Highfield Level 2 End-Point Assessment for ST0103 Express Delivery Operative

End-Point Assessment Kit



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EPA-Kit

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How to Use this EPA Kit

Welcome to the Highfield End-Point Assessment Kit for the Express Delivery Operative.

Highfield is an independent end-point assessment organisation that has been approved to offer and carry out the independent end-point assessments for the Level 2 Express Delivery Operative Apprenticeship Standard. Highfield internally quality assures all end-point assessments in accordance with its IQA process, and additionally all end-point assessments are externally quality assured by the relevant EQA organisation.

The EPA kit is designed to outline all you need to know about the end-point assessments for this standard and will also provide an overview of the on-programme delivery requirements. In addition, advice and guidance for trainers on how to prepare apprentices for the end-point assessment is included. The approaches suggested are not the only way in which an apprentice may be prepared for their assessments, but trainers may find them helpful as a starting point.

Key facts

Apprenticeship standard: Express Delivery Operative

Level: 2

On Programme Duration: Minimum of 12 months

End-Point Assessment Window: 3 months

Grading: Pass/distinction **End-Point Assessment methods:** Multiple choice test

Role simulation

Professional discussion



In this kit, you will find:

- an overview of the standard and any on-programme requirements
- a section focused on delivery, where the standard and assessment criteria are presented in a suggested format that is suitable for delivery
- guidance on how to prepare the apprentice for gateway
- detailed information on which part of the standard is assessed by which assessment method
- suggestions on how to prepare the apprentice for each part of the end-point assessment
- a section focused on the end-point assessment method where the assessment criteria are presented in a format suitable for carrying out 'mock' assessments



Introduction

Standard overview

The dramatic growth of internet shopping and the use of portable ICT devices have transformed the occupations involved in express delivery services. Using world class equipment and software to provide timed deliveries and collections to homes and businesses; postal workers, couriers and express delivery drivers have a high level of individual responsibility for their working day and delivery route. They may be on foot using trolleys or required to use a vehicle such as a pedal cycle, motorbike, van or lorry. They are an ambassador for the industry, their brand and the goods they carry. They provide a high level of customer service which may include real time tracking of deliveries or the installation of electrical and other goods. They maintain excellent communication throughout the delivery chain from collection to delivery point and dealing correctly with failed deliveries and returns.

On completion, express delivery service apprentices may progress to more senior duties. These may involve supervising, team leading, training or mentoring colleagues or to senior express delivery management roles through further apprenticeships or degree apprenticeships. They may also become self-employed courier drivers which may lead them to create and manage a business and employ others or may move into operational and management roles related to the manual or automated sortation of goods and packages.

On-programme requirements

Although learning, development and on-programme assessment is flexible, and the process is not prescribed, the following is the recommended baseline expectation for an apprentice to achieve full competence in line with the Express Delivery Operative Apprenticeship Standard.

The on-programme assessment approach will be agreed between the training organisation and employer. The assessment will give an ongoing indication of an apprentice's performance against the final outcomes defined in the standard. The training organisation will need to prepare the apprentice for the end-point assessment.

The training programme leading to end-point assessment should cover the breadth and depth of the standard using suggested on-programme assessment methods that integrate the knowledge, skills and behaviour components, and which ensure that the apprentice is sufficiently prepared to undertake the end-point assessment.



The Express Delivery Operative Standard does not include acquisition of a Driving Licence for any class of vehicle. Where it is appropriate to the job role, employers are able to provide licence acquisition training and testing alongside the apprenticeship but this does not form part of the assessment requirements and as stated in the Standard, driving licence acquisition is not co-funded by government as part of the apprenticeship.

The training aspect of this apprenticeship will take a minimum of 12 months to complete. It is recommended that there are quarterly meetings between the employer, apprentice and training organisation to assess the apprentice's development of competency and performance in the workplace. These will inform the decision to enter the apprentice for their end-point assessment.

Use of Artificial Intelligence (AI) in the EPA

Where AI has been used as part of the apprentice's day-to-day work and forms part of a project report, presentation, or artefact, it should be referenced as such within the work. AI must not be used to produce the report or portfolio.

Where AI has been used as part of a portfolio that underpins an interview or professional discussion or any other assessment method, it should be fully referenced within the portfolio.

Readiness for end-point assessment

In order for an apprentice to be ready for the end-point assessments:

- the apprentice must have achieved level 1 English and maths
- the line manager (employer) must be confident that the apprentice has developed all the knowledge, skills and behaviours defined in theFf apprenticeship standard and that the apprentice is competent in performing their role. To ensure this, the apprentice must attend a formal meeting with their employer to complete the gateway readiness report.
- the apprentice and the employer should then engage with Highfield to agree a plan and schedule for each assessment activity to ensure all components can be completed within a 3-month end-assessment window. Further information about the gateway process is covered later in this kit.

If you have any queries regarding the gateway requirements, please contact your EPA Customer Engagement Manager at Highfield Assessment.



Order of end-point assessments

The recommended order of end-point assessment is the multiple choice test; the role simulation; then the professional discussion. The professional discussion will need to be assessed last due to the potential carry over of criteria from the role simulation.

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The Highfield Approach

This section describes the approach Highfield has adopted in the development of this end-point assessment in terms of its interpretation of the requirements of the end-point assessment plan and other relevant documents.

Documents used in developing this end-point assessment

Standard (2020)

https://www.instituteforapprenticeships.org/apprenticeship-standards/express-delivery-operative/

End-point assessment plan (2018 ST0103/AP01)

https://www.instituteforapprenticeships.org/media/1776/st0103 express-delivery-operative l2 assessment-plan-for-publication may-2018.pdf

Specific considerations

Some of the evidence criteria used within the end-point assessment have been written by Highfield and are based on the Express Delivery Operative Apprenticeship Standard and assessment plan.

The apprentice will be assessed against the assessment criteria in each assessment method. The pass criteria have also been included in this EPA kit as an example of what the apprentice should expect to achieve in order to pass.

The role simulation scenario and the criteria this covers will be chosen based on the appropriateness to the apprentice's job role. Only criteria associated with the role simulation scenario the apprentice has been allocated will be carried over to the professional discussion if the assessor was unable to observe these during the role simulation.

There will be a 30-minute Q&A session at the end of the role simulation. This will give the assessor chance to ask the apprentice questions to cover any assessment criteria that they were unable to observe in the 40-minute role simulation.

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Gateway

How to prepare for gateway

After apprentices have completed their on-programme learning, they should be ready to pass through 'gateway' to their end-point assessment.

Gateway is a meeting that should be arranged between the apprentice, their employer and training provider to determine that the apprentice is ready to undertake their endpoint assessment. The apprentice should prepare for this meeting by bringing along workbased evidence, including:

- customer feedback
- recordings
- manager statements
- witness statements

As well as evidence from others, such as:

- mid and end-of-year performance reviews
- feedback to show how they have met the apprenticeship standards while onprogramme

In advance of gateway, apprentices will need to have:

- achieved Level 1 English
- achieved Level 1 maths

Therefore, apprentices should be advised by employers and providers to gather this evidence and undertake these qualifications during their on-programme training. It is recommended that employers and providers complete regular checks and reviews of this evidence to ensure the apprentice is progressing and achieving the standards before the formal gateway meeting is arranged.



The gateway meeting

The gateway meeting should last around an hour and must be completed on or after the apprenticeship on-programme end date. It should be attended by the apprentice and the relevant people who have worked with the apprentice on-programme, such as the line manager/employer or mentor, the on-programme trainer/training provider and/or a senior manager (as appropriate to the business).

During the meeting, the apprentice, employer and training provider will discuss the apprentice's progress to date and confirm if the apprentice has met the full criteria of the apprenticeship standard during their on-programme training. The **Gateway Readiness Report** should be used to log the outcomes of the meeting and agreed by all 3 parties. This report is available to download from the Highfield Assessment website.

The report should then be submitted to Highfield to initiate the end-point assessment process. If you require any support completing the Gateway Readiness Report, please contact your EPA Customer Engagement Manager at Highfield Assessment.

Please note: a copy of the standard should be available to all attendees during the gateway meeting.

Reasonable adjustments and special considerations

Highfield Assessment has measures in place for apprentices who require additional support. Please refer to the Highfield Assessment Reasonable Adjustments Policy for further information/guidance.

ID requirements

Highfield Assessment will need to ensure that the person undertaking an assessment is indeed the person they are claiming to be. All employers are therefore required to ensure that each apprentice has their identification with them on the day of the assessment so the end-point assessor can check.

Highfield Assessment will accept the following as proof of an apprentice's identity:

- a valid passport (any nationality)
- a signed UK photocard driving license
- a valid warrant card issued by HM forces or the police
- another photographic ID card, e.g. employee ID card, travel card, etc.

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Express Delivery Operative Apprenticeship Standard

The following pages contain the express delivery operative apprenticeship standard and the assessment criteria in a format that is suitable for delivery.

Technical Operations			
Knowledge	Skills	Behaviours	
TO1 Range of express delivery services offered to domestic and business customers; concept of 'the last mile', deliveries of all types of goods, care of perishable items, collections and returns across multiple brands, services, concept of reverse logistics	TO11 Deliver goods to customer premises; load and unload goods in a safe way that ensures the safety and condition of the goods and correctly relates to the delivery schedule	TO22 Acts as a company ambassador	
TO2 Learn and maintain UK geographic and local road network knowledge to plan and check routes. Road map reading, use of satellite navigation and postcodes to locate addresses	TO12 Plan and track progress against a schedule, using equipment where required (e.g. scheduling software, satellite navigation)	TO23 Shows pride in work: integrity, aims for excellence, time management	
TO3 Brand presentation related to delivery transport, uniform and sender especially where multiple brands are carried	TO13 Interpret delivery/collection schedules; follow route instructions and company policies and instructions related to collections, deliveries, failed deliveries and returns	TO24 Engages positively with colleagues and clients	



TO4 Operating policies and instructions relating to click and collect drop points, collections and returns. The principles of customer service and service delivery	TO14 Consistently meet customer expectations, respond to customer's needs and identify ways to improve customer service	TO25 Strives to improve service quality
TO5 Hardware and software used to plan and manage deliveries and collection including hand-held devices to verify and record deliveries and provide real time tracking	TO15 Verify delivery or collection of goods. Use manual and ICT systems to confirm delivery and collection and to authorise or make payments for goods where required	TO26 Is proactive in working with colleagues to resolve problems which might affect deliveries and collections
TO6 Numeracy required to calculate load weights, dimensions, pricing schedules, assessing the dimensions of internetgenerated returns	TO16 Comply with the law and with contracts to provide express delivery, postal and courier services	TO27 Takes personal responsibility for the environmental impacts of express delivery, postal and courier services and strives to reduce those impacts
TO7 Principles of commercial and common contract law as applied to express delivery businesses. Principles and laws relating to self-employment in express delivery services	TO17 Work safely in accordance with employment law and traffic law. Where required, operate vehicles to DVSA standards to ensure safety of others and a green environmental impact, minimising fuel use, noise and congestion	TO28 Is mindful of the needs of pedestrians and other road users
TO8 The Laws and Regulations applying to traffic transport operations, and to specific goods (e.g. hazardous goods)	TO18 Operate equipment provided to move, collect and deliver goods and when required use any systems and in compliance with company instructions	TO29 Adopts a healthy lifestyle, eats an appropriate, balanced diet and takes regular exercise to ensure and enhance own health and fitness to work



TO9 How personal health and lifestyle impacts on ability to work safely and efficiently. The elements of an appropriate, balanced diet and the range of exercises and fitness regimes or techniques that will ensure and maintain fitness for work	requirements relating to express delivery services and where required, with a contract from a client company			
TO10 Legal and safe procedures, including the manufacturers' instructions for installing electrical and other goods when these are part of delivery services	TO20 Uses diet, exercise and fitness techniques appropriate to job role TO21 Where required to carry out basic installation of goods, use correct manual handling techniques and use correct tools and equipment in compliance with manufacturer's installation instructions			
	Multiple choice test			
Criteria covered in multiple choice test				
1 1 () 1	Range of express delivery services offered to domestic and business customers; concept of 'the last mile', deliveries of all types of goods, care of perishable items, collections and returns across multiple brands, services, concept of reverse logistics			
TO1.1 State a range of express delivery services offered to domestic and business customers				
TO1.2 Explain the concept of 'the last mile'				
TO1.3 Describe deliveries of all types of goods, care of perishable items , collections and returns across multiple brands and services				
TO1.4 Explain the concept of reverse logistics				
TO2 Learn and maintain UK geographic and local road network knowledge to plan and check routes. Road map reading, use of satellite navigation and postcodes to locate addresses				



TO2.1	Learn and maintain UK geographic and local road network knowledge to plan and check routes
	Use road map reading, satellite navigation and postcodes to locate addresses
тоз	Brand presentation related to delivery transport, uniform and sender especially where multiple brands are carried
TO3.1	Outline brand presentation related to delivery transport, uniform and sender especially where multiple brands are carried
TO4	Operating policies and instructions relating to click and collect drop points, collections and returns. The principles of customer service and service delivery
TO4.1	State the operating policies and instructions relating to click and collect drop points, collections and returns.
TO4.2	State the principles of customer service and service delivery
TO5	Hardware and software used to plan and manage deliveries and collection including hand-held devices to verify and record deliveries and provide real time tracking
TO5.1	Outline the hardware and software used to plan and manage deliveries and collections including hand-held devices
т06	Numeracy required to calculate load weights, dimensions, pricing schedules, assessing the dimensions of internet-generated returns
TO6.1	Show numerical skills required to calculate:
	• load weights
	• dimensions
	• pricing schedules
TO6.2	Assess the dimensions of internet-generated returns
T07	Principles of commercial and common contract law as applied to express delivery businesses. Principles and laws relating to self-
107	employment in express delivery services
TO7.1	State the principles of commercial and common contract law as applied to express delivery businesses
TO7.2	State the principles and laws relating to self-employment in express delivery service
TO8	The Laws and Regulations applying to traffic transport operations, and to specific goods (e.g. hazardous goods)
TO8.1	Outline the law and regulations applying to: • traffic



	 transport operations specific goods (e.g. hazardous good 	s)		
TO10	Legal and safe procedures, including the manufacturers' instructions for installing electrical and other goods when these are part of delivery services			
TO10.1	•	cluding the manufacturers' instructions for inst	alling electrical and other goods where	
		Role Simulation		
Criteria	covered in role simulation			
TO11	correctly relates to the delivery sche		ures the safety and condition of the goods and	
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7	1	
Assessi	Assessment Criteria To pass, the following must be evidenced. To gain a distinction, the following must evidenced.			
T011.1	Deliver goods to customer premises	Show goods loaded and unloaded safely and deliver without damage and on schedule	TO11.5 Achieve the delivery ahead of schedule	
TO11.2	Load and unload goods in a safe way			
	Load and unload maintaining condition of goods			
	Maintain delivery schedule to customer premises			
TO12	Plan and track progress against a schedule, using equipment where required e.g. scheduling software, satellite navigation Role Simulation Scenarios: 1			
Assessi	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.	



TO12.1 Plan a schedule of collections an deliveries	d Plan a schedule and track the progress for collection and deliveries	TO12.5 Show the use of route planning software and sat navigation where available
TO12.2 Track progress of collections and deliveries	Use sat navigation where available	
TO12.3 Use software packages for scheduling routes		
TO12.4 Use equipment for locations, sat if available	nav	
TO13 Interpret delivery/collection so deliveries, failed deliveries and Role Simulation Scenarios: 1, 2,		icies and instructions related to collections,
Assessment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO13.1 Understand collection and deliver schedules	understand a schedule or route for collection and delivery and deal with a failed delivery and a return	TO13.4 Show recognition of improvement in the route schedule
TO13.2 Understand route instructions for collections and deliveries	,	
TO13.3 Deal with failed delivery and retu within schedule and policy	urns	
TO14 Consistently meet customer ex Role Simulation Scenarios: 1	pectations, respond to customer's needs and identif	fy ways to improve customer service



Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO14.1	. Achieve timed delivery and collection within the schedule	Achieve a timed delivery to schedule and respond to a customer need for re-delivery	TO14.3 Explain advice to the customer of the schedule for re-delivery
TO14.2	Review schedule to client change – re-delivery		
TO15	payments for goods where required	. Use manual and ICT systems to confirm deliver	ery and collection and to authorise or make
Assess	Role Simulation Scenarios: 1, 2, 3, 4, ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO15.1	. Getting proof of collection or delivery, use paper or ICT	Verify proof for collection or delivery of goods and the payment made to collect such goods where appropriate	TO15.3 Gain both a signature and print for clarity
TO15.2	Deal with payment transactions for collection and deliveries		
TO18	Operate equipment provided to mov compliance with company inst	ve, collect and deliver goods and when required ructions	d use any systems and ancillary equipment in
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7	
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
	Identify goods that need equipment to move Use such equipment correctly and	Identify goods that need equipment to move and use that equipment correctly and within company instructions	TO18.3 Identify a group of goods that could be moved together using equipment
	within company instructions		



TO19	Comply with legal and regulatory requirements relating to express delivery services and where required, with a contract from a client company		
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7	
Assessi	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO19.1	Recognise law and regulations such as safeguarding and protect	Understand the law and regulations relating to express delivery such as the rules for dealing with hazardous goods and clients	TO19.4 D etailed knowledge, able to name four hazardous goods likely to be found in express deliveries
TO19.2	Recognise law and regulations for the movement of goods such as hazards	own regulations for goods	
TO19.3	Recognise client regulations for their goods		
TO21		stallation of goods, use correct manual handlin	g techniques and use correct tools and
	equipment in compliance with manu	facturers installation instructions	
	Role Simulation Scenarios: 3		
Assessi	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO21.1	Where required, correctly build or install delivered goods	Build and install goods where required, using safe manual handling with the correct tools to the guidance of manufacturer's	TO21.4 Connect goods where required and appropriate and check they are working
TO21.2	Use correct manual handling for such build or installation of goods	instructions	



	Build or install goods within the manufacturer's instructions			
TO22	Acts as a company ambassador			
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7		
Assessr	nent Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.	
TO22.1	Life in the brand, logo, paperwork	Show ethos of life in the brand of an express operator	TO22.4 Show a mission statement or sales document of the brand	
TO22.2	Uniform/clothing as part of the job –			
	cleaning it etc.	Identify the logo and brand most appropriate on clothing or equipment		
TO22.3	Ambassador from bag to vehicle,			
	cleaning it	Identify appropriate equipment from a choice of clean and dirty		
TO23	Shows pride in work: integrity, aims	for excellence, time management		
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7		
Assessr	nent Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.	
TO23.1	Pride in work and positive attitude	Show pride in express delivery, able to identify a positive mission statement, then	TO23.3 Show integrity, identifying constraint of a package not appropriate for a	
TO23.2	Integrity in work	identify the most appropriate service (client asks for a cost efficient delivery that is not urgent) Show the best choice on a service option card	service. (This package has been identified as hazardous so cannot go on a 9am next day letter etc.)	
	Professional Discussion			



TO9	covered in professional discussion How personal health and lifestyle impacts on ability to work safely and efficiently. The elements of an appropriate, balanced		
	diet and the range of exercises and	fitness regimes or techniques that will ensure	e and maintain fitness for work
Assessr	nent Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
	Personal health and working safely, lean air and low emission zones	State the contents of a balanced diet Identify a range of exercises and fitness	TO9.4 Explain the impact of a balanced diet on more than one work styles, walking, bike or van delivery
	ifestyle impacts on personal health, hift patterns	regimes	operative
		Identify shift pattern impact on lifestyle	
	Ability to work safely and efficiently ille maintaining personal health		
TO12	Plan and track progress against a sch	edule, using equipment where required e.g. s	cheduling software, satellite navigation
Assessr	nent Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
	Plan a schedule of collections and deliveries	Plan a schedule and track the progress for collection and deliveries	TO12.5 Show the use of route planning software and sat navigation where available
	Track progress of collections and deliveries	Use sat navigation where available	
	Use software packages for scheduling routes		
	Use equipment for locations, sat nav if available		



Assessmen	nt Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
	nieve timed delivery and ection within the schedule	Achieve a timed delivery to schedule and respond to a customer need for re-delivery	TO14.3 Explain advice to the customer of the schedule for re-delivery
	view schedule to client change – delivery		
TO16 (Comply with the law and with cont	racts to provide express delivery, postal and co	ourier services
Assessmen	nt Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
	derstand law of employment in tract with operator	Identify the contract or engagement services with the employer or operator	TO16.3 Explain the sector platform variations of self-employment and PAYE
	derstand common law for working ctices		
	-	ployment law and traffic law. Where required, environmental impact, minimising fuel use, no	-
Assessmen	nt Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
em	derstand match between ployment law and traffic law	State match between employment law and traffic law and understand the safety and environmental impact of operating a bicycle,	TO17.4 Explain the measures in environmental operation such as safe and fuel efficient driving
•	erate bicycle, trolley or vehicle ely withing traffic law	trolley or vehicle	TO17.5 Recognise wins for cycle and zero emission deliveries
•	erate such vehicle in an rironmentally friendly way		



TO20 Uses diet, exercise and fitness tech	niques appropriate to job role	
Assessment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO20.1 Apply an appropriate balanced diet	Identify a diet and exercise appropriate to	TO20.3 Describe the implications of diet,
to the demands of the job	the job role and detail the most appropriate fitness regime	exercise and fitness regimes in other express roles from walking post to
TO20.2 Use a range of exercise and fitness regimes appropriate to job		heavy vehicle driver
TO21 Where required to carry out basic in	stallation of goods, use correct manual handlin	g techniques and use correct tools and
equipment in compliance with manu	facturers installation instructions	
Assessment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO21.1 Where required, correctly build or install delivered goods	Build and install goods where required, using safe manual handling with the correct tools to the guidance of manufacturer's	TO21.4 Connect goods where required and appropriate and check they are working
TO21.2 Use correct manual handling for such build or installation of goods	instructions	
TO21.3 Build or install goods within the manufacturer's instructions		
TO24 Engages positively with colleagues	and clients	
Assessment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO24.1 Works well and interacts with work colleagues	Explain the importance of engagement with colleagues and clients – use communication on delivery times as an example	TO24.3 Describe communication to clients with an example of delivery time advice
TO24.2 Works well with clients		



		'This package on this service is likely to arrive between the hours of'	
TO25	Strives to improve service quality		
Assessi	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO25.1	Understand service quality in express delivery	State service quality, on time deliveries and other services available such as time slot or next day before and after mid-day or Sunday	TO25.3 Describe constraints of service time deliveries over distance such as Scottish Highlands not same day
TO25.2	Improvement opportunities in	deliveries	
	service quality such as other services		
	more appropriate (next day, before		
	and after mid-day, Sunday, etc.)		
TO26	Is proactive in working with colleag	ues to resolve problems which might affect de	liveries and collections
Assessi	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO26.1	Delivery and collection problems	Describe delivery and collection problems in	TO26.4 State one constraint from the below:
	such as distance too far for service	the time and distance relationship to the	
	provision (Scottish Highlands same day etc.)	journey of the packets and goods Explain external problems such as an	 The problem of overweight packages for services, 25kg box booked on a cycle delivery needs
TO26.2	Delivery and collection problems	accident or road closure	a van to resolve the problem of
	from external events such as	decident of road closure	collection
	weather, accident or road closure	Explain weather constraints such as rain,	Poor weather conditions for a
	weather, accident of road closure	sleet and snow delays	package not waterproof, fragile
	Communication of problems effecting collection or delivery to colleagues	Siece and Show delays	needs care. Explain to colleagues or stamp or mark fragile etc.



	Explain communicating such problems to	
	colleagues such as road closure advice for	
	key routes	
TO27 Takes personal responsibility for the reduce those impacts	ne environmental impacts of express delivery, p	oostal and courier services and strives to
Assessment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO27.1 Environmental impact of express	Explain the environmental impact of express	TO27.5 Identify ultra-low emission vehicles
delivery	delivery, clean air and vehicle pollution	and zero emission vehicles for inner city delivery
TO27.2 Clean air, pollution from vehicles	Explain alternative power vehicles	
TO27.3 Alternative fuel vehicles, ultra-low	Explain congestion and clean air access zones	
emission and zero emission deliveries	for inner cities	
TO27.4 Congestion zone and clean air zone		
access in inner cities		
TO28 Is mindful of the needs of pedestri	ans and other road users	
Assessment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO28.1 Operating or driving a delivery	State the implications to others when	TO28.3 Explain the impact of parking delivery
vehicle in a defensive manner	operating or driving delivery equipment or a	equipment or a vehicle restricting
	vehicle on a road or pavement	access on a pavement or road
TO28.2 Parking delivery equipment or		
vehicle to make a collection or	Explain the needs of access by others such as	
delivery	all access agents at a delivery point	



TO29	Adopts a healthy lifestyle, eats ar fitness to work	appropriate, balanced diet and takes regular ex	kercise to ensure and enhance own health and
Assessn	nent Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO29.1	Lives a healthy personal lifestyle	State a healthy lifestyle with an appropriate diet and exercise in express role	TO29.4 Explain how a shift pattern impacts on sleep for express roles at early or
TO29.2	Eats a balanced and healthy diet	Explain the difference of lifestyles between	late hours of shifts
	Lifestyle match to job role with exercise	walking post and light van driver in terms of healthy diet and appropriate exercise	

Amplification and Guidance

• Domestic and business customers

Domestic customers - UK-based or household, non-contracted customers, door-to-door, localised teams for full domestic reach, one-off deliveries

Business customers - multiple or contracted deliveries, deliveries for (customers') business needs

'the last mile'

The movement of goods from a transportation hub to its final destination

Perishable items

E.g. food items, time-sensitive or temperature-monitored goods

Reverse logistics

The movement of goods back to the seller

• Company ambassador



A person who represents and promotes the company in a positive way

• Green environmental impact

Reduced emissions, vehicle serviced (exhaust function) and tyres checked, efficient logistical planning, keeping a constant steady speed, monitor fuel consumption, consider noise pollution, keeping to speed limits

Ancillary equipment

Mechanical or technical additions to main pieces of equipment such as pipes and fittings

Hazardous goods

Paints, solvents, pesticides, cleaning chemical, explosives, flammables Must hold an ADR certificate to transport

Defensive driving

Safe driving strategies that allow the driver to assess risks and respond in a timely manner

• Match between employment law and traffic law

Employment laws regarding working times and driver hours and how this can be impacted due to traffic laws such as speed limits

	Financial	
Knowledge	Skills	Behaviours
FT1 The business models for express delivery services; employed and self-employed couriers, types of contract and payment processes used by companies	FT3 Works in a way that minimises business costs while meeting customer requirements	FT4 Acts with integrity and honesty in all financial dealings, astute in work activities and acts credibly



FT2 W	here costs occur in the business		
pr	rocess		
		Multiple Choice Test	
Criteria	a covered in multiple choice test		
FT1	The business models for express delivery services; employed and self-employed couriers, types of contract and payment processes used by companies		
	-	ss delivery services: employed and self-employe	ed couriers
FT1.2	Outline the different types of contract a	and payment processes used by companies	
		Role Simulation	
Criteria	a covered in role simulation		
FT3	Work in a way that minimises busine	ess costs while meeting customer requirements	S
	Role Simulation Scenarios: 4		
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
FT3.1 9	Show ability to minimise business cost	Identify the cost of different services to	FT3.4 Identify three service variations of
(of deliveries (time and route)	customers from same and next day rate cards, etc.	same day, next day and multi day delivery schedules from rate cards or
FT3.2 Optimise customer offer to cost (time			sales material
ć	and value for same/ next day etc.)	Show an understanding and explain the cost of delivery failure to the operator	
FT3.3	Minimise business cost of delivery		
f	failure and returns		
		Professional Discussion	



Criteria covered in professional discussion		
FT2 Where costs occur in the business pr	ocess	
Assessment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
FT2.1 Costs in the express process for mail failure, returns and not at this address	Identify returns and failed deliveries that create cost	FT2.3 Explain that returned delivery costs are the most expensive part of a client chain
FT2.2 Costs in operations equipment, from bag to trolley, walking to wheels and operational equipment	Identify operational equipment costs and state that the loss or damage of equipment creates more costs	
FT3 Work in a way that minimises busine	ess costs while meeting customer requirements	S
Assessment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
FT3.1 Show ability to minimise business cost of deliveries (time and route)	Identify the cost of different services to customers from same and next day rate cards, etc.	FT3.4 Identify three service variations of same day, next day and multi day delivery schedules from rate cards or
FT3.2 Optimise customer offer to cost (time and value for same/ next day etc.)	Show an understanding and explain the cost of delivery failure to the operator	sales material
FT3.3 Minimise business cost of delivery failure and returns		
FT4 Acts with integrity and honesty in al	l financial dealings, astute in work activities an	d acts credibly
Assessment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.



FT4.1 Lives integrity and honesty in all personal financial dealings (Tax NIS Self-employment)	State a life value of integrity and honesty in dealing with pay and fees, packages and financial dealings with express delivery services	FT4.3 Explain the future customer value from an action of integrity and honesty
FT4.2 Lives integrity and honesty goods (security of packages)		
FT4.3 Lives integrity and honesty in commercial dealings (quotes and payments for deliveries)		

Amplification and Guidance

- Business models
 - A company's strategy for earning profit over time
- Customer value

The level of satisfaction a customer experiences when compared to the product, goods or services received

	Safety	
Knowledge	Skills	Behaviours
SF1 Health and safety and specific security regulations related to goods carried and how these impact on duties	SF5 Comply with rules and regulations relating to the movement and handling of items, handling goods correctly using lifting and other equipment where appropriate	SF9 Shows concern about the safety of self, customers and the wider public



an	e principles of safe manual handling d the correct use of trollies and lifting uipment	SF6 Apply safeguarding policy whenever deliveries involve young persons or vulnerable adults	SF10 Follows organisations security policies during deliveries
po ex se	e potential environmental and air ollution hazards associated with press delivery, postal and courier rvices in urban and rural ovironments	SF7 Maintain the health, safety and security of self, colleagues and customers during deliveries	SF11 Follows safeguarding policies during deliveries to young persons or vulnerable adults
or: sa	tional legislation and own ganisations policy with regard to feguarding young people and Inerable adults	SF8 Carry out appropriate daily equipment or vehicle checks and rectify or report faults	SF12 When riding or driving vehicles, adopts a defensive driving approach
		Multiple Choice Test	
Criteria	a covered in multiple choice test		
SF1	Health and safety and specific securi	ty regulations related to goods carried and how	w these impact on duties
	State the health and safety and specific Describe how health and safety regulation		
SF2	F2 The principles of safe manual handling and the correct use of trollies and lifting equipment		
SF2.1 S	state the principles of safe manual hand		
SF2.2 (Outline the correct use of trollies and lif	ting equipment	
SF3	The potential environmental and air rural environments	pollution hazards associated with express deli	very, postal and courier services in urban and



r	ural environments		
		Role Simulation	
Criteri	a covered in role simulation		
SF5	Comply with rules and regulations re other equipment where appropriate	elating to the movement and handling of items	, handling goods correctly using lifting and
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7	
Assess	sment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
SF5.1 Understand rules and regulations and show where to find them		Handle and move goods correctly within the rules and regulations, use equipment where appropriate, such as heavy goods	SF5.4 Identify two more types of goods where regulations may be found for their movement
SF5.2	Show good handling of goods		
	Show lifting of goods and use of equipment where appropriate		
SF6	Apply safeguarding policy whenever	deliveries involve young persons or vulnerable	e adults
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7	
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
	dentify young or vulnerable people at collection or delivery point	Challenge the age and vulnerability of a person at the delivery or collection, use the safeguarding policy correctly	SF6.3 Identify goods that are likely to conflict with a collection or delivery such as age related DVDs, alcohol, etc.
	Apply safeguarding policy where dentified appropriate		



SF7	Maintain the health, safety and secu	rity of self, colleagues and customers during d	eliveries
	Role Simulation Scenarios: 1, 2, 3, 4, 5, 6, 7		
Asses	sment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
SF7.1	Identify dangers to self, colleagues, and customers	Recognise a danger at the delivery or collection point, act to maintain health, safety and security	SF7.4 Having identified a danger zone, explain the option to leave the delivery at a neighbouring property
SF7.2	Identify delivery zones prone to animal		
	attack		
SF7.3	Maintain health, safety and security		
SF8	Carry out appropriate daily equipme	ent or vehicle checks and rectify or report fault	s
Role Simulation Scenarios: 1, 2, 3, 4, 5, 6, 7			
Asses	sment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
SF8.1	Understand daily equipment and vehicle checks	Show an understanding of the equipment checks and carry out those checks	SF8.3 Rectify equipment where the check has identified a fault, (such as tyre inflation)
SF8.2	Carry out such checks, rectify where		
	appropriate or report		
SF9	Shows concern about the safety of s		
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7	
Asses	sment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
SF9.1	Living inside a safe and healthy environment	Identify danger from labels or signs such as 'beware of the dog', 'hazardous goods' and 'sharp objects in package'	SF9.4 Able to grade danger, placing signs or labels in order of gravity of danger,



SF9.2 Health and safety of customers		Place such labels in order of danger to self,	such as 'wet paint on gate' and		
		the customer or the wider public	'beware of guard dog'		
SF9.3 ⊦	lealth and safety of the wider public				
SF10	Follows organisations security policies during deliveries				
	Role Simulation Scenarios: 1, 2, 3, 4, 5, 6, 7				
Assessment Criteria		To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.		
SF10.1	Show the actions for security policy	Show the actions for security policy during	SF10.3 Show the action taken when a		
	during delivery such as collecting	delivery, collecting proof of delivery by	customer is absent such as leave		
	proof of delivery by electronic or	electronic or signature	with a neighbour or at a secure drop		
	signature		location and take a photo		
		Challenge when a customer may be young,			
SF10.2 Challenge when a customer may be		and the goods are over 18 such as alcohol			
	young, and the goods are over 18				
	such as alcohol				
SF11	Follows safeguarding policies during	deliveries to young persons or vulnerable adu	ılts		
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7			
Assessment Criteria		To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.		
SF11.1 Challenge to identify a young or vulnerable adult		Challenge to identify a young or vulnerable	No distinction grade		
		adult, show delivery actions within the			
		safeguarding policy when delivering			
SF11.2 Show delivery actions within the					
	safeguarding policy when delivering.				
		Professional Discussion			
Criteria	a covered in professional discussion				
SF4	National legislations and own organisations policy with regard to safeguarding young people and vulnerable adults				



Assessment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
SF4.1 Working in vulnerable environments impacting on personal safety	State the national policy on safeguarding . Identify vulnerable individuals and the environments they may be found in	SF4.4 Explain the parcels that may be related to vulnerable individuals such as alcohol and over 18 items
SF4.2 Guidance with regards to safeguarding	, ,	
SF4.3 Policy on young people and vulnerable adults		
SF12 When riding or driving vehicles, ado	pts a defensive driving approach	
Assessment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
SF12.1 Explain the benefits of defensive driving to the safety of self and others	Pass only where specific role is appropriate to a vehicle	No distinction grade
	Explain the benefits of defensive driving to the safety of self and others	
	Amplification and Guidance	

• Defensive driving approach

Safe driving strategies that allow the driver to assess risks and respond in a timely manner

• Hazardous goods

Paints, solvents, pesticides, cleaning chemical, explosives, flammables Must hold an ADR certificate to transport

• National policy on safeguarding

National legislations and your own company's policies with regard to safeguarding young people and vulnerable adults and how these apply to your day to day work role



Contingencies					
Knowledge		Skills	Behaviours		
CT1 Principles of initial risk assessment of load prior to commencing duties. Dynamic risk assessment during deliveries Criteria covered in multiple choice test		CT2 Apply dynamic risk assessment principles to plan and respond to changing (e.g. footpath closures, road diversions, incidents and accidents) Multiple Choice Test of load prior to commencing duties. Dynamic ri	CT3 Is calm under pressure and focused on solutions not problems sk assessment during deliveries		
	State the principles of initial risk assess Outline dynamic risk assessment durir	ment of load prior to commencing duties g deliveries Role Simulation			
Criteri	a covered in role simulation				
CT2	Apply dynamic risk assessment principles to plan and respond to changing circumstances e.g. footpath closures, road diversions, incidents and accidents Role Simulation Scenarios: 1				
Assessment Criteria		To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.		
CT2.1 Show dynamic risk assessment to footpath closures		Adapt the delivery route when faced with road or footpath closure advice	for when there is a footpath closure, a road closure or an incident or accident occurred on route		



CT2.2 Show dynamic risk assessment to		Explain a dynamic assessment when dealing			
road diversions (new routes)		with an incident or accident on a delivery or			
		collection route			
CT2.3 Show dynamic assessment to					
incidents and accidents on route					
CT3	Is calm under pressure and focused on solutions not problems				
Role Simulation Scenarios: 1, 2, 3, 4, 5, 6, 7					
Assessment Criteria		To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.		
CT3.1 Living and working in a calm manner		Show a professional manner when given a timed delivery action	CT3.3 Show positive communication when making a delivery action to explain		
CT3.2 Coping with time and value in express		·	the delay		
deliveries		Show calm when same delivery action is			
		interrupted with a delay such as using the			
		stairs as the lift is no longer working or			
		finding a letter that has become mixed into			
		many in a delivery bag			
		Professional Discussion			
Criteri	a covered in role simulation				
CT2	Apply dynamic risk assessment principles to plan and respond to changing circumstances e.g. footpath closures, road diversions, incidents and accidents				
Assessment Criteria		To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.		



CT2.1 Show dynamic risk assessment to	Adapt the delivery route when faced with	CT2.4 Explain the communication procedure
footpath closures	road or footpath closure advice	for when there is a footpath closure, a
		road closure or an incident or
CT2.2 Show dynamic risk assessment to	Explain a dynamic assessment when dealing	accident occurred on route
road diversions (new routes)	with an incident or accident on a delivery or collection route	
CT2.3 Show dynamic assessment to		
incidents and accidents on route		

Amplification and Guidance

Dynamic risk assessment

Continually assessing the risk of a situation or event and adapting to that situation appropriately by removing identified risks

- Positive communication
 - Can build trust, resolve issues, provide clarification, improve productivity, etc.

 Open body language, empathy, politeness, avoid and/or mitigate the likelihood of conflict



Assessment Summary

The end-point assessment for the Express Delivery Operative Apprenticeship Standard is made up of 3 components:

- 1. Multiple choice test consisting of 25 multiple-choice questions of 45-minutes duration
- 2. Role simulation of approximately 40-minutes duration (with a time tolerance of ten percent), followed by a 30-minute Q&A session
- 3. Professional discussion of approximately 40-minutes duration (with a time tolerance of ten percent)

As an employer/training provider, you should agree a plan and schedule with the apprentice to ensure all assessment components can be completed effectively.

Each component of the end-point assessment will be assessed against the appropriate criteria laid out in this kit and a mark allocated. The grade will be determined using the combined mark.

Multiple choice test

Total marks available are 25.

- To achieve a pass, apprentices will score at least 15 out of 25
- To achieve a distinction, apprentices will score at least 20 out of 25
- Unsuccessful apprentices will have scored 14 or below

The test will be delivered onscreen. It should be away from the day to day pressures of work and in a 'controlled' environment, which may be on or off the employer's premises.

Role Simulation

To achieve a pass in the role simulation:

all pass criteria must be covered

To achieve a distinction in the role simulation:

• all pass and all distinction criteria must be covered

The simulation should take place in a relevant office or depot environment.



Professional discussion

To achieve a pass in the professional discussion:

• all pass criteria must be covered

To achieve a distinction in the professional discussion:

• all pass and all distinction criteria must be covered

The professional discussion must be conducted in a 'controlled' environment. It may be conducted using technology such as video link, as long as fair assessment conditions can be maintained.

Grading

The apprenticeship includes pass and distinction grades with the final grade based on the apprentice's combined performance in each assessment activity.

In order to pass the apprentice is required to pass each of the three assessments.

In order to achieve a distinction, the apprentice must gain a distinction in all three of the assessments.

The overall grade for the apprentice is determined using the matrix below.

Multiple choice	Role	Professional	Overall grade
test	Simulation	Discussion	awarded
Fail any of the	three assessm	ent activities	Fail
Pass	Pass	Pass	Pass
Distinction	Pass	Pass	Pass
Pass	Distinction	Pass	Pass
Pass	Pass	Distinction	Pass
Distinction	Distinction	Pass	Pass
Distinction	Pass	Distinction	Pass
Pass	Distinction	Distinction	Pass
Distinction	Distinction	Distinction	Distinction



Re-take and Resit information

Should an apprentice fail one or more of the assessment activities on the first attempt, a re-sit should be scheduled as soon as the apprentice is ready, when practicable for the business and in line with the policies, practices and procedures of Highfield. If a **retake** is chosen, the apprentice will require a period of further learning and will need to complete a retake checklist. Once this is completed, please call the Highfield scheduling team to arrange the retake.

A resit does not require further learning whereas a retake does.

The re-sit is normally expected to take place after all the required assessments have been taken and the individual assessment results and overall apprenticeship result has been given to the apprentice. A re-sit can only be taken within a minimum of 30 working days and a maximum of 90 working days following their first attempt at the EPA.

If an apprentice fails to meet the overall pass grade after a re-sit, their employer and training provider must review the apprentice's EPA performance and decide whether or not they require further learning and training before attempting to re-take. The employer should then notify Highfield when they feel the apprentice will be ready to attempt the EPA.

Re-sit/retakes will not be offered to apprentices wishing to move from pass to distinction. The maximum grade awarded for a re-sit or re-take will be capped at a pass grade unless exceptional circumstances are identified accounting for the original fail.



Assessing the Multiple Choice Test

The following knowledge areas of the Express Delivery Operative Apprenticeship Standard will be assessed by a 45 minutes multiple choice test consisting of 25 multiple-choice questions with a pass mark of 15 out of 25. It consists of 20 multiple choice questions to test knowledge and 5 questions based on role scenarios.

The topics covered within the test are listed below:

- Technical Operations
- Financial
- Safety
- Contingencies

In each paper, questions will cover each of the areas above, however not every aspect of every area will be covered in every test.

The multiple choice test will test knowledge across all elements of knowledge in the standard; it may therefore involve knowledge or a workplace scenario that is not directly applicable to the apprentice's current job role.

Before the assessment

The employer/training provider should:

- brief the apprentice on the areas that will be assessed by the knowledge test
- in readiness for end-point assessment, set the apprentice a mock multiple choice test. The mock tests are available on the mock e-assessment system.



Multiple Choice Test Criteria

	Technical Operations
TO1 Range of express delivery services	TO1.1 State a range of express delivery services offered to domestic and business customers
offered to domestic and business	
customers; concept of 'the last mile',	TO1.2 Explain the concept of 'the last mile'
deliveries of all types of goods, care of	
perishable items, collections and	TO1.3 Describe deliveries of all types of goods, care of perishable items , collections and
returns across multiple brands,	returns across multiple brands and services
services, concept of reverse logistics	
	TO1.4 Explain the concept of reverse logistics
TO2 Learn and maintain UK geographic and	TO2.1 Learn and maintain UK geographic and local road network knowledge to plan and
local road network knowledge to plan	check routes
and check routes. Road map reading,	
use of satellite navigation and	TO2.2 Use road map reading, satellite navigation and postcodes to locate addresses
postcodes to locate addresses	
TO3 Brand presentation related to delivery	TO3.1 Outline brand presentation related to delivery transport, uniform and sender
transport, uniform and sender	especially where multiple brands are carried
especially where multiple brands are	
carried	
TO4 Operating policies and instructions	TO4.1 State the operating policies and instructions relating to click and collect drop points,
relating to click and collect drop points,	collections and returns
collections and returns. The principles	
of customer service and service	TO4.2 State the principles of customer service and service delivery
delivery	
TO5 Hardware and software used to plan	TO5.1 Outline the hardware and software used to plan and manage deliveries and
and manage deliveries and collections	collections including hand-held devices



	Technical Operations
including hand-held devices to verify and record deliveries and provide real time tracking	
TO6 Numeracy required to calculate load weights, dimensions, pricing schedules, assessing the dimensions of internet- generated returns TO6.1 Show numerical skills required to calculate: load weights dimensions pricing schedules TO6.2 Assess the dimensions of internet-generated returns	
TO7 Principles of commercial and common contract law as applied to express delivery businesses. Principles and laws relating to self-employment in express delivery service	TO7.1 State the principles of commercial and common contract law as applied to express delivery businesses TO7.2 State the principles and laws relating to self-employment in express delivery service
TO8 The Laws and Regulations applying to traffic, transport operations, and to specific goods e.g. hazardous goods	 TO8.1 Outline the laws and regulations applying to: traffic transport operations specific goods (e.g. hazardous goods)
TO10 Legal and safe procedures, including the manufacturers' instructions for installing electrical and other goods when these are part of delivery services	TO10.1 State the legal and safe procedures, including the manufacturers' instructions for installing electrical and other goods where appropriate



	Financial
FT1 The business models for express	FT1.1 Describe the business models for express delivery services: employed and self-
delivery services; employed and self-	employed couriers
employed couriers, types of contract	FT1.2 Outline different types of contract and payment processes used by companies
and payment processes used by	
companies	

Safety		
SF1 Health and safety and specific	SF1.1 State the health and safety and specific regulations related to goods carried	
regulations related to goods carried		
and how these impact on duties	SF1.2 Describe how health and safety regulations impact on your duties	
SF2 The principles of safe manual handling	SF2.1 State the principles of safe manual handling	
and the correct use of trollies and	f trollies and	
lifting equipment	SF2.2 Outline the correct use of trollies and lifting equipment	
SF3 The potential environmental and air	SF3.1 State the potential environmental and air pollution hazards associated with express	
pollution hazards associated with	delivery, postal and courier services in urban and rural environments	
express delivery, postal and courier		
services in urban and rural		
environments		

Contingencies		
CT1 Principles of initial risk assessment of	CT1.1 State the principles of initial risk assessment of load prior to commencing duties	
load prior to commencing duties.		
Dynamic risk assessment during	CT1.2 Outline dynamic risk assessment during deliveries	
deliveries		



Assessing the Role Simulation

The end-point assessment plan states that apprentices are required to carry out the duty in the role simulation while being observed and assessed by an independent assessor. Each role simulation is a simulation of a typical operational duty in Express Delivery and relates to specific training that will have been undertaken during the apprenticeship training programme prior to assessment. The role simulation will allow the apprentice to demonstrate skills and behaviours within the job role.

One simulation will be selected from the seven that are available. Highfield will choose (post-gateway) which one of the seven role simulations listed below that the apprentice will carry out during their EPA. In selecting the role simulation, the end-point assessor and the employer must ensure that all skills elements which will be assessed in the simulation are appropriate to the individual apprentice.

The duties covered by role simulation are:

- Scenario 1: Route planning for an urgent delivery
- Scenario 2: Deliveries using a bag, trolley or cycle
- Scenario 3: Deliveries involving installation
- Scenario 4: Collection of consignments on an express route
- Scenario 5: Deliveries of non-perishable goods using a van or lorry
- Scenario 6: Deliveries of perishable goods using a van or lorry
- Scenario 7: Delivery of heavy or large goods using a van or lorry

Highfield would encourage the employer/training provider and the apprentice to plan for the role simulation by familiarising themselves with the criteria that will be assessed and reflect on their experience in an express delivery operative role.

Not every aspect of the assessment criteria can be tested in each individual role simulation scenario. Some assessment criteria can therefore be carried over in the professional discussion, depending on the scenario the apprentice has been allocated, to ensure fair opportunity. Only criteria associated with the role simulation scenario the apprentice has been allocated will be carried over to the professional discussion.

The role simulation will last 40 minutes (with a time tolerance of ten percent) with a 5-minute briefing beforehand. There will be a 30-minute Q&A session following the role simulation in which the assessor can ask the apprentice questions based on any criteria that they were not able to observe during their role simulation.

Before the assessment:

Employers/training providers should:

ensure the apprentice knows the date, time and location of the assessment



- ensure the apprentice knows which express delivery operative criteria will be assessed (outlined on the following pages)
- encourage the apprentice to reflect on their experience and learning onprogramme to understand what is required to meet the standard and identify reallife examples
- be prepared to provide clarification to the apprentice, and signpost them to relevant parts of their on-programme experience as preparation for this assessment

Role Simulation Mock Assessment

It is the employer/training provider's responsibility to prepare apprentices for their end-point assessment, and Highfield recommends that the apprentice experiences a mock role simulation in advance of the end-point assessment with the training provider/employer giving feedback on any areas for improvement.

In designing a mock assessment, the employer/training provider should include the following elements in its planning:

- the mock role simulation should take place in a relevant office or depot environment
- a 40-minute (with a time tolerance of ten percent) time slot should be available for the role simulation, if it is intended to be a complete mock observation covering all relevant standards, allowing five minutes beforehand to brief the apprentice about the task
- a 30-minute time slot should be available after the role simulation to allow for a Q&A session to cover any criteria that could not be observed in the 40-minute simulation
- consider a video or audio recording of the mock role simulation and allow it to be available to other apprentices, especially if it is not practicable for the employer/training provider to carry out a separate mock role simulation with each apprentice.
- ensure that the apprentice's performance is assessed by a competent trainer/assessor, and that feedback is shared with the apprentice to complete the learning experience. Mock assessment sheets are available to download from the Highfield Assessment website and may be used for this purpose.

The seven role simulation scenarios are as follows:

- Scenario 1: Route planning for an urgent delivery
 - Based on a given urgent, rush customer requirement, use postcodes and maps or software to plan a collection/ delivery route, identifying route restrictions and timings to achieve best delivery time
 - Apply safeguarding policies during deliveries



- Complete documentation (ICT or paper-based), unloading or loading goods
- Follow correct organisation procedures for proof of delivery and inform customer and own organisation of such urgent delivery time
- Scenario 2: Deliveries using a bag, trolley or cycle
 - Pre-duty checks including checking a mail delivery bag, trolley or cycle and preparing letters and packages for delivery
 - o Dealing with incorrectly labelled items, make deliveries
 - Respond to a dog attack
 - Apply safeguarding policies during deliveries
 - o Complete documentation (ICT or paper-based), unloading or loading goods
 - o Follow correct organisation procedures to document delivery failure and inform customer and own organisation.
 - Select correct action for re-delivery or collection by customer.
- Scenario 3: Deliveries involving installation
 - Pre-duty checks
 - Deliver and install white goods or electronic equipment into a commercial or domestic environment.
 - o Complete documentation (ICT or paper-based).
 - Apply safeguarding policies during deliveries.
 - Follow correct organisation procedures to document delivery failure and inform customer and own organisation.
 - o Select correct action for re-delivery or collection by customer.
- Scenario 4: Collection of consignments on an express route
 - Confirm service offer to client
 - Check documentation (ICT or paper-based), check packaging and labelling, re-package a badly packaged item.
 - Follow correct organisation procedures to document collection failure and inform customer and own organisation.
 - Apply safeguarding policies during deliveries.
 - Select correct action for re-collection.
- Scenario 5: Deliveries of non-perishable goods using a van or lorry
 - Pre-duty vehicle checks, loading parcels or other non-perishable goods into the delivery vehicle and interacting with a business or domestic customer
 - o Apply safeguarding policies during deliveries
 - Respond to a dog attack
 - o Complete documentation (ICT or paper-based), unloading or loading goods



- Follow correct organisation procedures to document delivery failure and inform customer and own organisation
- Select correct action for re-delivery or collection by customer
- Scenario 6: Deliveries of perishable goods using a van or lorry
 - Pre-duty checks, loading foodstuffs or other perishable goods into the delivery vehicle, maintain conditions of goods and interacting with a business or domestic customer
 - Complete documentation (ICT or paper-based), unloading or loading goods.
 - Follow correct organisation procedures to document delivery failure and inform customer and own organisation.
 - Select correct action for re-delivery or collection by customer
- Scenario 7: Delivery of heavy or large goods using a van or lorry
 - Pre-duty vehicle checks, loading heavy (more than 5kg) or large (more than 1 cubic foot), non-uniform goods onto delivery vehicle and interacting with a business or domestic customer
 - o Complete documentation (ICT or paper-based), unloading or loading goods
 - Follow correct organisational procedures to document delivery failure and inform customer and own organisation
 - Select correct action for re-delivery or collection by customer



Role Simulation Criteria

Throughout the 40-minute role simulation the assessor will review the apprentice's competence in the criteria outlined below.

Apprentices should prepare for the role simulation by considering how the criteria can be met.

		Technical Operations	
TO11 Deliver goods to customer premises; load and unload goods in a safe way correctly relates to the delivery schedule			res the safety and condition of the goods and
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7	
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO11.1	Deliver goods to customer premises	Show goods loaded and unloaded safely and deliver without damage and on schedule	TO11.5 Achieve the delivery ahead of schedule
TO11.2	2 Load and unload goods in a safe way		
TO11.3	B Load and unload maintaining condition of goods		
TO11.4	Maintain delivery schedule to customer premises		
TO12	TO12 Plan and track progress against a schedule, using equipment where required e.g. scheduling software, satellite navigation		
	Role Simulation Scenarios: 1		
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO12.1	Plan a schedule of collections and deliveries	Plan a schedule and track the progress for collection and deliveries	TO12.5 Show the use of route planning software and sat navigation where available



		Technical Operations	
TO12.2	Track progress of collections and	Use sat navigation where available	
	deliveries		
TO12 2	Use software packages for		
	scheduling routes		
	Use equipment for locations, sat nav		
	if available		
TO13		es; follow route instructions and company poli	icies and instructions related to collections,
	deliveries, failed deliveries and retur	• • •	,
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7	
Assessi	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO13.1	Understand collection and delivery	Understand a schedule or route for	TO13.4 Show recognition of improvement in
	schedules	collection and delivery and deal with a failed delivery and a return	the route schedule
	Understand route instructions for collections and deliveries	,	
	Deal with failed delivery and returns within schedule and policy		
TO14	Consistently meet customer expecta	tions, respond to customer's needs and identif	fy ways to improve customer service
	Role Simulation Scenarios: 1		
Assessr	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
		Achieve a timed delivery to schedule and	TO14.3 Explain advice to the customer of the
TO14.1	Achieve timed delivery and	Achieve a timea delivery to seriedate and	1014.5 Explain davice to the customer of the



		Technical Operations		
TO14.2	Review schedule to client change –			
	re-delivery			
TO15	Verify delivery or collection of goods	s. Use manual and ICT systems to confirm delive	ery and collection and to authorise or make	
	payments for goods where required			
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7		
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.	
TO15.1	Getting proof of collection or	Verify proof for collection or delivery of	TO15.3 Gain both a signature and print for	
	delivery, use paper or ICT	goods and the payment made to collect such	clarity	
		goods where appropriate		
TO15.2	2 Deal with payment transactions for			
	collection and deliveries			
TO18	Operate equipment provided to move, collect and deliver goods and when required use any systems and ancillary equipment in			
	compliance with company inst			
Role Simulation Scenarios: 1, 2, 3, 4, 5, 6, 7				
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.	
TO18.1	I Identify goods that need equipment	Identify goods that need equipment to move	TO18.3 Identify a group of goods that could	
	to move	and use that equipment correctly and within company instructions	be moved together using equipment	
TO18.2	2 Use such equipment correctly and			
	within company instructions			
TO19	Comply with legal and regulatory requirements relating to express delivery services and where required, with a contract from a			
	client company			
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7		
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.	



		Technical Operations	
TO19.1	Recognise law and regulations such as safeguarding and protect	Understand the law and regulations relating to express delivery such as the rules for dealing with hazardous goods and clients	TO19.4 D etailed knowledge, able to name four hazardous goods likely to be found in express deliveries
TO19.2	Recognise law and regulations for the movement of goods such as hazards	own regulations for goods	
	Recognise client regulations for their goods		
TO21		stallation of goods, use correct manual handling facturers installation instructions	g techniques and use correct tools and
	Role Simulation Scenarios: 3		
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO21.1	. Where required, correctly build or install delivered goods	Build and install goods where required, using safe manual handling with the correct tools to the guidance of manufacturer's	TO21.4 Connect goods where required and appropriate and check they are working
TO21.2	Use correct manual handling for such build or installation of goods	instructions	-
TO21.3	Build or install goods within the manufacturer's instructions		
TO22	Acts as a company ambassador		
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7	
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.



		Technical Operations	
TO22.1	Life in the brand, logo, paperwork	Show ethos of life in the brand of an express	TO22.4 Show a mission statement or sales
TO22.2	Uniform / clathing as part of the ich	operator	document of the brand
	Uniform/clothing as part of the job –		
	cleaning it etc.	Identify the logo and brand most	
		appropriate on clothing or equipment	
TO22.3	Ambassador from bag to vehicle,		
	cleaning it	Identify appropriate equipment from a	
		choice of clean and dirty	
TO23	Shows pride in work: integrity, aims	for excellence, time management	
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7	
Assessr	nent Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO23.1	Pride in work and positive attitude	Show pride in express delivery, able to	TO23.3 Show integrity, identifying constraint
	·	identify a positive mission statement, then	of a package not appropriate for a
TO23.2	Integrity in work	identify the most appropriate service (client	service. (This package has been
	megne, m work	asks for a cost efficient delivery that is not	identified as hazardous so cannot go
		,	,
		urgent)	on a 9am next day letter etc.)
		Show the best choice on a service option	
		card	

		Financial	
FT3	Work in a way that minimises business costs while meeting customer requirements		
	Role Simulation Scenarios: 4		
Assessi	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.



FT3.1 Show ability to minimise business cost of deliveries (time and route)	Identify the cost of different services to customers from same and next day rate cards, etc.	FT3.4 Identify three service variations of same day, next day and multi day delivery schedules from rate cards or
FT3.2 Optimise customer offer to cost (time and value for same/ next day etc.)	Show an understanding and explain the cost of delivery failure to the operator	sales material
FT3.3 Minimise business cost of delivery failure and returns		

CEE	Complements and acculation of	Safety	
SF5	other equipment where appropriate	elating to the movement and handling of items	, nandling goods correctly using litting and
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7	
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
	Understand rules and regulations and show where to find them	Handle and move goods correctly within the rules and regulations, use equipment where appropriate, such as heavy goods	SF5.4 Identify two more types of goods where regulations may be found for their movement
SF5.2	Show good handling of goods		
	Show lifting of goods and use of equipment where appropriate		
SF6	Apply safeguarding policy whenever	deliveries involve young persons or vulnerable	e adults
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7	
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.



		Safety	
SF6.2 /	dentify young or vulnerable people at collection or delivery point Apply safeguarding policy where dentified appropriate	Challenge the age and vulnerability of a person at the delivery or collection, use the safeguarding policy correctly	SF6.3 Identify goods that are likely to conflict with a collection or delivery such as age related DVDs, alcohol, etc.
SF7	Maintain the health, safety and secu	rity of self, colleagues and customers during d	leliveries
	Role Simulation Scenarios: 1, 2, 3, 4,		
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
	dentify dangers to self, colleagues, and customers	Recognise a danger at the delivery or collection point, act to maintain health, safety and security	SF7.4 Having identified a danger zone, explain the option to leave the delivery at a neighbouring property
â	dentify delivery zones prone to animal attack		
	Maintain health, safety and security		
SF8		nt or vehicle checks and rectify or report fault	S
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7	
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
	Understand daily equipment and vehicle checks	Show an understanding of the equipment checks and carry out those checks	SF8.3 Rectify equipment where the check has identified a fault, (such as tyre inflation)
	Carry out such checks, rectify where appropriate or report		
SF9	Shows concern about the safety of se	elf, customers and the wider public	-
	Role Simulation Scenarios: 1, 2, 3, 4,		



		Safety	
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
SF9.1	Living inside a safe and healthy	Identify danger from labels or signs such as	SF9.4 Able to grade danger, placing signs or
6	environment	'beware of the dog', 'hazardous goods' and	labels in order of gravity of danger,
		'sharp objects in package'	such as 'wet paint on gate' and
SF9.2	Health and safety of customers	Place such labels in order of danger to self,	'beware of guard dog'
		the customer or the wider public	
SF9.3	Health and safety of the wider public		
SF10	Follows organisations security polici	es during deliveries	
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7	
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
SF10.1	. Show the actions for security policy	Show the actions for security policy during	SF10.3 Show the action taken when a
	during delivery such as collecting	delivery, collecting proof of delivery by	customer is absent such as leave
	proof of delivery by electronic or	electronic or signature	with a neighbour or at a secure drop
	signature		location and take a photo
		Challenge when a customer may be young,	
SF10.2	Challenge when a customer may be	and the goods are over 18 such as alcohol	
	young, and the goods are over 18		
	such as alcohol		
SF11	Follows safeguarding policies during	deliveries to young persons or vulnerable adu	lts
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7	
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
SF11.1	. Challenge to identify a young or	Challenge to identify a young or vulnerable	No distinction grade
	vulnerable adult	adult, show delivery actions within the	
		safeguarding policy when delivering	



	Safety	
SF11.2 Show delivery actions withing the		
safeguarding policy when delivering		

		Contingencies	
CT2	Apply dynamic risk assessment principle incidents and accidents	ciples to plan and respond to changing circums	tances e.g. footpath closures, road diversions,
	Role Simulation Scenarios: 1		
Assess	sment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
	Show dynamic risk assessment to footpath closures	Adapt the delivery route when faced with road or footpath closure advice Explain a dynamic assessment when dealing	CT2.4 Explain the communication procedure for when there is a footpath closure, a road closure or an incident or
	Show dynamic risk assessment to road diversions (new routes)	with an incident or accident on a delivery or collection route	accident occurred on route
	Show dynamic assessment to incidents and accidents on route		
СТЗ	Is calm under pressure and focused	on solutions not problems	
	Role Simulation Scenarios: 1, 2, 3, 4,	5, 6, 7	
Assess	sment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
CT3.1	Living and working in a calm manner	Show a professional manner when given a timed delivery action	CT3.3 Show positive communication when making a delivery action to explain
	Coping with time and value in express deliveries		the delay



Contingencies	
Show calm when same delivery action is	
interrupted with a delay such as using the	
stairs as the lift is no longer working or	
finding a letter that has become mixed into	
many in a delivery bag	



Assessing the Professional Discussion

The professional discussion is a structured discussion between the apprentice and their end-point assessor. It allows the independent end-point assessor to ask the apprentice questions in relation to:

- Their understanding of their job role, duties and responsibilities
- Specific parts of the training they have received
- Personal development and reflection on the training they have received
- Discuss and reflect on their behaviours in their job role
- Cover any criteria not assessed in the role simulation (only criteria associated with the role simulation scenario the apprentice has been allocated will be covered)

The end-point assessor will follow a template provided by Highfield.

The professional discussion must be conducted in a 'controlled environment' i.e. a quiet room, away from the normal place of work, however, in some cases, Highfield may choose to carry out the professional discussion via video conference.

The professional discussion will last 40 minutes (with a time tolerance of ten percent) and the end-point assessor will make the final decision as to the outcome of the professional discussion. The template will record the full details of the outcome.

Before the assessment:

Employers/training providers should:

- plan the professional discussion to allow the apprentice the opportunity to demonstrate each of the required standards
- ensure that the apprentice has been informed about the purpose and format of the professional discussion
- the apprentice must be informed at least 10 working days prior to the discussion
- ensure the apprentice knows the date, time and location of the assessment
- ensure the apprentice knows which criteria will be assessed (outlined on the following pages)
- encourage the apprentice to reflect on their experience and learning onprogramme to understand what is required to meet the standard
- be prepared to provide clarification to the apprentice, and signpost them to relevant parts of their on-programme experience as preparation for this assessment



Professional Discussion Mock Assessment

It is the employer/training provider's responsibility to prepare apprentices for their endpoint assessment, and Highfield recommends that the apprentice experiences a mock professional discussion in preparation for the real thing. The most appropriate form of mock professional discussion will depend on the apprentice's setting and the resources available at the time.

In designing a mock assessment, the employer/training provider should include the following elements in its planning:

- the mock professional discussion should take place in a suitable location.
- a 40-minute time slot should be available to complete the professional discussion, if it is intended to be a complete professional discussion covering all relevant standards. However, this time may be split up to allow for progressive learning.
- consider a video or audio recording of the mock professional discussion and allow it to be available to other apprentices, especially if it is not practicable for the employer/training provider to carry out a separate mock assessment with each apprentice.
- ensure that the apprentice's performance is assessed by a competent trainer/assessor, and that feedback is shared with the apprentice to complete the learning experience. Mock assessment sheets are available to download from the Highfield Assessment website and may be used for this purpose.
- use structured 'open' questions that do not lead the apprentice but allows them to express their knowledge and experience in a calm and comfortable manner. For example:
 - You have arrived at the delivery address with a valuable package and the door is not answered, tell me what you would do and why?
 - You are loading your trolley or vehicle with packages. What do you need to look out for and take into account as you load it?
 - You've returned to base earlier than normal and you've been asked to do additional deliveries and collect a return package. What information will you need in order to be sure you can carry this out?



Professional Discussion Criteria

Throughout the 40-minute (with a time tolerance of ten percent) professional discussion, the assessor will review the apprentice's competence in the criteria outlined below.

	Technical Operations	
	estyle impacts on ability to work safely and efficientes and fitness regimes or techniques that will ensure	
Assessment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO9.1 Personal health and working safe clean air and low emission zones	ly, State the contents of a balanced diet Identify a range of exercises and fitness	TO9.4 Explain the impact of a balanced diet on more than one work styles, walking, bike or van delivery
TO9.2 Lifestyle impacts on personal hea shift patterns	Ith, regimes Identify shift pattern impact on lifestyle	operative
TO9.3 Ability to work safely and efficien while maintaining personal health		
TO12 Plan and track progress agains	t a schedule, using equipment where required e.g. so	cheduling software, satellite navigation
Assessment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO12.1 Plan a schedule of collections ar	nd Plan a schedule and track the progress for	TO12.5 Show the use of route planning
deliveries	collection and deliveries	software and sat navigation where available
	Use sat navigation where available	



	Technical Operations		
TO12.2 Track progress of collections and			
deliveries			
TO12.3 Use software packages for			
scheduling routes			
TO12.4 Use equipment for locations, sat nav if available			
TO14 Consistently meet customer expectat	tions, respond to customer's needs and identif	y ways to improve customer service	
Assessment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.	
TO14.1 Achieve timed delivery and	Achieve a timed delivery to schedule and	TO14.3 Explain advice to the customer of the	
collection within the schedule	respond to a customer need for re-delivery	schedule for re-delivery	
TO14.2 Review schedule to client change – re-delivery			
TO16 Comply with the law and with contr	racts to provide express delivery, postal and co	ourier services	
Assessment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.	
TO16.1 Understand law of employment in contract with operator	Identify the contract or engagement services with the employer or operator	TO16.3 Explain the sector platform variations of self-employment and PAYE	
TO16.2 Understand common law for working			
practices			
TO17 Work safely in accordance with emp	oloyment law and traffic law. Where required,	operate vehicles to DVSA standards to	
ensure safety of others and a green	ensure safety of others and a green environmental impact, minimising fuel use, noise and congestion		



		Technical Operations	
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO17.1	Understand match between employment law and traffic law	State match between employment law and traffic law and understand the safety and environmental impact of operating a bicycle,	TO17.4 Explain the measures in environmental operation such as safe and fuel efficient driving
TO17.2	Poperate bicycle, trolley or vehicle safely withing traffic law	trolley or vehicle	TO17.5 Recognise wins for cycle and zero emission deliveries
TO17.3	Operate such vehicle in an environmentally friendly way		
TO20	Uses diet, exercise and fitness tech	niques appropriate to job role	
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO20.1	Apply an appropriate balanced diet	Identify a diet and exercise appropriate to	TO20.3 Describe the implications of diet,
	to the demands of the job	the job role and detail the most appropriate fitness regime	exercise and fitness regimes in other express roles from walking post to
TO20.2	2 Use a range of exercise and fitness regimes appropriate to job		heavy vehicle driver
TO21	Where required to carry out basic in equipment in compliance with manu	stallation of goods, use correct manual handlin	g techniques and use correct tools and
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO21.1	Where required, correctly build or install delivered goods	Build and install goods where required, using safe manual handling with the correct tools to the guidance of manufacturer's instructions	TO21.4 Connect goods where required and appropriate and check they are working



	Technical Operations	
TO21.2 Use correct manual handling for such build or installation of goods		
TO21.3 Build or install goods within the manufacturer's instructions		
TO24 Engages positively with colleagues	and clients	
Assessment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO24.1 Works well and interacts with work colleagues TO24.2 Works well with clients	Explain the importance of engagement with colleagues and clients – use communication on delivery times as an example 'This package on this service is likely to arrive between the hours of'	TO24.3 Describe communication to clients with an example of delivery time advice
TO25 Strives to improve service quality	between the nours of	<u> </u>
Assessment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO25.1 Understand service quality in express delivery	State service quality, on time deliveries and other services available such as time slot or next day before and after mid-day or Sunday	TO25.3 Describe constraints of service time deliveries over distance such as Scottish Highlands not same day
TO25.2 Improvement opportunities in service quality such as other services more appropriate (next day, before and after mid-day, Sunday, etc.)	deliveries	
TO26 Is proactive in working with colleag Assessment Criteria	To pass, the following must be evidenced.	liveries and collections To gain a distinction, the following must be evidenced.



	Technical Operations	
TO26.1 Delivery and collection problems such as distance too far for service	Describe delivery and collection problems in the time and distance relationship to the	TO26.4 State one constraint from the below:
provision (Scottish Highlands same day etc.)	journey of the packets and goods	 The problem of overweight packages for services, 25kg box
TO26.2 Delivery and collection problems from external events such as	Explain external problems such as an accident or road closure	booked on a cycle delivery needs a van to resolve the problem of collection
weather, accident or road closure	Explain weather constraints such as rain, sleet and snow delays	 Poor weather conditions for a package not waterproof, fragile
TO26.3 Communication of problems		needs care. Explain to colleagues
effecting collection or delivery to	Explain communicating such problems to	or stamp or mark fragile etc.
colleagues	colleagues such as road closure advice for key routes	
TO27 Takes personal responsibility for th reduce those impacts	e environmental impacts of express delivery, p	ostal and courier services and strives to
Assessment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO27.1 Environmental impact of express delivery	Explain the environmental impact of express delivery, clean air and vehicle pollution	TO27.5 Identify ultra-low emission vehicles and zero emission vehicles for inner city delivery
TO27.2 Clean air, pollution from vehicles	Explain alternative power vehicles	
TO27.3 Alternative fuel vehicles, ultra-low emission and zero emission deliveries	Explain congestion and clean air access zones for inner cities	



		Technical Operations	
TO27.4	Congestion zone and clean air zone		
	access in inner cities		
TO28	Is mindful of the needs of pedestr	ians and other road users	
Assessi	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO28.1 Operating or driving a delivery		State the implications to others when	TO28.3 Explain the impact of parking delivery
	vehicle in a defensive manner	operating or driving delivery equipment or a	equipment or a vehicle restricting
		vehicle on a road or pavement	access on a pavement or road
TO28.2	Parking delivery equipment or		
	vehicle to make a collection or	Explain the needs of access by others such as	
	delivery	all access agents at a delivery point	
TO29	Adopts a healthy lifestyle, eats an fitness to work	appropriate, balanced diet and takes regular ex	tercise to ensure and enhance own health and
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
TO29.1 Lives a healthy personal lifestyle		State a healthy lifestyle with an appropriate	TO29.4 Explain how a shift pattern impacts
		diet and exercise in express role	on sleep for express roles at early or
TO29.2 Eats a balanced and healthy diet			late hours of shifts
		Explain the difference of lifestyles between	
TO29.3	Lifestyle match to job role with	walking post and light van driver in terms of	
regular	exercise	healthy diet and appropriate exercise	



		Financial	
FT2	Where costs occur in the business pr	ocess	
Asses	sment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
	Costs in the express process for mail failure, returns and not at this address	Identify returns and failed deliveries that create cost	FT2.3 Explain that returned delivery costs are the most expensive part of a client chain
	Costs in operations equipment, from bag to trolley, walking to wheels and operational equipment	Identify operational equipment costs and state that the loss or damage of equipment creates more costs	
FT3	T3 Work in a way that minimises business costs while meeting customer requirements		5
Asses	sment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
	Show ability to minimise business cost of deliveries (time and route)	Identify the cost of different services to customers from same and next day rate cards, etc.	FT3.4 Identify three service variations of same day, next day and multi day delivery schedules from rate cards or
	Optimise customer offer to cost (time and value for same/ next day etc.)	Show an understanding and explain the cost of delivery failure to the operator	sales material
	Minimise business cost of delivery failure and returns		
FT4	Acts with integrity and honesty in all	financial dealings, astute in work activities and	d acts credibly
Asses	sment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.



FT4.1 Lives integrity and honesty in all personal financial dealings (Tax NIS Self-employment)	State a life value of integrity and honesty in dealing with pay and fees, packages and financial dealings with express delivery services	FT4.3 Explain the future customer value from an action of integrity and honesty
FT4.2 Lives integrity and honesty goods (security of packages)		
FT4.3 Lives integrity and honesty in commercial dealings (quotes and payments for deliveries)		

		Safety	
SF4	National legislations and own organisations policy with regard to safeguarding young people and vulnerable adults		
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
	Norking in vulnerable environments mpacting on personal safety	State the national policy on safeguarding . Identify vulnerable individuals and the environments they may be found in	SF4.4 Explain the parcels that may be related to vulnerable individuals such as alcohol and over 18 items
SF4.2	Guidance with regards to safeguarding	, .	
	Policy on young people and vulnerable adults		
SF12	When riding or driving vehicles, ado	ots a defensive driving approach	
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.



	Safety	
SF12.1 Explain the benefits of defensive	Pass only where specific role is appropriate	No distinction grade
driving to the safety of self and	to a vehicle	
others.		
	Explain the benefits of defensive driving to	
	the safety of self and others	

	Contingencies		
CT2 Apply dynamic risk assessment principles to plan and respond to changing circumstances e.g. footpa incidents and accidents			tances e.g. footpath closures, road diversions,
Assess	ment Criteria	To pass, the following must be evidenced.	To gain a distinction, the following must be evidenced.
	Show dynamic risk assessment to footpath closures	Adapt the delivery route when faced with road or footpath closure advice	CT2.4 Explain the communication procedure for when there is a footpath closure, a road closure or an incident or
	Show dynamic risk assessment to road diversions (new routes)	Explain a dynamic assessment when dealing with an incident or accident on a delivery or collection route	accident occurred on route
	Show dynamic assessment to ncidents and accidents on route		

