



2023-24 Guide to the League Regulations

London Divisions 4, 5 & 6 | Grades 4 & 5

This "cheat sheet" provides a summary of key points to help your teams comply with League Regulations. However, it is no substitute for reading the Regulations in full - please refer to the full Regulations on our website [Adult Hockey in London](#).

If in doubt about any aspect or interpretation do not hesitate to contact your Divisional Secretary for assistance - we are here to help you.

- Home team to confirm with away team early (use contact details in GMS):
 - start time, pitch location and type plus what facilities are available at the pitch
 - if playing under floodlights
 - kit colours (away team changes if there is a clash)
 - if bad weather is forecast, set out your bad weather procedures too
- If you are the opposition captain, please respond to the home team's email to confirm:
 - receipt of their email
 - there is no kit colour clash
 - whether or not your team is participating in post-match hospitality (Reg 6.6.2)
 - arrangements for any bad weather procedures
- Regulation 6.1.3 – The home club must ensure that pitch facilities, including markings, goals and goal nets are satisfactory. Carry cable ties to fix goal nets at shared pitches.
- Regulation 6.6 – Home team to advise arrangements for post-match hospitality but the away team is also responsible for responding before the teams first play each other and confirm whether or not it will participate in post-match hospitality.
- Regulation 7 – All players must be registered in GMS. Register any new players before the game.
- Regulation 8 – You must select your squad in accordance with *Player Eligibility - Fair Selection* so please ensure you have read and understood this section in full. A Selection Exemption Pass may be required (Reg 8.6). Do not select players who are suspended (Reg 12.2).
- Regulation 9.4 – Report the match result and yellow/red cards in GMS asap and no later than 20:00 on match day. Submit your matchsheet on time.
- Regulation 10 – Playing attire must meet the kit requirements, including shirt numbers (Reg 10.5).
- Regulation 11 – Confirm your home umpires directly or with your club umpire liaison officer. If you have had to find an alternative umpire on match day ensure they know they need to sign up and join the England Hockey Officiating club within 24 hours of the fixture being completed in accordance with Regulation 11.3. Umpires must be of an appropriate standard (see table, Reg 11.4).
- Note Appendix 4 – *Fair Selection & Player Eligibility Guidance Notes*
- Note Appendix 5 – *Standard Penalties & Tariffs of Fines* for non-compliance with the Regulations.
- Captains are responsible for the behaviour of all players – see FIH Rules of Hockey 3.4.
- Any social media posts about the game, opposition or umpires must be in accordance with England Hockey's *Code of Ethics and Behaviour*.

If you are uncertain about the application of any Regulation please contact your Divisional Secretary:

| Men's Divisions: divsec.men@london.hockey || Women's Divisions: divsec.women@london.hockey |