

Fall 2024

# PAN MACMILLAN RIGHTS GUIDE



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## FICTION





### Dissection of a Murder Jo Murray



Pub Date: 5 March 2026 Editor: Francesca Pathak

**Binding:** Hardback **Extent:** 384pp

Material Available: manuscript

A twisty courtroom-thriller, following all the insand-outs of the punchy legal world mixed with all the twists and turns of a propulsive thriller. Think *Anatomy of a Scandal* meets *Apple Tree Yard* by way of *Blood Orange*.

When Leila Reynolds is handed her first murder case, she's shocked at how high profile it is. The murder of a well-respected, well-known judge. This shouldn't be the kind of case she's leading, it's way out of her expertise. But the defendant, Jack Millman is clear. He wants her, and only her.

To make things worse, he's refusing to talk. How is she supposed to prove herself on what appears to be an unwinnable case?

Losing is not an option. She must find the most persuasive argument. Trials aren't won by convincing judges or fellow barristers. They're all about convincing a jury.

Suddenly, Leila finds herself not only fighting to keep Jack out of prison; but fighting to keep her own secrets buried too.

It's true what they say – there are always two sides to a story.

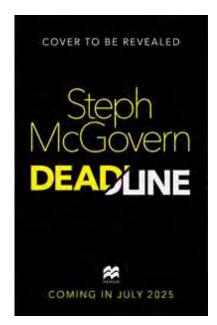
Guilty or Not Guilty?

You decide.

Jo Murray was raised in Teesside in the 1980s when girls who lived on council estates were told they definitely could not be lawyers. Jo ignored everyone, successfully becoming the first person in her family to go to university. She studied Classics at Newcastle before going to law school and working as a criminal barrister. She eventually left the profession to care for her two children. Jo now lives in Yarm, a market town in the North East of England.



### Deadline Steph McGovern



Pub Date: 3 July 2025 Editor: Francesca Pathak

**Binding:** Hardback **Extent:** 400pp

Material Available: Manuscript

### A fast-paced and authentic debut thriller set in the world of TV.

Your child has been kidnapped. You're live on TV. Going live in 10, 9, 8 . . .

Today is a huge day for TV reporter Rose's career. A live interview with one of the most powerful men in the country, on one of the nation's biggest TV shows....7, 6, 5...

But, when she hears an unfamiliar voice in her ear, she knows something is very wrong. . . . 4, 3, 2 . . .

Her earpiece has been hacked. She's live on air in the middle of the interview. They tell her they have kidnapped her family. . . 1. . .

And, in order to protect them, Rose must do exactly what the hijacker says. They are in control now.

"We live in a golden age of books but I am incredibly

'We live in a golden age of books but I am incredibly excited for this one' – **Richard Osman** 

'A pacy, witty, engaging thriller . . . hard-hitting and thought-provoking' – **Ann Cleeves** 

Steph McGovern is an award-winning broadcaster who has worked in journalism for over twenty years, eight of them as part of the BBC. Steph is an avid crime reader and has interviewed countless authors including Val McDermid, Ann Cleeves, Hillary Clinton, Harlan Coben and Lee Child, as well as judging the Theakston Old Peculier Crime Novel of the Year award at the Harrogate Crime Festival since 2019.

#### **Fiction**



### A Private Man Stephanie Sy-Quia



Pub Date: 26 February 2026 Editor: Anne Meadows Binding: Hardback Extent: 240pp

Material Available: manuscript

Rights Sold (via RCW) German: Suhrkamp An exquisite slow-burn forbidden love story, laced with passion and faith, set between Rome and England during the tumultuous twentieth century.

His grandfather had been a Catholic priest. A story in seven words, and his life the unsolved mystery.

Rome, 1953. David is young, handsome, charismatic, and sworn to celibacy. He is freshly ordained, and about to return to England to begin life as a priest. Devotion to God is all he's ever known, and all he thinks he ever will.

In London, Margaret is entangled in an impossible love affair. Increasingly drawn to the Church, she sets out to join the new revolutions of sex and faith.

Decades later, Margaret is being cared for by her grandson, who has just discovered the strange truth of his family history. So begins a story of forbidden love and ardent faith, of devotion and sacrifice, as the consequences of this unlikely union play out across the generations.

Stephanie Sy-Quia's first book of poetry, *Amnion*, won the 2021 Forward Prize for Best First Collection, an Eric Gregory Award, and a Somerset Maugham Award. It was longlisted for the Rathbones Folio Prize, the Laurel Prize, and the Royal Society of Literature's Ondaatje Prize. Her writing has appeared in the *Financial Times*, *The Guardian*, *The Boston Review*, *The White Review*, *Five Dials*, and *Granta*, among others. She lives in London.



### My Grandfather, the Master Detective Masateru Konishi



Pub Date: 4 September 2025

Editor: Ellah Mwale Binding: Hardback Extent: 320pp

Material Available: Winter 2024

Rights Sold

via New River Agency

China: Xiron

France: Calmann-Lévy

Germany: Kiepenheuer & Witsch

Indonesia: Bentang Pustaka

Italy: Garzanti

Japanese: Takarajima Korea: Vega Books Poland: Czarna Owca Portugal: Presença

Russia: AST Spanish: Duomo

Taiwan: Sun Colour Culture

Cosy crime meets *Before the Coffee Gets Cold* – a Japanese *Thursday Murder Club* – in Masateru Konishi's poignant and enchanting debut novel, which has sold 200,000 copies in Japan.

There was once a café called Mon Cheri at Nishi Waseda where members of the Waseda Mystery Club spent day after day frothing in excitement over the latest mystery novels. Kaede's grandfather had been a core member of the club.

Now a lover of classic crime stories, it's no surprise that twenty-seven-year-old schoolteacher Kaede encounters everyday mysteries more often than your average person. Solving them is another matter though, and the person she always turns to for guidance is her beloved grandfather who, despite having dementia, retains a keen sharpness of mind. From impossible locked room murders to confounding missing person cases, the duo 'weave stories' to get to the bottom of the cases they find. All the while, an insidious shadow linked to the past slowly closes in on Kaede . . .

Steeped in references to classic crime from Christie to Chesterton to Poe, *My Grandfather, the Master Detective* playfully nods to forebears of the genre, while also carrying the light-hearted, escapist hallmarks of cosy crime books which have recently captured readers' imaginations. Its charming characters and affectionate focus on relationships echo heart-warming Japanese titles such as *Before the Coffee Gets Cold*.

Masateru Konishi graduated from the Department of English and American Literature at Meiji University, and now works as a writer for TV and radio. He has previously written for the stage as well as a manga story, but *My Grandfather, the Master Detective* is his debut novel. Partly based on his own experience of caring for his father with dementia, the book won the twenty-first edition of the prestigious 'This Mystery is Amazing!' Grand Prize.

#### **Fiction**



### The House That Eats the Dead Max Doty



**Pub Date:** 20 August 2026 **Editor:** Sophie Robinson

Binding: Hardback Extent: 400pp Rights: WEL

Material Available: manuscript

Grady Hendrix meets *The Shining* in this darkly fun supernatural horror debut about a family who move into their dream home, only to discover that it's hungry . . .

The new house is meant to be a fresh start for Claire and her family: a move towards the safe, affluent suburban life she has craved since her turbulent childhood; a step up the law-firm ladder for her husband, Tom; a safe haven for their children.

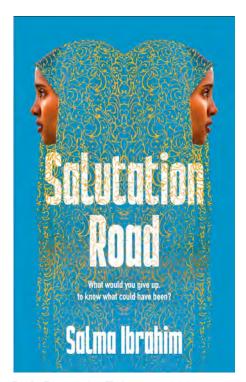
But even as they unpack boxes and hang pictures, Claire begins to realize something is wrong. The house is hungry, and it gradually dawns on Claire that it's eating anything that was once alive: freshly cut flowers, wooden furniture, her daughter's favourite toy. Everything that the house consumes disappears without a trace. Only Claire and Tom, the owners of the house, remember that the objects ever existed.

As she comes to understand the extent of the house's power, Claire persuades Tom to put it on the market. But they soon discover that the house calls to the worst kind of people: those who will feed it what it most hungers for – human flesh. Unwilling to let it fall into such hands, Claire forms an uneasy alliance with her home. She feeds it cow's hearts, hires a decorator to fix it up and starts to learn its secrets. But when she wakes one night to find a body dumped through the basement window, slowly being devoured, Claire begins to wonder why she and her family were drawn to the house in the first place . . .

Max Doty is a veteran game-writer who served as the Head of Content for *Choices: Stories You Play* and *Surviving High School*. His screenplay *Almost Kings* won the inaugural Netflix FIND Your Voice Film Competition and was made into a feature film.



### Salutation Road Salma Ibrahim



Pub Date: 13 February 2025

Editor: Kinza Azira Binding: Hardback Extent: 256pp Rights: World

Material available: manuscript

A speculative literary debut for fans of Mohsin Hamid and Nadifa Mohamed.

Twenty-three-year-old south Londoner Sirad Ali's life is forever changed when she finds herself transported inexplicably to an alternate reality in present-day Mogadishu during her morning commute . . .

Salutation Road by Salma Ibrahim is a speculative literary debut about the everyday struggles of immigration, love and letting go of a past that never really existed. For fans of Nadifa Mohamed and Mohsin Hamid.

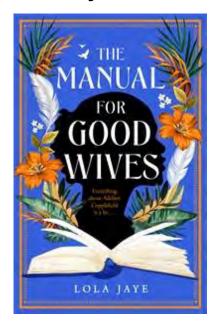
Twenty-three-year-old Sirad Ali is a woman adrift. Abandoned by her father in childhood, she does her best to support her mother and younger brother in their small flat in south London. But she can't help but wonder if this is the life she really wants.

Until one morning, when she boards the bus to work in Greenwich and finds herself transported to an alternate reality in present-day Mogadishu. There she encounters her double, Ubah – the woman she could have been, had her parents never fled to London during the Somali Civil War. And what follows will change both of their lives for ever . . .

Salma Ibrahim is a Somali south Londoner with a passion for humanitarian issues. By day, Salma works in marketing at UNICEF; by night, she writes novels and runs a literary organization called Literary Natives to provide support and opportunities to writers of colour around the world.



### The Manual for Good Wives Lola Jaye



Pub Date: 20 February 2025

Editor: Gillian Green Binding: Hardback Extent: 400pp Rights: World

Material available: manuscript

Rights Sold for *The Attic Child*:

**US:** William Morrow

**Dutch:** A.W. Bruna Uitgevers **Portuguese:** Virgula d'Interrogacao

Lola Jaye's *The Manual for Good Wives* is a dual-narrative historical novel about love, generational trauma and second chances from the critically acclaimed author of *The Attic Child*.

Everything about Adeline Copplefield is a lie . . .

To the world, Mrs Copplefield is the epitome of Victorian propriety: an exemplary society lady who writes a weekly column advising young ladies on how to be better wives.

Only Adeline has never been a good wife or mother, she has no claim to the Copplefield name and nor is she an English lady . . .

Now, a black woman born in Africa, who dared to pretend to be something she was not, is on trial in the English courts with all of London society baying for her blood. And she is ready to tell her story . . .

The Manual for Good Wives is a historical novel about love, generational trauma, second chances and hope.

Lola Jaye is an author and registered psychotherapist. She was born and raised in London, and has lived in Nigeria and the United States. She has a degree in Psychology, and a Masters in Psychotherapy and Counselling. She has contributed to the sequel to the bestseller *Lean In*, penned by Facebook COO Sheryl Sandberg, and has also written for *The Huffington Post*, CNN, *Essence*, *HuffPost* and the BBC.

She is a member of the Black Writers' Guild and the author of five previous novels. *The Attic Child* was her first epic historical novel.



### Tell Tale Claire Parkin



Pub Date: 15 January 2026 Editor: Katie Loughnane Binding: Hardback Extent: 360pp

Material Available: Summer 2025

In the heart of a scenic Welsh village, where every hedge hides a story and every cobblestone could tell tales, young Debbie-Marie Tunstall uncovers a mystery that might just be too big for her boots . . .

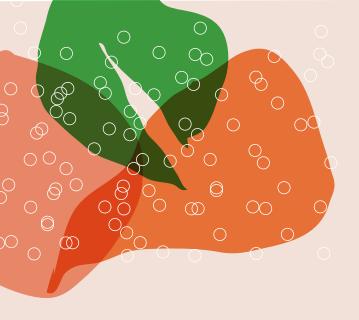
Debbie lives a seemingly ordinary life in Llanfair, a picturesque Welsh village shimmering with prosperity against the backdrop of the 1984 Miners' Strike. With her Holly Hobbie notebook in hand, this eleven-year-old is more than your average resident – she's a keen observer, a silent guard over the comings and goings of her neighbours.

But Debbie's penchant for spying and her habit of stitching tales from overheard conversations lead to more than just schoolyard whispers. When her actions uncover hidden tensions and unveil a series of distressing incidents, it becomes clear that Llanfair's picturesque facade masks a darker reality.

Because in Llanfair, secrets are buried just beneath the surface, and what Debbie has inadvertently stumbled upon could unravel the very fabric of her community.

From a decades-old tragedy to the immediate danger of a potential serial killer on the loose, Debbie takes it upon herself to piece together the mysteries. But even if she uncovers the truth, will anyone believe the village's biggest tell-tale?

Claire was born and brought up in a village just outside Cardiff, and graduated from King's College London with an MA in Nineteenth Century English and American Literature. She turned to fiction after the birth of her twin son and daughter. Three of her short stories have been shortlisted for the Bridport Prize, and one was runner-up in the Fiction Desk Newcomer of the Year Award (2016). She is currently working on her second novel, *Tell Tale*, about a troubled eleven-year-old girl who manipulates rising community tensions for her own amusement.



## NON-FICTION





### How to Take Drugs Nick Barber



Pub Date: 14 May 2026 Editor: Jodie Lancet-Grant

Binding: Hardback Extent: 336pp Rights: World

Material Available: Spring 2025

The way we take and prescribe medicines is broken. How to Take Drugs – written by one of the world's leading authorities on pharmaceuticals - will reveal why and empower patients to decide what to take, or not, to improve their health.

This is a book about how we take medicine, why it doesn't work and what we - on both an individual and a society level - can do differently to change that situation. Medicines are a \$1.3bn dollar industry, with an efficacy rate we would not accept in a dishwasher. But at the same time, they continue to save and improve the quality of countless lives. We need to acknowledge and embrace that uncertainty so that we can all, individually, navigate a way through it to better health, less risk and reduced waste.

How to Take Drugs sets out why humans have always taken medicine; how medicines actually work in our bodies; how they're tested for safety, how to take them effectively; but most crucially how to advocate for yourself when being prescribed. The author also offers a groundbreaking new strategy for starting, taking and stopping medicines, one that will result in fewer side effects and better results, and which anyone can put into practice.

Dr. Nick Barber, Emeritus Professor of Pharmacy at UCL, an expert in the field, and recipient of the Lifetime Achievement Award from the Royal Pharmaceutical Society. He developed a national service for patients starting new medicines, which is currently being used by around a million patients a year in the UK alone, and which has been copied in six countries. He also developed the national framework of good prescribing against which all GPs were measured, and his work on medication errors in care homes led to a Ministerial Summit and changes to national policy.



### The Art of Disagreeing

Turning Discord into Dialogue and Building Better Relationships in Work and Life **Gabrielle Rifkind** 



Pub Date: 14 May 2026 Editor: Lizzy Gray Binding: Hardback Extent: 288pp

Material Available: Spring 2025

Discover the secrets of how to manage discord, disagreements and ultimately get on with anyone in *The Art of Disagreeing*, from psychologist and leading conflict negotiator Gabrielle Rifkind.

As much as we may try to avoid it, conflict is inevitable. From work to family life, friendships and even internal dilemmas, it manifests itself in all kinds of ways. But how many of us actually know how to deal with conflict effectively? How can you stop a disagreement escalating to an argument? And how can we all learn to communicate better?

World leading conflict mediator and psychologist Gabrielle Rifkind is here to help you navigate the discords of daily life with her groundbreaking book *The Art of Disagreeing*. This book is a comprehensive, accessible and practical guide to this vital subject. Covering a wide range of different types of conflict, from finances to families, world issues to the workplace, Gabrielle is an encouraging guide through a modern world of conflict, empowering you to be confident when dealing with disagreements and get on with anyone.

Gabrielle Rifkind is a group analyst, former probation officer and accredited mediator with over two decades' experience of working in the Middle East, combining her in-depth psychological and political expertise to promote methods of managing radical differences. She has worked on the Iranian nuclear issue, the proxy war in Syria and the Israel-Palestine conflict, as well as most recently working to keep the lines of communication open between the warring parties in the Ukraine/Russia conflict. Having lead the Oxford Research Group's Middle East Program, she founded the Oxford Process as an independent organisation in 2016. Her journalism has appeared in the Guardian, the Times, Prospect, Radio 4 and she spoke on the subject of conflict on the main stage of the 40th anniversary of TED, TED2024 in Vancouver.



#### **Statecraft**

### The New Rules of Power in a Divided World **Jack Watling**



Pub Date: 19 February 2026

Editor: Mike Harpley Binding: Hardback Extent: 352pp Rights: World

Material Available: Spring 2025

**Rights Sold:** 

**Dutch**: Hollands Diep

There are more conflicts raging globally than at any time since the Second World War. From the Middle East to Ukraine to Taiwan, we are in a period of profound instability. In this dangerous climate, how can countries ensure they succeed? The answer is statecraft.

Statecraft is a practical guide for how states can shape conditions in pursuit of their goals. Exploring issues from supply chains and technology to financial markets and geopolitical chokepoints, journalist and policy adviser Dr Jack Watling lays out the new rules and challenges that countries face. Informed by on-the-ground experience from the front line of recent conflicts, where Jack has worked with a range of governments, this is an unprecedented insight into the diplomatic dilemmas that will determine the great power struggles of tomorrow.

With a unique big-picture perspective, Watling combines considerations of national security with economic policy, underlining the significance of an interlocking strategy in cultivating power and influence. In an evermore divided world, *Statecraft* is essential reading for anyone who wants to understand our present and our future.

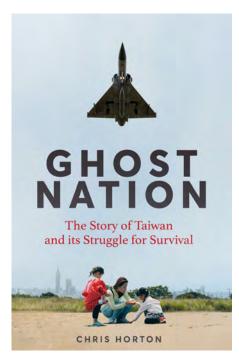
Dr Jack Watling is senior research fellow for Land Warfare at the Royal United Services Institute and a global fellow at the Wilson Center in Washington, DC. Jack works closely with the British and American military, conducting operational analysis of contemporary conflicts.

Originally a journalist, he has contributed to *Reuters*, *The Atlantic*, *Foreign Policy* and *The Guardian*, among others. Jack was shortlisted for the European Press Prize Distinguished Writing Award in 2016 and won the Breakaway Award at the International Media Awards in 2017.



#### **Ghost Nation**

### The Story of Taiwan and Its Struggle for Survival Chris Horton



Pub Date: 17 July 2025 Editor: Ríbh Brownlee Binding: Hardback Extent: 352pp Rights: World

Material Available: Winter 2024

**Rights Sold:** 

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One of the most highly respected and longstanding foreign correspondents in Taiwan explores the people, politics and history of the unique nation caught in a power struggle between the USA and China.

Following the war in Ukraine, all eyes have turned to Taiwan as the next possible geopolitical tinderbox. Yet, while it lies at the epicentre of China and the USA's tense relationship, its story and its people go overlooked and misunderstood. In *Ghost Nation*, readers will discover why this disputed country has become so critical to the future of the world and its economy.

Drawing on over a decade of living in and reporting from Taiwan, leading journalist Chris Horton crafts a compelling narrative that unravels the complexity of this thriving democracy and technological powerhouse. Exploring the ghosts of Taiwan's past, a past haunted by colonization and political turmoil, Horton interviews influential figures and everyday citizens to provide a panoramic view of this fascinating country. As Taiwan grapples with its identity and dreams of international recognition, this riveting and empathetic account will leave readers with a profound appreciation for Taiwan's history and peoples.

Chris Horton is a freelance reporter in Taiwan, having covered cross-strait politics, domestic politics, the economy, culture and breaking news in Taiwan for *The New York Times*, Bloomberg, *The Atlantic, The Guardian*, the *Financial Times* and *Quartz*. He has lived in Taiwan since 2015 and in China and Hong Kong for the decade preceding that. He is the last foreign journalist to interview former president Lee Teng-hui, arguably the midwife of Taiwanese democracy and one of the most underappreciated post-war Asian leaders. He is fluent in Mandarin and is vice president of the Taiwan Foreign Correspondents' Club.



### **Why Nobody Understands Quantum Physics**

And Everyone Needs to Know Something About It

#### Frank Verstraete and Céline Broeckaert



Pub Date: 5 June 2025 Editor: Ríbh Brownlee Binding: Hardback Extent: 352pp Rights: WEL

Material Available: Winter 2024

A husband-and-wife duo – he, a world-leading scientist; she, a writer – have come together to demystify the world's most important scientific theories.

A groundbreaking journey into quantum physics that transforms our understanding of the universe and its boundless possibilities.

Quantum physics is the cornerstone of our world, offering a framework so expansive and precise that it underpins nearly every piece of modern technology. Yet, at the same time, it's one of the hardest subjects to grasp.

In Why Nobody Understands Quantum Physics, a leading scientist and a literary mind unite to explain the revolutionary discoveries and astounding phenomena at the heart of quantum physics. Delving into topics like the greenness of grass and the solidity of matter, the pair unravel why the universe behaves in the peculiar ways it does and why that's so important.

The result is a mind-expanding exploration of the universe, reshaping our perception of the world around us with clarity, wonder and humour.

Frank Verstraete is the Leigh Trapnell professor of quantum physics at the University of Cambridge and a physics professor at Ghent University. In 2018, he was awarded the Francqui Prize – the most important science prize in Belgium.

Céline Broeckaert is a Romance languages scholar, playwright and author.



### Indispensable

### The Seven Ways to Thrive in the Workplace **Chris Hirst**



Pub Date: 26 June 2025 Editor: Ause Abdelhaq Binding: Hardback Extent: 272pp Rights: World

Material Available: Fall 2024

### An career enhancing guide to getting ahead at work in the twenty-first century.

It is a universal truth that to have a job (even a very good and exciting job), you must have a boss. Yet many of us find ourselves in situations where we feel stifled, frustrated or worse. We feel that, despite our best efforts, we are held back by mediocre leaders and poor cultures and even find ourselves in organizations that act contrary to our own values. Far from being part of the solution, many of us feel our bosses are part of the problem. Their greatest ambition: to avoid making mistakes; their greatest talent: managing up, often stepping adroitly on our shoulders to do so.

Once upon a time, work was simply about climbing gradually up the career ladder; but today, people want more than that. They want to get ahead but also to get things done; to achieve the things that matter to them; to do the right thing; to be a great boss themselves. Most importantly, people want to be able to fulfil their own potential, not simply occupy the box their boss would like them to fill.

But all is not lost – you can thrive despite this. *Indispensable* maps out an escape route for even the most frustrated.

Chris Hirst is the award-winning author of *No Bullsh\*t Leadership* and *No Bullsh\*t Change* and the Global CEO for Havas Creative, a multi-disciplinary marketing services network. He was previously CEO at advertising agency Grey London. Once an engineering graduate working in a glass factory, his career path has taken him to the boardroom via Harvard Business School.

Named in 2018's Evening Standard Power 1000 list and ranked one of the industry's most influential CEOs, Chris is a regular commentator in national press including BBC News, The Politics Show, *Evening Standard*, CNBC, *Financial Times* and Sky News. *Indispensable* is his third book.

#### Non-fiction



### The Uncertainty Toolkit

Worry Less and Do More by Learning to Cope with the Unknown Sam Conniff and Katharine Templar-Lewis



Pub Date: 12 June 2025 Editor: Jodie Lancet-Grant

Binding: Hardback Extent: 352pp Rights: World

Material Available: Fall 2024

By fundamentally changing how you deal with uncertainty – the 'end of level baddie' controlling your daily anxieties – you can learn to worry less, do more, and see a huge improvement in your wellbeing.

If it feels like the wheels have come off your world and you're daunted or exhausted at the thought of what to do next, if the struggle against constant change is leaving you weary, or you've simply come to realize that the world we live in is fundamentally uncertain, you need *The Uncertainty Toolkit*.

This groundbreaking book shows you not only how to cope with uncertainty, but also how to harness its power into opportunities for growth and creativity. Based on cutting-edge research from UCL's Brain Science department, and written by a cognitive scientist and an award-winning communicator, it unveils a roadmap for better mental health and a measurably increased tolerance for the unknown. Chapters include practical exercises, compelling narratives from unlikely 'uncertainty experts' including prisoners, former addicts, refugees and hostages, and insights into pioneering scientific techniques.

Sam Conniff is a British author and the founder of multi-award-winning creative agency Livity. Conniff won the Ernst Young's Entrepreneur of the Year and a Big Society Award.

Katherine Templar Lewis is a cognitive scientist and science communicator. She teaches at UCL and Goldsmiths University on creative health. Katherine is co-founder of the female-led, neuroaesthetic studio Kinda Studios, which explores connection and wellbeing.



### Ghetto Alexander Lee



Pub Date: 12 March 2026 Editor: Georgina Morley Binding: Hardback

Extent: 480pp Rights: WEL

Material Available: Spring 2025

A riveting history of the Venetian Ghetto, the first in the English language for over forty years, from the acclaimed author of *Machiavelli: His Life and Times*.

Born amidst the ruins of war out of religious hatred and economic need, the Venetian Ghetto was the first time the entire Jewish population of a city would be confined to a specified area. Forced into cramped, unsanitary conditions, its inhabitants were systematically extorted, robbed, and subjected to countless humiliating restrictions. It became the prototype for ghettos throughout Europe and inspired a more vicious and enduring form of anti-Semitism.

Yet as this book reveals, the Ghetto's story is also a testament of hope. Despite all that they faced down the centuries, its inhabitants not only survived – but thrived, a microcosm of the Jewish world.

Authoritative, detailed, and incomparably human, Alexander Lee's book is a comprehensive portrait of the Ghetto from the arrival of the first Jews in the Venetian lagoon to its dissolution by Napoleon – and on, down to the present day. Most importantly, Lee brings the Ghetto's inhabitants to life with vivid immediacy and offers both a fitting monument to the Ghetto's past – and a powerful warning to the future.

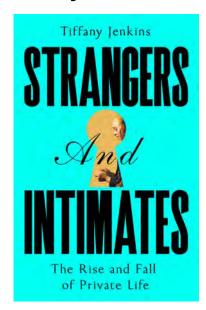
Alexander Lee is a research fellow at the University of Warwick. He is the author of several acclaimed books, most recently the critically acclaimed *Machiavelli: His Life and Times*. He writes a regular column for *History Today*, and has contributed articles on a wide variety of historical and cultural subjects to *The Sunday Telegraph*, *The Wall Street Journal*, *The Guardian*, *The New Statesman*, *The Times Literary Supplement*, *The Atlantic*, and *Dissent*.



### Strangers and Intimates

#### The Rise and Fall of Private Life

### **Tiffany Jenkins**



Pub Date: 15 May 2025 Editor: Andrea Henry Binding: Hardback Extent: 320pp

Rights: World

Material Available: manuscript

### An exciting, urgent history of the rise and fall of private life in the West.

Two decades into the twenty-first century, the boundary between public and private life has dissolved. In her groundbreaking new book, Tiffany Jenkins reveals that this began long before the Internet and Big Tech made incursions into our private worlds. Describing the battles fought to achieve a private life in the West, *Strangers and Intimates* shows why, following decades in which it has been relinquished and ransacked, it is now in mortal danger.

At its heart are dramatic and moving stories: from the emergence of private sanctuaries following the turbulence of the Reformation and the first modern privacy panic in 1844, when the British government opened private letters sent to the exiled Italian republican Giuseppe Mazzini, to the struggles of feminists who declared that 'the personal is political' and the 'privacy paradox' of Harry and Meghan, who bare all while demanding their privacy be respected.

Strangers and Intimates shows that a private life, essential for the wellbeing of individuals and society, is a hard-won achievement that is now under threat. And, Jenkins warns, we won't understand what we have lost until it is gone.

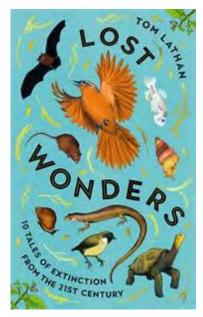
Dr Tiffany Jenkins is an academic and broadcaster. The author of the acclaimed *Keeping Their Marbles: How Treasures of the Past Ended Up in Museums and Why They Should Stay There*, she is an honorary fellow in the Department of Art History at the University of Edinburgh. Tiffany wrote and presented the BBC Radio 4 series 'A History of Secrecy' and 'Contracts of Silence', about the rise of non-disclosure agreements. She is a frequent commentator for *The Guardian, The Observer, The Financial Times, The Scotsman*, and *The Spectator. Strangers and Intimates* is her second book.



#### **Lost Wonders**

### 10 Tales of Extinction from the 21st Century

#### **Tom Lathan**



Pub Date: 7 November 2024

Editor: Andrea Henry Binding: Hardback Extent: 448pp Rights: World

Material Available: manuscript

In Lost Wonders Tom Lathan tells ten powerful stories of species that have lived, died out and been declared extinct since the turn of the twenty-first century.

Many scientists believe that we are currently living through the Earth's sixth mass extinction, with species disappearing at a rate not seen for tens of millions of years – a trend that will only accelerate as climate change and other pressures intensify. What does it mean to live in such a time? And what exactly do we lose when a species goes extinct?

In a series of fascinating encounters with subjects that are now nowhere to be found on Earth – from giant tortoises to minuscule snails the size of sesame seeds, from ocean-hopping trees to fish that wag their tails like puppies – Tom Lathan brings these lost wonders briefly back to life and gives us a tantalizing glimpse of what we have lost within our own lifetime.

Drawing on the personal recollections of the people who studied these species, as well as those who tried but ultimately failed to save them, and with beautiful illustrations, *Lost Wonders* is an intimate portrait of the species that have only recently vanished from our world and an urgent warning to hold on all the more tightly to those now slipping from our grasp.

Illustrated by Claire Kohda.

Tom Lathan is an author and journalist whose writing has appeared in publications including *The Guardian*, the *Financial Times* and *The Times Literary Supplement*. He volunteers with Kent Wildlife Trust, working as part of their initiative to introduce wild bison to the UK at West Blean and Thornden Woods Nature Reserve. *Lost Wonders* is Lathan's first book and was the recipient of a Society of Authors award.



### Siblings and Rivals

### A Story of Art and Family Judith Mackrell



Pub Date: 19 June 2025 Editor: Georgina Morley Binding: Hardback

Extent: 448pp Rights: WEL

Material Available: Winter 2024

A gorgeously readable, insightful dual biography of British brother and sister artists Gwen and Augustus John, perfect for readers of *The Unfinished Palazzo*, *Square Haunting* and *The Story of Art Without Men*.

In Siblings and Rivals, acclaimed biographer Judith Mackrell turns her attention to the brother and sister artists Augustus and Gwen John, who were in many ways polar opposites. He was rambunctious. boastful, promiscuous and a self-proclaimed 'roaring boy' of the most Bohemian kind, qualities that were reflected in his work, which was itself far from shy and retiring. In his lifetime - until the booze and the bad behaviour began to drain both his talent and his popularity – he was feted as a Great Artist. Gwen was quiet, introspective, every bit as talented an artist as her brother, but largely overlooked in her lifetime save for her seemingly uncharacteristically passionate affair with Rodin. Today, though, the positions are reversed and Gwen's work is lauded whilst Gus's is largely ignored.

Judith Mackrell is a celebrated dance critic, writing first for *The Independent* and now for *The Guardian*. Her biography of the Russian ballerina Lydia Lopokova, *Bloomsbury Ballerina*, was shortlisted for the Costa Biography Award. She has also appeared on television and radio, as well as writing on dance, co-authoring *The Oxford Dictionary of Dance*. She lives in London with her family.



### **Animal**

#### Michael Bond



Pub Date: 5 February 2026

Editor: Lewis Russell Binding: Hardback Extent: 320pp Rights: World

Material Available: Spring 2025

Rights Sold for Wayfinding: US: Harvard University Press Chinese (complex): Rye Field

Italian: Corbaccio Japanese: Hakuyosha

Korean: Across Publishing Group

Russian: Azbooka-Atticus

A wide-ranging exploration of humanity's relationship with the world of animals, from the cave art of the earliest humans to the most cutting-edge contemporary scientific research.

In *Animal*, Michael Bond examines how humanity has considered other animals, our relationship with them and its impact on our psychology, from early prehistory to the present day.

Today, biologists are challenging many of the assumptions that have allowed us to believe that we humans are something special. If animals have sentience, intelligence, culture, creativity, empathy and the use of tools, as the latest evidence suggests, what does that make us? Science is now forcing us to consider that the differences are less significant than they seem, and that we are creatures at our core. What, then, does it mean to be human? The answer is becoming increasingly complicated.

Blending insights from psychology, anthropology, biology, animal cognition, literature and history with story-telling, expert interviews and ethnographic observation, Bond reaches across an exotic range of subjects: feral children, talking horses, the art of early humans, medieval bestiaries of real and imagined creatures, dog-headed people and other monsters of the mind, animals who get treated like people, people who believe they are animals, the healing power of pets, the near-universal fascination with wolves, the mythology of shapeshifters, and the dark history of dehumanization.

Michael Bond won the 2015 British Psychological Society prize for *The Power of Others*. He writes on human behaviour and is a former editor at *New Scientist*. His acclaimed *Wayfinding* has been translated into five languages. He is currently a Royal Literary Fund fellow at Oxford Brookes University.



#### Who Do I Think I Am?

### The Autobiography **Ben Elton**



Pub Date: 9 October 2025 Editor: Sara Cywinski Binding: Hardback Extent: 352pp

Rights: World

Material Available: Spring 2025

Novelist. Screenwriter. Sitcom writer. Playwright. Actor. Comedian. Stage director. Film director. Librettist. Social activist. Who does Ben Elton think he is?

For the first – and only – time, in this one-of-a-kind autobiography, Ben tackles this question head on in the frank, forthright and hilarious manner that we've become accustomed to in his work. He marches and meanders through his long and varied career, from drunken nights at the Fringe with Rik Mayall to marathon record-breaking show runs at the Hammersmith Odeon. He also delves into his archives to reveal the true stories behind smash hits *The Young Ones, Blackadder* and *We Will Rock You*, as well as reflecting on his pioneering routines as host of *Saturday Live*, which birthed a revolution in stand-up comedy.

Alongside unique insights into his groundbreaking work, Ben talks honestly and hilariously about his personal and professional relationships with two generations of brilliant friends, contemporaries and occasional foes. The cast of characters is a feast: Emma Thompson, French & Saunders, Fry & Laurie, Rowan Atkinson, Ade Edmondson, David Mitchell, The Beatles, Queen, Andrew Lloyd Webber and even Neil Kinnock.

And that's only the half of it. After forty-five years in public life, and sixty-five if being alive, Ben has a lot of stories to tell – and a very clear idea of who Ben Elton really is . . .

Born in Catford, south-east London, in 1959, Ben was state-educated and studied drama at Manchester University, where he now holds an honorary doctorate. He began his professional career in 1981. Ben married Australian musician Sophie Gare in 1994 and became an Australian citizen in 2004. He lives in Australia and has a home in the UK.



### August Coup Robert Service



Pub Date: 26 February 2026 Editor: Georgina Morley Binding: Hardback

Extent: 432pp Rights: World

Material Available: Spring 2025

Compelling and dramatic, Robert Service's August Coup expertly conveys how and why the USSR crumbled in 1991.

The August Coup of 1991 was a dramatic turning point in Russian history, in which the deceitful actions of a group of ambitious men shifted the country's political system from communism to capitalism.

Beginning with a minute-by-minute re-enactment of Mikhail Gorbachëv's capture from his holiday home, Robert Service follows the plot from its inception to its ultimate failure. The conspirators' ambition was to declare a state of emergency and restore stability through authoritarian rule, but the reality turned out to be far more chaotic. The coup was soon dismantled, Boris Yeltsin took charge of internal and external policy, while criminal gangs and government corruption grew exponentially. A highly authoritarian New Russia had been born, with little or no benefit to the Russian economy or its people.

Spanning the years from the coup itself to Vladimir Putin's first presidential term of office in the early 2000s, *August Coup* is a dramatic, expertly researched and thoroughly compelling account of an extraordinary moment in Russia's recent history.

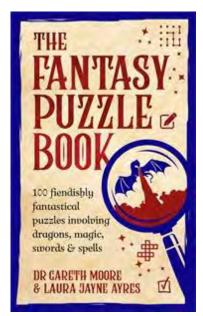
Robert Service is a Fellow of the British Academy and of St Antony's College, Oxford. He has written several books, including the highly acclaimed *Lenin: A Biography, Russia: Experiment with a People, Stalin: A Biography* and *Comrades: A History of World Communism*, as well as many other books on Russia's past and present including *Kremlin Winter: Russia and the Second Coming of Vladimir Putin. Trotsky: A Biography* was awarded the 2009 Duff Cooper Prize. He lives in London.



### The Fantasy Puzzle Book

100 fiendishly fantastical puzzles involving dragons, magic, swords and spells

### Dr Gareth Moore and Laura Jayne Ayres



Pub Date: 12 September 2024

**Editor:** Ingrid Connell **Binding:** Trade Paperback

Extent: 320pp Rights: World

Material Available: Manuscript

Rights Sold:

Italian: Under offer

A fabulously creative puzzle book for all fans of fantasy fiction, with a hundred puzzles to challenge and entertain you.

Pit your wits against dangerous dragons, deceitful sorcerers, malevolent witches and greedy goblins in this fantastically clever collection of a hundred original puzzles.

In *The Fantasy Puzzle Book*, you will join Miralda and Orien on their epic quest as they journey to the fabled kingdom of Ellamir and attempt to take back what's rightfully theirs. Along the way, you'll be dodging hostile weapon-forgers by moonlight, navigating mystical mazes, cracking cryptic incantations – and much, much more. These brain-teasers include logic, word and number puzzles and will provide hours of entertainment.

Written by puzzle master Gareth Moore with Laura Jayne Ayres, this is the perfect book for fantasy fans.

Gareth Moore is the internationally bestselling author of a wide range of brain-training and puzzle books for both children and adults, including *The Ordnance Survey Puzzle Book, The Whodunnit Puzzle Book, Anti-Stress Puzzles, RHS Gardener's Quiz & Puzzle Book, Brain Games for Clever Kids®, Lateral Logic and Extreme Mazes.* His books have sold more than a million copies in the UK alone and have been translated into thirty-five different languages.

Laura Jayne Ayres is a puzzle writer and researcher. After studying linguistics at the University of Cambridge, she worked as a playwright before joining Dr Gareth Moore's puzzle team. Books that she has worked on include Hacked: The Cyber Crime Puzzle Book, The Great British Puzzle Book, The Perfect Crime Puzzle Book, The Nautical Puzzle Book and The Ordnance Survey Kids' Adventure Book.



### It's All in Your Body Dr Sula Windgassen



Pub Date: 8 January 2026

Editor: Lizzy Gray Binding: Hardback Extent: 272pp Rights: World

Material Available: Spring 2025

In her debut non-fiction book, Sula gives you the holistic picture of mind body science, empowering you to reclaim control and reconnect with your body using principles from health psychology, psychoneuroimmunology and neuroscience.

Whether you have physical health issues yourself, are experiencing burnout or support those who do, this book is armed with the latest science and practices that can be implemented straight away to meet healing goals, whatever they may look like. Learn how to nurture your mind—body connection to reclaim your life!

Dr. Sula Windgassen is a distinguished figure in the field of health psychology, leveraging her personal and professional experiences to aid individuals grappling with chronic conditions, burnout and trauma. Her journey began as a patient contending with chronic urinary tract infections and mysterious pelvic symptoms, which propelled her toward mindfulness practice and subsequently a career in health psychology. Sula's comprehensive education and research in the interaction between mind and body inform her practice, where she currently directs a clinic assisting hundreds.

Dr Sula Windgassen has been featured in and written articles for *Women's Health, Glamour, Psychologies Magazine, Stylist Magazine, iNews, The Guardian, The Telegraph* and *Evening Standard* and she has appeared on podcasts and delivered presentations in multiple international conferences. Through her Instagram platform @the\_health\_psychologist\_ (25,000+ followers) she has built a strong community of people actively engaged with Sula's philosophy of Healthy Psychology, as well as collaborating with other influential figures in the mental health, wellness and health industry.



#### Not Just a Period

Reclaim Your Cycle, Harness Your Hormones, and Take Control of Your Health

#### **Dr Hazel Wallace**



Pub Date: 22 May 2025 Editor: Jodie Lancet-Grant

Binding: Hardback Extent: 288pp Rights: World

Material Available: Winter 2024

A roadmap to embracing your hormones for better periods, more energy and improved health all month long, and a revelatory new approach to women's health in general, examined for the first time through the lens of the menstrual cycle.

1.9 billion people on this planet menstruate and, on average, have approximately 456 periods over 38 years of life. But despite this, less than 1 in 5 women feel they have enough information on menstrual wellbeing and many of us are in the dark about how the different phases of our cycle affect us.

This book brings together pioneering research, community-driven surveys, case studies and research-backed lifestyle practices, to teach women how to navigate every phase of our menstrual cycle with greater ease and control and to deepen our understanding of how our bodies work.

Not only is this book a roadmap toward a better understanding of women's health, through the lens of our cycle, it is also a call to arms to remove the ancient and absurd stigma around periods which stops women asking for help when they need it.

Dr Hazel Wallace – also known as The Food Medic – is a doctor, registered associate nutritionist and personal trainer, and host of *The Food Medic* podcast, which has run for 9 seasons. She is one of the world's most influential health voices online, with over 820,000 highly engaged followers on Instagram.

She is author of the best-selling books *The Food Medic* (2017), *The Food Medic For Life* (2018) and *The Female Factor* (2022).



### How to Talk to Yourself Ro Mitchell





Pub Date: 17 April 2025

Editor: Lizzy Gray

Binding: Trade Paperback

Extent: 256pp Rights: World

Material Available: Winter 2024

An empathetic, accessible guide to reconfiguring your internal dialogue, and learning to be kind to yourself, from influencer Ro Mitchell.

'We cannot be everything, always, all of the time. And that is a beautiful thing. We are humans, we have limits, we have flaws, and we are worthy of love and respect just by existing.'

In *How to Talk to Yourself*, Ro Mitchell offers a comforting and empowering guiding hand exploring how to find self-acceptance, be kinder to ourselves, to forgive ourselves, and to approach discipline and success from a new, healthier angle.

After sharing her own recovery story online, Ro discovered that her vulnerability and advice really resonated with her audience, and was a huge eye-opener to the sheer number of people battling self-esteem issues with nobody to listen, to understand, or to help them in proactively making changes. How to Talk to Yourself is the gentle, nurturing, and interactive guide that she needed but never had. But now, you do.

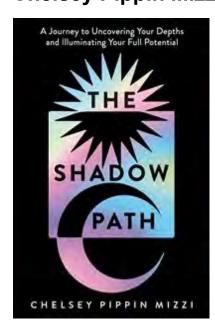
Ro Mitchell is a voice for young women – a content creator who is dedicated to positive messaging, with honesty and growth at the forefront of everything she does. Ro is here to remind you to be kind to yourself.

Her message is ultimately aimed at women of all ages, and it is one steeped in authenticity. Ro's growth has been rapid, and entirely organic – and the incredibly high engagement rate her content has maintained over a prolonged period is testament to the impact she is having on people's lives – Ro is a genuine force for good, and her influence is growing on a daily basis.



### The Shadow Path

A Journey to Uncovering Your Depths and Illuminating Your Full Potential **Chelsey Pippin Mizzi** 



**Pub Date:** 2 January 2025 **Editor:** Cara Waudby-Tolley

Binding: Paperback

Extent: 320pp Rights: World

Material Available: manuscript

Rights Sold: Romania: Bookzone

A practical 10-week introduction to Shadow Work, the trending self-care practice that empowers you to uncover and embrace the hidden parts of yourself for personal and spiritual growth.

Do you want to cultivate a deeper understanding of yourself and realize your full potential? Then it's time to meet your Shadow. This beginner-friendly 10-week journey guides curious spiritual wellness seekers along a path of self-discovery through Shadow Work – a process of exploring and claiming unconscious desires, hidden impulses, hopes and fears.

Each week, Shadow expert Chelsey Pippin Mizzi guides you through short lessons, journaling prompts, visualizations, field trips and creative exercises designed to help you safely explore and engage with your Shadow, including:

- Meeting and naming your Shadow
- Dream journaling to study your Shadow
- Holding a candlelight vigil to illuminate your Shadow
- Uncovering your Shadow's desires through automatic writing
- Writing a letter of pardon to forgive your Shadow
- 365 journal prompts, one for every day of the year

In this gentle and positive introduction to your Shadow side, learn to embrace every part of yourself for ultimate personal and spiritual growth.

Chelsey Pippin Mizzi is a Shadow Work expert and the author of *The Tarot Spreads Yearbook* and *Tarot for Creativity*. She has a Master's in European Culture from University College London, where she studied Jungian and Freudian thought, and the unconscious. She has written for *BuzzFeed*, New York Magazine's *The Strategist*, and *METRO*. She is the founder of the tarot-informed creativity consultancy, Pip Cards Tarot.



### The Ancient Ways Seren Hawley-Plows



Pub Date: 19 March 2026 Editor: Jodie Lancet-Grant

Binding: Hardback Extent: 272pp Rights: World

Material Available: Spring 2025

Reconnect with nature, ancient traditions and yourself in this spellbinding book from hedgewitch and content creator Seren Hawley-Plows (@hedgerow\_healing).

The Ancient Ways is an empowering guide to reconnecting with the natural world in order to live a happier and more purposeful life. It seeks to deepen your connection with nature through mythology and folklore – ancient traditions based on the land and the seasons.

Hedgewitch and content creator Seren Hawley-Plows explores how, in the past, humans' lives centred around the rhythms of the natural world and how this can help you lead a more connected and fulfilled life. *The Ancient Ways* is structured around the seasons and pagan festivals, exploring the history of equinoxes and how they are celebrated, how to rewild yourself through knowledge of plants and nature and how to benefit from these ancient traditions in a modern world. Whether you live in the countryside or a bustling city, *The Ancient Ways* provides a slice of calm, belonging and connection – the perfect gift for yourself or others.

Seren Hawley-Plows is a second generation new-age traveller, with a deep connection and love for the natural world. She was taught herbalism and ancient practices from an early age by her parents and their community, and spent much of her youth travelling around festivals, full moon gatherings, and attending ceremonies at sacred sites.

Her interest in nature and humankind's ancestral connection to the natural world developed as she grew older, and she began to retell tales, myths, forgotten knowledge and ancient practices as short informative videos on Instagram, where she now has an international following of over 160k.



## Do Ask. Do Tell LGBTQ+ Life, Love and Culture Laid Bare Lotte Jeffs and Stu Oakley



Pub Date: 29 May 2025 Editor: Jodie Lancet-Grant

**Binding:** Hardback **Extent:** 288pp

Rights: World

Material Available: Winter 2024

A rollercoaster ride through LGBTQ+ life, love and culture. From sticky dancefloors to pushing prams, from drag to dealing with hate and homophobia and from dressing rooms to churches, schools and old people's homes, this book unboxes the diversity of the queer experience – because there is no right or wrong way to be LGBTQ+.

What's the difference between bisexual and pansexual? What does it mean to be femme or masc or 'camp'? How do intersex and asexual people feel about being part of the queer spectrum? Writers Lotte Jeffs and Stu Oakley – your intrepid queer explorers – are here to answer these questions and so many more, as they navigate the rich tapestry of LGBTQ+ life, for queer and cis straight people alike.

Ageing, HIV, drag, open relationships, religion, racism, body dysmorphia, hedonism: Lotte and Stu go there – literally and metaphorically – as they hit the frontline of queer experiences, and head so far outside of their own comfort zones along the way they need more than a pair of ruby slippers to get them home. As a cis gay man and gender-queer lesbian the authors know that their own lived experience represents the equivalent of a single pixel of the rainbow and they want to know more.

Lotte Jeffs and Stu Oakley are the authors of *The Queer Parent* and hosts of the award-winning *Some Families*, the UK's leading LGBTQ+ parenting podcast. Lotte is a leading journalist and author of *This Love* and children's book *My Magic Family*. Stu Oakley is a film publicist and freelance journalist, having written *The Guardian*, *ELLE* and *Attitude*. Stu has worked on some of the biggest film franchises of all time including *Star Wars* and *Jurassic World*.



### **Outrage**

Why The Fight for LGBTQ+ Equality is Not Yet Won and What We Can Do About It

#### **Ellen Jones**



**Pub Date:** 30 January 2025 **Editor:** Jodie Lancet-Grant

Binding: Hardback Extent: 288pp Rights: WEL

Material Available: manuscript

An eye-opening and essential look at the discrimination still faced by LGBTQ+ people today, woven through with moving and jaw-dropping personal accounts, plus practical steps anyone can take to help change things.

Complete equality for LGBTQ+ people should be our benchmark. But despite massively increased visibility in mainstream life and culture, the queer community is facing unacceptable levels of prejudice and danger – from the rise in homophobic and transphobic violence to the rollback of hard-fought-for rights across the globe.

In this groundbreaking, compelling and highly readable book, writer and activist Ellen Jones exposes the discrimination queer people continue to face in all areas of life, from marriage to mental health, education to ageing, religion to sport and much more. In searing prose, punctuated with moving personal accounts, Jones sets out not only the issues but also practical actions that any of us can take to create a more equal society, and highlights the trailblazers whose amazing work is already changing the world.

Ellen Jones is an award-winning campaigner, writer & speaker in LGBTQ+ rights, and was awarded Stonewall's Young Campaigner Of The Year by Sir Ian McKellen, as well as the first-ever MTV EMA Generation Change Award in recognition of her work campaigning for LGBTQ+ & disability inclusion.

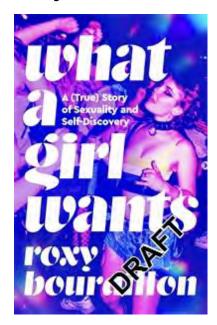
She has been named as one of the world's most prominent Gen Z activists by the Observer, one of London's most influential people by the *Evening Standard* two years running, and one of *Attitude* Magazine's 101 LGBTQ Trailblazers in their inaugural global list.



### What a Girl Wants

### A (True) Story of Sexuality and Self-Discovery

### **Roxy Bourdillon**



Pub Date: 17 April 2025 Editor: Jodie Lancet-Grant

Binding: Hardback Extent: 288pp Rights: World

Material Available: manuscript

Warm, relatable and moving, What A Girl Wants is a gorgeous, nostalgia-drenched, coming-of-age memoir. Think Dolly Alderton's Everything I Know About Love with a gloriously queer twist.

'I am 13 years old and these are my secrets.

- 1. I have a crush on Jet from ITV gameshow *Gladiators*. So strong! So pretty!
- 2. I still play with Barbie dolls. It's mostly making them scissor.
- 3. I just kissed my best friend. Spoiler alert: she's a girl.'

From the suburbs of Leeds to the streets of Sydney, from the queer clubs of London to a quiet life by the sea, through love, family, friendship and heartache, join Roxy Bourdillon on a journey to work out exactly who she is.

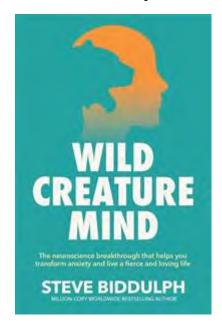
WHAT GIRL WANTS is for any woman who grew up in the late 90s, 2000s and early 2010s, anyone who's ever been catcalled, anyone who has despaired about their body, fallen in love, had their heart broken and found friends who can put it back together.

From overcoming shame and the joy of finding your tribe, to surviving the dating scene and learning to really express yourself, this is a book about joy, empowerment and freedom.

Roxy Bourdillon is an award-winning writer and the editor-in-chief of *DIVA*, the world's biggest magazine for LGBTQ+ women and non-binary people. She has interviewed everyone from A-listers Emma Stone, to the legendary Rebel Dykes. Roxy's groundbreaking work in queer media has earned her a place in both the Pride Power List, published in *The Guardian*, and The Attitude 101: LGBTQ+ Trailblazers Changing The World.



### Wild Creature Mind Steve Biddulph



Pub Date: 12 September 2024

Editor: Katy Denny

**Binding:** Trade Paperback

Extent: 320pp Rights: World

Material Available: manuscript

From bestselling author Steve Biddulph comes a transformative book on how to reconnect with your primal, animal mind and trust your intuition and overcome stress, anxiety and trauma.

Bestselling psychologist Steve Biddulph reveals a ground-breaking insight: we possess not just one, but two minds. While our familiar, analytical mind dominates in today's busy, modern world, our primal, instinctual 'wild creature mind' lies dormant, waiting to guide us with its innate intuition and compassion.

In a world grappling with unprecedented mental health challenges, Steve offers a lifeline. Drawing on cutting-edge therapy and cognitive science research, he shows you how to awaken your dormant mind through poignant anecdotes and practical exercises. You will learn to embrace your body's wisdom, trust your instincts, heal trauma, navigate life's complexities with newfound clarity and embark on a journey of profound transformation.

There's a million years of animal intelligence, lying silent, wanting to help you. This is absolute science, yet incredibly simple, and about to change your world.

Steve Biddulph is one of the world's best known parent educators who lectures worldwide on parenting, and boys' education. A psychologist for forty years, he is now retired but continues to write and teach. His books, including *Fully Human*, *The Secret of Happy Children*, *Raising Boys*, *The New Manhood* and *10 Things Girls Need Most* are in four million homes and over thirty languages. They have influenced the way we look at childhood and especially the development of boys and men.



## COOKERY





### Cooking: With Vegetables Jesse Jenkins



Pub Date: 19 June 2025

Editor: Lizzy Gray Binding: Hardback Extent: 288pp Rights: World

Material Available: speads

The stunning debut cookbook from London–LA chef and pro skater, Jesse Jenkins. This distinctive, original work redefines modern vegetable cooking and will appeal to fans of Yotam Ottolenghi, Joshua Weismann and Anna Jones.

Start with a vegetable and end up with an unashamedly delicious dish.

Jesse Jenkins' flavour-forward, creative recipes and highly distinctive style take vegetable cooking to new heights with over 100 original dishes.

Jesse's standout debut cookbook shows you how to apply the same method typically applied to meat or fish to vegetables. Jesse cooks everything from the humble cabbage, leek or tomato (no need for heirloom or special varieties) to fennel, seaweed or miso-glazed courgette in stages to add layers of texture and make the flavour sing, and his love of fast food ensures there's always a comforting, satisfying edge to his dishes.

Organized by type of vegetable – such as leafy veg, brassicas, root veg, aubergine and mushrooms – *Cooking: With Vegetables* redefines modern cooking alongside Jesse's stunning photographs.

Jessie Jenkins, aka Another Day in Paradise, is a new star on the London food scene, with cinematic cooking videos racking up millions of views. A relative newcomer to social media, Jesse grew up in LA, combining work in a professional kitchen with life as a sponsored skateboarder. Inspired by the people he has cooked for and alongside over the years, his food is fresh, fast and a bit filthy, with a laid-back vibe – perfect for sharing.



### Indian 101 Karan Gokani



Pub Date: 28 August 2025

Editor: Lizzy Gray Binding: Hardback Extent: 288pp Rights: World

Material Available: Winter 2024

Chef and cookbook author Karan Gokani breaks down the secret to authentic Indian cooking at home with 101 delicious, vibrant and diverse recipes.

Indian 101 (re)introduces beginners and seasoned home cooks to authentic Indian recipes, in an easy-to-cook, contemporary and intuitive way – going beyond the stereotypes of Indian food and making real Indian cooking accessible to all. Rather than a masterclass on regional Indian food, Karan introduces 101 simple, easy-to-follow recipes from across the country that push boundaries of flavour and experience.

Karan introduces tips and hacks to make the trickier methods quicker and easier to make at home without compromising on authenticity or flavour. There are air-fryer methods, tray-bake alternatives and ingredient variations to help you flex your cooking methods while remaining true to the unique and hugely diverse Indian traditions. You can easily create full meals out of individual dishes, making *Indian 101* your go-to cookbook for weekday meals as well as weekend feasts.

Mumbai-born Karan Gokani opened Hoppers, a Sri Lankan and South Indian restaurant in Soho, London in 2015. Gokani published his first book, *Hoppers* (Bloomsbury) in 2022. He has written travel features and recipes on Sri Lanka and southern India for national press and is a regular on BBC's *Saturday Kitchen*. Karan lives with his wife Sunaina and two young sons in London. His Instagram account is @karancooks.

#### Cookery



### Family

### Modern Cooking for Healthy Eating

### **Claudine Boulstridge**



Pub Date: 16 April 2026

Editor: Lizzy Gray Binding: Hardback

Extent: 288pp Rights: World

Material Available: Summer 2025

Modern, healthy cooking for families for fans of Ottolenghi from French-British chef and recipe writer Claudine Boulstridge.

Chef and mother-of-three Claudine Boulstridge is passionate about family food. She wants to show everyone how to transform everyday meals into flavour-forward, vibrant and healthy home-cooked dishes you and your children will love. Packed with tempting and creative recipes and practical ideas for giving your children a balanced, varied diet, *Family* will make mealtimes more delicious and help you to grow adventurous eaters at the same time.

This cookbook will transform the way you eat as a family without upending your daily routine. With one-pot dishes, prepare-ahead meals, and minimal washing up, *Family* is the perfect solution for health-conscious, time-pressed families.

Claudine champions recipes that not only taste incredible but are also also inexpensive, unprocessed and low in sugar. Her work as a recipe tester for Yotam Ottolenghi has helped her to tailor ambitious, experimental recipes and flavour combinations to her family. She has collaborated on the book with her husband, the consultant Dr Rhodri Martin, to explain the science behind the ingredients that help children thrive and grow.

Claudine Boulstridge has been Yotam Ottolenghi's beloved recipe tester for fifteen years, she has created, tested, styled and photographed recipes for companies including Ocado, Lindt, Crazy Jacks, Biotiful Kefir and Bart. Claudine studied at Leith's School of Food and Wine with First Class Honours and went on to teach at a range of popular London cookery classes at Divertimenti and The Cookery School at Little Portland Street.



### What to Cook and When to Cook It Georgie Mullen



Pub Date: 28 August 2025

Editor: Lizzy Gray Binding: Hardback Extent: 288pp Rights: World

Material Available: Winter 2024

Simple recipes that use the best of seasonal ingredients to help you cook and eat more sustainably. Fall back in love with veg, learn how to nourish both yourself and the planet and cook delicious, healthy food.

With What to Cook and When to Cook It, food writer Georgie Mullen shows how to bring out the best flavour in your usual fruit and veg. She shares 120 incredibly simple, versatile and delicious meals that make the most of the season's produce. Whether you choose refreshing Peach Panzanella Salad for a summer barbecue or a comforting Leek and Butterbean Gratin in the colder months, this plant-based food allows easily sourced, simple produce to shine.

Georgie Mullen has garnered a huge and loyal following thanks to her beautiful, vibrant seasonal plant-focused cooking on her website and instagram @georgieeats. What to Cook and When to Cook It brings together simple meals divided by season and focused on hero fruit and veg. Georgie's meals are comforting, satisfying and always highly cookable.

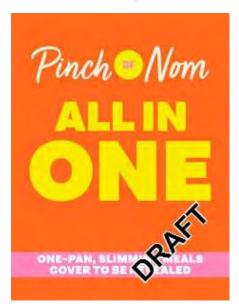
Georgie is from the south coast of England. In between writing her blog, Georgie Eats, teaching plant-based cookery classes and hosting her own supper clubs, she is a freelance recipe developer and food writer.



#### Pinch of Nom All In One

### One-pan, Slimming Meals

### Kate and Kay Allinson



Pub Date: 21 November 2024

Editor: Lizzy Gray Binding: Hardback Extent: 272pp Rights: World

Material Available: manuscript

Rights Sold for Pinch of Nom:

Bulgarian: Knigomania

Chinese (comp): Sharp Point Press Chinese (simp): China Machine Press

Czech: Euromedia Group A.S.

**Dutch:** Scriptum

French: Hachette Pratique

German: ZS Verlag

**Greek:** Fantastikos Kosmos **Hungarian:** Gabo Publishers **Korean:** BookRecipe

Lithuanian: Alma Littera

Polish: Wydawnictwo Sonia Draga

Portuguese: Lua de Papel Romanian: Grup Media Littera Russian: Azbooka-Atticus

Slovak: Ikar a.s.

Slovene: Aktivni Mediji d.o.o.

**US:** St Martin's Press

One hundred fantastic, failproof Pinch of Nom recipes that can be made in just one pot, pan or tray, saving time, effort . . . and the washing up!

All the flavour, all the ease, all the enjoyment – ALL IN ONE.

The UK's fastest-selling food writers and chefs, Pinch of Nom, are back with 100 brand-new, slimming recipes that can be made in one pot, one pan or one roasting dish. Enjoy satisfying, flavour-packed and fully calorie-counted meals without the hassle or washing up.

ALL IN ONE includes low-effort, high-reward fakeaways such as Chicken Tikka and Rice One-Pot, hearty bakes including Cheesy Butternut Bacon Orzo, and mouthwatering sweet treats like Slow Cooker Self-Saucing Chocolate Pudding.

Pinch of Nom's food feels so indulgent that you'd never guess how straightforward it is to make – thanks to foolproof recipes, flexible cooking methods and easy-to-find ingredients.

- Photograph for every triple-tested recipe
- Calorie and carb counts
- 30 new slow cooker recipes (with hob or oven options)
- Air fryer instructions

Big on taste and small on fuss, ALL IN ONE has your mealtimes sorted.

Record-breaking bestselling authors Kate and Kay Allinson are the creators of Pinch of Nom, a food blog with the aim of teaching people how to cook. Pinch of Nom is the UK's most visited food blog with an active and engaged online community of over 4.5 million followers. Their first book, *Pinch of Nom*, was the fastest-selling cookbook of all time.

#### Cookery



