

# THE INEOS FORGOTTEN 40 PROJECT

YEAR TWO  
NEWSLETTER ISSUE FOUR



# Keep up the good work

**W**ELCOME to the fourth edition of INEOS' Forgotten 40 magazine. Your stories have not just given other headteachers and children hope, but they have inspired us too.

As headteachers, you are giving your children the chance of a better life. And, more importantly, showing them the pathway to get there.

Dr Haim Ginott, a clinical psychologist and a former teacher, once likened children to 'wet cement'.

"Whatever falls on them makes an impression," he said.

Time and time again we see that. And that impression can be good or bad. The late author believed that teachers possess a tremendous power to make a child's life miserable or joyous.

"I can be a tool of torture or an instrument of inspiration," he said. "I can humiliate or heal."

He argued that hope leaves a bigger impression on a child than despair.

We believe that no child should feel weary of life and anxious in primary school.

With your support, you are proving that with the right intervention, pupils from the poorest parts of the UK can be helped enormously.

In May, we will be hosting our first conference of the year - albeit postponed from late last year - for all headteachers involved in the Forgotten 40 project.

We cannot wait to hear about the difference you are making.

In the meantime, though, please keep up the good work.

*The Forgotten 40 team*



**CONTENTS**

- 4 Forgotten 40 is working wonders
- 6 Schools feed growing need
- 8 Red Hall Primary School, Darlington
- 10 Grimes Dyke Primary School, Leeds
- 12 Oakwood Primary School, Glasgow
- 14 Blackfriars Primary School, Glasgow
- 15 Dens Road Primary School, Dundee
- 16 St Joseph's / Blackmountain, Belfast
- 18 St Mary & St Paul's Primary School, Prescot
- 21 Dunn Street Primary School, Tyne & Wear
- 22 St Clement's Primary School, Manchester
- 24 St Thomas Moorside Primary School, Oldham
- 25 St Thomas Community Primary School, Stockport
- 26 Ranworth Square Primary School, Liverpool
- 27 Parklands Primary School, Leeds
- 28 Willow Wood Community Primary, Sunderland
- 30 Dunn Street Primary School, Tyne & Wear
- 33 Directory of Forgotten 40 headteachers

For more details and ideas to help your school, please visit the Forgotten 40 website [www.ineosforgotten40.com](http://www.ineosforgotten40.com)

Children benefit as schools seize the initiative to make a difference

# Forgotten 40 is working wonders, say headteachers

**C**HILDREN worn down by poverty and lack of opportunity are starting to shine – and headteachers believe INEOS' radical approach to tackling child poverty could be at the heart of it.

INEOS had believed its Forgotten 40 initiative would make a difference to those in most need, but it was just a hunch.

Today, the impact of the company's £20,000 annual gift to 100 schools serving the most deprived areas in the UK is paying dividends.

"The impact that the INEOS funding has had on our children and their families is beyond words," said Claire Higgins, headteacher of Holy Cross Catholic Primary School in Birkenhead on The Wirral.

"It has enabled us to provide the most amazing opportunities and experiences for our children that our school budget would simply not enable us to do."

For a group of year 6s at Saint Catharine's Primary School in Wigan, that meant enjoying a bite to eat at Pizza Hut before watching The Railway Children at their local cinema.

"For many of them, it was the first time they had ever been to a restaurant or the cinema," said headteacher Sue Pittendreich. "But that one gesture, which is the norm for so many middle class families, brought such joy." All

**'The impact that Forgotten 40 has had on our children is beyond words'**

- headteacher  
**CLAIRE HIGGINS**

INEOS' headteachers face similar problems. Andrew Williams recently became headteacher of a primary school in the most deprived council estate in the whole of the Rhondda Valley in Wales.

"The INEOS project has literally been a life-changing experience," he said. "It has enabled us to give so much to the children and their families."

The school recently bought a bed and some bedding for a child who was so grateful she knocked on the headteacher's door to say thank you.

"When that sort of thing happens, you know that the INEOS gift is being used in the best possible way," he said.

He is the school's third headteacher in the past two years.

Rebecca Warren works closely with him to help decide how best to spend INEOS' funding.

"Having the flexibility to spend the money as we see fit has enabled us to make a significant impact where it's needed most and when it's needed most," she said. She

told how the school had intended to invest in a therapy dog, but realised helping their families cope during the winter was more important.

"It really is just the most wonderful thing to be able to do," she said. "We can help our pupils and their families when they need it most. Without judgement. Without pressure. Just help."

It is a view shared by many headteachers, including Louise Hill from Grimes Dyke Primary in Leeds.

"What your supporters have to understand is the power you have given school leaders to make a real difference where it really matters," she said.

"We do have government funding, but it is tied up in red tape, every penny has to be accounted for, and it is linked to academic achievement.

"The money we have received from the Forgotten 40 project has been a breath of fresh air. It is amazing to be trusted as a headteacher to know what is right for my children and their families."

Many of the teachers, involved in Forgotten 40, are unsure what they will do when the three-year project ends.

"During these turbulent times the Forgotten 40 project has enabled equality of opportunity for all our children at Saint Catharine's in so many ways," said Sue.

"I don't know how we would manage without the funding."

**MARK NUGENT**  
Headteacher  
Waterville Primary

*Schools like ours are often forgotten and expected to wade through the immense difficulties that our communities face. This project allows us to explore what our pupils really need without the demands of demonstrating numerical progress.*



**VANESSA THOMSON**  
Headteacher  
Oakwood Primary

*We have used INEOS' money in so many ways to help families. We have bought bus passes for parents so they can visit their child long-term in hospital, laid on taxis so a girl can train with her football team and provided SIM cards for internet connections.*

**ROB SAUNDERS**  
Headteacher  
Ranworth Square Primary

*In these times of uncertainty, it is projects like this that are needed more than ever as the education system is in a state of disarray and there is a lack of clear, guided leadership that is needed to overcome the reality we are in now. Forgotten 40 has been a lifeline.*



**IAIN PARKS**  
Headteacher  
St Mary and St Paul's Primary

*Forgotten 40 has transformed our school in so many powerful ways. In an area that has little hope and aspiration, the opportunity to show these children that there is a better, more positive way to live has ensured that these young people don't miss out.*



**ANGELA WILSON**  
Headteacher  
Lawn Primary

*The impact of this money is hard to put into words, but the school will forever be grateful for it. The INEOS project has had a significant impact on our school and all the things we have been able to do, and that impact will last well into the future.*



**PAUL SANCHEZ**  
Headteacher  
St Thomas CE Primary

*We feel truly thankful and blessed. We would not have been able to offer the opportunities and experiences that we have given our children through the different initiatives. We could have only dreamed of these opportunities, but you have made them a reality.*



# Schools use vital funding to feed growing need

Many opt to buy food for families struggling with cost of living

**T**EACHERS are helping to feed families struggling with the rising cost of living.

Many involved in the Forgotten 40 project are now using INEOS' funding to buy food for parents and their children.

"Hungry children cannot learn," said Shona Henderson (pictured), headteacher of Blackfriars Primary School in Glasgow. "And food hunger is an ongoing problem at our school."

Her school decided to take action after teachers kept hearing children complaining they were hungry.

"The children have a place where they can express how they feel, be it angry, sad, happy or frustrated," she said. "We have added 'I feel hungry' which means children can now easily tell us if they haven't had breakfast." Those, who haven't eaten, are discreetly offered croissants and fruit and breakfast bars.

Blackfriars has also been regularly bagging up food on Fridays for parents to collect after the school forged links with local shops which donate the food.

"Unfortunately, the demand has become so great that we are now using Forgotten 40 money to buy extra food," said Shona.

"Parents can come and take what they need which has made a massive difference to their families. They are really relying on these food bags to help them through the weekends."

Ranworth Square Primary School in



Liverpool is also regularly dishing out food and at Christmas provided hampers and vouchers.

"It was such a happy thing to be able to do," said headteacher Rob Saunders.

One child said it was the 'first time in ages' he had seen his mum smile.

## Humbling

"We shared a box of Maltesers together as we watched Elf," the boy said.

Rob said it had been humbling to see the reaction of parents, with one mum saying the school's act of kindness would never be forgotten.

Such acts of kindness are also being seen at St George's Primary School in



Gainsborough, Lincolnshire. Every Friday a transit van containing 1,000kg of food parcels and toiletries arrives at the school gates.

"On the first week back after the school holidays, all the food was gone in 45 minutes," said headteacher Katie Barry, who uses Forgotten 40 funding to buy the food packages from charity FareShare.

As a thank you, she and her staff were recently named as Changemakers of 2023 by The Big Issue.

"These people are doing all they can to support people across the UK who are struggling to make ends meet," said a spokesman for the magazine which supports the homeless.

Katie said the award was the result of a lot of

hard work by staff. "So many of them work above and beyond to pull this off week after week," she said.

In addition to the free food stall, St George's also runs a weekly cooking school for parents. "We are trying very hard to help them learn the skills they don't yet have," she said.

At Eastcroft Park Primary School near Liverpool, the INEOS-funded 'family hub' allows struggling parents to collect emergency food.

"The current cost of living crisis has seen more families than ever accessing the family hub," said headteacher Julie Withey. "They are not only using the laundry and larder facilities, but they are also seeking advice and support." The school also recently

started running a course to show families how to cook on a tight budget.

"All the ingredients are free, and parents and children prepare and cook the meal to take home," she said.

Tracey Caffrey, headteacher at St John's Primary School in Newcastle, believes food parcels are invaluable but fears they provide only half of the solution.

"Having food in the cupboard is no good if parents are worried about using the oven to cook because it uses too much electricity or gas," she said.

To help, her school has used Forgotten 40 funding to run a six-week course to teach parents how to prepare meals in an energy-efficient slow cooker.

Families worked with a chef to prepare

healthy, budget-friendly meals. "They made the meals in the morning and came back at home time to collect the food to take home," said Tracey.

At the end of the course, the families were each given their own slow cooker, an array of herbs, spices, tins and jars – and recipes to cook at home. "We've had great feedback and are running the course again throughout the spring term," she said.

**'Hungry children cannot learn and hunger is an ongoing problem at our school'**

- headteacher  
SHONA HENDERSON



RED HALL PRIMARY SCHOOL  
Darlington

**C**HILD'S play is a serious business. Research has shown that play can improve children's abilities to plan, solve problems, share, work as a team, learn and cope with stress.

And the beauty of it, is that it comes so naturally to them.

In their eyes, running, pretending and building are fun.

Teachers at Red Hall Primary School in Darlington have always understood the importance and power of play, but the need for it increased dramatically after COVID restrictions were finally lifted in the UK.

Wonderful

"You could tell that our children had forgotten how to play with each other," said headteacher Julie Davidson.

"They were fighting and arguing at playtime and getting upset because games were becoming rough."

Initially, children were banned from going outside and equipment, such as footballs, were locked away.

It didn't take staff long, though, to realise that that was not the answer to the problem.

"We realised that we had to get back to basics and teach them how to play again," said Julie. "How to play in different ways, how to play with different equipment and different groups of children and how to play together." COVID had also led to many children gaining weight due to a lack of exercise.

"During COVID, it was easier for families

# Playing to children's strengths

to sit at home and play electronic games, rather than to get their children up and out," she said. "Some days when we did home visits during COVID, families were not even getting dressed."

Using Forgotten 40 funding, the school has not only been able to encourage the children to play again, but it has enabled staff to rediscover the joys of playtime.

Teachers no longer supervise the children. Instead they play with them. Mostly at lunchtimes, but any time during the day when they feel the children need a break.

Areas that were once 'out of bounds' are now open to all. Play deemed risky, such as climbing trees and wielding big sticks, is actively encouraged.

And children can run, roll and slide down the hill whatever the weather. "Hearing

the children ask for just another five more minutes, because they are enjoying their play so much, is wonderful," said one member of staff.

In all, the school has created eight play zones where imaginations and the children can run wild. Each zone is managed by a team of pupils from the different houses in school.

"They each had £75 to spend on resources and set up their own area," said Julie. "The children in charge of the mud pit wanted forks, trowels and buckets." The school has also provided wellies for all, a change of clothes and waterproofs for the really messy areas.

Children are now spoilt for choice. There's a place they can build dens, a stage for those who enjoy drama, a quiet area, a mud pit and two outdoor mud kitchens. Teachers are also

combining play with learning, linking the outdoors to themes in school.

"It's been wonderful," said Julie. "They set up an archaeological dig in the mud pit by burying dinosaur fossils for the children to find."

In the woods, children built rockets to coincide with lessons in the classroom about space. And others designed and built a horse and carriage.

Earlier this year, the school went one better, setting up a muddy club for children and their parents where they can all stay and play safely until 6pm every Monday night.

"Unfortunately, there are no safe places for our children to play outside of school," said Julie.

"The local park is dangerous, with damaged equipment, drug paraphernalia and litter."

**'You could tell that our children had forgotten how to play with each other'**

- headteacher  
JULIE DAVIDSON

The school has also created Red Hall Beach with the support of one of Darlington's biggest businesses, engineering giant Cummins.

"The nearest beach is a 40-minute drive away and many of our families do not have cars," said Julie. "Cummins dug a sand pit for us and filled it with tonnes of sand. Now the children know what it's like to feel the sand between their toes."





The power of play helps to improve relationships

# Pupils learn to have a field day .. in the mud

GRIMES DYKE PRIMARY SCHOOL  
Leeds

**P**LAYTIME has also just got a whole lot better at Grimes Dyke Primary School in Leeds.

Areas that were once out of bounds are now fair game.

“The children are no longer confined to the hard tarmac surfaces for their year groups only,” said headteacher Louise Hill.

“They can go on the grass in all weathers and go and play wherever they like and with whoever they like.

“We have discovered that the youngest children love hanging out with the older children and vice versa.”

The school used Forgotten 40 funding to bring in a team of experts from Outdoor Play and Learning (OPAL).

“We could have started this journey ourselves, but OPAL gave us the research-based approach and support to ensure we were getting it right for the children,” said Louise.

Every member of staff has now been trained in the importance of play.

During those discussions, staff were encouraged to share stories of their own childhood memories and the risks they took.

The school started small with ‘Welly Wednesdays.’

All children were encouraged to wear wellingtons or borrow some from school so they could play outside, even if it was raining.

“The children simply cannot believe the freedom

they now have to roam and they are incredibly active the whole lunchtime,” said Louise.

“Even those boys who would normally play football, have been running through the meadow, climbing trees in the woods and building go-karts out of junk materials.”

Staff watch from a distance.

“We no longer get involved in sorting out problems, which are now few and far between,” she said. “In fact, the biggest problem is children forgetting to go and eat.”

The school has now appointed a new groundswoman and has plans for willow tunnels, dens, a huge sandpit, a slide, a mud pit and tree swings.

But it also intends to leave large swathes of the school grounds uncut so the children can play hde and seek in the long grass.

Once it’s complete, parents will be invited to see for themselves the benefits of freedom and calculated risk taking.

“It’s always great seeing a parent watch their child climbing to the top of a tall tree,” said Louise.

**‘Children can go on the grass in all weathers and go and play wherever they want and with whoever they want’**

- headteacher  
LOUISE HILL

# Changing lives for the better

Princess extols virtues of organisation that is helping Forgotten 40 school



PICTURE: Kensington Palace

**I**N a world full of unprecedented challenges, resilience matters more than ever.

Without it, the inability to deal with adversity can lead to depression and anxiety. It's not just adults who are struggling with pressures, though. Children are too.

To help, a primary school in Glasgow has invested Forgotten 40 funding in an organisation that has been transforming young lives for more than 25 years. Place2Be believes that most children, even those with severe mental health problems, can be helped with one-to-one support.

And that's certainly been the outcome at Oakwood Primary School.

"Working with Place2Be has changed my life," said Leah Fleming, who leaves for secondary school in September.

The reason for Place2Be's success is twofold. Oakwood and the charity work together closely and because Place2Be provides professional counselling in school – a trusted place where children feel safe – it can also respond quickly to a child's needs.

"The nurturing principles, which are fundamental to the school's ethos, are mirrored in Place2Be values," said headteacher Vanessa Thomson.

"The children know there is someone else in school able to listen to them and that person, who is a professional counsellor, can give time and space, whilst ensuring complete confidentiality outside of the classroom."

She said children were actively booking appointments with a Place2Be counsellor and benefiting from the more formal, long-term, weekly one-to-one therapeutic sessions.

"On average children can wait 18 months for interventions by Child and Adolescent Mental Health Services," said Vanessa.

"We can be responsive and have an assessment carried out and 1:1 sessions in place often within a four-week period and Place2Talk that week."

So far Place2Be has helped – at some point – almost every child in the school. Over the



## OAKWOOD PRIMARY SCHOOL Glasgow, Scotland

past three years, 45 children have received weekly 1:1 therapeutic sessions, working with a Place2Be counsellor.

Children have been helped to cope with loss, trauma, attachment and behavioural issues.

During that time, 218 children have spoken to a Place2Talk counsellor about, such issues, as friendships and other worries.

Place2Be helps children to build resilience through talking, creative work, art and play. The charity's patron is the Princess of Wales, Kate Middleton.

In 2015, the charity launched Children's Mental Health Week to highlight the importance of intervening early to address any problems before they become more serious.

The princess recently visited a primary school in London where she spoke of the importance of encouraging young children to talk about their feelings.

Oakwood Primary said it tries to focus

its attention on the very youngest for that reason, but it looks out for older pupils too. "We must help all young people to deal with these mental health issues because it will make them more resilient," said Vanessa.

She hopes that other Forgotten 40 schools will see the benefit of having a part-time Place2Be counsellor in school

"The long-term benefits of having a close working relationship with a therapeutic professional agency has meant that mental health is known, visible and viewed as equally important as physical health," she said.

"It's been so transformational for the lives of so many of our pupils."

At Oakwood, the school offers 2½ days of Place2Be counselling to individual pupils every week.

But recently it used INEOS money to offer even more weekly one-to-one therapeutic sessions in school following an increase in the demand and need for support, identified by pupils and parents.

"As soon as pupils have completed their sessions, we have another group of pupils waiting to start," she said.



**'We must help young children to deal with their mental health because it will make them more resilient'**  
- headteacher  
**VANESSA THOMSON**

Every child at Scottish school is now learning to play instrument

# Initiative adds another string to pupils' bow

BLACKFRIARS PRIMARY SCHOOL  
Glasgow, Scotland

**E**VERY single child at a primary school in Glasgow is now learning to play an instrument.

Baby Strings spends a day every week at Blackfriars Primary School teaching hundreds of pupils how to play either the violin, viola or cello.

"None of this would have been possible without Forgotten 40's funding," said headteacher Shona Henderson.

The school initially launched the Baby Strings programme last year for the younger children.

But it proved so popular that Shona decided to extend the programme – again with INEOS' funding – to the entire school.

"It has been so wonderful to offer this opportunity to every child," she said. "All the children, bar those in reception, are playing instruments."

The music lessons have also been a hit with the children.

"It has given me so much confidence," said one child.

That confidence was on show recently when

the children performed for their parents on stage at Christmas and later alongside children from other schools in Glasgow.

"It was great to see all the children full of confidence playing all the instruments and singing," said one mum. "Please keep it going as long as you can."

There have been other benefits too – in the classroom.

Teachers have noted that the children's patience, self-esteem and concentration have all improved.

"It has been so beneficial for the children to have this opportunity," said teacher Ailsa Taylor, who learned to play the violin and piano at primary school and later studied the violin at the Royal Conservatoire of Scotland.

"It is a skill that has been invaluable in assisting me with my roles as both a class teacher and expressive arts co-ordinator for the school."

The sessions with Baby Strings have also helped the school to close the poverty gap.

"A lot of our families would not be able to provide this experience for the children if they had to pay privately for what we are able to provide them for free," said Shona.



## Ukelele lessons lead to concert

DENS ROAD PRIMARY SCHOOL  
Dundee, Scotland

**A** LITTLE instrument, that has been making a big impact all over the world for decades, is now proving popular – among primary school-aged children in Scotland.

It is so popular, in fact, that Dens Road Primary School in Dundee now runs two clubs a week to accommodate all the children who want to learn to play the ukelele. "We initially bought 15 ukeleles with INEOS' Forgotten 40 funding but nearly 30 children wanted to learn," said depute headteacher Martin Downie.

Both groups are now rehearsing for a performance during a school assembly.

**'The ukelele is not an easy instrument to learn'**

"They are so excited," said Kieran Wallace, a class teacher who previously studied music.

The young musicians have been learning to strum Ben E King's Stand By Me and also plan to master Jeff Buckley's version of Hallelujah.

"The ukelele is certainly not an easy instrument to learn, and it can be painful on the fingers," said Kieran. "But I have seen a real sense of achievement from all the children in the club."

He said many of them had initially found it painful, but they had all stuck by it.

"They are extremely proud of how far they have come," he said.

It is hoped to one day take the children to a concert by The Ukelele Orchestra of Great Britain, which has become a national institution, with its repertoire that ranges from classical to punk, and spaghetti western to '70s disco.

"It is certainly something we are thinking about," said Kieran.

**'It has been wonderful to offer this opportunity to every child'**  
- headteacher  
SHONA HENDERSON



ST JOSEPH'S PRIMARY SCHOOL / BLACKMOUNTAIN PRIMARY SCHOOL  
Belfast, Northern Ireland

# Schools bridge troubled waters

**A**BOUT 50 years ago, it would have been unthinkable.

Belfast was a divided city with shootings, bombings and riots. Catholics and Protestants were at loggerheads, consumed by hatred, fear and suspicion.

But projects such as Shared Education have been doing their best to encourage children from Catholic and Protestant families to learn from each other to help iron out the troubles of the past.

Mairead Weir is principal of St Joseph's Primary School in Slate Street, Belfast.

For the past six years, pupils from her Catholic school have been working closely with Protestant youngsters who attend Blackmountain Primary School just one mile away.

"This isn't just about learning, it also means children with different beliefs will realise that they can be friends," she said. "It shows that difference is nothing to be feared."

Their latest combined project, which has been partly funded by INEOS' Forgotten 40 team, has focused on the sinking of the Titanic.

"The story of the Titanic resonates deeply within both schools because a number of our children have ancestors who helped to build it," said Mairead.

The Titanic was built by 3,000 workers in the famous Harland and Wolff shipyard on

Queen's Island and set sail from Southampton on April 10, 1912.

Five days later, the luxury liner – deemed unsinkable – lay at the bottom of the Atlantic Ocean.

Despite it being one of the world's worst maritime tragedies, though, the Titanic remains a symbol of Northern Ireland's giant spirit to this day.

"One of the major aspects of the project was to help children understand the perspective of others, to put themselves in the 'shoes' of others," said Mairead. "The Titanic story allowed the children to do this."

The children and teachers from both schools worked in partnership to produce a short documentary film about RMS Titanic, which sank after hitting an iceberg on its maiden voyage.

The children spent several days in each other's schools, writing, producing, narrating and acting.

"We had a judge and jury set up which enabled the children to debate who they thought was responsible for the ship's sinking," said Mairead.

"They interviewed a range of historical figures who were involved in the design and build of the Titanic. This meant that each of our child actors had to research their character and tell the story from their perspective."

The film was shown for the first time at Belfast City Hall in March at an event hosted



by Tina Black, Lord Mayor of Belfast, and a former pupil at St Joseph's.

"Thanks to INEOS' funding, our children felt like film stars," said Mairead.

"They have worked with a director and a media expert and have created something together that they can treasure forever."

During the premiere of Who Sank The Titanic? it wasn't just the children who were able to mingle.

Parents from both schools also had chance to meet and chat.

"Whilst people in both communities, on the whole, have vastly different political and religious beliefs, they also have a shared history which they can celebrate," said

Mairead. "We want to help build trust and friendships." Over the years, the two schools, which are separated by the infamous 'Peace Walls' erected to keep the communities apart during the Troubles, have recognised that there is more that binds, than separates, them.


"Work, health and education matter to all," said Mairead. "Those are pertinent for all families."

She believes it is essential that both communities continue to try to understand and respect each other.

"What better way to do this, than with our children who have had no experience, thank God, of the Troubles," she said.

**'This wasn't just about learning. It was about showing children, who have different beliefs, that they can still be friends'**  
- principal  
MAIREAD WEIR





# Wild day out with baboons

ST MARY & ST PAUL'S PRIMARY  
SCHOOL, Prescot, Liverpool

**C**HILDREN from a school in Liverpool went wild when they learned they were off on an adventure.

It didn't matter that it was just three miles away. For many it would be their first visit to Knowsley Safari Park – and the first time they had ever seen lions, baboons, cheetahs, rhinos and camels up close.

“They couldn't believe that they were seeing so many animals that they had only ever seen in books,” said headteacher Iain Parks.

During the five-mile safari drive, the 235 >>



<< pupils from St Mary and St Paul's CE Primary School in Prescot got a taste of what life is like for wild animals living in the African Savanna and Southern Asia. "They thought the ostrich was impressive in size, but one ugly bird," said Iain. The trip had been paid for by INEOS through its Forgotten 40 initiative. "Our children would never have experienced this without INEOS' support," said Iain. "Many may never get to go again, but we need to inspire children so that they know what is out there and that they will need to push themselves if they want to succeed in life." The funding also meant the children could tour the 550-acre parkland, where the animals roam freely, in a 'baboon bus' instead of their school bus. The baboons regularly jump on to vehicles driving through their enclosure, often pulling off windscreen wipers. On one occasion, many years ago, about 20 baboons emptied the contents of a driver's roofbox. "I'm sure our school bus would have been taken apart bit by bit because the baboons

didn't disappoint the children," said Iain. "They were climbing all over the bus and knocking on the windows." After the safari drive, the children explored another part of the park on foot, where they met giraffes and meerkats. Later they were introduced to Steve, a red-legged Seriema who stole the show with his ability to kill a plastic snake. The performing sea lions, Arthur, Roger and Louis, were also a hit "Without these opportunities many of the children in our care would never get to experience what the wider world has to offer," said Iain. "The children have been talking about this trip ever since we got back." The visit has also inspired families to

revisit the safari park at weekends and during the school holidays. "For many of our families, leaving the estate around school is challenging," he said. "It is usually down to transport but it's also because of what they know. They now know what's out there." The school is now planning to take all 235 pupils on a day trip to Chester Zoo.

**'We need to inspire children so that they know what is out there'**  
- headteacher  
**IAIN PARKS**



## Pupils pass the time by going back in time ..

**DUNN STREET PRIMARY SCHOOL**  
Tyne & Wear

**P**UPILS from a primary school in Tyne & Wear stepped back in time – and had the time of their lives.

Many had never heard of Prenton Park Museum – despite it being just 37 miles away. But by the end of their visit, the year 5s had not only had a great day out, but they also had a greater understanding of what life used to be like during the Victorian era. "It brought learning to life," said Chris Mackley, headteacher at Dunn Street Primary School. "The children were able to appreciate historical events from a new perspective, which deepened their understanding and led to further discussions when they got back to school." The children had visited prison cells, learned how crimes were punished, watched a master blacksmith at work in his forge and gleaned some advice about how to treat a whole host of ailments at J Walker Chemist. "It was wonderful to see how the children's confidence increased as they chatted to the volunteers who work at the museum," he said. During their visit, the pupils also got a taste for old-fashioned sweets such as bonbons and pear drops and played with traditional toys.



Artist offers pupils the chance to picture a different world

# Hugh draws a crowd of enthusiastic children

ST CLEMENTS PRIMARY SCHOOL  
Manchester

**ONE of the most influential painters of the 20th century believed every child is an artist.**

The problem, Picasso said, was staying as one. Often children, as they get older, become more constrained by society's view of what art is and down tools.

Hugh Templeton refused to allow life to stamp out his love of art – and today he spends hours in classrooms talking about his passion and teaching children how to express themselves in pencil, charcoal and watercolours.

“Art is so vitally important in primary schools because it gives a child belief in themselves and a brighter future while helping them to withdraw from the cares that will not withdraw from them,” he said.

He recently spent time at St Clements C of E Primary School in Manchester thanks to funding from INEOS' Forgotten 40 initiative. “It was a wonderful experience,” said headteacher Jane Parker.

“We really noticed how those pupils who were less academic, loved the opportunity to use a pencil for something other than maths and English.”

By the end of their creative sessions with Hugh, every single child at St Clements – all 240 of them – had produced a piece of artwork

worthy of merit and praise. “When a child successfully creates a beautiful painting, they feel in control of their often chaotic world,” said Hugh.

“They can look at their picture and see that all is safe and perfect in their world. Of course, that sense of calm is temporary, but it works long enough to help a child to feel calm, successful and happy.”

And that is what staff noticed too during Hugh's visits.

**'The classroom was really quiet and the children were really relaxed'**

“The children were so focused on what they were doing,” she said.

“The classroom was really quiet and the children were really relaxed.”

The children's works of art are now on display. Among them are pictures inspired by For Hugh, who grew up in a deprived part of Manchester, it was another job well done. “Being creative helps children to cope with their feelings and fears,” he said.

“My siblings and I didn't have a lot growing up, but although we were often cold and a little hungry, we were loved.”

He remembers using chalk to sketch pictures on the pavement near his grandparents' home in Moss Side. “The pavement was my free

canvas,” he said. “And I filled it eagerly with patterns until the rain washed it all away.”

Art, he said, was his 'saviour'.

“Having experienced depression since early childhood, I found the release and relaxation of watercolour painting invaluable,” he said.

But it is a passion that was almost crushed by an art teacher who had no interest in teaching the subject.

“I vowed that when I became a teacher of art I would never be like that,” he said.

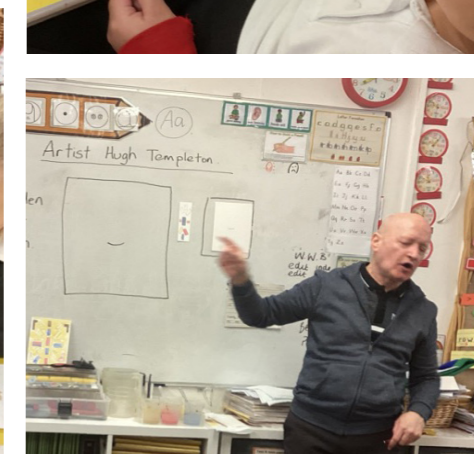
“For art is not only good for the heart and soul, it could one day lead to a fulfilling career for some.”



[www.hugh templeton.co.uk](http://www.hugh templeton.co.uk)



**'Those pupils who were less academic loved the opportunity to use a pencil for something other than maths'**  
- headteacher JANE PARKER



## Mood music ..

IT was a school trip that not everyone fancied.

As the year 4 children boarded the coach to take them to The Bridgewater Hall in Manchester for a concert by the world-beating Halle symphony orchestra, there were a few glum faces.

But after taking their seats inside the magnificent 2,355-seater auditorium, the mood changed.

“As soon as the music started, they were mesmerised,” said headteacher Jane Parker. “They were dancing along and pretending to play the instruments.”

Not only that, but when they got back to St Clements C of E Primary, many expressed an interest in learning to play a musical instrument – and those, who already did, were motivated to practise.

For many it had been the first time they had attended a concert.

“Although we live in a city that has a proud musical history, many of them had never been into the city centre to listen to live music at one of the many venues,” said Jane. “It was such an invaluable experience.”

Thanks to INEOS' Forgotten 40 funding, pupils in years 1 and 2 also enjoyed a live show of Aliens Love Underpants.

Pupils find a brighter way of living .. in the dark

# Mother Nature turns teacher

**'It's important we don't just tell children about the world. We need to show them it too'**

- headteacher  
**ADAM LASKEY**

**ST THOMAS MOORSIDE PRIMARY  
Oldham**

**M**OTHER Nature is a great teacher. That's why executive headteacher Adam Laskey invested in an outdoor classroom at St Thomas Moorside in Oldham so pupils could enjoy the benefits of Forest School.

"It's important we don't just tell children about the world," he said. "We need to show them it too."

But the school wanted to do more to encourage pupils to play games in the woods, tackle the mud slide, swing in the trees and explore nature.

And, thanks to INEOS' Forgotten 40 funding, it could.

Today the school offers free Forest School sessions to all its 200+ pupils during the holidays and every Thursday from 5pm to 7pm.

"It's a very popular club," said Adam. "The numbers are always high whatever the weather.



It doesn't matter to the children if it's raining."

During the sessions children are free to discover things for themselves in a safe environment.

The sessions are run by the staff and the children love them.

"It's so much more exciting than playing on the Xbox or watching TV," said one child. "And our parents know we are safe."

Each Thursday evening session is rounded off with a nice warm cup of soup and a bread roll. "It's really yummy," said one.



## School starts new chapter in playground

**ST THOMAS CE PRIMARY SCHOOL  
Stockport**

**W**HEN word got round that school was planning a surprise, the children were excited.

And those who would rather read at breaktimes and lunchtimes were especially excited.

For St Thomas CE Primary school in Stockport had decided to invest some of its Forgotten 40 funding in building a wooden structure where the children could curl up with a good book.

"The reading shed is such a nice space to go in," said one child. "I love reading books with the younger children at break times."

Headteacher Paul Sanchez said the shed was always popular – even if it wasn't raining.

"The kids love it in there," he said.

Sean Perkins, a local author and illustrator, had officially opened it.

"It's such a great idea," he said.

"Although, as a child, I did prefer playing to reading because I have always enjoyed making up my own stories and adventures. I would read at home in bed instead."

The shed contains some of Sean's books.

Oscar and Ben, the tale of two cats who meet a host of animals after venturing into the forest, is the children's favourite.





Children conquer their fears  
and a mountain to boot

# The path of discovery

**RANWORTH SQUARE PRIMARY SCHOOL**  
Liverpool

**F**OR pupils from **Ranworth Square Primary School, it wasn't just about conquering a 1,817ft mountain.**

It was about conquering their fear of the unknown. Their fear of possible failure.

As one boy stood on the summit of Moel Famau, he said: "I didn't think I could walk that far up a mountain."

But there he stood with his classmates, feeling mightily proud of himself.

Together they had achieved something that some of them had initially believed was impossible. They had stood on the highest point on the Clwydian Range.

After a few days, the 35 children from years 5 and 6 returned to their classrooms in Liverpool.

"We now see a different side to the children," said headteacher Rob Saunders. "It's far softer and gentler and they let you enter their world so you get to see them in a whole new light."

Those friendships and shared experiences

formed in the Welsh mountains have also brought them closer together.

The opportunity to attend Colomendy – paid for by INEOS' Forgotten 40 initiative – was Rob's way of broadening the children's horizons and encouraging them to aim high.

"Our children live in some of the poorest conditions in the city as it is, but we don't want any child to feel deprived because of where they live," he said "For many, this was their first time away from home."

During the residential, the pupils had also enjoyed hunting for fossils, abseiling, building fires, and creating art out of nature.

Rob said the five-day residential at Loggerheads Country Park had exposed the children to a whole new world and given them a sense of achievement, the chance to try something new and a taste of independence.

"I love the countryside," he said. "It leaves you refreshed and forces you to slow you down. It also limits technology which can take over your life."



Pupils go  
upstream  
in search of  
adventure

**PARKLANDS PRIMARY SCHOOL**  
Leeds

**P**UPILS were promised a real adventure – and that's what they got.

In just two days, they had experienced more than they had probably ever witnessed in their entire lives.

They had climbed mountains, leapt into icy-cold plunge pools, explored a disused slate mine, ventured into pitch black tunnels, made fires, and watched the sun set over Lake Windermere.

"Words cannot do justice to how amazing both the experience and the children were," said Laura Darley, headteacher of Parklands Primary School in Leeds. "We are so proud of them for pushing themselves. They will have learned some life-changing skills."

One of the aims of the year 4 residential, funded by INEOS' Forgotten 40, had been to open their eyes to the world around them.

As the children stood on the 1,052ft summit of Gummer's How, they could see for miles. "They couldn't quite believe the fact that they could even see their home county," said Laura.

But that wasn't all.

The children also enjoyed a ferry ride, fish and chips while sitting on the shores of Lake Windermere, outdoor picnics, and a meal out. "The whole experience is one they will treasure forever," said Laura.

# Smartest Giant helps children to understand the world

WILLOW WOOD COMMUNITY PRIMARY SCHOOL  
Sunderland

**T**ANTRUMS are a normal part of life with a toddler. Just ask any parent.

Little people simply cannot cope with big emotions such as jealousy and frustration.

As children get older, they learn how to articulate how they feel – and the temper tantrums subside.

But some children continue to struggle.

Headteacher Lindsay Robertson said many of the pupils at Willow Wood Community Primary School in Sunderland fell into that category.

The very youngest, she said, had missed out on socialising due to lockdown.

“With households isolating, they weren’t able to attend playgroups and mix with others,” she said. “But young children need to be able to identify basic emotions so they can start to identify why they experience them and what kind of situations will make them experience them.”

That lack of stimulation and isolation due to COVID-19 has led, she believes, to a generation of children who have not developed the skills or vocabulary to express how they feel.

“Understanding emotions is the first step towards children being able to regulate their own emotions,” she said.

To try to change the narrative for her reception and year one pupils, she decided to turn to a giant among children’s story-tellers

– Julia Donaldson, author of such best-selling books as *The Gruffalo* and *Stick Man*.

“One of the best ways that we can teach young children about emotions is through stories,” said Lindsay. “They are a safe way for them to develop a level of empathy which is a difficult skill for young children to understand.”

The children had already read – with their class teacher – Julia Donaldson’s tale about George, a scruffy giant who buys new clothes, but then gives them away to help his friends.

But the school decided to really open the children’s eyes – and booked 59 tickets with *Forgotten 40* funding to see *The Smartest Giant In Town* at The Fire Station in Sunderland.

“They loved it and were so engrossed during the performance that they didn’t realise that they were listening, taking in and understanding some of the key vocabulary at the same time,” she said.

Lindsay said it can be difficult for young children to understand what is meant by words such as ‘scrambled inside’.

“Seeing the performers act that out helped the children to understand what they meant,” she said.

The moral of the story was also not lost on the children.

Most of them were able to empathise with George, who realised that it was not what you have that matters, but what you do for other people that really counts.



**‘One of the best ways we can teach young children about emotions is through stories’**  
- headteacher  
LINDSAY ROBERTSON

“The story encourages the moral of being kind and generous to others,” she said.

Afterwards, the children were keen to retell the story to others and debated whether ‘smartest’ meant in appearance or intelligence.

“Having the story brought to life through performance proved to be an excellent way to embed this key knowledge for young children,” said Lindsay. “They cannot wait to go back to the theatre again.”



## Share your story

If you would like to share a successful, completed *Forgotten Forty* initiative from your school and see it in the next edition of the magazine, please email Sue Briggs-Harris at [briggsharris@live.co.uk](mailto:briggsharris@live.co.uk) or email your INEOS contact.



# School offers fresh ideas to parents

**'What children love above all else are adventures on their own doorstep' - headteacher CHRIS MACKLEY**

**DUNN STREET PRIMARY SCHOOL**  
Jarrow, Tyne & Wear

**B**EWILDERWOOD is a huge, award-winning forest of family fun with treehouses, zip wires, jungle bridges, boat trips and marsh walks.

But for many families on low incomes, it's out of reach.

Alton Towers theme park is also hideously expensive for poorer families with a ticket for four costing almost £200.

Schools involved in the Forgotten 40 initiative know that their pupils are missing out on days out to such places that many middle class children take for granted.

But schools also know that there are places

on their own doorsteps that are free to visit. "We just need to encourage families to get out there," said Chris Mackley, headteacher of Dunn Street Primary School in Jarrow, Tyne & Wear.

"Because once they do, parents will realise there is so much they could be doing with their children at weekends and during the holidays without it costing too much money."

The school recently used Forgotten 40 funding to launch Fresh Air Friday.

Every week children are taken on a short excursion – on foot.

So far they have been bird watching at the River Don, strolled through the historic Tyne Tunnel, visited Charlie's Park and the Viking

Shopping Centre and explored Jarrow Hall, an Anglo Saxon farm and village.

"All of the locations are within 5 to 15 minutes' walk away from their homes," said Chris.

"But one parent said she didn't even know Jarrow Hall existed, despite living there for 20 years."

For what Chris has discovered is that sometimes it is not just money stopping families from exploring their locality.

"It's a shortage of ideas, inspiration and motivation," he said.

His hope is that families will revisit the places their children have visited with their teachers.

"Parents will then not only understand that most of what we do with the children doesn't cost any money, but that it doesn't matter

to the children," he said. "What they love is adventures on their doorstep." Research has shown that spending more time outdoors – closer to nature – can help to ease anxiety and depression.

"Families sometimes just aren't aware of the 'fun' that can be had by being outside and that there is a direct link to mental health and well-being," said Chris.

Although Fresh Air Friday is aimed at pupils in reception and years 1 and 2, all adventures are posted on the school's website to inspire the parents of older children.

"The staff enjoy the trips out as much as the children because it is so rewarding to see them learning from these experiences," he said. "And the trips are always linked to what the children are being taught in the classroom."







**STANHOPE PRIMARY SCHOOL**  
South Shields, Tyne & Wear

DOGS have been shown to improve a child's behaviour, attendance and ability to read. So investing Forgotten 40 funding in a therapy dog was a no brainer to Stanhope Primary School in South Shields. Headteacher Lesley Martin said Teddy the cockapoo was a huge asset. "He's had such a positive impact not only on the pupils, but on the staff too," she said

**THE FORGOTTEN 40 TEAM**



**Former headteacher Elaine Wyllie founded The Daily Mile for which she won a Pride of Britain award in 2016.**



**John Wyllie spent 32 years working in Scottish secondary schools. He is now a trustee of The Daily Mile.**



**Brian Padgett worked as a teacher and headteacher in Salford and Cumbria from 1974-1995 and was then an HMI with Ofsted for 15 years.**



**Former headteacher Sheila Loughlin spent 10 years working as a schools' inspector with Ofsted.**



**Elaine Crotty spent 27 years in teaching, and later specialised in early years education.**

*Directory of  
Forgotten 40  
headteachers*

You are all part of this wonderful project because you all face similar challenges.

We hope you will not only draw inspiration from each other, but also comfort, knowing that you are not alone.

**CAMBRIDGESHIRE**

**Winyates Primary School**  
Peterborough, Cambridgeshire  
Headteacher Collette Firth  
cfirth@stjohnschurchschool.net

**CHESHIRE**

**Arundale Primary School**  
Hyde, Cheshire  
Headteacher Peter Hartley  
peter.hartley@arundale.tameside.sch.uk

**Bridge Hall Primary School**  
Stockport, Cheshire  
Headteacher Alexandra Jamieson  
alexandra.jamieson@bridgehall.stockport.sch.uk

**St Thomas CE Primary School**  
Stockport, Cheshire  
Headteacher Paul Sanchez  
headteacher@st-thomas.stockport.sch.uk

**Meadowbank Primary School**  
Cheadle, Stockport  
Headteacher Nicola Hill  
headteacher@admin.meadowbank.wigan.sch.uk

**Murdishaw West Community Primary School**  
Runcorn, Cheshire  
Headteacher Vanessa Edwards  
head.murdishawwest@haltonlearning.net

**Halton Lodge Primary School**  
Runcorn, Cheshire  
Headteacher Anthony Hilldrup  
head@haltonlodgeps.org.uk

**Gorsewood Primary School**  
Runcorn, Cheshire  
Headteacher Emma Jackson  
head.gorsewood@haltonlearning.net

**St Gerards Catholic Primary & Nursery School**  
Widnes, Cheshire  
Headteacher Karl Landrum  
head@stgerards.halton.sch.uk

**Brook Acre Community Primary School**  
Padgate, Warrington, Cheshire



Headteacher Jo Holmes  
brookacre\_primary\_head@sch.warrington.gov.uk

**COUNTY DURHAM**

**Tilery Primary School**  
Stockton-on-Tees, County Durham  
Headteacher Judy Stanyard  
judy.stanyard@tileryprimary.org.uk

**St John the Baptist CE Primary School**  
Stockton-on-Tees, County Durham  
Headteacher Kerry Coe  
kerry.coe@jtbprimary.org

**Mill Lane Primary School**  
Stockton-on-Tees, County Durham  
Headteacher Sue Skillcorn  
sue.skillcorn@milllane.org.uk

**Red Hall Primary School**  
Darlington, County Durham  
Headteacher Julie Davidson  
headteacher@redhall.darlington.sch.uk

**Ward Jackson CE Primary School**  
Hartlepool, County Durham  
Headteacher David Akers  
headteacher@wardjacksonschool.org.uk

**Rift House Primary School**  
Hartlepool, County Durham  
Headteacher David Turner  
headteacher@rifthousechool.org.uk

**Seascape Primary School**  
Peterlee, County Durham  
Headteacher Emma Rowntree  
e.rowntree200@seascapeps.co.uk

**Woodhouse Community Primary School**  
Bishop Auckland, County Durham  
Interim headteacher Karen Edmenson  
kedmenson@hemlingtonhallacademy.co.uk

**Prince Bishops Community Primary School**  
Bishop Auckland, County Durham  
Headteacher Lynn George  
l.george100@princebishops.org.uk

**Ormsgill Nursery & Primary School**  
Barrow-in-Furness, Cumbria  
Headteacher Mick Cull  
head@ormsgill.cumbria.sch.uk

**St George's CE Primary School**  
Barrow-in-Furness, Cumbria  
Headteacher Steve Herbert  
headteacher@stgeorges.cumbria.sch.uk

**Montreal Primary School**  
Cleator Moor, Cumbria  
Shared acting heads S Little & L Freestone  
head@montreal.cumbria.sch.uk

## EAST ANGLIA

**St George's Primary & Nursery School**  
Norfolk, East Anglia  
Headteacher Sharron Mitchell  
head@stgeorgesprimary.norfolk.sch.uk

## EAST YORKSHIRE

**New Pasture Lane Primary School**  
Bridlington, East Yorkshire  
Headteacher Alison Tadman  
newpasture.head@eastriding.gov.uk

## ESSEX

**Sir Martin Frobisher Primary School**  
Clacton-on-Sea, Essex  
Headteacher Debbie Conroy  
head.teacher@smfa.org.uk

## GREATER MANCHESTER

**St Georges CE Primary School**  
Salford, Greater Manchester  
Headteacher Jane Tyers  
jane.tyers@salford.gov.uk

**St Clement's CE Primary School**  
Manchester  
Headteacher Jane Parker  
head@st-clements.manchester.sch.uk

**Saviour CE Primary School**  
Collyhurst, Manchester  
Headteacher Eileen Anderson  
head@saviour.manchester.sch.uk

**St Patrick's RC Primary School**  
Collyhurst, Manchester  
Headteacher Anne Clinton  
head@st-edmunds.manchester.sch.uk

**St Augustine's Primary School**  
Manchester  
Headteacher Razia Shah  
head@st-augustines.manchester.sch.uk

**St Malachy's Primary School**  
Manchester  
Headteacher Janine Parker  
head@st-malachys.manchester.sch.uk

**St Edmund's RC Primary School**  
Miles Platting, Manchester  
Headteacher Anne Clinton  
head@st-edmunds.manchester.sch.uk

**St Catharine's CE Primary School**  
Wigan, Greater Manchester

Headteacher Mrs Sue Pittendreigh  
headteacher@admin.saintcatharines.wigan.sch.uk

## HAMPSHIRE

**Mason Moor Primary School**  
Southampton, Hampshire  
Headteacher Daniel Constable Phelps  
head@masonmoorprimary.co.uk

## ISLE OF WIGHT

**Barton Primary School**  
Newport, Isle of Wight  
Headteacher Mark Snow  
mark.snow@bartonpri.iow.sch.uk

## KENT

**Lawn Primary School**  
Gravesend, Kent  
Headteacher Angela Wilson  
headteacher@lawnprimary.co.uk

## LANCASHIRE

**Preston Grange Primary School**  
Preston, Lancashire  
Headteacher Cheryl Taylor  
head@grange.lancs.sch.uk

**St Martin's CE Primary School**  
Oldham, Lancashire  
Headteacher Helen Woodward  
h.woodward@st-martins.oldham.sch.uk

**St Thomas Moorside CE Primary School**  
Oldham, Lancashire  
Headteacher Adam Laskey  
ajlaskey@st-thomas-moorside.oldham.sch.uk

**Beever Primary School**  
Oldham, Lancashire  
Headteacher Greg Oates  
g.oates@beever.oldham.sch.uk

**West End Primary School**  
Morecambe, Lancashire  
Headteacher Sharon Cliff  
head@westend.lancs.sch.uk

**Castle Hill Primary School**  
Bolton, Lancashire  
Headteacher Andrew Renwick  
arenwick@castle-hill.bolton.sch.uk

**Johnson Fold Comm Primary School**  
Bolton, Lancashire  
Headteacher Becky Crossley  
crossleyB@johnsonfold.bolton.sch.uk

**Hillside Primary School**  
Skelmersdale, Lancashire  
Headteacher Angela Aspinwall-Livesey  
head@hillside-pri.lancs.sch.uk

**Kincraig Primary School**  
Bispham, Blackpool, Lancashire  
Headteacher Karen Appleby  
karen.appleby@kincraig.blackpool.sch.uk

**St John's CE Primary School**  
Blackpool, Lancashire  
Headteacher Nadine Galloway  
nadine.galloway@st-john.blackpool.sch.uk

**St Peter's CE Primary School**  
Burnley, Lancashire  
Headteacher Claire Crowther  
head@st-peters-burnley.lancs.sch.uk

## LINCOLNSHIRE

**St George's CE Primary School**  
Gainsborough, Lincolnshire  
Headteacher Katie Barry  
Katie.barry@gainsborough-st-georges.lincs.sch.uk

**Charles Baines Primary School**  
Gainsborough, Lincolnshire  
Headteacher Louise Simmons  
lsimmons@charles-baines.lincs.sch.uk

## LONDON

**Cubitt Town Primary School**  
London  
Headteacher Robyn Bruce  
rbruce6.211@lgflmail.org

## MERSEYSIDE

**St Finbar's Catholic Primary School**  
Liverpool, Merseyside  
Headteacher Jan Conley  
finbars-ht@st-finbars.liverpool.sch.uk

**Ranworth Square Primary School**  
Liverpool, Merseyside  
Headteacher Robert Saunders  
ranworth-ht@ranworthsquare.liverpool.sch.uk

**Windsor Community Primary School**  
Liverpool, Merseyside  
Headteacher Fiona Pickering  
f.pickering@windsor.liverpool.sch.uk

**Holy Family Catholic Primary School**  
Liverpool, Merseyside  
Headteacher Rachel Davidson  
r.davidson@holysfamily.liverpool.sch.uk

**St Mary & St Paul's CE Primary School**  
Knowsley, Merseyside  
Headteacher Iain Parks  
iain.parks@stmaryandstpauls.org.uk

**Roby Park Primary School**  
Huyton, Merseyside  
Headteacher Kathryn Allen  
kathrynallen@robyparkprimary.co.uk

**Eastcroft Park Primary School**  
Kirkby, Liverpool  
Headteacher Julie Withey  
julie.withey@knowsley.gov.uk

**Merton Bank Primary School**  
St Helens, Merseyside  
Headteacher Melanie Clark  
Melanie.Clark@sthelens.org.uk

**Lander Road Primary School**  
Bootle, Liverpool  
Headteacher Jeff Taylor  
head.landerroad@schools.sefton.gov.uk

**Thomas Gray Primary School**  
Bootle, Liverpool  
Headteacher Rachael Rimmer  
head@thomasgrayprimary.co.uk

**Linacre Primary School**  
Bootle, Liverpool  
Headteacher Elizabeth Gunnion  
head.linacre@schools.sefton.gov.uk

**Our Lady Queen of Peace Catholic Primary School**  
Bootle, Liverpool  
Headteacher Maria Richardson  
head@ourladyqueenofpeaceprimary.co.uk

## NORTHERN IRELAND

**St Joseph's Primary School**  
Belfast, Northern Ireland  
Headteacher Mairead Weir  
mweir424@stjosephsslatestreet.belfast.ni.sch.uk

**Black Mountain Primary School**  
Belfast, Northern Ireland  
Headteacher Jill Black  
jblack282@blackmountain.belfast.ni.sch.uk

## NORTHUMBERLAND

**New Delaval Primary School**  
Blyth, Northumberland  
Headteacher Deborah Worrall  
deborah.worrall@newdelaval.northumber-land.sch.uk

## NORTH YORKSHIRE

**South Bank Community Primary School**  
Middlesbrough, North Yorkshire  
Headteacher Tammy Cooper  
Tammy.Cooper@southbankprimary.co.uk

## SCOTLAND

**Dens Road Primary School**  
Dundee, Scotland  
Headteacher Anne-Marie Wyse  
amcgregor908@dundeeschools.scot

**St Mary's Primary School**  
Glasgow, Scotland  
Headteacher Madeline McGeachie  
headteacher@st-marys-pri.glasgow.sch.uk

**St Clare's Primary School**  
Glasgow, Scotland  
Headteacher Mary-Ann McGuinness  
headteacher@st-claresdrumchapel-pri.glasgow.uk

**Blackfriars Primary School**  
Glasgow, Scotland  
Headteacher Shona Henderson  
headteacher@blackfriars-pri.glasgow.sch.uk

**Oakwood Primary School**  
Glasgow, Scotland  
Headteacher Vanessa Thomson  
headteacher@oakwood-pri.glasgow.sch.uk

## SOUTH YORKSHIRE

**Long Toft Primary School**  
Doncaster, South Yorkshire  
Headteacher Alison Buxton  
head@longtoftschool.co.uk

**Toll Bar Primary School**  
Doncaster, South Yorkshire  
Headteacher Stephen Bower

head@tollbar.doncaster.sch.uk

**Netherthorpe Primary School**  
Sheffield, South Yorkshire  
Headteacher Elizabeth Gray  
headteacher@netherthorpe.sheffield.sch.uk

## THE WIRRAL

**Leasowe Primary School**  
The Wirral  
Headteacher Claire Hill  
headteacher@leasowe.wirral.sch.uk

**Riverside Primary School**  
Seacombe, The Wirral  
Headteacher Christina Lahive  
headteacher@riverside.wirral.sch.uk

**The Priory Parish Primary School**  
Birkenhead, The Wirral  
Headteacher Greg Edwards  
headteacher@thepriory.wirral.sch.uk

**Holy Cross Catholic Primary School**  
Birkenhead, The Wirral  
Headteacher Clare Higgins  
headteacher@holycross.wirral.sch.uk

**Christ Church CE Primary School**  
Birkenhead, The Wirral  
Headteacher Nicky Tweddle  
headteacher@christchurch-birkenhead.wirral.sch.uk

**Well Lane Primary School**  
Birkenhead, The Wirral  
Headteacher Eleanor Daniels  
headteacher@well-lane.wirral.sch.uk

**Cathcart Street Primary School**  
Birkenhead, The Wirral  
Headteacher Lindsay Smith  
headteacher@cathcartstreet.wirral.sch.uk

## TYNE AND WEAR

**Falla Park Community Primary School**  
Gateshead, Tyne and Wear  
Headteacher Vanessa Carr  
vanessacarr@gateshead.gov.uk

**Bede Community Primary School**  
Gateshead, Tyne and Wear  
Headteacher Nick Anderson  
NicholasAnderson@Gateshead.Gov.UK

**St John's Primary School**  
Newcastle Upon Tyne  
Headteacher Tracey Caffrey  
Tracey.Caffrey@stjohns.newcastle.sch.uk

**Hawthorn Primary School**  
Newcastle Upon Tyne  
Headteacher Jane Dube  
jane.dube@hawthorn.newcastle.sch.uk

**Lemington Riverside Primary School**  
Newcastle Upon Tyne  
Headteacher Craig Heeley  
craig.heeley@lemingtonriverside.newcastle.sch.uk

**Percy Main Primary School**  
North Shields, Tyne and Wear  
Headteacher Kathryn Thompson  
kathryn.thompson@ntlp.org.uk

**Waterville Primary School**  
North Shields, Tyne and Wear  
Headteacher Mark Nugent  
mark.nugent@watervilleprimary.org.uk

**Stanhope Primary School**  
South Shields, Tyne and Wear  
Headteacher Lesley Martin  
lmartin@stanhopeprimary.com

**Laygate Community Primary School**  
South Shields, Tyne and Wear  
Headteacher Michelle Lauder  
mlauder@laygate.s-tyneside.sch.uk

**Dunn Street Primary School**  
Jarrow, Tyneside  
Headteacher Alison Burden  
aburden@marinepark.s-tyneside.sch.uk

**Willow Wood Community Primary School**  
Sunderland, Tyne and Wear  
Headteacher Lindsay Robertson  
lindsay.robertson@wwprimary.org.uk

**Marlborough Primary School**  
Sunderland, Tyne and Wear  
Headteacher Wendy Buddle  
wendy.buddle@marlboroughprimarieschool.co.uk

## WALES

**Penrhys Primary School**  
Ferntdale, Wales  
Headteacher Andrew Williams  
andrew.williams@penrhysprimary.rctcbc.cymru

**Maerdy Community Primary School**  
Ferntdale, Wales  
Headteacher Helen Gregory  
Helen.Gregory@maerdyprimary.rctcbc.cymru

**Tylorstown Primary School**  
Ferntdale, Wales  
Headteacher Karen Tuck  
Karen.Tuck@tylorstownprimary.rctcbc.cymru

## WEST MIDLANDS

**St Vincent's Catholic Primary School**  
Birmingham, West Midlands  
Headteacher Janet Tibbits  
j.tibbits@stvincnt.bham.sch.uk

## WEST YORKSHIRE

**Parklands Primary School**  
Leeds, West Yorkshire  
Headteacher Laura Darley  
l.darley@parklandsleeds.org.uk

**Grimes Dyke Primary School**  
Leeds, West Yorkshire  
Headteacher Louise Hill  
louise.hill@grimesdyke.leeds.sch.uk

**Dean Bank Primary & Nursery School**  
Durham  
Headteacher Pauline Northcott  
p.northcott201@deanbank.durham.sch.uk

**For more details and ideas to help your school, please visit the Forgotten 40 website [www.ineosforgotten40.com](http://www.ineosforgotten40.com)**



# Join the movement



## What is The Daily Mile?

The Daily Mile was first developed by Elaine Wyllie MBE when she was Headteacher of St Ninian's Primary School in Stirling, in 2012.

The aim of The Daily Mile is to improve the physical, social, emotional and mental health, and wellbeing of our children - regardless of age, ability or personal circumstances. Children are encouraged to run, jog, wheel or walk outside for 15-minutes every day, at whatever pace suits the child best.

17,000 Schools & Early Years Settings | 4 Million Children | 90 Countries



## Features & Benefits of The Daily Mile



Quick - 15 minutes



Every Child



Free, Fun & Social



Own Pace



No Equipment



Benefits Children



Increases Fitness



Boosts Mental Health



Improves Concentration



Builds Relationships

## World Daily Mile Day - Thursday 27th April, 2023



The Daily Mile, supported by INEOS, will be celebrating World Daily Mile Day on Thursday 27th April. We want as many primary schools and early years settings around the world to get moving on the same day to celebrate all the positive benefits that daily activity has on physical and mental health. Every signed-up school/early years setting will receive a free, downloadable pack containing fun & exciting resources and lots more to help you celebrate with us.

Sign up today & join thousands around the world taking part..

[www.thedailymileevents.com/world-daily-mile-day-registration/](http://www.thedailymileevents.com/world-daily-mile-day-registration/)

Find out more at [thedailymile.co.uk](http://thedailymile.co.uk) or scan the QR code



[thedailymile.uk](https://www.facebook.com/thedailymile)



[@thedailymileuk](https://www.instagram.com/thedailymileuk)



[@\\_thedailymile](https://twitter.com/_thedailymile)

