develop their own practice		
Ref	Assessment Criteria (Distinction)	Achieved	Not Achieved
CPD4	<i>Analyses the impact of training and development activities on themselves and others</i>		

Risk management			
Ref	Assessment Criteria (Pass)	Achieved	Not Achieved
RM1	Summarises the meaning of 'risk' in the workplace giving evidence that they would take the correct action if they identified a 'risk'		
RM2	Describes how they meet the requirements for providing basic life support, showing an understanding of the techniques and principles required		
RM3	Explains a time when they have recognised and responded to a potential conflict, challenging behaviour or escalating situation giving context to the description by describing common causes of conflict and the correct ways to respond to them		
Ref	Assessment Criteria (Distinction)	Achieved	Not Achieved
RM4	<i>Evaluates their organisation's approach to 'risk' in the workplace</i>		

Quality improvement			
Ref	Assessment Criteria (Pass)	Achieved	Not Achieved
QI1	Describes the quality improvement principles, measures and activities used in their workplace, explaining how they have taken part in an activity and supported others to do the same		
QI2	Explains how they have sourced and used a piece of evidence to validate and improve the delivery of care and support within their own scope of practice identifying the principles of investigatory techniques, research and evidence-based practice that they used		
QI3	Explains how they have critically appraised a source of information and applied their findings to practice describing the principles of critical thinking and the methods of critical appraisal that they used		
Ref	Assessment Criteria (Distinction)	Achieved	Not Achieved
QI4	<i>Analyses how they have interpreted evidence and used their findings to inform suggestions for improving practice</i>		

Teamwork, role modelling and leadership			
Ref	Assessment Criteria (Pass)	Achieved	Not Achieved
TRL1	Describes the scope of their role in relation to leadership, examining their own leadership style and giving an example of when they have acted as a role model for someone else		
TRL2	Explains the scope of their own role in relation to mentoring and supervision, explaining the relationship and differences between leadership, management, supervision and mentoring and giving an example of when they have taken a leadership role		
Ref	Assessment Criteria (Distinction)	Achieved	Not Achieved
TRL3	<i>Compares and contrasts examples of when they have led, managed, supervised or mentored another person, explaining how their role is different in each example</i>		

Option 4: Mental health support			
Delegated therapeutic techniques and interventions for individuals to promote mental health recovery			
Ref	Assessment Criteria (Pass)	Achieved	Not Achieved
MHS6	Describes how they have recognised and responded to a deterioration in the physical, mental health and wellbeing of an individual, sequencing the signs and symptoms that indicated the deterioration		
MHS7	Describes how they enable or empower an individual to actively participate in society and how they help the individual to recognise the impact of mental health on themselves and on the family, friendships and life		
MHS8	Describes a time when they have identified a situation of risk to self or others in the mental health setting and identifies the triggers and the impact of the environment on this occasion explaining the correct actions to take to seek support		
MHS9	Explains a time when they have involved an individual, their carers or family in the mental health risk management process identifying and listing the types of risk reduction and prevention strategies they used and the impact of these on the individual		
MHS10	Reflects on how they have reviewed and promoted their own mental health and wellbeing at work explaining the importance of it and the impact it has on their daily work		

Ref	Assessment Criteria (Distinction)	Achieved	Not Achieved
<b>MHS11</b>	<i>Analyses the actions they took in response to the signs and symptoms that indicate a deterioration in the physical, mental health and wellbeing of an individual, explaining their responsibilities and limits of their competence</i>		