

Club	League	2024 - 2025		2025 - 2026		Comment
		Team	Team	Team	Comment	
Basildon HC	Open	Basildon	Basildon 1	Renamed - Internal GMS	No Change	
Basildon HC	Open	Basildon 2 Development		Omitted	Omitted	
Basildon HC	Female	Basildon 1	Basildon 1		To be reviewed	
Basildon HC	Female	Basildon 2	Basildon 2	Renumbered due to withdrawal	Team Moved - New to East	
Basildon HC	Female	Basildon 3	Basildon 3 Development	Renumbered due to withdrawal	Renamed	
Basildon HC	Female	Basildon 4 Development		Omitted	New Team	
Beccles HC	Female	Beccles 1	Beccles 1			
Bedford HC	Open	Bedford 1	Bedford 1			
Bedford HC	Open	Bedford 2	Bedford 2			
Bedford HC	Open	Bedford 3	Bedford 3			
Bedford HC	Open	Bedford 4	Bedford 4			
Bedford HC	Open	Bedford 5	Bedford 5			
Bedford HC	Open	Bedford 6	Bedford 6			
Bedford HC	Open	Bedford 7	Bedford 7			
Bedford HC	Female	Bedford 1	Bedford 1	Relegated from National		
Bedford HC	Female	Bedford 2	Bedford 2			
Bedford HC	Female	Bedford 3	Bedford 3			
Bedford HC	Female	Bedford 4	Bedford 4			
Bedford HC	Female	Bedford 5	Bedford 5			
Bedford HC	Female	Bedford 6	Bedford 6			
Bedford HC	Female	Bedford 7 Development	Bedford 7	Renamed - Not development anymore		
Bedford HC	Female		Bedford 8 Development	New Team		
Bengal Tigers HC	Open	Bengal Tigers 1	Bengal Tigers 1			
Berkhamsted & Hemel Hempstead HC	Open		Berkhamsted & Hemel Hempstead 5	TBC		
Berkhamsted & Hemel Hempstead HC	Open		Berkhamsted & Hemel Hempstead 6 Development	TBC		
Berkhamsted & Hemel Hempstead HC	Female	Berkhamsted & Hemel Hempstead 1	Berkhamsted & Hemel Hempstead 1			
Berkhamsted & Hemel Hempstead HC	Female	Berkhamsted & Hemel Hempstead 2	Berkhamsted & Hemel Hempstead 2			
Berkhamsted & Hemel Hempstead HC	Female	Berkhamsted & Hemel Hempstead 3	Berkhamsted & Hemel Hempstead 3			
Berkhamsted & Hemel Hempstead HC	Female	Berkhamsted & Hemel Hempstead 4	Berkhamsted & Hemel Hempstead 4			
Bishops Stortford HC	Open	Bishops Stortford	Bishops Stortford			
Bishops Stortford HC	Open	Bishops Stortford 2	Bishops Stortford 2			
Bishops Stortford HC	Open	Bishops Stortford 3	Bishops Stortford 3			
Bishops Stortford HC	Open	Bishops Stortford 4	Bishops Stortford 4			
Bishops Stortford HC	Open	Bishops Stortford 5	Bishops Stortford 5			
Bishops Stortford HC	Open	Bishops Stortford 6	Bishops Stortford 6			
Bishops Stortford HC	Open	Bishops Stortford 7 Development	Bishops Stortford 7 Development			
Bishops Stortford HC	Female	Bishops Stortford 1	Bishops Stortford 1			
Bishops Stortford HC	Female	Bishops Stortford 2	Bishops Stortford 2			
Bishops Stortford HC	Female	Bishops Stortford 3	Bishops Stortford 3			
Bishops Stortford HC	Female	Bishops Stortford 4	Bishops Stortford 4			
Bishops Stortford HC	Female	Bishops Stortford 5	Bishops Stortford 5			
Bishops Stortford HC	Female	Bishops Stortford 6	Bishops Stortford 6			
Bishops Stortford HC	Female	Bishops Stortford 7	Bishops Stortford 7			
Bishops Stortford HC	Female	Bishops Stortford 8	Bishops Stortford 8			
Bishops Stortford HC	Female	Bishops Stortford 9	Bishops Stortford 9			
Bishops Stortford HC	Female	Bishops Stortford 10 Development	Bishops Stortford 10 Development			
Blueharts HC	Open	Blueharts 1	Blueharts 1			
Blueharts HC	Open	Blueharts 2	Blueharts 2			
Blueharts HC	Open	Blueharts 3	Blueharts 3			
Blueharts HC	Open	Blueharts 4	Blueharts 4			
Blueharts HC	Open	Blueharts 5	Blueharts 5			
Blueharts HC	Open	Blueharts 6	Blueharts 6			
Blueharts HC	Open	Blueharts 7	Blueharts 7			
Blueharts HC	Open	Blueharts 8	Blueharts 8			
Blueharts HC	Female	Blueharts 1	Blueharts 1			
Blueharts HC	Female	Blueharts 2	Blueharts 2			
Blueharts HC	Female	Blueharts 3	Blueharts 3			
Blueharts HC	Female	Blueharts 4	Blueharts 4			
Blueharts HC	Female	Blueharts 5	Blueharts 5			
Blueharts HC	Female	Blueharts 6	Blueharts 6			
Blueharts HC	Female	Blueharts 7	Blueharts 7			
Bourne Deeping HC	Open	Bourne Deeping 1	Bourne Deeping 1			

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Bourne Deeping HC	Open	Bourne Deeping 2	Bourne Deeping 2		
Bourne Deeping HC	Open	Bourne Deeping 3	Bourne Deeping 3		
Bourne Deeping HC	Open	Bourne Deeping 4	Bourne Deeping 4		
Bourne Deeping HC	Open	Bourne Deeping 5 Development	Bourne Deeping 5 Development		
Bourne Deeping HC	Female	Bourne Deeping 1	Bourne Deeping 1		
Bourne Deeping HC	Female	Bourne Deeping 2	Bourne Deeping 2		
Bourne Deeping HC	Female	Bourne Deeping 3 Development		Omitted	
Braintree HC	Open	Braintree 1	Braintree 1		
Braintree HC	Open	Braintree 2	Braintree 2		
Braintree HC	Open	Braintree 3	Braintree 3		
Braintree HC	Open	Braintree 4	Braintree 4		
Braintree HC	Open	Braintree 5 Development	Braintree 5 Development		
Braintree HC	Female	Braintree 1	Braintree 1		
Braintree HC	Female	Braintree 2	Braintree 2		
Braintree HC	Female	Braintree 3	Braintree 3		
Brentwood HC	Open	Brentwood 1	Brentwood 1		
Brentwood HC	Open	Brentwood 2	Brentwood 2		
Brentwood HC	Open	Brentwood 3	Brentwood 3		
Brentwood HC	Open	Brentwood 4	Brentwood 4		
Brentwood HC	Open	Brentwood 5	Brentwood 5		
Brentwood HC	Female	Brentwood 1	Brentwood 1		
Brentwood HC	Female	Brentwood 2	Brentwood 2		
Brentwood HC	Female	Brentwood 3	Brentwood 3		
Brentwood HC	Female	Brentwood 4	Brentwood 4		
Brentwood HC	Female	Brentwood 5 Development	Brentwood 5 Development		
Broadland HC	Open	Broadland Exiles 1	Broadland Exiles 1		
Broadland HC	Open	Broadland Exiles 2	Broadland Exiles 2		
Broadland HC	Open		Broadland Exiles 3 Development	New Team	
Broadland HC	Female	Broadland 1	Broadland 1		
Broadland HC	Female	Broadland 2	Broadland 2		
Broadland HC	Female	Broadland 3	Broadland 3		
Broxbourne HC	Open	Broxbourne 1	Broxbourne 1		
Broxbourne HC	Open	Broxbourne 2	Broxbourne 2		
Broxbourne HC	Open	Broxbourne 3	Broxbourne 3		
Broxbourne HC	Open	Broxbourne 4	Broxbourne 4		
Broxbourne HC	Open		Broxbourne 5 Development	New Team	
Broxbourne HC	Female	Broxbourne 1	Broxbourne 1		
Broxbourne HC	Female	Broxbourne 2	Broxbourne 2		
Broxbourne HC	Female	Broxbourne 3	Broxbourne 3		
Broxbourne HC	Female	Broxbourne 4	Broxbourne 4		
Broxbourne HC	Female	Broxbourne 5	Broxbourne 5		
Bury St Edmunds HC	Open	Bury St Edmunds 1	Bury St Edmunds 1		
Bury St Edmunds HC	Open	Bury St Edmunds 2	Bury St Edmunds 2		
Bury St Edmunds HC	Open	Bury St Edmunds 3	Bury St Edmunds 3		
Bury St Edmunds HC	Open	Bury St Edmunds 4	Bury St Edmunds 4		
Bury St Edmunds HC	Open	Bury St Edmunds 5	Bury St Edmunds 5		
Bury St Edmunds HC	Open	Bury St Edmunds 6 Development	Bury St Edmunds 6 Development		
Bury St Edmunds HC	Female	Bury St Edmunds 1	Bury St Edmunds 1		
Bury St Edmunds HC	Female	Bury St Edmunds 2	Bury St Edmunds 2		
Bury St Edmunds HC	Female	Bury St Edmunds 3	Bury St Edmunds 3		
Bury St Edmunds HC	Female	Bury St Edmunds 4	Bury St Edmunds 4		
Bury St Edmunds HC	Female	Bury St Edmunds 5	Bury St Edmunds 5		
Bury St Edmunds HC	Female	Bury St Edmunds 6 Development	Bury St Edmunds 6 Development		
Cambridge City HC	Open		Cambridge City 1	Relegated from National	
Cambridge City HC	Open	Cambridge City 2	Cambridge City 2		
Cambridge City HC	Open	Cambridge City 3	Cambridge City 3		
Cambridge City HC	Open	Cambridge City 4	Cambridge City 4		
Cambridge City HC	Open	Cambridge City 5	Cambridge City 5		
Cambridge City HC	Open	Cambridge City 6	Cambridge City 6		
Cambridge City HC	Female	Cambridge City 2	Cambridge City 2		
Cambridge City HC	Female	Cambridge City 3	Cambridge City 3		
Cambridge City HC	Female	Cambridge City 4	Cambridge City 4		

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Cambridge City HC	Female	Cambridge City 5	Cambridge City 5		
Cambridge City HC	Female	Cambridge City 6	Cambridge City 6		
Cambridge City HC	Female	Cambridge City 7	Cambridge City 7		
Cambridge HC	Open	Cambridge 1	Cambridge 1		
Cambridge Nomads HC	Open	Cambridge Nomads 1	Cambridge Nomads 1		
Cambridge Nomads HC	Open	Cambridge Nomads 2	Cambridge Nomads 2		
Cambridge Nomads HC	Open	Cambridge Nomads 4 Development	Cambridge Nomads 3		Renamed - Not development anymore
Cambridge Nomads HC	Female	Cambridge Nomads 1	Cambridge Nomads 1		
Cambridge Nomads HC	Female	Cambridge Nomads 2	Cambridge Nomads 2		
Cambridge South HC	Open	Cambridge South 1	Cambridge South 1		
Cambridge South HC	Open	Cambridge South 2	Cambridge South 2		
Cambridge South HC	Open	Cambridge South 3			Omitted
Cambridge South HC	Open	Cambridge South 4	Cambridge South 3		Renumbered due to withdrawal
Cambridge South HC	Open	Cambridge South 5	Cambridge South 4		Renumbered due to withdrawal
Cambridge South HC	Open	Cambridge South 6	Cambridge South 5		Renumbered due to withdrawal
Cambridge South HC	Open	Cambridge South 7 Development	Cambridge South 6 Development		Renumbered due to withdrawal
Cambridge South HC	Female	Cambridge South 1	Cambridge South 1		
Cambridge South HC	Female	Cambridge South 2	Cambridge South 2		
Cambridge South HC	Female	Cambridge South 3	Cambridge South 3		
Cambridge South HC	Female	Cambridge South 4	Cambridge South 4		
Cambridge South HC	Female	Cambridge South 5	Cambridge South 5		
Cambridge South HC	Female	Cambridge South 6	Cambridge South 6		
Cambridge University HC	Open	Cambridge University 1	Cambridge University 1		
Cambridge University HC	Open	Cambridge University 2	Cambridge University 2		
Cambridge University HC	Open	Cambridge University 3	Cambridge University 3		
Cambridge University HC	Open	Cambridge University 4	Cambridge University 4		
Cambridge University HC	Female	Cambridge University 2	Cambridge University 2		
Cambridge University HC	Female	Cambridge University 3	Cambridge University 3		
Cambridge University HC	Female	Cambridge University 4	Cambridge University 4		
Carrow HC	Female	Carrow 1	Carrow 1		
Carrow HC	Female	Carrow 2 Development	Carrow 2 Development		
Castaways HC	Female	Castaways 1	Castaways 1		
Chelmsford HC	Open	Chelmsford 2	Chelmsford 2		
Chelmsford HC	Open	Chelmsford 3	Chelmsford 3		
Chelmsford HC	Open	Chelmsford 4	Chelmsford 4		
Chelmsford HC	Open	Chelmsford 5	Chelmsford 5		
Chelmsford HC	Open	Chelmsford 6	Chelmsford 6		
Chelmsford HC	Open	Chelmsford 7	Chelmsford 7		
Chelmsford HC	Open	Chelmsford 8	Chelmsford 8		
Chelmsford HC	Female	Chelmsford 1	Chelmsford 1		
Chelmsford HC	Female	Chelmsford 2	Chelmsford 2		
Chelmsford HC	Female	Chelmsford 3	Chelmsford 3		
Chelmsford HC	Female	Chelmsford 4	Chelmsford 4		
Chelmsford HC	Female	Chelmsford 5	Chelmsford 5		
Chelmsford HC	Female	Chelmsford 6	Chelmsford 6		
Chelmsford HC	Female	Chelmsford 7	Chelmsford 7		
Cheshunt HC	Open	Cheshunt 1	Cheshunt 1		
Cheshunt HC	Female	Cheshunt 1	Cheshunt 1		
Chiltern HC	Female	Chiltern 1	Chiltern 1		
Chiltern HC	Female	Chiltern 2	Chiltern 2		
Christchurch Ladies HC	Female	Christchurch Ladies 1	Christchurch Ladies 1		
Christchurch Ladies HC	Female	Christchurch Ladies 2	Christchurch Ladies 2 Development		Renamed - Now Development Team
City Of Peterborough HC	Open	City Of Peterborough			Promoted to National
City Of Peterborough HC	Open	City Of Peterborough 2	City Of Peterborough 2		
City Of Peterborough HC	Open	City Of Peterborough 3	City Of Peterborough 3		
City Of Peterborough HC	Open	City Of Peterborough 4	City Of Peterborough 4		
City Of Peterborough HC	Open	City Of Peterborough 5	City Of Peterborough 5		
City Of Peterborough HC	Open	City Of Peterborough 6	City Of Peterborough 6		
City Of Peterborough HC	Open	City Of Peterborough 7	City Of Peterborough 7		
City Of Peterborough HC	Open	City Of Peterborough 8	City Of Peterborough 8		
City Of Peterborough HC	Female	City Of Peterborough 1	City Of Peterborough 1		
City Of Peterborough HC	Female	City Of Peterborough 2	City Of Peterborough 2		

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City Of Peterborough HC	Female	City of Peterborough 3	City of Peterborough 3		
City Of Peterborough HC	Female	City of Peterborough 4	City of Peterborough 4		
City Of Peterborough HC	Female	City of Peterborough 5	City of Peterborough 5		
Colchester HC	Open	Colchester	Colchester 1		Renamed - Internal GMS
Colchester HC	Open	Colchester 2	Colchester 2		
Colchester HC	Open	Colchester 3	Colchester 3		
Colchester HC	Open	Colchester 4	Colchester 4		
Colchester HC	Open	Colchester 5	Colchester 5		
Colchester HC	Female	Colchester 1	Colchester 1		
Colchester HC	Female	Colchester 2	Colchester 2		
Colchester HC	Female	Colchester 3	Colchester 3		
Colchester HC	Female	Colchester 4	Colchester 4		
Crostyx HC	Open	Crostyx 3	Crostyx 3		
Crostyx HC	Open	Crostyx 4	Crostyx 4		
Crostyx HC	Female	Crostyx 1	Crostyx 1		
Crostyx HC	Female	Crostyx 2	Crostyx 2		
Crostyx HC	Female	Crostyx 3	Crostyx 3		
Dereham HC	Open	Dereham 1s	Dereham 1s		
Dereham HC	Open	Dereham 2	Dereham 2		
Dereham HC	Open	Dereham 3	Dereham 3		
Dereham HC	Open	Dereham 4	Dereham 4		
Dereham HC	Open	Dereham 5	Dereham 5		
Dereham HC	Female	Dereham 1	Dereham 1		
Dereham HC	Female	Dereham 2	Dereham 2		
Dereham HC	Female	Dereham 3	Dereham 3		
Dereham HC	Female	Dereham 4	Dereham 4		
Dereham HC	Female	Dereham 5	Dereham 5		
Diss Ladies HC	Female	Diss 1	Diss 1		
East Coast HC	Open	East Coast 1	East Coast 1		
East Coast HC	Open	East Coast 2	East Coast 2		
East Coast HC	Female	East Coast 1	East Coast 1		
East Coast HC	Female	East Coast 2	East Coast 2		
Ely City HC	Open	Ely City 1	Ely City 1		
Ely City HC	Open	Ely City 2	Ely City 2		
Ely City HC	Open	Ely City 3	Ely City 3		
Ely City HC	Open		Ely City 4 Development		New Team
Ely City HC	Female	Ely City 1	Ely City 1		
Ely City HC	Female	Ely City 2	Ely City 2		
Ely City HC	Female	Ely City 3	Ely City 3		
Evergreens HC	Female	Evergreens 1	Evergreens 1		
Felixstowe HC	Open	Felixstowe 1	Felixstowe 1		
Felixstowe HC	Open	Felixstowe 2	Felixstowe 2		
Felixstowe HC	Open	Felixstowe 3	Felixstowe 3		
Felixstowe HC	Open	Felixstowe 4 Development	Felixstowe 4 Development		
Felixstowe HC	Female	Felixstowe 1	Felixstowe 1		
Felixstowe HC	Female	Felixstowe 2	Felixstowe 2		
Felixstowe HC	Female	Felixstowe 3	Felixstowe 3		
Framlingham HC	Open		Framlingham 1 Devopment		New Team
Framlingham HC	Female	Framlingham 1	Framlingham 1		
Framlingham HC	Female	Framlingham 2	Framlingham 2		
Harleston Magpies HC	Open		Harleston Magpies 1		Relegated from National
Harleston Magpies HC	Open	Harleston Magpies 2	Harleston Magpies 2		
Harleston Magpies HC	Open	Harleston Magpies 3	Harleston Magpies 3		
Harleston Magpies HC	Open	Harleston Magpies 4	Harleston Magpies 4		
Harleston Magpies HC	Open	Harleston Magpies 5	Harleston Magpies 5		
Harleston Magpies HC	Open	Harleston Magpies 6	Harleston Magpies 6 Development		Renamed - Now Development Team
Harleston Magpies HC	Open	Harleston Magpies 7 Development			Omitted
Harleston Magpies HC	Female	Harleston Magpies 2			Promoted to National
Harleston Magpies HC	Female	Harleston Magpies 3	Harleston Magpies 3		
Harleston Magpies HC	Female	Harleston Magpies 4	Harleston Magpies 4		
Harleston Magpies HC	Female	Harleston Magpies 5	Harleston Magpies 5		
Harleston Magpies HC	Female	Harleston Magpies 6	Harleston Magpies 6		

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Harleston Magpies HC	Female	Harleston Magpies 7	Harleston Magpies 7		
Harleston Magpies HC	Female	Harleston Magpies 8	Harleston Magpies 8		
Harleston Magpies HC	Female		Harleston Magpies 9	New Team	
Harpenden HC	Open	Harpenden	Harpenden 1	Renamed - Internal GMS	
Harpenden HC	Open	Harpenden 2	Harpenden 2		
Harpenden HC	Open	Harpenden 3	Harpenden 3		
Harpenden HC	Open	Harpenden 4	Harpenden 4		
Harpenden HC	Female	Harpenden 1	Harpenden 1		
Harpenden HC	Female	Harpenden 2	Harpenden 2		
Harpenden HC	Female	Harpenden 3	Harpenden 3		
Harwich & Dovercourt HC	Female	Harwich & Dovercourt 1	Harwich & Dovercourt 1		
Haverhill HC	Female	Haverhill 1	Haverhill 1		
Havering HC	Open	Havering 1	Havering 1		
Havering HC	Open	Havering 2	Havering 2		
Havering HC	Open	Havering 3	Havering 3		
Havering HC	Open	Havering 4	Havering 4		
Havering HC	Open	Havering 5 Development	Havering 5 Development		
Havering HC	Female	Havering 1	Havering 1		
Havering HC	Female	Havering 2	Havering 2		
Havering HC	Female	Havering 3	Havering 3		
Havering HC	Female	Havering 4	Havering 4		
Herlings HC	Female	Herlings 1	Herlings 1		
Herlings HC	Female		Herlings 2	New Team	
Hertford HC	Open	Hertford	Hertford 1		
Hertford HC	Open	Hertford 2	Hertford 2		
Hertford HC	Open	Hertford 3	Hertford 3		
Hertford HC	Open	Hertford 4	Hertford 4		
Hertford HC	Open	Hertford 5	Hertford 5		
Hertford HC	Open	Hertford 6	Hertford 6		
Hertford HC	Open	Hertford 7 Development	Hertford 7 Development		
Hertford HC	Female	Hertford 1	Hertford 1		
Hertford HC	Female	Hertford 2	Hertford 2		
Hertford HC	Female	Hertford 3	Hertford 3		
Hertford HC	Female	Hertford 4	Hertford 4		
Huntingdon & Northstowe HC	Female	Huntingdon & Northstowe 1	Huntingdon & Northstowe 1		
Huntingdon & Northstowe HC	Female	Huntingdon & Northstowe 2 Development		Omitted	
Ipswich Cranes HC	Open	Ipswich Cranes 1	Ipswich Cranes 1		
Ipswich HC	Open	Ipswich 1	Ipswich 1		
Ipswich HC	Open	Ipswich 2	Ipswich 2		
Ipswich HC	Open	Ipswich 3	Ipswich 3		
Ipswich HC	Open	Ipswich 4	Ipswich 4		
Ipswich HC	Open	Ipswich 5	Ipswich 5		
Ipswich HC	Open	Ipswich 6 Development	Ipswich 6 Development		
Ipswich HC	Female	Ipswich 1	Ipswich 1		
Ipswich HC	Female	Ipswich 2	Ipswich 2		
Ipswich HC	Female	Ipswich 3	Ipswich 3		
Ipswich HC	Female	Ipswich 4	Ipswich 4		
Ipswich HC	Female	Ipswich 5	Ipswich 5		
Ipswich HC	Female		Ipswich 6 Development	New Team	
Ipswich-East Suffolk HC	Open	Ipswich & East Suffolk 1	Ipswich & East Suffolk 1		
Ipswich-East Suffolk HC	Open	Ipswich & East Suffolk 2	Ipswich & East Suffolk 2		
Ipswich-East Suffolk HC	Open	Ipswich & East Suffolk 3	Ipswich & East Suffolk 3		
Ipswich-East Suffolk HC	Open	Ipswich & East Suffolk 4	Ipswich & East Suffolk 4		
Ipswich-East Suffolk HC	Open	Ipswich & East Suffolk 5 Development	Ipswich & East Suffolk 5 Development		
Ipswich-East Suffolk HC	Female	Ipswich & East Suffolk 1	Ipswich & East Suffolk 1		
Ipswich-East Suffolk HC	Female	Ipswich & East Suffolk 2	Ipswich & East Suffolk 2		
Ipswich-East Suffolk HC	Female	Ipswich & East Suffolk 3	Ipswich & East Suffolk 3		
Ipswich-East Suffolk HC	Female	Ipswich & East Suffolk 4 Development	Ipswich & East Suffolk 4 Development		
Kettering HC	Open	Kettering	Kettering		
Kettering HC	Open	Kettering 2	Kettering 2		
Kettering HC	Open	Kettering 3	Kettering 3		
Kettering HC	Open	Kettering 4	Kettering 4		

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Kettering HC	Open		Kettering 5 Development	New Team	
Kettering HC	Female	Kettering 1	Kettering 1		
Kettering HC	Female	Kettering 2	Kettering 2		
Kettering HC	Female	Kettering 3	Kettering 3		
Letchworth HC	Open	Letchworth 1	Letchworth 1		
Letchworth HC	Open	Letchworth 2	Letchworth 2		
Letchworth HC	Open	Letchworth 3	Letchworth 3		
Letchworth HC	Open	Letchworth 4	Letchworth 4		
Letchworth HC	Open	Letchworth 5	Letchworth 5		
Letchworth HC	Open	Letchworth 6 Development		Omitted	
Letchworth HC	Female	Letchworth 1	Letchworth 1		
Letchworth HC	Female	Letchworth 2	Letchworth 2		
Letchworth HC	Female	Letchworth 3	Letchworth 3		
Letchworth HC	Female	Letchworth 4	Letchworth 4		
Letchworth HC	Female	Letchworth 5	Letchworth 5		
Loddon HC	Female	Loddon 1	Loddon 1		
Loddon HC	Female	Loddon 2	Loddon 2		
London Royals HC	Open	London Royals M4		Omitted - Transferred to London	
Long Sutton HC	Open	Long Sutton	Long Sutton		
Long Sutton HC	Open	Long Sutton 2	Long Sutton 2		
Long Sutton HC	Open	Long Sutton 3	Long Sutton 3		
Long Sutton HC	Female	Long Sutton 1	Long Sutton 1		
Long Sutton HC	Female	Long Sutton 2	Long Sutton 2		
Luton Town HC	Open	Luton Town	Luton Town		
Luton Town HC	Open	Luton Town 2	Luton Town 2		
Luton Town HC	Open	Luton Town 3	Luton Town 3		
Luton Town HC	Open	Luton Town 4	Luton Town 4 Development	New team	
Luton Town HC	Female	Luton Town 1	Luton Town 1		
Luton Town HC	Female	Luton Town 2 Development	Luton Town 2	Renamed - Not development anymore	
Luton Town HC	Female		Luton Town 3 Development	New team	
Maldon HC	Open	Maldon 1	Maldon 1		
Maldon HC	Open	Maldon 2	Maldon 2		
Maldon HC	Open		Maldon 3 Development	New Team	
Maldon HC	Female	Maldon 1	Maldon 1		
Maldon HC	Female	Maldon 2	Maldon 2		
Maldon HC	Female	Maldon 3	Maldon 3		
Maldon HC	Female	Maldon 4	Maldon 4		
March Town HC	Open	March Town 1	March Town 1		
March Town HC	Open	March Town 2	March Town 2		
March Town HC	Open		March Town 3	New Team	
March Town HC	Female	March Town 1	March Town 1		
March Town HC	Female		March Town 2 Development	New Team	
MBDA HC	Open	MBDA 1	MBDA 1		
Newmarket HC	Open	Newmarket 1	Newmarket 1		
Newmarket HC	Open	Newmarket 2	Newmarket 2		
Newmarket HC	Open	Newmarket 3	Newmarket 3		
Newmarket HC	Open	Newmarket 4 Development	Newmarket 4 Development		
Newmarket HC	Female	Newmarket 1	Newmarket 1		
Newmarket HC	Female	Newmarket 2	Newmarket 2		
Newmarket HC	Female	Newmarket 3 Development	Newmarket 3 Development		
Norfolk Nomads HC	Open	Norfolk Nomads 1	Norfolk Nomads 1		
Norfolk Nomads HC	Open	Norfolk Nomads 2	Norfolk Nomads 2		
North Norfolk HC	Open	North Norfolk	North Norfolk		
North Norfolk HC	Open	North Norfolk 2	North Norfolk 2		
North Norfolk HC	Open	North Norfolk 3	North Norfolk 3		
North Norfolk HC	Female	North Norfolk 1	North Norfolk 1		
North Norfolk HC	Female	North Norfolk 2	North Norfolk 2		
Norwich City HC	Open	Norwich City 2	Norwich City 2		
Norwich City HC	Open	Norwich City 3	Norwich City 3		
Norwich City HC	Open	Norwich City 4	Norwich City 4		
Norwich City HC	Open	Norwich City 5	Norwich City 5		
Norwich City HC	Open	Norwich City 6	Norwich City 6		

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Norwich City HC	Open		Norwich City 7 Development	New Team	
Norwich City HC	Female	Norwich City 1	Norwich City 1		
Norwich City HC	Female	Norwich City 2	Norwich City 2		
Norwich City HC	Female	Norwich City 3	Norwich City 3		
Norwich City HC	Female	Norwich City 4	Norwich City 4		
Norwich City HC	Female	Norwich City 5	Norwich City 5		
Norwich City HC	Female	Norwich City 6	Norwich City 6		
Norwich City HC	Female	Norwich City 7	Norwich City 7		
Norwich Dragons HC	Open	Norwich Dragons 1	Norwich Dragons 1		
Norwich Dragons HC	Open	Norwich Dragons 2	Norwich Dragons 2		
Norwich Dragons HC	Open	Norwich Dragons 3	Norwich Dragons 3		
Norwich Dragons HC	Open	Norwich Dragons 4	Norwich Dragons 4		
Norwich Dragons HC	Open	Norwich Dragons 5	Norwich Dragons 5		
Norwich Dragons HC	Open	Norwich Dragons 6 Development		Omitted	
Norwich Dragons HC	Female	Norwich Dragons 1	Norwich Dragons 1		
Norwich Dragons HC	Female	Norwich Dragons 2	Norwich Dragons 2		
Norwich Dragons HC	Female	Norwich Dragons 3	Norwich Dragons 3		
Norwich Dragons HC	Female	Norwich Dragons 4	Norwich Dragons 4		
Norwich Dragons HC	Female	Norwich Dragons 5	Norwich Dragons 5		
Norwich Dragons HC	Female	Norwich Dragons 6	Norwich Dragons 6		
Norwich Dragons HC	Female	Norwich Dragons 7	Norwich Dragons 7		
Norwich Dragons HC	Female	Norwich Dragons 8 Development	Norwich Dragons 8 Development		
Old Habs			Old Haberdashers 2 Development	TBC	
Old Loughtonians HC	Open	Old Loughtonians Mens 2	Old Loughtonians Mens 2		
Old Loughtonians HC	Open	Old Loughtonians Mens 3	Old Loughtonians Mens 3		
Old Loughtonians HC	Open	Old Loughtonians Mens 4	Old Loughtonians Mens 4		
Old Loughtonians HC	Open	Old Loughtonians Mens 5	Old Loughtonians Mens 5		
Old Loughtonians HC	Open	Old Loughtonians Mens 6	Old Loughtonians Mens 6		
Old Loughtonians HC	Open	Old Loughtonians Mens 7	Old Loughtonians Mens 7		
Old Loughtonians HC	Female	Old Loughtonians 2	Old Loughtonians 2		
Old Loughtonians HC	Female	Old Loughtonians 3	Old Loughtonians 3		
Old Loughtonians HC	Female	Old Loughtonians 4	Old Loughtonians 4		
Old Loughtonians HC	Female	Old Loughtonians 5	Old Loughtonians 5		
Old Loughtonians HC	Female	Old Loughtonians 6 Development	Old Loughtonians 6 Development		
Old Southendian HC	Open	Old Southendian 1	Old Southendian 1		
Old Southendian HC	Open	Old Southendian 2	Old Southendian 2		
Old Southendian HC	Open	Old Southendian 3	Old Southendian 3		
Old Southendian HC	Open	Old Southendian 4	Old Southendian 4		
Old Southendian HC	Open	Old Southendian 5	Old Southendian 5		
Old Southendian HC	Open	Old Southendian 6	Old Southendian 6		
Old Southendian HC	Female	Old Southendian 1	Old Southendian 1		
Old Southendian HC	Female	Old Southendian 2	Old Southendian 2		
Old Southendian HC	Female	Old Southendian 3	Old Southendian 3		
Old Southendian HC	Female	Old Southendian 4	Old Southendian 4		
Old Southendian HC	Female		Old Southendian 5		
Oundle	Female	Oundle 1	Oundle 1	Transfer from Midlands	
Pelicans HC	Open	Pelicans 1	Pelicans 1		
Pelicans HC	Open	Pelicans 2	Pelicans 2		
Pelicans HC	Open	Pelicans 3	Pelicans 3		
Pelicans HC	Open	Pelicans 4	Pelicans 4		
Pelicans HC	Female	Pelicans 1	Pelicans 1		
Pelicans HC	Female	Pelicans 2	Pelicans 2		
Pelicans HC	Female	Pelicans 3	Pelicans 3		
Plashet HC	Open	Plashet 1	Plashet 1		
Potters Bar HC	Open	Potters Bar 1	Potters Bar 1		
Potters Bar HC	Open	Potters Bar 2	Potters Bar 2		
Potters Bar HC	Open	Potters Bar 3	Potters Bar 3	Renumbered due to withdrawal	
Potters Bar HC	Open	Potters Bar 4	Potters Bar 4	Renumbered due to withdrawal	
Potters Bar HC	Female	Potters Bar 1	Potters Bar 1		
Redbridge & Ilford HC	Open	Redbridge & Ilford	Redbridge & Ilford		
Redbridge & Ilford HC	Open	Redbridge & Ilford 2	Redbridge & Ilford 2		
Redbridge & Ilford HC	Open	Redbridge & Ilford 3 Development	Redbridge & Ilford 3 Development		

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Redbridge & Ilford HC	Female	Redbridge & Ilford 1	Redbridge & Ilford 1	
Rickmansworth HC	Open	Rickmansworth 1	Rickmansworth 1	
Rickmansworth HC	Open	Rickmansworth 2	Rickmansworth 2	
Rickmansworth HC	Open	Rickmansworth 3	Rickmansworth 3	
Rickmansworth HC	Female	Rickmansworth 1	Rickmansworth 1	
Rickmansworth HC	Female	Rickmansworth 2	Rickmansworth 2	
Rochford HC	Open	Rochford 1	Rochford 1	
Romford HC	Open	Romford 1 Development	Romford 1 Development	
Romford HC	Female	Romford 1	Romford 1	
Romford HC	Female	Romford 2	Romford 2	
Royston HC	Open	Royston 1	Royston 1	
Royston HC	Open	Royston 2	Royston 2	
Royston HC	Open	Royston 3	Royston 3	
Royston HC	Female	Royston 1	Royston 1	
Royston HC	Female	Royston 2	Royston 2	
Saffron Walden HC	Open	Saffron Walden 1	Saffron Walden 1	
Saffron Walden HC	Open	Saffron Walden 2	Saffron Walden 2	
Saffron Walden HC	Open	Saffron Walden 3	Saffron Walden 3	
Saffron Walden HC	Open	Saffron Walden 4	Saffron Walden 4	
Saffron Walden HC	Open	Saffron Walden 5	Saffron Walden 5	
Saffron Walden HC	Open	Saffron Walden 6	Saffron Walden 6	
Saffron Walden HC	Open	Saffron Walden 7 Development	Saffron Walden 7	Renamed - Not development anymore
Saffron Walden HC			Saffron Walden 8 Development	New Team
Saffron Walden HC	Female	Saffron Walden 1	Saffron Walden 1	
Saffron Walden HC	Female	Saffron Walden 2	Saffron Walden 2	
Saffron Walden HC	Female	Saffron Walden 3	Saffron Walden 3	
Saffron Walden HC	Female	Saffron Walden 4	Saffron Walden 4	
Saffron Walden HC	Female	Saffron Walden 5	Saffron Walden 5	
Saffron Walden HC	Female	Saffron Walden 6 Development	Saffron Walden 6 Development	
Shefford & Sandy HC	Open	Shefford & Sandy	Shefford & Sandy	
Shefford & Sandy HC	Open	Shefford & Sandy 2	Shefford & Sandy 2	
Shefford & Sandy HC	Open	Shefford & Sandy 3	Shefford & Sandy 3	
Shefford & Sandy HC	Open	Shefford & Sandy 4	Shefford & Sandy 4	
Shefford & Sandy HC	Female	Shefford & Sandy 1	Shefford & Sandy 1	
Shefford & Sandy HC	Female	Shefford & Sandy 2	Shefford & Sandy 2	
Shefford & Sandy HC	Female	Shefford & Sandy 3	Shefford & Sandy 3 Development	Renamed - Now Development Team
Southend & Benfleet HC	Female	Southend & Benfleet 1	Southend & Benfleet 1	
Southend & Benfleet HC	Female	Southend & Benfleet 2	Southend & Benfleet 2	
Southend & Benfleet HC	Female	Southend & Benfleet 3	Southend & Benfleet 3	
Southend & Benfleet HC	Female	Southend & Benfleet 4	Southend & Benfleet 4	
Southend HC	Open	Southend	Southend 1	Renamed - Internal GMS
Southend HC	Open	Southend 2	Southend 2	
Southend HC	Open	Southend 3	Southend 3	
Southend HC	Female	Southend 1	Southend 1	
Southend HC	Female	Southend 2	Southend 2	
Southend HC	Female	Southend 3	Southend 3	
Southend HC	Female	Southend 4	Southend 4 Development	Renamed - Now Development Team
Southgate Adelaide HC	Open	Southgate Adelaide 1	Southgate Adelaide 1	
Southgate Adelaide HC	Open	Southgate Adelaide 2	Southgate Adelaide 2	
Southgate Adelaide HC	Open	Southgate Adelaide 3		Omitted
Spalding HC	Open	Spalding 1	Spalding 1	
Spalding HC	Open	Spalding 2	Spalding 2	
Spalding HC	Open	Spalding 3	Spalding 3	
Spalding HC	Open	Spalding 4	Spalding 4	
Spalding HC	Open	Spalding 5 Development		Omitted
Spalding HC	Female	Spalding 1	Spalding 1	
Spalding HC	Female	Spalding 2	Spalding 2	
Spalding HC	Female	Spalding 3	Spalding 3	
St Albans HC	Open	St Albans 2	St Albans 2	
St Albans HC	Open	St Albans 3	St Albans 3	
St Albans HC	Open	St Albans 4	St Albans 4	
St Albans HC	Open	St Albans 5	St Albans 5	

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St Albans HC	Open	St Albans 6	St Albans 6				
St Albans HC	Open	St Albans 7	St Albans 7				
St Albans HC	Open	St Albans 8	St Albans 8				
St Albans HC	Open	St Albans 9	St Albans 9				
St Albans HC	Female	St Albans 2	St Albans 2				
St Albans HC	Female	St Albans 3	St Albans 3				
St Albans HC	Female	St Albans 4	St Albans 4				
St Albans HC	Female	St Albans 5	St Albans 5				
St Albans HC	Female	St Albans 6	St Albans 6				
St Albans HC	Female	St Albans 7	St Albans 7				
St Albans HC	Female	St Albans 8	St Albans 8				
St Ives HC	Open	St Ives 1	St Ives 1				
St Ives HC	Open	St Ives 2	St Ives 2				
St Ives HC	Open	St Ives 3	St Ives 3				
St Ives HC	Open	St Ives 4	St Ives 4				
St Ives HC	Open	St Ives 5	St Ives 5				
St Ives HC	Female	St Ives 1	St Ives 1				
St Ives HC	Female	St Ives 2	St Ives 2				
St Ives HC	Female	St Ives 3	St Ives 3				
St Ives HC	Female	St Ives 4	St Ives 4				
St Neots HC	Open	St Neots 1	St Neots 1				
St Neots HC	Open	St Neots 2	St Neots 2				
St Neots HC	Open	St Neots 3	St Neots 3				
St Neots HC	Open	St Neots 4 Development	St Neots 4 Development				
St Neots HC	Female	St Neots 1	St Neots 1				
St Neots HC	Female	St Neots 2	St Neots 2				
St Neots HC	Female	St Neots 3	St Neots 3				
St Neots HC	Female	St Neots 4 Development	St Neots 4 Development				
Stevenage HC	Open	Stevenage	Stevenage 1			Renamed - Internal GMS	
Stevenage HC	Open	Stevenage 2	Stevenage 2				
Stevenage HC	Open	Stevenage 3	Stevenage 3				
Stevenage HC	Open	Stevenage 4	Stevenage 4				
Stevenage HC	Female	Stevenage 1	Stevenage 1				
Stevenage HC	Female	Stevenage 2	Stevenage 2				
Stevenage HC	Female	Stevenage 3	Stevenage 3				
Stevenage HC	Female	Stevenage 4	Stevenage 4				
Stevenage HC	Female	Stevenage 5	Stevenage 5				
Sudbury HC	Open	Sudbury 1	Sudbury 1				
Sudbury HC	Open	Sudbury 2	Sudbury 2				
Sudbury HC	Open	Sudbury 3	Sudbury 3				
Sudbury HC	Open	Sudbury 4	Sudbury 4				
Sudbury HC	Female	Sudbury 1	Sudbury 1				
Sudbury HC	Female	Sudbury 2	Sudbury 2				
Sudbury HC	Female	Sudbury 3	Sudbury 3				
Tendring HC	Open	Tendring 1				Omitted	
Thetford Town HC	Open	Thetford Town 1	Thetford Town 1				
Thetford Town HC	Female	Thetford Town 1	Thetford Town 1				
Thurrock HC	Open	Thurrock 1	Thurrock 1				
Thurrock HC	Open	Thurrock 2	Thurrock 2				
Thurrock HC	Open	Thurrock 3	Thurrock 3				
Thurrock HC	Open	Thurrock 4 Development	Thurrock 4 Development				
Thurrock HC	Female	Thurrock 1	Thurrock 1				
Thurrock HC	Female	Thurrock 2	Thurrock 2				
Tower Hamlets HC	Open	Tower Hamlets 1	Tower Hamlets 1				
Tower Hamlets HC	Open	Tower Hamlets 2 Development	Tower Hamlets 2 Development				
University of East Anglia Ladies HC	Female	UEA Ladies 1	UEA Ladies 1				
University of East Anglia Ladies HC	Female	UEA Ladies 2	UEA Ladies 2				
University of East Anglia Ladies HC	Female	UEA Ladies 3	UEA Ladies 3				
University of East Anglia Ladies HC	Female	UEA Ladies 4	UEA Ladies 4				
University of East Anglia Ladies HC	Female	UEA Ladies 5 Development	UEA Ladies 5 Development				
University of East Anglia Mens HC	Open	UEA Mens 1	UEA Mens 1				
University of East Anglia Mens HC	Open	UEA Mens 2	UEA Mens 2				

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University of East Anglia Mens HC	Open	UEA Mens 3	UEA Mens 3		
University of East Anglia Mens HC	Open	UEA Mens 4	UEA Mens 4		
Upminster HC	Open	Upminster 1	Upminster 1		
Upminster HC	Open	Upminster 2	Upminster 2		
Upminster HC	Open	Upminster 3	Upminster 3		
Upminster HC	Open	Upminster 4	Upminster 4		
Upminster HC	Open	Upminster 5	Upminster 5		
Upminster HC	Open	Upminster 6	Upminster 6 Development	Renamed - Now Development Team	
Upminster HC	Open		Upminster 7 Development	New Team	
Upminster HC	Female	Upminster 1	Upminster 1		
Upminster HC	Female	Upminster 2	Upminster 2		
Upminster HC	Female	Upminster 3	Upminster 3		
Upminster HC	Female	Upminster 4	Upminster 4		
Upminster HC	Female	Upminster 5	Upminster 5		
Upminster HC	Female	Upminster 6	Upminster 6		
Upminster HC	Female	Upminster 7 Development	Upminster 7 Development		
Vauxhall HC	Open	Vauxhall 1	Vauxhall 1		
Waltham Forest HC	Open	Waltham Forest 1	Waltham Forest 1		
Waltham Forest HC	Open	Waltham Forest 2	Waltham Forest 2		
Waltham Forest HC	Open	Waltham Forest 3	Waltham Forest 3		
Waltham Forest HC	Open	Waltham Forest 4	Waltham Forest 4		
Waltham Forest HC	Open	Waltham Forest 5	Waltham Forest 5		
Waltham Forest HC	Female	Waltham Forest 1	Waltham Forest 1		
Waltham Forest HC	Female	Waltham Forest 2	Waltham Forest 2		
Waltham Forest HC	Female	Waltham Forest 3	Waltham Forest 3		
Watton HC	Female	Watton 1	Watton 1		
Watton HC	Female	Watton 2	Watton 2		
Watton HC	Female	Watton 3 Development	Watton 3 Development		
Welwyn Garden City HC	Open	Welwyn Garden City 1	Welwyn Garden City 1		
Welwyn Garden City HC	Open	Welwyn Garden City 2	Welwyn Garden City 2		
Welwyn Garden City HC	Open	Welwyn Garden City 3	Welwyn Garden City 3		
Welwyn Garden City HC	Female	Welwyn Garden City 1	Welwyn Garden City 1		
Welwyn Garden City HC	Female	Welwyn Garden City 2	Welwyn Garden City 2		
Welwyn Garden City HC	Female	Welwyn Garden City 3	Welwyn Garden City 3		
Welwyn Garden City HC	Female	Welwyn Garden City 4 Development	Welwyn Garden City 4 Development		
West Herts HC	Open	West Herts 6	West Herts 5	Renumbered due to withdrawal	
West Herts HC	Female	West Herts W4	West Herts W4		
Wisbech Town HC	Open	Wisbech Town	Wisbech Town	Renamed - Internal GMS	
Wisbech Town HC	Open	Wisbech Town 2	Wisbech Town 2		
Wisbech Town HC	Open	Wisbech Town 3	Wisbech Town 3		
Wisbech Town HC	Open	Wisbech Town 4	Wisbech Town 4		
Wisbech Town HC	Open	Wisbech Town 5 Development	Wisbech Town 5 Development		
Wisbech Town HC	Female	Wisbech Town 1	Wisbech Town 1		
Wisbech Town HC	Female	Wisbech Town 2	Wisbech Town 2		
Wisbech Town HC	Female	Wisbech Town 3	Wisbech Town 3		
Wisbech Town HC	Female	Wisbech Town 4	Wisbech Town 4		
Wisbech Town HC	Female	Wisbech Town 5 Development	Wisbech Town 5 Development		
Witham HC	Open	Witham 1	Witham 1		
Witham HC	Open	Witham 2	Witham 2		
Witham HC	Open	Witham 3	Witham 3		
Witham HC	Open	Witham 4	Witham 4		
Witham HC	Open	Witham 5	Witham 5		
Witham HC	Female	Witham 1	Witham 1		
Witham HC	Female	Witham 2	Witham 2		
Witham HC	Female	Witham 3		Omitted	
Yarmouth HC	Female	Yarmouth 1	Yarmouth 1		