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rights
guide

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contents

Fiction

Non-fiction

Food & Drink

fiction

Girls' School for Demon Summoning

Genevieve Cogman



Pub Date: 15 October 2026
Editor: Sophie Robinson
Binding: Hardback
Extent: 400pp
Rights: World

Material Available: Spring 2026

Rights Sold for The Invisible Library Series:

US: Berkley Publishing Group*
Brazilian Portuguese: Morro Branco
Complex Chinese: Gaea
Czech: Dobrovsky
Estonian: Varrak
German: Bastei Luebbe*
Italian: Fanucci
Romanian: Nemira
Russian: AST
Spanish: Urano
Turkish: Timas Basim Ticaret Sanayi

*3-book deal

In this fun occult dark academia, a former Cambridge scholar takes a teaching post at an all-girls school in the remote Yorkshire Moors, only to discover the students are summoning demons in the cellar.

Philomena was happy with her life at Cambridge University – until her father's mounting gambling debts forced her to leave the world of academia behind. So she can't quite believe her luck when she is hired to be the new Latin teacher at Graynes, an all-girls school nestled in the remote Yorkshire Moors.

But just when Phil is getting used to the odd staff members (not to mention the frivolous schoolgirl pranks), things take an unexpected – and strange – turn: her students are summoning demons in the cellar. Graynes, she discovers, is no ordinary school; it's a training ground for the Queen's elite force of demonologists.

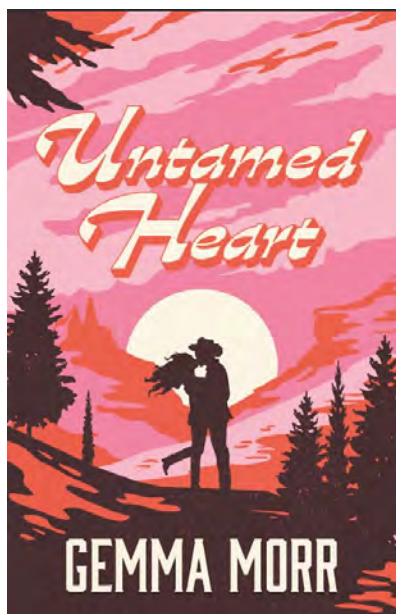
Protecting England from nefarious forces certainly wasn't on the job description. As Phil is plunged into a world of dark arts, demon pacts and witches-in-training, she soon finds herself entangled in a plot that threatens to destroy the magical realm from inside out . . .

Genevieve Cogman started on Tolkien and Sherlock Holmes at an early age, and has never looked back. She is the author of the Invisible Library series and the bestselling Scarlet Revolution trilogy. She lives in the North of England.

Fiction

Untamed Heart

Gemma Morr



Pub Date: 14 August 2025

Editor: Kinza Azira

Binding: Paperback

Extent: 400pp

Rights: World

Material Available: Edited manuscript

Rights Sold:

Dutch: De Fontein

French: Eden / City Editions

German: Piper

***Untamed Heart* is a sweet and spicy cowboy romance for fans of Elsie Silver and Lyla Sage.**

Escape to the Diamond Back Ranch with the new steamy, small-town, Grumpy/Sunshine romance that will leave you breathless . . .

When Lottie Wright is made redundant from her London law-firm graduate job, and finds out that her banker boyfriend, Kyle, is cheating on her, she gets the hell out of dodge and straight on a plane to Jackson Hole. Her plan is to get back in the saddle at her cousin Lil's ranch, the Diamond Back, on the edge of Grand Teton National Park.

Drowning her sorrows in a honky-tonk bar in Jackson Hole, things get steamy with a scrumptious cowboy called Cole, but nothing seems to be going right when she realizes that he works at Diamond Back too – meaning their tension must be strictly business . . . And once on the ranch, Lottie is thrown into the arms of bull rider Beau who just can't seem to find a shirt to wear for all his rope throwing.

So, under the vast, starry western skies, and in the shadow of the wild Rocky Mountains, Lottie must take the reins and figure out just who she wants to be and who will win her heart . . .

Gemma Morr has worked in book marketing for twenty years, connecting imaginations with the worlds in which they belong. She currently lives in Hampshire with her husband and two children. *Untamed Heart* is her debut novel.

Two's A Charm

Heather Spellman



Pub Date: 9 October 2025

Editor: Emily Sumner and
Raphaella Demetris

Binding: Paperback

Extent: 384pp

Rights: World

Material Available: Summer 2025

In this cosy romantasy two completely opposite witchy sisters must work together to save their small town, all whilst navigating new romances, family drama, and the challenges of magical responsibility . . . *Wicked* meets *Impractical Magic* and *10 Things I Hate About You*.

Sisterhood can be downright wicked . . .

Sisters Effie and Bonnie might both be witches, but they're worlds apart. Reserved and bookish, Effie finds solace in library corners, while Bonnie knows all about being popular. They strive to hold space from one another - a challenging task in the confines of their small hometown, Emerald Creek.

When their estranged Uncle Oswald draws Bonnie into a magical scheme under the guise of helping the locals whilst proving her magical abilities, she readily agrees. But as it turns out, no good deed goes unpunished; Oswald's true motives are downright wicked.

Within one short day, Bonnie's spells start misfiring, and Effie notices something bad taking root. Can the sisters unite to reverse this magical mishap, or is life as they knew it over for good?

Heather Spellman is an Australian author based in Southern California. She has slept in a cemetery, has a friend who was bullied by a prince, and has lived in a haunted house in a haunted town.

Heather's books include *Little Coffee Shop of Terrors* (as Hazel Graves), *Luis and Tabitha and Warrior Fairies*, as well as the forthcoming *Sparkle Pigs* series (as Kit Holliday) and *The Unfinished Business* duology.

Chef's Kiss at the Chalet

Sookie Snow



Pub Date: 6 November 2025
Editor: Kinza Azira, Lucy Brem
Binding: Paperback
Extent: 320pp
Rights: World

Material Available: Spring 2025

***Chalet Girl* meets *When in Rome* by Sarah Adams in this cosy, spicy seasonal romance.**

Torn between two worlds, can their love survive the season?

When Eleanor Evans lands a spot at London's most prestigious culinary school, her dreams finally feel within reach. Desperate to scrape together the cash for her tuition, she accepts a last-minute agency position as a chalet girl, which whisks her away to Maplewood Creek – a quaint, snow-kissed town nestled in the Rocky Mountains in Colorado.

Hired by the affluent Hawthorne family, Elle finds herself in a world of wealth, luxury and big egos, far removed from her humdrum everyday life. As she navigates the challenges of her new job, mastering gourmet dishes and catering to the whims of her discerning employers, she soon realizes there's something she hadn't accounted for: Charles Hawthorne, the family's charming and undeniably sexy eldest son.

Charles soon becomes an unexpected distraction for Elle, and she can't deny the sizzling chemistry between them. But with Elle's career aspirations hanging in the balance, and Charles's carefree lifestyle and family expectations putting strain on their blossoming relationship, can this unlikely duo survive the season . . . ?

Sookie Snow writes small-town, seasonal romances. A lover of all things cosy, sweet and spiced, she is at her happiest curled up by the fire with a hot chocolate and a swoon-worthy romance – HEA guaranteed. *Chef's Kiss at the Chalet* is the first book in the Maplewood Creek series.

Tell Tale

Claire Parkin



Pub Date: 15 January 2026

Editor: Katie Loughnane

Binding: Hardback

Extent: 368pp

Rights: WEL

Material Available: Summer 2025

In the heart of a scenic Welsh village, where every hedge hides a story and every cobblestone could tell tales, young Debbie-Marie Tunstall uncovers a mystery that might just be more than she can handle . . .

Debbie lives a seemingly ordinary life in Llanfair, a picturesque Welsh village shimmering with prosperity against the backdrop of the 1984 miners' strike. With her Holly Hobbie notebook in hand, this eleven-year-old is more than your average resident – she's a keen observer, a silent guard over the comings and goings of her neighbours.

But Debbie's penchant for spying and her habit of stitching tales from overheard conversations lead to more than just schoolyard whispers. When her actions uncover hidden tensions and unveil a series of distressing incidents, it becomes clear that Llanfair's picturesque facade masks a darker reality.

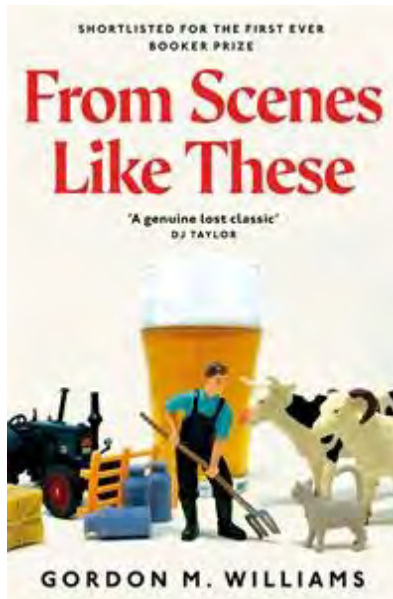
Because in Llanfair, secrets are buried just beneath the surface, and what Debbie has inadvertently stumbled upon could unravel the very fabric of her community.

From a decades-old tragedy to the immediate danger of a potential serial killer on the loose, Debbie takes it upon herself to piece together the mysteries. But even if she uncovers the truth, will anyone believe the village's biggest telltale?

Claire was born and brought up in a village just outside Cardiff, and graduated from King's College London with an MA in Nineteenth-Century English and American Literature. She turned to fiction after the birth of her twin son and daughter. Three of her short stories have been shortlisted for the Bridport Prize, and one was runner-up in The Fiction Desk's Newcomer of the Year Award (2016). She is currently working on her second novel, *Tell Tale*, about a troubled eleven-year-old girl who manipulates rising community tensions for her own amusement.

From Scenes Like These

Gordon M. Williams



Pub Date: 29 May 2025

Editor: Rosie Shackles

Binding: Paperback

Extent: 352pp

Rights: WEL

Material Available: Final

The lost twentieth-century Scottish cult classic, shortlisted for the first ever Booker Prize.

SHORTLISTED FOR THE FIRST EVER BOOKER PRIZE

‘A MASTERPIECE . . . DEMANDS TO BE READ’
DOUGLAS STUART, AUTHOR OF *SHUGGIE BAIN*

INTRODUCED BY JAMES ROBERTSON

It's the west of Scotland in the 1950s. New houses are going up. Factories are opening.

But Dunky Logan, a fifteen-year-old brought up in a tenement flat in working-class Kilcaddie, is ditching school to be a labourer on a local farm. Dead set on becoming a hard case, he wants to work shoulder to shoulder with so-called real men.

Irish Catholic Mary O'Donnell arrives at the farmhouse as the new maid. She is pregnant – no boyfriend in sight. But she's smart, and she has a plan to get herself up in the world.

As Dunky is swallowed up by a vicious cycle of violence, betrayal and booze, Mary becomes entangled in a savage family feud.

Now there's no going back, not for either of them.

Gordon M. Williams was born in Paisley in 1934. He was the author of several novels, including *From Scenes Like These*, which was shortlisted for the first Booker Prize in 1969, *Walk Don't Walk*, *Big Morning Blues*, *The Camp*, *The Man Who Had Power Over Women* and *The Siege of Trencher's Farm*, which was made into the film *Straw Dogs*. He was also the ghostwriter for the autobiographies of footballers Bobby Moore, Terry Venables and Tommy Docherty. He died in 2017.

non-fiction

Animate

How Animals Shape the Human Mind

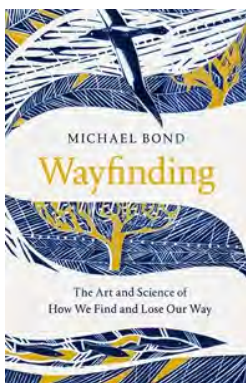
Michael Bond



Pub Date: 26 March 2026
Editor: Lewis Russell
Binding: Hardback
Extent: 320pp
Rights: World

Material Available: Unedited manuscript

Rights Sold for *Wayfinding*:
Chinese (complex): Rye Field
Italian: Corbaccio
Japanese: Hakuyosha
Korean: Across Publishing Group
Russian: Azbooka-Atticus
US: Harvard University Press



A thrillingly wide-ranging exploration of humanity’s relationship with the world of animals, from the cave art of the earliest humans to the most cutting-edge contemporary scientific research on the subject.

In *Animate*, Michael Bond examines how humanity has considered other animals, our relationship with them and its impact on our psychology, from early prehistory to the present day.

Today, biologists are challenging many of the assumptions that have allowed us to believe that we humans are something special. If animals have sentience, intelligence, culture, creativity, empathy and the use of tools, as the latest evidence suggests, what does that make us? Science is now forcing us to consider that the differences are less significant than they seem, and that we are creatures at our core. What does it mean to be human? The answer is becoming increasingly complicated.

Blending insights from psychology, anthropology, biology, animal cognition, literature and history with story-telling, expert interviews and ethnographic observation, Bond reaches across an exotic range of subjects: feral children, talking horses, the art of early humans, medieval bestiaries of real and imagined creatures, dog-headed people and other monsters of the mind, animals who get treated like people, people who believe they are animals, the healing power of pets, the near-universal fascination with wolves, the mythology of shapeshifters, and the dark history of dehumanization.

Michael Bond won the 2015 British Psychological Society prize for *The Power of Others*. He writes on human behaviour and is a former editor at *New Scientist*. His acclaimed *Wayfinding* has been translated into five languages. He is currently a Royal Literary Fund fellow at Oxford Brookes University.

Non-fiction



To the Vaste Horizon

Friends and Lovers in Time of War

Anna Thomasson



Pub Date: 2 April 2026

Editor: Georgina Morley

Binding: Hardback

Extent: 324pp

Rights: World

Material Available: April 2025



The riveting new book from Anna Thomasson.

The South of France in the summer of 1937, six friends picnic in a sun-dappled glade. A blanket laid out on the grass, a low table set for lunch and ranged around it the friends sprawl languorously in the heat of the day. The women have peeled down their dresses to their waists to reveal their breasts. They could be dryads or figures plucked from a Gauguin. Shoes are cast aside. A couple kiss playfully while the others look on, laughing . . .

To the Vaste Horizon is the story of Lee Miller's famous photograph, of its subjects, Nusch and Paul Éluard, Roland Penrose, Man Ray and Ady Fidelin, and of that Mediterranean summer and the war that followed, throwing their lives into turmoil. It is the story of very different people set on very different courses, brought together by an elaborate web of romantic and artistic connections and captured in photographs taken that summer that would link them for ever.

Anna Thomasson studied for an MPhil in Biography at the University of Buckingham and her thesis was shortlisted for the Daily Mail Biographers' Club Prize. She is the author of the highly acclaimed *A Curious Friendship* (Macmillan, 2015) and lives in London.

Non-fiction



Life Is In Your Hands

Christophe Galfard



Pub Date: 4 June 2026

Editor: Lewis Russell

Binding: Hardback

Extent: 400pp

Rights: WEL

Material Available: Autumn 2025

From the author of *The Universe In Your Hand*, a journey into everything that science knows about life, from viruses, bacteria and unicellular creatures to the complex societies of insects, birds, mammals – and ourselves.

In *Life Is In Your Hands*, renowned theoretical physicist Christophe Galfard guides the reader on a journey through space, time, biology, quantum physics, the universe's past and future history in order to answer the question: what do we know about life?

Galfard invites the reader to travel from Earth to the wider reaches of the cosmos, to travel among stars and black holes, to see how everything in our universe is connected. The reader will meet bacteria and viruses, and be introduced to the cells that form the basis of all known life. The search for answers will take us from our place in space and time, to the past, to some of the most remote places on our planet, where life has remained isolated from the rest of the world for thousands of years.

Life Is In Your Hands offers a glimpse of other worlds detected only in recent years, beyond the Solar System. We are left with the overwhelming sense that we belong to a reality that is far greater and weirder, and filled with possibilities beyond what we might have imagined.

Christophe Galfard holds a PhD in theoretical physics from Cambridge University, where he was Stephen Hawking's graduate student from 2000 to 2006, researching the so-called black hole information paradox. With Stephen Hawking and his daughter Lucy Hawking, he co-authored *George's Secret Key to the Universe*. His own book, *The Universe In Your Hand*, has been translated into over twenty languages.

Non-fiction



Ghetto

Alexander Lee



Pub Date: 12 March 2026

Editor: Georgina Morley

Binding: Hardback

Extent: 480pp

Rights: WEL

Material Available: Autumn 2025

A riveting history of the Venetian Ghetto, the first in the English language for over forty years, from the acclaimed author of *Machiavelli: His Life and Times*.

Born amidst the ruins of war out of religious hatred and economic need, the Venetian Ghetto was the first time the entire Jewish population of a city would be confined to a specified area. Forced into cramped, unsanitary conditions, its inhabitants were systematically extorted, robbed and subjected to countless humiliating restrictions. It became the prototype for ghettos throughout Europe and inspired a more vicious and enduring form of anti-Semitism.

Yet as this book reveals, the Ghetto's story is also a testament of hope. Despite all that they faced down the centuries, its inhabitants not only survived – but thrived, a microcosm of the Jewish world.

Authoritative, detailed and incomparably human, Alexander Lee's book is a comprehensive portrait of the Ghetto from the arrival of the first Jews in the Venetian lagoon to its dissolution by Napoleon and on to the present day. Most importantly, Lee brings the Ghetto's inhabitants to life with vivid immediacy and offers both a fitting monument to the Ghetto's past and a powerful warning to the future.

Alexander Lee is a research fellow at the University of Warwick. He is the author of several acclaimed books, most recently the critically acclaimed *Machiavelli: His Life and Times*. He writes a regular column for *History Today*, and has contributed articles on a wide variety of historical and cultural subjects to *The Sunday Telegraph*, *The Wall Street Journal*, *The Guardian*, *The New Statesman*, *The Times Literary Supplement*, *The Atlantic* and *Dissent*.

Non-fiction



Artists, Siblings, Visionaries

The lives and loves of Gwen and Augustus John

Judith Mackrell



Pub Date: 19 June 2025

Editor: Georgina Morley

Binding: Hardback

Extent: 448pp

Rights: WEL

Material Available: Edited manuscript

A gorgeously readable, insightful dual biography of British brother and sister artists Gwen and Augustus John, perfect for readers of *The Unfinished Palazzo*, *Square Haunting* and *The Story of Art Without Men*.

As siblings they could hardly have seemed more unlike. Augustus was in every way the larger of the two – vivid, volatile and promiscuous – and, until his drinking began to undermine his work, he was celebrated as one of the great British talents of his generation.

Gwen's place in the art world was much smaller. As a woman it was always going to be harder for her to succeed, yet her reserved nature meant it was many years after her death that her tremendous gifts were fully acknowledged. Beneath Gwen's quietness was a temperament as turbulent as her brother's, notably her passionate attachments to men and women. And, as this compellingly insightful account reveals, there were other ways in which the two Johns were remarkably similar – they were driven by the same urgent need to escape their drably provincial origins, by the same profound dedication to work, and the love they felt for one another was complicated by undercurrents of frustration and rage.

Mackrell creates a powerful portrait of a fascinating relationship – brother, sister, prodigiously talented artists and visionaries, whose experiments with form and colour created some of the most memorable work of the early twentieth century.

Judith Mackrell is a celebrated dance critic, writing first for *The Independent* and *The Guardian*. Her biography of the Russian ballerina Lydia Lopokova, *Bloomsbury Ballerina*, was shortlisted for the Costa Biography Award. She has also appeared on television and radio, as well as writing on dance, co-authoring *The Oxford Dictionary of Dance*. She lives in London with her family.

Non-fiction

The August Coup

The Destruction of the Soviet Union and the Making of New Russia 1985–1991

Robert Service



Pub Date: 18 June 2026

Editor: Georgina Morley

Binding: Hardback

Extent: 432pp

Rights: World

Material Available: Summer 2025

Compelling and dramatic, Robert Service's *The August Coup* expertly conveys how and why the USSR crumbled in 1991.

The August Coup of 1991 was a dramatic turning point in Russian history in which the deceitful actions of a group of ambitious men shifted the country's political system from communism to capitalism.

Beginning with a minute by minute re-enactment of Mikhail Gorbachev's capture from his holiday home, Robert Service follows the plot from its inception to its ultimate failure. The conspirators' ambition was to declare a state of emergency and restore stability through authoritarian rule, but the reality turned out to be far more chaotic. The coup was soon dismantled, Boris Yeltsin took charge of internal and external policy, while criminal gangs and government corruption grew exponentially. A highly authoritarian New Russia had been born, with little or no benefit to the Russian economy or its people.

Spanning the years from the coup itself to Vladimir Putin's first presidential term of office in the early 2000s, *The August Coup* is a dramatic, expertly researched and thoroughly compelling account of an extraordinary moment in Russia's recent history.

Robert Service is a Fellow of the British Academy and of St Antony's College, Oxford. He has written several books, including the highly acclaimed *Lenin: A Biography*, *Russia: Experiment with a People*, *Stalin: A Biography* and *Comrades: A History of World Communism*, as well as many other books on Russia's past and present including *Kremlin Winter: Russia and the Second Coming of Vladimir Putin*. *Trotsky: A Biography* was awarded the 2009 Duff Cooper Prize. He lives in London.

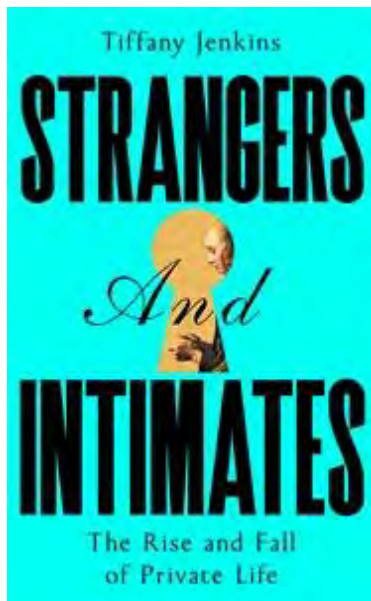
Non-fiction



Strangers and Intimates

The Rise and Fall of Private Life

Tiffany Jenkins



Pub Date: 15 May 2025

Editor: Andrea Henry

Binding: Hardback

Extent: 464pp

Rights: World

Material Available: Final material

A brilliantly readable history of privacy which argues that a private life is a precious resource that must be defended.

From ancient times to our digital present, *Strangers and Intimates* traces the dramatic emergence of private life, uncovering how it became a protected domain, cherished as a space for intimacy, self-discovery and freedom. In this sweeping history, Tiffany Jenkins takes readers on an epic journey, from the strict separations of public and private in ancient Athens to the moral rigidity of the Victorian home, and from the feminists of the 1970s who declared that 'the personal is political' to the boundary-blurring demands of our digital age.

Strangers and Intimates is both a celebration of the private realm and a warning: as social media, surveillance and the expectations of constant openness reshape our lives, are we in danger of losing a part of ourselves? Jenkins reveals how privacy shaped the modern world and why it remains crucial for our personal and collective freedom – and why this freedom is now in mortal danger.

Today, as we share more than ever before and digital surveillance watches our every move, Jenkins asks a timely question: can private life survive the demands of the twenty-first century?

'A brilliantly original line of investigation, taking the reader on an epic journey through the ages . . . endlessly fascinating and full of surprises' **Alice Loxton**

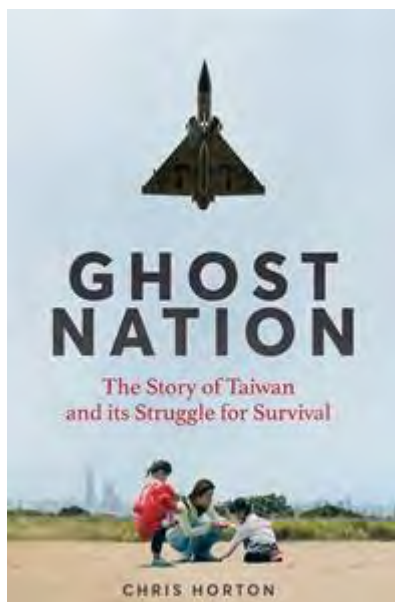
Dr Tiffany Jenkins is a writer, cultural historian and broadcaster. She is the author of the acclaimed *Keeping Their Marbles: How Treasures of the Past Ended Up in Museums and Why They Should Stay There*. She's a former honorary fellow in the History of Art at the University of Edinburgh and a former visiting fellow in the Department of Law at the London School of Economics.

Non-fiction

Ghost Nation

The Story of Taiwan and Its Struggle for Survival

Chris Horton



Pub Date: 17 July 2025

Editor: Ríbh Brownlee

Binding: Hardback

Extent: 352pp

Rights: World

Material Available: Edited manuscript

Rights Sold:

Polish: Marginesy

One of the most highly respected and longstanding foreign correspondents in Taiwan explores the people, politics and history of the unique nation caught in a power struggle between the USA and China.

Following the war in Ukraine, all eyes have turned to Taiwan as the next possible geopolitical tinderbox. Yet, despite it lying at the epicentre of the tense relationship between China and the USA, its story and its people go overlooked and misunderstood. In *Ghost Nation*, readers will discover why this disputed country has become so critical to the future of the world and its economy.

Drawing on over a decade of living and reporting from Taiwan, leading journalist Chris Horton crafts a compelling narrative that unravels the complexity of this thriving democracy and technological powerhouse. Exploring the ghosts of Taiwan's past, a history haunted by colonization and political turmoil, Horton interviews influential figures and everyday citizens to provide a panoramic view of this fascinating country. As Taiwan grapples with its identity and dreams of international recognition, this riveting and empathetic account will leave readers with a profound appreciation for Taiwan's history and peoples.

Chris Horton is a reporter who has covered cross-strait politics, domestic politics, the economy, culture and breaking news in Taiwan for *The New York Times*, Bloomberg News, *The Atlantic*, *The Guardian*, *Financial Times* and Quartz. He has lived in Taiwan since 2015 and in China and Hong Kong for the decade preceding that. He is the last foreign journalist to interview former president Lee Teng-hui, arguably the midwife of Taiwanese democracy and one of the most under-appreciated post-war Asian leaders. He is fluent in Mandarin.

Non-fiction



Statecraft

The New Rules of Power in a Divided World

Jack Watling



Pub Date: 26 February 2026

Editor: Mike Harpley

Binding: Hardback

Extent: 352pp

Rights: World

Material Available: Summer 2025

Rights Sold:

Dutch: Hollands Diep

There are more conflicts raging in the world than at any time since the Second World War. From the Middle East to Ukraine, we are in a period of profound instability. In such a dangerous climate, how can countries ensure they succeed? The answer is *Statecraft*.

Statecraft is a practical guide for how states can implement strategy, proactively shaping conditions in pursuit of their goals. From telecommunications and technology to financial markets and geopolitical chokepoints, journalist and policy adviser Dr Jack Watling explains the new rules and challenges that countries face. Informed by on-the-ground experience from the front line of recent conflicts and Jack's work with a range of governments, this is an unprecedented insight into the geopolitical dilemmas that will determine the great power struggles of tomorrow.

With a unique big-picture perspective, Watling combines national security with economic policy, underlining the significance of an interlocking strategy in cultivating power and influence. In an ever-more divided world, *Statecraft* is essential reading for anyone who wants to understand our present and our future.

Dr Jack Watling is senior research fellow for land warfare at the Royal United Services Institute and a global fellow at the Wilson Center in Washington, DC. Jack works closely with the British and American military on the development of concepts of operation and assessments of the future operating environment and conducts operational analysis of contemporary conflicts.

Originally a journalist, he has contributed to Reuters, *The Atlantic*, *Foreign Policy* and *The Guardian*, among others. Jack was shortlisted for the European Press Prize Distinguished Writing Award in 2016 and won the Breakaway Award at the International Media Awards in 2017.

Non-fiction

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How to Take Drugs

A New Approach to Medication for Better Results and Fewer Side Effects

Dr Nick Barber



Pub Date: 14 May 2026

Editor: Jodie Lancet-Grant

Binding: Hardback

Extent: 336pp

Rights: World

Material Available: Proposal and sample chapters

Rights Sold:

Czech: Under offer

Spanish: Grupo Planeta

The way we take and prescribe medicines is broken. How to Take Drugs – written by one of the world's leading authorities on pharmaceuticals – will reveal why and empower patients to decide what to take, or not, to improve their health.

This is a book about how we take medicine, why it doesn't work and what we – on both an individual and a society level – can do differently to change that situation. Medicines are a \$1.3bn dollar industry, with an efficacy rate we would not accept in a dishwasher. But at the same time, they continue to save and improve the quality of countless lives. We need to acknowledge and embrace that uncertainty so that we can all, individually, navigate a way through it to better health, less risk and reduced waste.

How to Take Drugs sets out why humans have always taken medicine; how medicines actually work in our bodies; how they're tested for safety, how to take them effectively; and most crucially how to advocate for yourself when being prescribed. It also offers a groundbreaking new strategy for starting, taking and stopping medicines, one that will result in fewer side effects and better results.

A pioneering health publication, this book explores not only the effect of sub-standard and internationally widespread practices on our health – but also the environmental impact of the pharmaceutical industry.

Dr Nick Barber is Emeritus Professor of Pharmacy at UCL and recipient of the Lifetime Achievement Award from the Royal Pharmaceutical Society. He developed a national service for patients starting new medicines, which is currently being used by around a million patients a year in the UK alone, and which has been copied in six countries. He also developed the national framework of good prescribing against which all GPs were measured, and his work on medication errors in care homes led to changes to national policy.

Non-fiction





The Art of Disagreeing

Turning Discord Into Dialogue and Building Better Relationships In Work and Life

Gabrielle Rifkind



Pub Date: 14 May 2026

Editor: Lizzy Gray

Binding: Hardback

Extent: 288pp

Rights: WEL

Material Available: Autumn 2025

Discover the secrets of how to manage discord, disagreements and ultimately get on with anyone in *The Art of Disagreeing*, from psychologist and leading conflict negotiator Gabrielle Rifkind.

As much as we may try to avoid it, conflict is inevitable. From work to family life, friendships and even internal dilemmas, it manifests itself in all kinds of ways. But how many of us actually know how to deal with conflict effectively? How can you stop a disagreement escalating to an argument? And how can we all learn to communicate better?

World-leading conflict mediator and psychologist Gabrielle Rifkind is here to help you navigate the discords of daily life with her groundbreaking book *The Art of Disagreeing*. This book is a comprehensive, accessible and practical handbook, covering a wide range of different types of conflict. From finances to families, world issues to the workplace, Gabrielle is an encouraging guide through a modern world of conflict, empowering you to be confident when dealing with disagreements and to get on with anyone.

Gabrielle Rifkind is a psychotherapist, leading conflict mediator and founder of the Oxford Process. She frequently contributes to the media, including Radio 4, *The Guardian* and TED.

Non-fiction

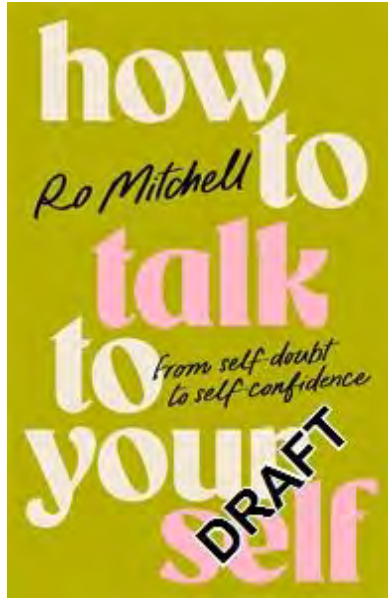




How to Talk to Yourself

From Self-Doubt to Self-Confidence

Ro Mitchell



Pub Date: 19 June 2025

Editor: Cara Waudby-Tolley

Binding: Trade Paperback

Extent: 256pp

Rights: World

Material Available: Edited manuscript

An empathetic, accessible guide to reconfiguring your internal dialogue, and learning to be kind to yourself.

'We cannot be everything, always, all of the time. And that is a beautiful thing. We are humans, we have limits, we have flaws and we are worthy of love and respect just by existing.'

In *How to Talk to Yourself*, Ro Mitchell offers a comforting and empowering guiding hand for exploring how to find self-acceptance, be kinder to ourselves, and to approach discipline and success from a new, healthier angle.

After sharing her own recovery story online, Ro discovered that her vulnerability and advice really resonated with her audience, and was a huge eye-opener to the huge number of people battling self-esteem issues with nobody to listen, to understand, or to help them in proactively making changes. *How to Talk to Yourself* is the gentle, nurturing and interactive guide that Ro needed but never had. But now, you do.

Ro Mitchell is a voice for young women – a content creator who is dedicated to positive messaging, with honesty and growth at the forefront of everything she does. Ro is here to remind you to be kind to yourself. She is a genuine force for good, and her influence is growing on a daily basis.

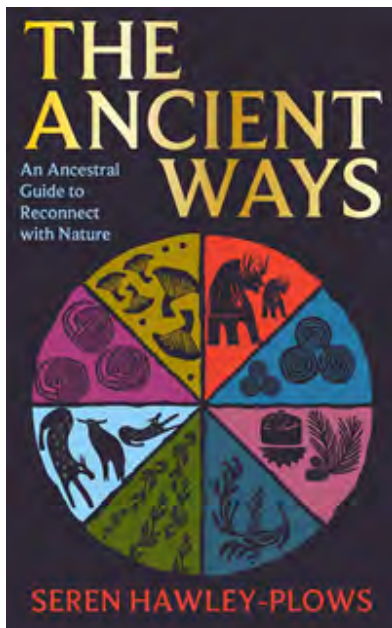
Non-fiction





The Ancient Ways

Seren Hawley-Plows



Pub Date: 19 March 2026

Editor: Jodie Lancet-Grant

Binding: Hardback

Extent: 272pp

Rights: World

Material Available: Summer 2025

Reconnect with nature, ancient traditions and yourself in this spellbinding book from hedgewitch Seren Hawley-Plows.

The Ancient Ways is an empowering guide to reconnecting with the natural world in order to live a happier and more purposeful life. It seeks to deepen your connection with nature through mythology and folklore – ancient traditions based on the land and the seasons.

Hedgewitch and content creator Seren Hawley-Plows explores how, in the past, humans' lives centered around the rhythms of the natural world and how this can help you lead a more connected and fulfilled life. *The Ancient Ways* is structured around the seasons and pagan festivals, exploring their history and how they are celebrated, how to rewild yourself through knowledge of plants and nature and how to benefit from these ancient traditions in a modern world. Whether you live in the countryside or a bustling city, *The Ancient Ways* provides a slice of calm, belonging and connection: the perfect gift for yourself or others.

Seren Hawley-Plows is a second-generation new-age traveller who was raised as a hedgewitch, with a deep connection and love for the natural world. She was taught herbalism and ancient practices from an early age, and spent much of her youth travelling around festivals, full moon gatherings, and attending ceremonies at sacred sites.

Her interest in nature and humankind's ancestral connection to the natural world developed as she grew older, and she began to retell tales, myths, forgotten knowledge and ancient practices as short informative videos on Instagram. She is now on a mission to reconnect people with the natural world, by demonstrating how using ancient practices and discovering forgotten knowledge can be beneficial on a journey to re-establishing our relationship to the land.

Non-fiction





Not Just a Period

Reclaim Your Cycle, Harness Your Hormones, and Take Control of Your Health

Dr Hazel Wallace



Pub Date: 22 May 2025

Editor: Jodie Lancet-Grant

Binding: Hardback

Extent: 304pp

Rights: World

Material Available: Edited manuscript

Rights Sold:

Chinese (complex): Apocalypse

A roadmap to embracing your hormones for better periods, more energy and improved health all month long, and a revelatory new approach to women's health in general, examined for the first time through the lens of the menstrual cycle.

1.9 billion people on this planet menstruate and, on average, have approximately 456 periods over 38 years of their lives. But despite this, less than 1 in 5 women feel they have enough information on menstrual wellbeing and many of us are in the dark about how the different phases of our cycle affect us.

This book brings together pioneering research, community-driven surveys, case studies and research-backed lifestyle practices, to teach women how to navigate every phase of our menstrual cycles with greater ease and control and to deepen our understanding of how our bodies work. It also positions periods as the fifth vital sign, a way to understand the health of the rest of our bodies.

Not only is this book an essential guide to better understanding of women's health, it is also a call to arms to remove the ancient and absurd stigma around periods that stops women asking for help when they need it.

Dr Hazel Wallace – also known as The Food Medic – is a doctor, registered associate nutritionist and personal trainer, and host of *The Food Medic* podcast, which has run for 9 seasons. She is author of the bestselling books *The Food Medic* (2017), *The Food Medic For Life* (2018) and *The Female Factor* (2022).

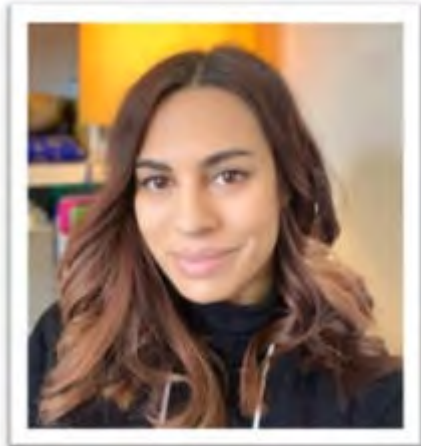
Non-fiction





It's All In Your Body

Dr Sula Windgassen



Pub Date: 8 January 2026

Editor: Lizzy Gray

Binding: Hardback

Extent: 272pp

Rights: World

Material Available:

Unedited manuscript

In her debut book, Dr Sula gives you the holistic picture of mind–body science, empowering you to reclaim control and reconnect with your body using principles from health psychology, psychoneuroimmunology and neuroscience.

Whether you have physical health issues yourself, support those who do, or are experiencing burnout, this book is armed with the latest science and practices that can be implemented straight away to meet healing goals, whatever they may look like. Learn how to nurture your mind–body connection to reclaim your life.

Dr Sula Windgassen is a distinguished figure in the field of health psychology, leveraging her personal and professional experiences to aid individuals grappling with chronic conditions, burnout and trauma. Her journey began as a patient contending with chronic urinary tract infections and mysterious pelvic symptoms, which propelled her toward mindfulness practice and subsequently a career in health psychology. Sula's comprehensive education and research in the interaction between mind and body inform her practice, where she currently directs a clinic assisting hundreds.

Dr Sula Windgassen has been featured in and written articles for *Women's Health*, *Glamour*, *Psychologies* magazine, *Stylist* magazine, *iNews*, *The Guardian*, *The Telegraph* and the *Evening Standard* and she has appeared on podcasts and delivered presentations in multiple international conferences. Through her Instagram platform [@the_health_psychologist_](#) (45,000+ followers) she has built a strong community of people actively engaged with her philosophy of Health Psychology.

Non-fiction





Do Ask, Do Tell

Queer Life, Love and Culture Laid Bare

Lotte Jeffs and Stu Oakley



Pub Date: 29 May 2025

Editor: Jodie Lancet-Grant

Binding: Hardback

Extent: 272pp

Rights: World

Material Available: Page proofs

A rollercoaster ride through LGBTQ+ life, love and culture. From sticky dancefloors to pushing prams, from drag to dealing with hate and homophobia and from dressing rooms to churches, schools and old people's homes, this book unboxes the diversity of the queer experience – because there is no right or wrong way to be LGBTQ+.

What's the difference between bisexual and pansexual? What does it mean to be femme or masc or 'camp'? How do intersex and asexual people feel about being part of the queer spectrum? Writers Lotte Jeffs and Stu Oakley – your intrepid queer explorers – are here to answer these questions and so many more, as they navigate the rich tapestry of LGBTQ+ life, for queer and cis straight people alike.

Ageing, HIV, drag, open relationships, religion, racism, body dysmorphia, hedonism: Lotte and Stu go there – literally and metaphorically – as they hit the frontline of queer experiences, and head so far outside of their own comfort zones along the way they need more than a pair of ruby slippers to get them home. As a cis gay man and gender-queer lesbian the authors know that their own lived experience represents the equivalent of a single pixel of the rainbow and they want to know more. Don't you?

Lotte Jeffs and Stu Oakley are the authors of *The Queer Parent* and hosts of the award-winning *Some Families*, the UK's leading LGBTQ+ parenting podcast. Lotte is a freelance journalist, having written for *The Guardian*, *ELLE* and *Attitude* and the author of *This Love* and children's book *My Magic Family*. Stu Oakley is a leading film and TV publicist, having worked on major franchises including *Star Wars*, *Barbie* and *Paddington*.

Non-fiction





How Are You?

10 Psychotherapy Tools Everyone Should Know

Dr Kirren Schnack



Discover the ten essential tools for a happy, healthy life with Oxford-trained clinical psychologist and TikTok star Dr Kirren.

Life can be stressful, it can be overwhelming and in the modern world it is easy to feel a little lost. Find your way back to the life you truly want with *How Are You?*, Dr Kirren's toolbox of ten essential therapeutic tools that everyone should know, inspired by her experience with more than two decades working and practising as a registered clinical psychologist.

Dr Kirren's concise but powerful tools reveal how to ditch harmful behavioural and thought patterns and find the courage to live authentically. Find out how to pursue your goals in alignment with your values and break free from old patterns, set healthy boundaries and become an assertive advocate for yourself.

Pub Date: 8 January 2026
Editor: Hockley Raven Sloane
Binding: Hardback
Extent: 288pp
Rights: World

Material Available: Summer 2025

Rights Sold for *Ten Times*

Calmer:

US: Flatiron

Arabic: Jarir Bookstore

Chinese (simp): Shanghai Huangdou

Croat: Naklada Sonatina

Czech: Audiolibrix

Dutch: Het Spectrum

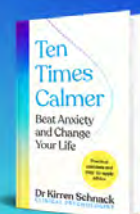
Korean: HAUM

Romanian: Bookzone

Slovak: N Press

Dr Kirren Schnack is a Clinical Psychologist. She holds a Practitioner Doctorate (PsychD) in Clinical Psychology from the University of Oxford. Her work in mental health services over the last nineteen years has been with children and adults, including inpatient and outpatient NHS departments, and in the Law Courts with offenders. She posts accessible, quick daily advice and information about mental health and her practice to her 600k+ followers on TikTok.

The essential handbook
to take you from
anxious to calm



Non-fiction



Wilderness Mum

How I left city life behind to raise a family in nature

Kate Barron



Pub Date: 19 February 2026

Editor: Lydia Ramah

Binding: Hardback

Extent: 352pp

Rights: World

Material Available: Summer 2025

A heartwarming and inspiring true story about breaking free from society's expectations, connecting with nature and raising an unconventional family.

Raised in busy east London, Kate followed the expected path, excelling in school before forging a promising teaching career. But beneath her conventional exterior simmered an irrepressible desire to explore the world and live a life of adventure.

Kate's journey led her through the vibrant landscapes of South America and into the dangerous terrains of Afghanistan. Then, one day, on a clifftop in Scotland, fate struck: she crossed paths with fellow adventurer Chris Lewis. This chance meeting led to a love story of epic proportions as they went on to walk the UK's entire coastline together for an armed forces charity.

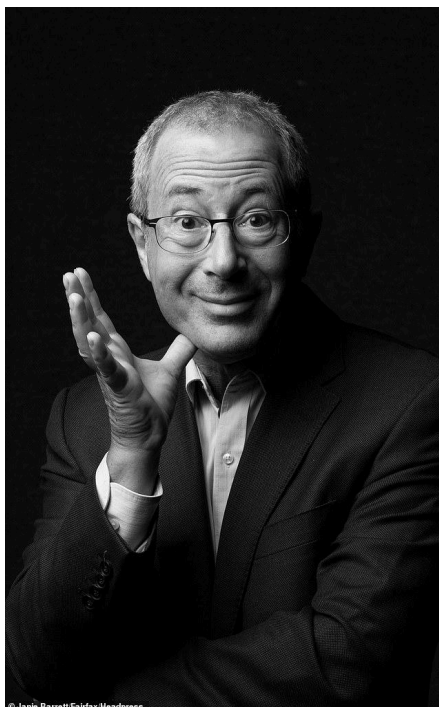
Their adventure took an unexpected turn upon the arrival of their baby, Magnus, yet Kate's spirit remained as wild and resolute as ever. With Magnus in tow, she continued navigating the rugged coastline, learning valuable lessons about herself and about motherhood with every step.

In *Wilderness Mum*, Kate blends her expertise in early years education with her experience of raising a child surrounded by nature. Her story is a testament to living fearlessly, fostering curiosity and embracing life's uncertainties.

Kate Barron is a mother and adventurer. Along with *Sunday Times* bestselling author Christian Lewis and their baby, Magnus, she finished walking the whole of the UK coastline in the summer of 2023. Since then, she has been raising now-two-year-old Magnus while exploring remote Scottish Islands. In spring 2024, this adventuring family ('The Wilderness Family' on Facebook, 150k followers) set off on their next adventure, hiking and cycling the Atlantic coastline all the way from Portugal to Norway.

Who Do I Think I Am?

Ben Elton



Pub Date: 9 October 2025

Editor: Sara Cywinski

Binding: Hardback

Extent: 352pp

Rights: World

Material Available: Spring 2025

Novelist. Screenwriter. Playwright. Sitcom writer. Librettist. Comedian. Actor. Stage director. Film director. Social activist. *Who does Ben Elton think he is?*

For the first – and only – time, in his one-of-a-kind autobiography, Ben tackles this question head-on, in the frank, forthright and hilarious manner we've become accustomed to in his work. He meanders and marches on through his long and varied career, from drunken nights at the Fringe with Rik Mayall to record-breaking marathon runs at the Hammersmith Odeon; he delves into his archives to reveal the true stories behind smash hits *The Young Ones*, *Blackadder* and *We Will Rock You*; and he reflects on his pioneering routines from his days hosting *Saturday Live*, which birthed a revolution in stand-up comedy.

Alongside unique insights into his groundbreaking work, Ben talks honestly and hilariously about his personal and professional relationships with two generations of brilliant friends, contemporaries and occasional foes. The cast of characters is a feast, including Emma Thompson, French and Saunders, Fry and Laurie, Rowan Atkinson, Ade Edmondson, David Mitchell, Queen, The Beatles, Brian May, Andrew Lloyd Webber and Neil Kinnock.

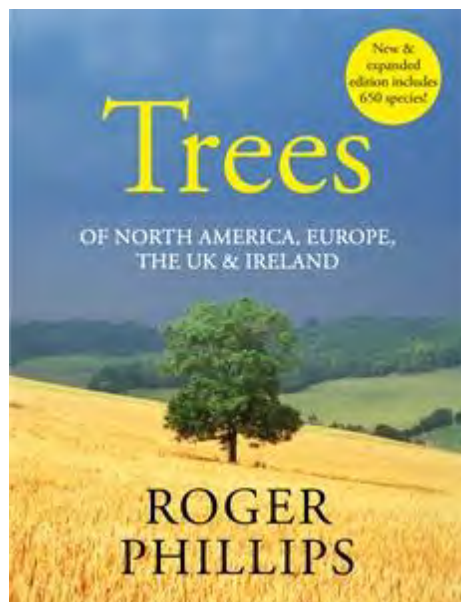
And that's not even the half of it. After forty-five years in the public eye and sixty-five years alive, Ben has a lot of stories to tell and a very clear idea of who Ben Elton really is . . .

Born in south-east London in 1959, Ben studied drama at Manchester University, where he now holds an honorary doctorate. He began his professional career in 1981. He lives in Australia and has a home in the UK.

Trees

Of North America, Europe, the UK & Ireland

Roger Phillips



Pub Date: 29 May 2025

Editor: Ause Abdelhaq

Binding: Hardback

Extent: 304pp

Rights: World

Material Available: Final

Beautiful and comprehensive, *Trees* is the essential guide for all admirers of the natural world, from the acclaimed and award-winning Roger Phillips.

This book enables you to identify all of the trees found in North America, Europe, the UK and Ireland – from the familiar to the exotic – and contains more than 1,000 full-colour photographs. Each tree is illustrated in full detail – by leaf, flower, fruit, bark and mature tree shape – and is fully described in the text. A unique leaf index makes the identification of trees simple and accurate. The trees are arranged alphabetically by Latin name, with indexes of common names and botanical names concluding the book. An indispensable companion for both the enthusiast and the botanist.

This is the ultimate photographic guide to trees across the world.

Roger Phillips was an award-winning photographer with a reputation spanning thirty years. He consistently pioneered the use of colour photography for the reliable identification of natural history subjects and wrote more than twenty books dedicated to this purpose, including *Wild Flowers of Britain and Ireland*, *Vegetables*, *Mushrooms* and *Wild Food*. He wrote and presented two major six-part TV series on gardening for the BBC and Channel 4. He received an MBE for his work on London's garden squares. Roger Phillips died in November 2021.



Colouring Book - Title TBC

Anna-Laura Sullivan



Pub Date: 4 December 2025

Editor: Cara Waudby-Tolley

Binding: Trade Paperback

Extent: 96pp

Rights: Wold

Material Available: Spring 2025

A collection of subtle or overlooked miracles that perfume our daily lives from the artist behind @annalaura_art, with 45 pages for you to colour. Motes of dust in a light beam, lovely encounters with strangers, generous sunsets and everything in between. By acknowledging and celebrating these moments of honest joy, we welcome more of their kind.

Anna-Laura Sullivan is originally from Nebraska, USA, now living in bustling Brooklyn. She is a graphic novelist who works with pencils and paint. Her work recognises the magic in the mundane, offers reminders of cosmic nostalgia, and celebrates presence. She has gathered an audience of over a million sweethearts on social media through pint-sized parables. In her latest watercolour comics project, she intentionally decided on a children's book aesthetic to create a sense of relearning and gentle understanding. She has been recognized by the Museum for the United Nations's Cultural Impact of 2024 and was profiled in *New York* magazine's [Vulture](#) in 2023. You can see her artwork at [@annalaura_art](#).



falling asleep to rain



unexpected ladybug

Non-fiction

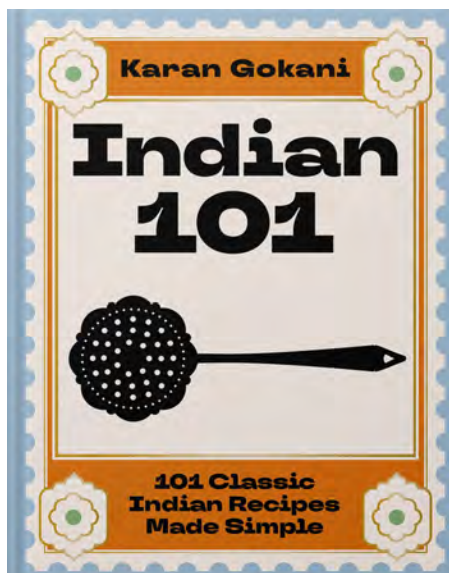
food
&
drink



Indian 101

101 recipes to get everyone cooking Indian food

Karan Gokani



Pub Date: 11 September 2025

Editor: Lizzy Gray

Binding: Hardback

Extent: 288pp

Rights: World

Material Available: Page proofs

Bestselling food writer Karan Gokani breaks down the secret to simple, authentic Indian cooking at home with 101 delicious, vibrant and diverse recipes.

Indian 101 introduces beginners and seasoned home cooks to authentic Indian recipes, in a simple contemporary and intuitive way – going beyond the stereotypes of Indian food and making authentic Indian home cooking easy for everyone.

Indian-born recipe writer and chef-patron Karan Gokani wants to showcase the depth and breadth of Indian cooking, giving readers a flavour of all that the country's cuisine has to offer.

Karan gives tips and hacks to make the trickier methods quicker and easier to follow at home without compromising on authenticity or taste. There are air fryer methods, tray bake alternatives and ingredient variations to help you flex your cooking methods while remaining true to the unique and hugely diverse Indian traditions.

Mumbai-born Karan Gokani opened Hoppers, a Sri Lankan and South Indian restaurant in Soho, London in 2015. Gokani published his first book, *Hoppers* (Bloomsbury) in 2022. He has written travel features and recipes on Sri Lanka and southern India for national press and is a regular on BBC's *Saturday Kitchen*. Karan lives with his wife Sunaina and two young sons in London. His Instagram account is @karancooks.



Cooking With Vegetables

Jesse Jenkins (Another Day In Paradise)



Pub Date: 19 June 2025

Editor: Lizzy Gray

Binding: Hardback

Extent: 272pp

Rights: World

Material Available: Page proofs

Rights Sold:

French: Under offer

The stunning debut cookbook from London–LA chef and pro skater, Jesse Jenkins. This distinctive, original work redefines modern vegetable cooking.

Start with a vegetable and end up with an unashamedly delicious dish.

Jesse Jenkins' flavour-forward, creative recipes and highly distinctive style take vegetable cooking to new heights with over 100 original dishes.

Cooking With Vegetables is a standout debut cookbook showing you how to elevate the humble vegetable by applying cooking methods usually reserved for meat or fish. Jesse cooks everything – from cabbage, leek or tomato (no need for heirloom or special varieties) to fennel, seaweed or miso-glazed courgette – in stages to add layers of texture and make the flavours sing. He introduces dairy, meat and fish, but the starting point is always the vegetable. Inspired by his work as a chef in LA kitchens, Jesse's love of fresh, fast and laidback food ensures there's always a comforting, satisfying edge to his cooking.

Organized by type of vegetable – such as leafy veg, brassicas, root veg, aubergine and mushrooms – and packed with Jesse's stunning photographs, *Cooking: With Vegetables* redefines modern vegetable cooking.

Jesse Jenkins, aka Another Day in Paradise (@adip_food), is a new star on the London food scene, with cinematic cooking videos racking up millions of views. Jesse grew up in LA, combining work in a professional kitchen with life as a sponsored skateboarder. Inspired by the people he has cooked for and alongside over the years, his food is fresh, fast and a bit filthy, with a laid-back vibe – perfect for sharing.

Cookery





Family

Modern Cooking for Healthy Eating

Claudine Boulstridge



Pub Date: 16 April 2026

Editor: Lizzy Gray

Binding: Hardback

Extent: 288pp

Rights: World

Material Available: Sample spreads

Modern, healthy cooking for families for fans of Ottolenghi from French-British chef and recipe writer Claudine Boulstridge. Cook nutritious, balanced and child-friendly meals – without sacrificing on exciting flavours or the joy of food.

Chef and mother-of-three Claudine Boulstridge is passionate about family food. She wants to show everyone how to transform everyday meals into flavour-forward, vibrant and healthy home-cooked dishes you and your children will love at any age. Packed with tempting and creative recipes and practical ideas for a balanced, varied diet, Family will make mealtimes more delicious and help you to nourish adventurous eaters at the same time.

This cookbook will transform the way you eat as a family without upending your daily routine. With one-pot dishes, prepare-ahead meals, and minimal washing up, Family is the perfect solution for health-conscious, time-pressed families.

Claudine champions recipes that not only taste incredible but are also also inexpensive, unprocessed and low in sugar. Her work as a recipe tester for Yotam Ottolenghi has helped her to tailor ambitious, experimental recipes and flavour combinations to her family.

Claudine Boulstridge has been Yotam Ottolenghi's beloved recipe tester for fifteen years, she has created, tested, styled and photographed recipes for companies including Ocado, Lindt, Crazy Jacks, Biotiful Kefir and Bart. Claudine studied at Leith's School of Food and Wine with First Class Honours and went on to teach at a range of popular London cookery classes at Divertimenti and The Cookery School at Little Portland Street.

Cookery





No-Nonsense Nutrition

Dominique Ludwig



Pub Date: 5 March 2026

Editor: Lizzy Gray

Binding: Hardback

Extent: 288pp

Rights: World

Material Available: Summer 2025

Much anticipated practical nutrition bible and cookbook from leading clinical nutritionist and practitioner, and fast-growing social star.

In No-Nonsense Nutrition Dominique Ludwig offers a comprehensive and science-based approach to transforming your health and your relationship with food, combining learnings from 30 years of practice with accessible, delicious cooking. She promises 'food freedom', where your body is reset to crave whole foods and balanced meals, so that you can stop the endless internal chatter of what you should or shouldn't be eating and instead spend your time enjoying life.

This book makes the case that changing our diet is the most powerful health tool that each of us possesses. It presents six key principles designed to make you feel more energized, healthier and happier in less than two weeks. Dominique explains the importance of protein and fibre in our diet and introduces a 'Triple 30 method' – 30g of protein, 30g of fibre, and 30 unique plants – making life-long healthy eating easy to understand and follow.

No Nonsense Nutrition offers 100 innovative and simple recipes for breakfasts, lunches, dinners, and treats which will keep you feeling full and energized, stopping you snacking and providing the 'gaps' or windows in our eating our bodies need. It also provides weekly plans and shopping lists to take the guesswork out of meal planning, and uses evidence-based information to dispel nutrition myths..

Dominique Ludwig is one of the UK's leading nutritionists. With 30 years of extensive experience as a qualified King's College clinical nutritionist and nutritional therapist, she shares practical nutrition advice and recipes to over 620,000 followers on Instagram (@dominiqueludwig_nutrition). She also heads the nutrition department of Meyer Clinic in Chichester, and is a nutritionist to Oscar-winning stars.

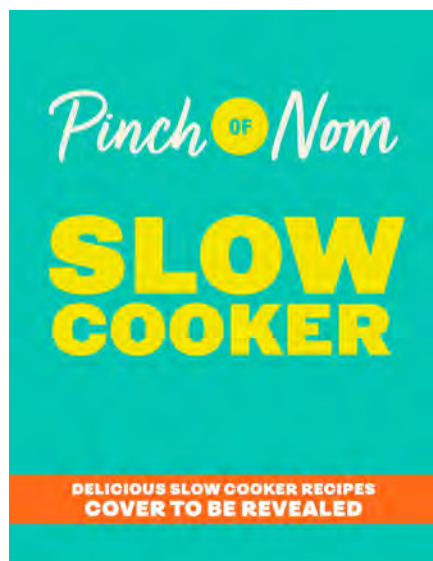
Cookery





Pinch of Nom: Slow Cooker

Kate and Kay Allinson



Pub Date: 2 October 2025

Editor: Lizzy Gray

Binding: Hardback

Extent: 272pp

Rights: World

Material Available: Spring 2025

Rights Sold for *Pinch of Nom*:

Bulgarian: Knigomania

Chinese (comp): Sharp Point Press

Chinese (simp): China Machine Press

Czech: Euromedia Group A.S.

Dutch: Scriptum

French: Hachette Pratique

German: ZS Verlag

Greek: Fantastikos Kosmos

Hungarian: Gabo Publishers

Korean: BookRecipe

Lithuanian: Alma Littera

Polish: Wydawnictwo Sonia Draga

Portuguese: Lua de Papel

Romanian: Grup Media Littera

Russian: Azbooka-Atticus

Slovak: Ikar a.s.

Slovene: Aktivni Mediji d.o.o.

US: St Martin's Press

The much-anticipated first slow cooker cookbook from cookery cookbook brand Pinch of Nom – who have sold over 5 million copies in the UK.

Nothing beats the convenience of a slow cooker recipe. Being able to throw all your ingredients into the pot and set them to simmer while you go about your day is a total game changer. By the time you get home, you know there'll be a delicious, piping hot meal that's ready to dish up.

We believe in making your slow cooker work as hard as possible (so you don't have to!). Slow cooker recipes can be more versatile than you might think, so there's no reason not to stick a few of them into your meal plan each week.

100 delicious and satisfying recipes from Pinch of Nom – all cooked in your slow cooker

Kate and Kay Allinson owned a restaurant together on the Wirral, where Kate was head chef. Together they created the Pinch of Nom blog with the aim of teaching people how to cook. They began sharing healthy, slimming-friendly recipes and today Pinch of Nom is the UK's most visited food blog with an active and engaged online community of over 4 million followers. They are the authors of Pinch of Nom, Pinch of Nom: Quick and Easy, Pinch of Nom: Comfort Food, Pinch of Nom: Enjoy, Pinch of Nom: Budget and more.

Cookery

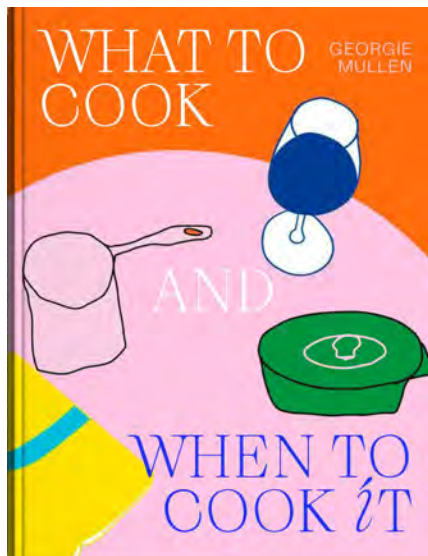




What to Cook and When to Cook It

A seasonal veg cookbook

Georgie Mullen



Pub Date: 4 September 2025

Editor: Lizzy Gray

Binding: Hardback

Extent: 288pp

Rights: World

Material Available: Page proofs

120 incredibly simple and delicious plant-focused meals that make the most of the season from food writer Georgie Mullen (@georgieeats)

We know that eating with the seasons is delicious, affordable and sustainable: better for us and for the planet. However, it can feel like a challenge – especially when ingredients are available all year round.

With *What to Cook and When to Cook It*, food writer Georgie Mullen makes it easy to return to cooking seasonally. She shows how to bring out the best flavour in your humble fruit and veg, sharing 120 incredibly simple, versatile and delicious vegetarian meals that make the most of the season's produce. Whether you choose refreshing Peach Panzanella Salad for a summer barbecue or a comforting Leek and Butterbean Gratin in the colder months, this modern, plant-forward food allows easily sourced, simple produce to shine.

Georgie Mullen has garnered a huge and loyal online following thanks to her beautiful, vibrant seasonal cooking. *What to Cook and When to Cook It* brings together incredible light bites, mains, sweet treats and cocktails divided by season and focussed on hero fruit and veg. Georgie's meals are comforting, satisfying and always highly cookable.

Food writer and cook Georgie Mullen worked in kitchens before starting her blog and instagram *Georgie Eats* in 2018 to share her simple, seasonal and sustainable recipes. Since then, she has run plant-based cookery classes and supper clubs, and has garnered a huge following of more than 355,000 fans.

Cookery



imprints

Macmillan **MACMILLAN**

Macmillan began as a hardback publisher over 175 years ago, publishing notable names such as Thomas Hardy, Lewis Carroll and Rudyard Kipling. In the 20th century it launched and nurtured the careers of Muriel Spark and Iain Banks amongst many others. Today, Macmillan is a leading UK hardback imprint, featuring international bestsellers – Ken Follett, Danielle Steel, Lucinda Riley, Kate Mosse, Adrian Tchaikovsky and Olivie Blake – as well as a market-leading serious and commercial non-fiction list whose authors often head the bestseller lists: Elton John, Louis Theroux and Eddie Jones. Committed to nurturing future bestsellers and winning literary prizes, Macmillan aims to expand its authors' reach by working closely from acquisition to maximize their audiences across formats. Their goal is to establish authors as bestselling brands both now and in the future.

Pan **PAN**

Pan is a market-leading paperback imprint in both fiction and non-fiction, spanning all major genres. The imprint is passionate about its diverse range of publications, including compelling crime and psychological fiction, bestselling international thrillers, prize-winning historical fiction, and market-leading women's fiction, as well as current and future TikTok stars. Pan's non-fiction offerings include bestselling narrative non-fiction, memoirs, business, and celebrity autobiographies across creative and sporting fields. The strength of Pan lies in its diverse range of books and the team's commitment to maximizing sales in global markets. Pan consistently secures a presence in the UK and international bestseller lists and is the largest division of Pan Macmillan.

Picador **PICADOR**

Picador is the literary imprint of Pan Macmillan, characterized by the distinct voice of its authors. It values storytelling style as much as the story itself. Picador publishes writers globally, introducing international authors to English-language readers and amplifying often unheard voices. The Picador list includes literary fiction, fresh and challenging fiction, narrative non-fiction, cultural non-fiction, and contemporary poetry, along with some intriguingly uncategorizable books. It is proud to be home to prize-winning, internationally renowned writers and a publisher of many bestsellers. Picador strives to produce beautiful books with high production and design standards, from original publications to elegant commercial paperbacks, as well as digital and audio editions.



Tor specializes in out-of-this-world speculative fiction, including mainstream titles with a speculative spin, or more traditional science fiction and fantasy. Tor is also an internationally-celebrated brand, with sister imprints in the US and Germany, and worldwide distribution channels covering Australia, South Africa, India and beyond. Tor's diverse and imaginative fiction includes fairy-tale retellings with subversive twists, reality-based stories with a speculative spin or magic, and historical fiction enriched with elements like witches. Readers may find dragons, romance, or adventures on strange new worlds. Tor's talented authors, many of whom are prestigious genre award winners and bestsellers, include Douglas Adams, Olivie Blake, Zen Cho, and many more. Tor focuses on thrilling, heart-filled books with compelling characters that offer readers new favorites.



Mantle was launched in 2010 to focus on publishing high-quality writing and brilliant storytelling with a broad appeal. It features the very best across a vast range of genres, from crime, historical, reading group and literary fiction to narrative non-fiction and memoir. Mantle is home to major established bestsellers, along with the very best debuts, set to become the stars of the future. Authors include genre-leading bestsellers C. J. Sansom, Kate Mosse, Natalie Haynes, Laura Shepherd-Robinson and Kate Morton, and prize-winners Jane Smiley, Andrea Camilleri, Daniel Mason and Charlotte Mendelson. While the scope of books under the Mantle umbrella is broad, the books are often about 'the outsider' – those unsung heroes and heroines who change things for the better – and we hope you enjoy uncovering the many wonderful characters and stories we have to offer.

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Bluebird is an award-winning non-fiction imprint established in 2015, publishing books that make the world more tolerant, informed, compassionate and delicious. The list is made up of a wide range of non-fiction subject areas in many formats, from colour illustrated cookery books and thoroughly researched investigative reporting to highly personal memoir. The threads running through the Bluebird list are joy, meaning and purpose. Some phenomenal titles include *Attached* by Dr. Amir Levine and Rachel Heller, *How Not to Die* and *How Not to Age* by Dr Michael Greger, *Sociopath* by Patric Gagne and runaway bestsellers in the *Pinch of Nom* series. Bluebird books share an intention to help readers live happier, healthier, more connected lives.



One Boat is a non-fiction imprint specializing in books that aim to help people protect the planet. Central to its publishing philosophy is the belief that in addressing climate change and environmental issues, a single person can make a meaningful difference, a single change can have a significant impact, and collaboration is crucial. One Boat's books have broad commercial appeal, focusing on inspiring small steps towards a more ecologically-minded lifestyle—covering topics from shopping, eating, cooking, and cleaning to advocating for change.



Macmillan Business publishes global thinkers, visionary leaders and expert influencers. At its core is a desire to provide top practical advice from a diverse range of experts and to explain the business world in innovative ways. Collaborating with some of the biggest names and institutions in the commercial sphere, Macmillan Business is a broad list encompassing how-to guides, hard-hitting exposés and big ideas. With an emphasis on quality writing and clarity of thought, it publishes many of the bestselling titles in the genre, including *Radical Candour* by Kim Scott and *Range* by David Epstein.



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