

Think about Professional discussion Level 2 Adult Care Worker AP02



On the day of this assessment you will carry out:



A 45-minute professional discussion



Remote or face-to-face



Under exam conditions



With an end-point assessor and your line manager
(optional)



Key point

Your employer may be present to support you and confirm information but is not able to take part in the discussion.



Do

- Review the criteria associated with the professional discussion – this can be found in the EPA kit
- Review relevant legislation, regulations and your organisation's policies, procedures, records and reports
- Make sure you have a quiet room available where you will not be disturbed
- Complete this think about document and have it with you during the professional discussion
- Be prepared to discuss working examples of your practice
- Reflect on your learning, experience, self-assessment and personal development



Don't

- Forget to plan
- Forget to include the 6Cs of care
- Forget to bring your ID



Next steps

- Results can take up to 12 working days to be confirmed.
- Your manager/training provider will inform you of the results.



Resits

- If you do not achieve a pass result on the professional discussion you can resit the assessment on one further occasion only.



Below are examples of questions you could be asked during your professional discussion.

Please make notes using examples of where you have demonstrated these areas when working with service users.

Standard area	Examples of where I have demonstrated this:
<p>SA. The main tasks and responsibilities according to their job role</p> <p>Lead question/s</p> <ul style="list-style-type: none"> • What type of service users do you work with and how do you support them with their care plan? • Describe the information you report/record about individuals that contributes to their care plan. • How have you/do you encourage individuals to actively participate and make choices in their own care? 	

Supplementary questions

- Give another example of how you support individuals with physical, sensory or cognitive impairments in accordance with their personalised care plan.
- How have you made sure you have communicated effectively with individuals under your care and gained their consent?
- Give an example of a time you have asked for help to assist you in your role.
- Tell me about X example used in your testimony and/or self-assessment.

Standard area

SB. Treating people with respect and dignity and honouring their human rights

Lead question/s

- Give examples of ways you have worked that maintains the dignity and rights of individuals.

Examples of where I have demonstrated this:

Supplementary questions

- How do you treat families, carers and advocates with respect and dignity?
- How have you shown empathy to individuals in your care?
- Give an example of how you have demonstrated courage to support people in ways that may challenge your personal or cultural beliefs.
- Have you ever had a situation when supporting a service user when your own beliefs or culture has been challenged?
- Tell me about X example used in your testimony and/or self-assessment.

Standard area

SC. Communicating clearly and responsibly

Lead question/s

- How do you use both verbal and non-verbal communication methods to ensure individuals understand what is being communicated?
- In what ways do you keep information safe and maintain confidentiality of information while at work?
- How have you taken steps to reduce environmental barriers to communication?

Examples of where I have demonstrated this:

Supplementary questions

- How should records and reports be completed?
- How have you used communication to also support families, carers and advocates?
- How have you adapted your communication methods depending on individuals' needs, wishes or preferences?
- How would you complete records and reports so that other people can clearly understand them?
- Tell me about X example used in your testimony and/or self-assessment.

Standard area

SD. Supporting individuals to remain safe from harm (safeguarding)

Lead question/s

- What are the types and signs of abuse and, if identified, how should you respond? Refer to real examples, if you can.
- How should you recognise and respond (including reporting and recording) to any unsafe practices you have identified?

Examples of where I have demonstrated this:

Supplementary questions

- How should you respond (including reporting, recording and challenging) to any unsafe practices you may have identified?
- Tell me about X example used in your testimony and/or self-assessment.

Standard area

SE. Championing health and wellbeing for the individuals they support and for work colleague

Lead question/s

- In what ways do you keep individuals healthy, safe and secure?
- Give examples of how you have monitored and reported changes in the health, mental health and physical wellbeing of individuals in your care.
- How do you ensure workplace/setting security and undertake fire safety procedures?

Examples of where I have demonstrated this:

Supplementary questions

- How do you use risk assessments to support individuals safely?
- How do you reduce the spread of infection?
- What is best practice for hand washing?
- How have you promoted healthy eating and ensured individuals have access to fluids?
- What is the correct way to move and position people and objects safely?
- Give an example of where you have identified a decline in the health of a service user and how you have reported this.
- What signs would you look for in a service user that may have a cognitive impairment?
- Tell me about X example used in your testimony and/or self-assessment.

Standard area	Examples of where I have demonstrated this:
<p>SF. Working professionally and seeking to develop their own professional development</p> <p>Lead question/s</p> <ul style="list-style-type: none"> • How have you developed your writing, maths and IT skills? • How have you improved your own skills and knowledge through reflective practice and professional development? 	



Supplementary questions

- How has the apprenticeship helped you to develop your skills?
- Give examples of how you have worked well in partnership with others.
- How and when would you access support and guidance about conflicts in the workplace?
- How do you work within safe and clear professional boundaries?
- Give an example of how recent learning has improved your practice.
- Have you ever asked for any training and development?
- Tell me about X example used in your testimony and/or self-assessment.