

## Good Pre-Match Preparation & Discussion with a colleague on the day

- Turn up in good time, At least one hour prior, look the part
- Allow time for preparation – pre match chat, physical warm up and checking the pitch
- Engage with teams/Captain, Manager and any Coach/Assessor
- Introduce to the MO and agree responsibilities (*Management of suspended players – award, timing, extension of time, returning to play*)

## Cover everything You need personally in The Pre Match Chat

- Basics – areas of control
- Own area and supporting role for colleague
- E.g. PCs, direction of play towards centre of pitch
- ‘What if’ scenarios: Plan A, B and C
- Timing of the match
- Management of suspended players – award, timing, extension of time, returning to play
- Raised balls and danger
- Radios – how, what to expect/hear
- Adapting management during the game, if required
- Reflect on previous games and team feedback post-match